

Adam Shereston Centre of Horsemanship

Horsemanship: Improved Communication & Riding (3 days)

This course is a deepening of our two day course which teaches the fundamentals of horsemanship. We will immerse ourselves more in the natural behaviour of horses. Besides building a harmonious partnership on the ground, you will spend time learning the natural way of riding.

Main subjects:

- The language of horses
- Feel, intuition, balance and timing
- Groundwork & ridden work
- Releasing manoeuvres

During this course you will develop your awareness, feel and understanding of the horse's natural movements. We will focus on balance, timing, synchronicity and communication. You will understand what it feels like to move in time with the horse and influence their manoeuvres. You can expect to experience on horseback, the importance of trust, timing and balance.

Details

- Beginners to advanced riders
- Small groups to ensure individual attention (max 4 people)
- Days run from 09.00 - 17.00
- £255 (incl. lunch)
- Stabling, breakfast, evening meal, accommodation can be arranged at an additional cost