


Adam to the rescue



Internationally renowned horse whisperer Adam Sherston visited the Costa Blanca last week from the UK to spend the day at the Easy Horse Care Rescue Centre in Rojales.

The Centre is a registered Spanish charity which relies solely on donations. It was founded in 2008 with the aim of rescuing mistreated horses, ponies and donkeys in the province and campaigning for improved treatment and care of horses.

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Horse whisperer gees up the crowd

More than 100 people flocked to the Easy Horse Care Rescue Centre in Rojales on Saturday, May 15 to see UK horse whisperer Adam Shereston.

Adam spent the whole day working with a number of the centre's rescue horses, while explaining his techniques to a fascinated crowd.

First, Adam put two of the centre's youngest horses, Spirit and Zak, through their paces.

He showed how he could, through body language and working with the horse's natural instincts, get the horses to

walk, trot and stop while he moved alongside them.

Adam then moved on to Luceiro, the centre's first rescue horse, who only has one eye. Working with a one-eyed horse was particularly challenging for Adam, as he had to adapt his techniques to take account of Luceiro's blind side.

As Adam used his body language and position to communicate, Luceiro relaxed and began to respond.

With the last horse of the day, Malibu, Adam demonstrated techniques for teaching a horse to go and turn without using any force or pressure.

Sue Weeding, founder of Easy Horse Care, said: "It was a fascinating day.

"It was lovely to see some of our rescue horses responding so well."

Adam is set to visit a couple of times a year to work with the rescue horses and hold demonstrations and courses to teach his techniques.



Adam on a previous visit to the Costa