

Start Time	Race No.	Name	Club	Cat	Age	P. Best	P.Best improv	Vet.Std	Vet.Std+	Av Speed	Act time
9.28	28	Ioan Smallwood	Cardiff Ajax CC	S	32	Nil				27.21	00:55:07
9.30	30	Christopher Jones	Ride Bike Wales	V	45	00:51:23	-0:07:55	1:07:03	+0:07:45	25.30	00:59:18
9.15	15	Gavin Hinxman	Kettering CC	V	47	00:52:45	-0:06:40	1:07:26	+0:08:01	25.25	00:59:25
9.05	5	Philip Tucker	Bynea CC	S	35	00:52:59	-0:07:24			24.84	01:00:23
9.36	36	James Wright	Charlotteville CC	V	42	00:54:59	-0:05:46	1:06:26	+0:05:41	24.69	01:00:45
9.26	26	Paul Coles	Road CC	V	41	00:55:10	-0:06:11	1:06:13	+0:04:52	24.45	01:01:21
9.41	41	Colin Wallace	Merthyr Cycling Club	V	52	00:53:53	-0:09:30	1:08:26	+0:05:03	23.67	01:03:23
9.07	7	Jim Curry	Performance Cycles	V	43	01:02:41	-0:02:39	1:06:39	+0:01:19	22.96	01:05:20
9.42	42	Mark Williams	Port Talbot Whs.	V	56	00:56:00	-0:11:26	1:09:19	+0:01:53	22.24	01:07:26
9.11	11	Tim McEvoy	Lanhydrock Wheelers	S	36	00:54:36	-0:21:50			19.62	01:16:26
9.48	48	Paul Griffiths	Cardiff Ajax CC	V	60	01:05:41	-0:14:29	1:10:21	-0:09:49	18.71	01:20:10
9.06	6	Gerry McGarr	Gloucester City CC	V	63	00:54:38		1:11:16			DNF
9.54	54	Josh Townsend	Bynea CC	J	16	Nil					DNF
9.03	3	Ross Morgan	Acme Whs.(Rhondda) CC	S	26	Nil					DNS-Apol
9.08	8	Steven Madeley	Ogmore Valley Whs.	V	53	00:55:21		1:08:39			DNS-Apol
9.09	9	Nigel Jones	Gloucester City CC	V	57	00:58:50		1:09:34			DNS-Apol
9.12	12	Nigel Williams	Merthyr Cycling Club	V	52	00:56:40		1:08:26			DNS-Apol
9.13	13	Ed Hadley	Hereford & Dist Whs. C.C	V	58	01:01:29		1:09:49			DNS-Apol
9.14	14	Michelle Robertson	Abercynon RC	LV	48	Nil		1:13:02			DNS-Apol
9.16	16	Mark Woolford	Chippenham & Dist. Whs	V	49	00:53:25		1:07:50			DNS-Apol
9.17	17	Tom Cox	Northover VT - Rudy Project	V	61	00:55:11		1:10:38			DNS-Apol
9.18	18	Nicholas Forbes	Bynea CC	V	43	00:58:28		1:06:39			DNS-Apol
9.21	21	Paul Stephens	Ross-On-Wye&Dist CC	V	50	00:54:34		1:08:02			DNS-Apol
9.23	23	Paul Anthony Rees	Bynea CC	V	50	01:01:15		1:08:02			DNS-Apol
9.27	27	Stuart Evans	Port Talbot Whs.	V	69	00:57:05		1:13:57			DNS-Apol
9.29	29	Phillip Turner	Bynea CC	V	47	Nil		1:07:26			DNS-Apol
9.31	31	Rod Hicks	Port Talbot Whs.	V	49	00:54:16		1:07:50			DNS-Apol
9.32	32	John J Murphy	Gloucester City CC	V	75	00:56:21		1:16:59			DNS-Apol
9.33	33	Andrea Parish	Carmel Valley C&TC	LV	47	01:00:49		1:12:49			DNS-Apol

