

PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS
UNDER THEIR RULES AND REGULATIONS

THE BRIAN FRY MEMORIAL OPEN 25

PROMOTED BY

CC BLAENAU GWENT /JENNECCA

SUNDAY 7th MAY R25/7

STARTING TIMEKEEPER DES WARD

FINISHING TIMEKEEPER TUDOR THOMAS

EVENT SEC: IAN DAVIES, 77 CURRE ST, EBBW VALE. NP23 7RE

TEL 01495 440544 MOB / ON THE DAY 07866 900915 COMPLAINTS REGARDING THE
EVENT SHOULD BE MADE IN WRITING TO THE PROMOTING SECRETARY WITHIN 72 HRS

EVENT HEADQUARTERS - USK SCOUT HALL OPEN FROM 7.30 AM

(SCOUT HALL POSTCODE IS NP15 1AD,IT'S ALSO OPPOSITE USK PRISON)

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ AND SIGN OUT AFTER THEY FINISH
IN THE INTERESTS OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS
STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY
ACCEPTED SAFETY STANDARD.IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF
18 OR JUNIORS AS DEFINED BY REG 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A
SAFETY STANDARD IN ACCORDANCE WITH THE NEW REGULATION 15

- ✓ This event may be subject to doping control. It is YOUR responsibility to check.
- ✓ If you fail to sign out you will be recorded as DNF.
- ✓ No passing the finish time keeper or warming up on the course once the event has started.
- ✓ No turbo within 100m of residential areas.

Start on southbound side of Monmouth Road (unclassified) at approx. SO 38983 02022 - opposite post between gates on right to farm buildings and to "Usk Castle Chase Natural Burial Ground", 125 yards south west of "Bends for 1 1/2 miles" sign on the old Usk/Raglan road. Proceed towards Usk. At foot of hill turn left (M) and left again (M) onto A472 and proceed to take left hand lane at Llangeview interchange (M) where join A449. Proceed via Raglan interchange (M) where road becomes the A40. Continue to pass picnic area (11.757 miles) and through tunnel (12.5 miles point is 100 yds inside the tunnel). After tunnel bear left (M) and in 300 yards at garage (M) turn left with great care on B4293. Cross over tunnels and in 2-3 miles keep straight on on unclassified road to rejoin the A40 at Mitchel Troy (M). (Sign Mitchel Troy 14.367 miles) Retrace via Raglan interchange and at Llangeview bear left (M) to leave A449 and proceed on A472 to: Finish opposite 2nd drain cover on right, 25 yards beyond tele pole No DP63 and 350 yards beyond rear of sign reading A449/B4235 on approach to Usk.

	FASTEST	VET ON STD	FASTEST WOMAN		FASTEST JUNIOR	FASTEST TEAM OF 3
1ST	£40	£30	£20		£10	£10pp
2ND	£25	£20	£10		£5	

3RD	£15	£10	£5			
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