

HORSE WHISPERER ASTOUNDS

MORE than 100 people flocked to the Easy Horse Care Rescue Centre in Rojas recently to see UK horse whisperer Adam Shereston weave his magic. Adam spent the whole day working with a number of the centre's rescue horses, while explaining his techniques to the fascinated crowd.

Adam began his demonstrations by putting two of the centre's youngest horses, Spirit and

Zak, through their paces. He showed how, through body language and working with the horse's natural instincts, he is able to get the horses to walk, trot and stop while he moved alongside them.

Adam then moved on to Luceiro, the centre's first rescue horse, who only has one eye. Working with a one-eyed horse was particularly

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challenging for Adam, as he had to adapt his techniques to take account of Luceiro's blind side. At first, Luceiro was nervous of Adam and bucked, reared, kicked and charged around the arena. However, very soon, as Adam used his body language and position to communicate, Luceiro relaxed and began to respond to Adam. The crowd could see exactly how these techniques can work with all horses, whatever their back-ground and characteristics. With the last horse of the day, Malibu, Adam demonstrated techniques for teaching a horse to go and turn without using any force or pressure. Sue Weeding, founder of Easy Horse Care Rescue Centre, said: "It was a fascinating day. Adam was working with horses he had never worked with before and very quickly built up a rapport with them. It was lovely to see some of our rescue horses responding so well."

Adam got on so well at the centre that he extended his stay to spend more time helping and working with the rescue horses. Luckily for the horses



Front cover:
Adam working
with Luceiro.

and the crowd there will be further chances to see Adam work, as he plans to make the rescue centre his Spanish base. So if you missed him this time round, he plans to visit the centre a couple of times a year to work with the rescue horses, hold further demonstrations and run courses to teach his techniques.

The Easy Horse Care Rescue Centre is a Spanish registered charity working to improve the lives of abandoned, neglected and mistreated horses and donkeys in the Alicante region of Spain. The centre and its rescue animals rely heavily on fund raising and donations and welcome visitors to the centre. For further information phone Sue on 652021980 or visit: www.easyhorsecare.net