Start Time	Race No.	Name	Club	Cat	Age	P. Best	P.Best improv	Vet.Std	Vet.Std+	Av Speed	Act time
9.37	37	John Shehan	Bynea CC	V	68	00:57:26		1:13:10			DNS-Apol
9.38	38	Diane Hynam	Bynea CC	LV	63	01:13:28		1:17:01			DNS-Apol
9.43	43	Rebecca Leaper	North Shropshire Whs	LS	36	01:00:35					DNS-Apol
9.44	44	Alex Brace	Team Nbcc	S	20	Nil					DNS-Apol
9.45	45	Steven Cottington	Cadence RT	V	52	00:52:10		1:08:26			DNS-Apol
9.46	46	Derek Dowdeswell	Gloucester City CC	V	60	00:54:50		1:10:21			DNS-Apol
9.47	47	David Wilson-Evans	Bynea CC	V	58	00:58:17		1:09:49			DNS-Apol
9.49	49	Gethin Llewelyn	Swansea University	S	22	Nil					DNS-Apol
9.50	50	Liam Maybank	Twickenham CC	V	42	00:50:33		1:06:26			DNS-Apol
9.51	51	Peter Lloyd	Team Nbcc	V	49	00:53:27		1:07:50			DNS-Apol
9.53	53	David Long	Acme Whs.(Rhondda) CC	S	27	00:59:00					DNS-Apol
9.58	58	Steve Lawrence	Riscc	S	35	01:03:52					DNS-Apol
10.03	63	Ethan Derrick	Bike Doctor	J	16	00:59:00					DNS-Apol
10.05	65	Graeme Boswell	Cardiff Ajax CC	V	40	00:52:01		1:06:00			DNS-Apol
10.07	67	Lee Watts	Bynea CC	S	38	00:56:56					DNS-Apol
10.08	68	Gareth Hill	Abercynon RC	V	43	01:03:50		1:06:39			DNS-Apol
10.09	69	Christopher Goodwin	Ogmore Valley Whs.	V	41	Nil		1:06:13			DNS-Apol
10.10	70	Paul Gamlin	Northover VT - Rudy Project	V	43	00:49:25		1:06:39			DNS-Apol
9.04	4	Alistair Morgan	Pontypool RCC	V	52	00:56:46		1:08:26			DNS- No Apol
9.10	10	Stephen Campbell	Twickenham CC	V	45	00:51:37		1:07:03			DNS- No Apol
9.19	19	Jamie Barnes	Team Nbcc	S	30	Nil					DNS- No Apol
9.20	20	Robert West	RST Sport/Aero-Coach	V	40	00:51:27		1:06:00			DNS- No Apol

Start Time	Race No.	Name	Club	Cat	Age	P. Best	P.Best improv	Vet.Std	Vet.Std+	Av Speed	Act time
9.22	22	Paul Cannon	Porth & Dist. C.C.	V	62	00:56:25		1:10:57			DNS- No Apol
9.24	24	Chris Fishbourne	Abercynon RC	V	41	Nil		1:06:13			DNS- No Apol
9.25	25	David Brice	Bynea CC	V	53	00:52:22		1:08:39			DNS- No Apol
9.34	34	Nigel Pitt	Bynea CC	V	55	Nil		1:09:05			DNS- No Apol
9.35	35	Michael Portlock	E.C. Cycles	V	44	00:52:40		1:06:51			DNS- No Apol
9.39	39	David Chilcott	Bike Doctor	S	30	Nil					DNS- No Apol
9.40	40	Lyn Jones	E.C. Cycles	V	40	00:51:18		1:06:00			DNS- No Apol
9.52	52	Darren Avery	L Saunders Estate Agents	V	52	00:55:55		1:08:26			DNS- No Apol
9.55	55	John Regan	Pembrokeshire Velo	V	46	00:52:10		1:07:15			DNS- No Apol
9.56	56	Stuart Kerton	Road CC	S	36	00:54:40					DNS- No Apol
9.57	57	Mike Hazelwood	Saracen RC	V	61	00:57:00		1:10:38			DNS- No Apol
9.59	59	Mervyn Cox	Performance Cycles	V	53	Nil		1:08:39			DNS- No Apol
10.00	60	David Woodhouse	CC Ashwell	S	36	00:50:20					DNS- No Apol
10.01	61	Jimmy Little	VC St Rapheal	V	45	00:53:26		1:07:03			DNS- No Apol
10.02	62	Gary Jones	Pontypool RCC	V	52	00:55:30		1:08:26			DNS- No Apol
10.04	64	Nicola Griffiths	Bynea CC	LV	50	Nil		1:13:28			DNS- No Apol
10.06	66	Steven Bennett	Acme Whs.(Rhondda) CC	V	42	00:54:39		1:06:26			DNS- No Apol