

**Dorset Dirty Dabbler**  
21st October 2018  
**IMPORTANT This event is not a race!**  
**Final Instructions**

**Location:** The start / finish is outside the 'outdoor education centre' on the Kingston Maurward college site. Please follow the signage and park in the car park signed. Post code DT2 8PY

**Disclaimer:** Please sign the disclaimer when you register. Alternatively, you can print off the attached disclaimer, sign it and bring it with you to hand in at registration. No one will be able to ride without signing the disclaimer.

**Registration: Registration is open from approx. 8.00am**

Once parked please go to the outdoor education hall to register. Here you will sign, or hand in, a signed disclaimer and be given a number and a route map. The **number is not to be fitted to yourself or the bike**. Please carry it with you during the event.

**Helmets:** Please note: **helmets are mandatory**.

**Spares & repairs:** You should be carrying basic tools, inner tubes and a pump to fix punctures or mechanical problems you may experience. A basic first aid kit is also recommended. Spare inner tubes and some basic spares are on sale on the day.

**Food & drink:** Make sure that you have enough food and drink for the ride. Additional drinks, snacks and energy products are on sale on the day. Free bananas & water are available at the feed station on the route, but you should carry enough food to last you the ride.

**Start: IMPORTANT This event is not a race!**

The starting times for the event will be anytime between 8.30am and 9.15am. We will let out a maximum of 10 people at a time at approx. 4 minute intervals. Please be aware that you may have to wait at the start for a short time if there are a large number of people ready at the same time. At the start your number will be noted and your start time recorded.

**Route:** The route will be marked out as best as we can. The markings are there to assist you but, if in doubt you should check your map or use the gpx. Download attached.

**You will be riding along public rights of way so please respect other users.**

**There may be walkers, horses or even other cyclists, we are all entitled to use the routes but must do so in a sensible and responsible manner.**

**There are also a number of gates throughout the route. The gates should be shut after going through them, anyone seen leaving a gate open will be withdrawn from the event and refused any entry to future events.**

There will be a recovery van circulating the roads around the route so if you have any bike problems that you can't sort out call the emergency number and we will try to get the van to you for assistance or recovery.

There will be a food and drink stop about half way round the route.

**Route clearing:** Approx. 30 minutes after the last rider starts, our team will set out to clear the route. They will be removing all route signs and markings at this point. Our riders will stay behind the last riders and assist any who may be having problems. They will aim to have all route markings removed and all riders finished by approx. 2:00pm. Riders taking too long to complete the route may be directed back via a shorter route if it is deemed necessary by our experienced team.

**Emergencies:** You will find a contact number on your map. These numbers are for use in emergencies only. Please do not call these numbers for non emergency situations.

**Finish:** When you come to the end of the route please go through the start / finish area and tell the person there your number. After finishing, if you proceed back to the outdoor education hall there are toilets and showers available. If using these please do not leave them in a mess.

**You must also return your number to the registration table where you will be given a bag of goodies and a free hot drink.**

Drinks and cakes will also be available after you have finished the event and there is a café on the Kingston Maurward site serving food and drinks.

**Please have a great day and we hope you enjoy the event.**

**Our thanks go to all those who have helped to get this event going and with its set up. Also to Kingston Maurward College for the use of their great facilities.**

**Please print and sign disclaimer below and bring to the event**

# Mud, Sweat and Gears Ltd

## Dorset Dirty Dabbler Cycling Event

### **Sign up & waiver, release of liability and assumption of risk**

(Every participant must personally read, understand and execute this waiver form)

In consideration of the opportunity to participate in the Dorset Dirty Dabbler bike ride on October 21st 2018 (the 'Event'), I, for myself, my personal representatives, assigns and heirs, acknowledge and agree that:

1. Participation in or attendance at the Event involves inherent risks and dangers of accidents, personal and bodily injury and property loss or damage. I have considered the nature and extent of the risks involved and I voluntarily choose to assume all such risks, both known and unknown, even those risks that result from the negligence of the released parties (defined below) or others, whether or not negligence has been proven, and assume full responsibility for my participation in the Event. I consent to treatment in the event of an emergency or other incident in which, in the reasonable judgement of the onsite personnel, I require medical care.

2. I, for myself and on behalf of my heirs, estate, insurers, successors and assigns, hereby waive, release, discharge, indemnify and hold harmless Mud, Sweat and Gears Ltd, its Directors, shareholders, employees, agents and representatives, and the successors, assigns, and insurers of such entities, (collectively, the 'Released parties'), from and against any and all claims or causes of action I may have for damages for personal or bodily injury, disability, death, loss or damage to person or property, or any other types of damages arising from or relating to my participation in or attendance at the Event, whether arising from the negligence of any or all of the released parties or otherwise, whether or not negligence has been proven, to the fullest extent permitted by law. This release and indemnity shall survive my participation in and attendance at the Event.

3. I understand that the Event may be photographed, video taped, or otherwise recorded, and I agree that Mud, Sweat and Gears Ltd may use my name and likeness in photographs, video tapes, audio tapes and other media, without any additional consideration to me or to any third party.

4. I certify that I am in good physical health and have no physical condition, impairment, disease, infirmity, other illness, or history of chronic respiratory or circulatory ailments, including heart disease or blockage, which would prevent or jeopardise my safe participation in the Event or place me at risk of further injury, illness or death during my participation.

By signing this signature form, I acknowledge that I have read this legal document in its entirety, fully understand and agree with its contents, and fully accept all terms, conditions and provisions. I sign this Release of Liability and Assumption of Risk Agreement freely and voluntarily, without any inducement or coercion.

### **SIGN UP & WAIVER, RELEASE OF LIABILITY AND ASSUMPTION OF RISK ACKNOWLEDGEMENT AND SIGNATURE PAGE**

(Every participant must personally read, understand and execute this waiver form)

**I acknowledge that I have read the waiver, release of liability and assumption of risk in its entirety, understand it and agree with its contents, and fully accept all terms, conditions and provisions. I sign this Release of Liability and Assumption of Risk Agreement freely and voluntarily, without any inducement or coercion.**

**Participant's**

**Signature:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Print Name:** \_\_\_\_\_

**Phone (in case of emergency):** \_\_\_\_\_

I certify that: I am 18 years of age or older or I have my parent's or guardian's consent as indicated below.

#### **IF THE PARTICIPANT IS A MINOR, THE PARENT OR GUARDIAN SHOULD READ AND SIGN BELOW.**

I am the parent or legal guardian of \_\_\_\_\_ (the 'Participant'). On behalf of the Participant, I hereby irrevocably and unconditionally agree to all the terms of the Release of Liability and Assumption of Risk Agreement. I also, for myself and on behalf of my heirs, estate, insurers, successors and assigns, hereby release, indemnify and hold harmless the Released Parties (defined above), with respect to any and all claims or causes of action I may have for damages for personal or bodily injury, disability, death, loss or damage to person or property, or any other types of damages, whether arising from my negligence or any or all of the Released Parties or otherwise, whether or not negligence has been proven, to the fullest extent permitted by law.

\_\_\_\_\_  
PARENT OR GUARDIAN SIGNATURE

\_\_\_\_\_  
PRINT NAME

\_\_\_\_\_  
DATE