

START SHEET

<u>No.</u>	<u>Name</u>	<u>Club</u>	<u>Start Time</u>	<u>Cat.</u>	<u>Standard</u>
1	Bob Ibell	Bynea CC	2.01	Vet	29:39
2	Alan Owen	Bynea CC	2.02	Vet	29:15
3	Mervin Lewis	Bynea CC	2.03	Vet	28:05
4	John Evans	Bynea CC	2.04	Vet	27:13
5	Geraint Evans	Port Talbot Whs	2.05	Vet	26:22
6	Peter Asplin	Bynea CC	2.06	Vet	28:19
7	Norman James	Ogmore Valley Whs	2.07	Vet	29:05
8	Shirley Howell	Port Talbot Whs	2.08	F. Vet	28:28
9	Paul Rees	Bynea CC	2.09	Vet	26:39
10	Scott Davies	M&D Kinetic	2.10	Jun	
11	Johnathan Moore	Team Midland	2.11	Vet	26:47
12	John Sheehan	Bynea CC	2.12	Vet	27:58
13	Roger Dunbar	Velo L'escargot	2.13	Vet	26:04
14	Trevor Richards	Bynea CC	2.14	Vet	27:13
15	David Brice	Bynea CC	2.15	Vet	26:43
16	Sally Harmer	Ystwyth CC	2.16	F. Vet	28:51
17	Lee Watts	Bynea CC	2.17	S	
18	Anthony Howell	Port Talbot Whs	2.18	Vet	26:31
19	Karyl Richards	Serpentine	2.19	F	
20	Rhys Payne	Porth & Dist CC	2.20	S	
21	Dr. Gerard Oram	Bynea CC	2.21	Vet	26:51
22	Matthew Phillips	Bynea CC	2.22	S	
23	Les Thomas	Port Talbot Whs	2.23	Vet	26:43
24	David Roberts	Acme Whs	2.24	Vet	28:12
25	Anthony Jones		2.25	S	
26	Michael Bevan	Bynea CC	2.26	Vet	26:55
27	Windsor Jones	Cardiff 100m CC	2.27	Vet	27:39
28	Raymond Mathews	Port Talbot Whs	2.28	Vet	26:18
29	Christopher Davies	Bynea CC	2.29	Vet	26:26
30	Ben Phillips	Bynea CC	2.30	S	
31	Peter Lloyd	Pembroke Velo	2.31	Vet	26:26
32	Gareth Rees	Cwmcarn Paragon	2.32	S	
33	Jystyn Davies	Towy Racing CC	2.33	Vet	26:13
34	Julius Bancard	Bynea CC	2.34	S	
35	Richard Harries	Cwmcarn Paragon	2.35	S	
36	Anthony Cowdry	Velo L'escargot	2.36	S	

Categories: V – Veterans, W – Woman, Jun – Junior, Juv – Juvenile, S – Senior

Refreshments will be served after the event in the camp site adjacent to the HQ