

# **Bynea CC Open 30 mile Time Trial**

**Sunday 19th April 2015 at 9.01 am**

Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

## **Awards**

**Fastest rider £25**

**Second fastest £15**

**Third fastest £10**

**First Vet on standard £15**

**Second Vet on standard £10**

**Fastest Lady\***

**Fastest Junior\***

**Fastest team of 3 riders £30 (£10 each)**

One rider per award, except team award.

\* No prize money in categories with less than 3 riders

Timekeeper: Tudor Thomas.

Event Secretary: John Hynam ,  
4 Bro Hedydd, Four Roads, Kidwelly, Carm. SA17 4SQ  
Tel. 01269 862096, (07855 633002 on day of event)

Event HQ: Llanwrda Village Hall. Llanwrda. SA19 8HD. Open at 7.30 am  
Please do not wear cycling shoes in the hall as they can damage the wooden floor.  
Please do not park on the road outside the hall as local residents have objected and further complaints could lead to the future loss of these headquarters.

Signing on: Sign on and collect numbers at HQ.  
Please return numbers to HQ after event.  
Numbers can be exchanged for a drink at the catering counter.

Course details : R30/6, 30 Mile Time Trial Course,  
A40 Manordeilo - Abergwili - Manordeilo

Start in Manordeilo Village at S.W. entrance to Tourist Information lay-by, opposite to and 14 yards east of farm sign "Glanbydan Farm". (This is approx. 4.2 miles S.W. from headquarters in Llanwrda.) Proceed along A40 via Rhosmaen to Llandeilo roundabout. (3.172 miles). Take second exit along A40 via Llandeilo bypass via Pentrefelin, Broad Oak, Llanegwad and Nantgaredig to turn at Abergwili east roundabout. (15.970 miles). Retrace over same route to Llandeilo roundabout (28.747 miles). Take first exit along A40 to finish at point 14 yards east of centre of the 4<sup>th</sup> road to the left after roundabout at Manordeilo (30.017 miles).

In the interests of your own safety, Cycling Time Trials and Bynea CC strongly advise you to wear a hard shell helmet which meets an internationally accepted safety standard.

In accordance with rule 15, all junior competitors must wear such a helmet.

It is also recommended that a flashing or constant rear light is fitted to your bicycle and is active whilst the bicycle is in use.

Please call out your number as you cross the finish line.

**Best of luck and have a safe ride - John Hynam - event sec.**

## Order of start from 9.01 am

No.	Name	Club	Age	Cat.	Vet Std.	Start time
1	Paul Rees	Bynea CC	50	V	01:22:06	09.01
2	David Long	Acme Whs (Rhondda) CC	27	S		09.02
3	Andrew Williams	Merthyr CC	48	V	01:21:37	09.03
4	Josh Townsend	Bynea CC	16	J		09.04
5	Lee Watts	Bynea CC	38	S		09.05
6	Nigel Williams	Merthyr CC	52	V	01:22:36	09.06
7	Sally Harmer	Pembrokeshire Velo	53	LV	01:29:29	09.07
8	Neil Mouldsdale	Acme Whs (Rhondda) CC	35	S		09.08
9	Rob Jones	Cardiff Ajax CC	38	S		09.09
<b>10</b>	Carl Banwell	Acme Whs (Rhondda) CC	43	V	01:20:25	<b>09.10</b>
11	Danielle Flawn	Bynea CC	24	L		09.11
12	Stuart Howe	Rhondda Triathlon Club	42	V	01:20:09	09.12
13	Yeung Ng	Bynea CC	41	V	01:19:53	09.13
14	Wayne Evans	Bynea CC	53	V	01:22:51	09.14
15	Colin Wallace	Merthyr CC	52	V	01:22:36	09.15
16	Peter Lloyd	Team NBCC	49	V	01:21:52	09.16
17	Les Thomas	Port Talbot Whs. CC	53	V	01:22:51	09.17
18	Stephen Landeg	Ogmore Valley Whs	61	V	01:25:17	09.18
19	John Williams	Bynea CC	62	V	01:25:40	09.19
<b>20</b>	David Brice	Bynea CC	53	V	01:22:51	<b>09.20</b>
21	Peter Asplin	Bynea CC	71	V	01:30:09	09.21
22	Andrew Harries	Ogmore Valley Whs	55	V	01:23:24	09.22
23	Paul Griffiths	Cardiff Ajax CC	60	V	01:24:56	09.23
24	Richard Smith	Bynea CC	19	S		09.24
25	Steven Madeley	Ogmore Valley Whs	53	V	01:22:51	09.25
26	Mike Broadbent	Bynea CC	54	V	01:23:07	09.26
27	John Regan	Pembrokeshire Velo	46	V	01:21:09	09.27
28	Gareth Hill	Abercynon Road Club	43	V	01:20:25	09.28
29	Stuart Evans	Bynea CC	39	S		09.29
<b>30</b>	Emyr Griffiths	Bynea CC	47	V	01:21:23	<b>09.30</b>
31	John Shehan	Bynea CC	68	V	01:28:23	09.31
32	Christopher Goodwin	Ogmore Valley Whs	41	V	01:19:53	09.32
33	Jamie Barnes	Team NBCC	30	S		09.33
34	Dan Taylor	Acme Whs (Rhondda) CC	35	S		09.34
35	Mark Rosser	Ogmore Valley Whs	44	V	01:20:39	09.35
36	Chris Woolley	Rhondda Triathlon Club	43	V	01:20:25	09.36
37	Kevin Bartlemore	Acme Whs (Rhondda) CC	47	V	01:21:23	09.37
38	Neil Gregory	Port Talbot Whs. CC	48	V	01:21:37	09.38
39	Chris Fishbourne	Abercynon Road Club	41	V	01:19:53	09.39
<b>40</b>	David Evans	Worcester St. Johns CC	58	V	01:24:17	<b>09.40</b>
41	Craig Jones	Bynea CC	43	V	01:20:25	09.41
42	Tom Clode	Team NBCC	32	S		09.42
43	David Thomas	Rhondda Triathlon Club	36	S		09.43
44	Matthew Rees	Bynea CC	41	V	01:19:53	09.44
45	Anthony Mark Jones	Bynea CC	41	V	01:19:53	09.45
46	Stuart Evans	Bynea CC	39	S		09.46
47	Gerwyn Davies	Rhondda Triathlon Club	54	V	01:23:07	09.47
48	Neale Lewis	Acme Whs (Rhondda) CC	42	V	01:20:09	09.48
49	John Evans	Bynea CC	60	V	01:24:56	09.49
<b>50</b>	Arwel Davies	Bynea CC	41	V	01:19:53	<b>09.50</b>
51	Rod Hicks	Port Talbot Whs. CC	50	V	01:22:06	09.51
52	Dean Cummings	Acme Whs (Rhondda) CC	52	V	01:22:36	09.52
53	Gareth Rees	Tenby Aces	45	V	01:20:54	09.53
54	Mark Rooke	Rhondda Triathlon Club	44	V	01:20:39	09.54
55	Philip Tucker	Bynea CC	35	S		09.55
56	Gareth Battle	Porth & District CC	40	V	01:19:37	09.56
57	John Hughes	Rhondda Triathlon Club	51	V	01:22:21	09.57
58	Gary Flower	Acme Whs (Rhondda) CC	46	V	01:21:09	09.58
59	Mark Thomas	Rhondda Triathlon Club	50	V	01:22:06	09.59
<b>60</b>	Kieron Davies	Team NBCC	28	S		<b>10.00</b>
61	Chris Holman	Team NBCC	27	S		10.01