



Cardiff Ajax Cycling Club

Promoted for and on behalf of Cycling Time Trials
under their Rules and Regulations

Cardiff Ajax Open 10 Mile Time Trial Saturday 22nd March 2014 at 2.00pm

Round 2 of the Celtic Series

www.CelticSeries.co.uk

Start Sheet

Event Secretary : Liz Webb of 20 Llwynfedw Gardens, Birchgrove, Cardiff CF14 4NX
Tel: 07791 061642
Email: liz.webb@ntlworld.com
Timekeepers : Len Samuel and Tudor Thomas
Course : R10/16A

START At light standard IF 21 at southern end of layby 0.4 miles north of Abercarn on A467. Proceed southbound, taking 2nd exit at roundabout to continue on A467 to Wattsville roundabout and take 1st exit onto dual carriageway (A467). Proceed on dual carriageway to Risca roundabout (5.16 miles). Turn by circling the roundabout to continue on dual carriageway northbound to Wattsville roundabout. Take 3rd exit signposted Abercarn to continue on A467 single carriageway to take 2nd exit at roundabout to continue to Abercarn. Bear left (WITH GREAT CARE) on unclassified road (2nd entrance signed to Prince of Wales Industrial Estate) and in 200yds **FINISH** at light standard IF463 on left opposite entrance to Bridge Street (cul-de-sac) on right. (10.000 miles).

District Regulation There are double white lines at the start. Any rider turning in the road at the start **WILL BE DISQUALIFIED**. Please continue for 200 yards past start to turn at roundabout.

Event HQ: Scout Hall, Abercarn, NP11 5AR. Very close to finish.
Numbers, signing on (Open from 12:00pm)
First aid kit & Result Board and Prize Presentation will be at the HQ.

Prizes :

1 st - £25	2 nd - £15	3 rd - £10
1 st Woman - £25	2 nd Woman - £15	3 rd Woman - £10
1 st Vet - £15	2 nd Vet - £10	3 rd Vet - £5
1 st Woman Vet - £15	2 nd Woman Vet - £10	3 rd Woman Vet - £5
1 st Junior /Juvenile - £5		
1 st Women Junior / Juvenile - £5		

Please note: One rider, one prize. Vet prizes will be awarded by time against CTT published target standards for age. Prizes are cash and, if the recipient does not stay to personally collect after the event, will not be posted to you.

Notes :

1. In the interests of your own safety, CTT and the event promoters advise you to wear a hard shell helmet that meets an international safety standard.
2. Sign on to collect your number – each rider must collect their own number. Only riders listed on the start sheet may ride.
3. Refreshments will be available. A complimentary tea, coffee or squash will be provided with return of number after the event. Other refreshments will be available to purchase at a modest charge.
4. Marshals will be positioned around the course they are there to show you the way, they have no authority over the traffic.
5. No first aider will be available but a first aid kit will be available at the HQ.
6. Please do not park on the road outside the HQ, it obscures the finish line.
7. 3 parking spaces in the car park outside the HQ will be reserved for Timekeepers and the Event Promotion Team, please respect this reservation.

<u>No</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>Start Time</u>
1	Nia James	Cardiff Ajax CC	W Sen	14.01
2	Sally Wilder	San Domenico	W Sen	14.02
3	Rachel Shiner	Cardiff Ajax CC	W Sen	14.03
4	Sue Hollin	Monmouthshire Wheelers	W Vet	14.04
5	Suzie Warren	Cardiff Ajax CC	W Sen	14.05
6	Caitlin Sweet	Cardiff Ajax CC	W Juv	14.06
7	Heather Dennis	Cardiff Ajax CC	W Vet	14.07
8	Shirley Howell	Port Talbot WhsÂ CC	W Vet	14.08
9	Georgina Harper	Cardiff Ajax CC	W Vet	14.09
10	Susan Burnett	Newport Phoenix	W Vet	14.10
11	Jessica Hill	Cardiff Ajax CC	W Sen	14.11
12	Frances Williams	San Domenico	W Vet	14.12
13	Sally Harmer	Pembrokeshire Velo	W Vet	14.13
14	Stephanie Post	Cardiff Ajax CC	W Sen	14.14
15	Kevin Larmer	Port Sunlight Whs	Vet	14.15
16	Richard Wilder	San Domenico	Vet	14.16
17	Andy Leonard	Monmouthshire Wheelers	Vet	14.17
18	Edward Malarczyk	Cwmcarn Paragon Road Club	Vet	14.18
19	Lloyd Morgan	San Domenico	Sen	14.19
20	David Brice	Bynea Cycling Club	Vet	14.20
21	Max Girdler	National Clarion CC	Sen	14.21
22	Andrew Palmer	Cardiff Ajax CC	Sen	14.22
23	John Beavan	1st Chard Wheelers	Vet	14.23
24	Chris Jowitt	Monmouthshire Wheelers	Sen	14.24
25	Richard Lawton	Newport Phoenix	Vet	14.25
26	Dylan Evans	Monmouthshire Wheelers	Vet	14.26
27	Wayne Thomas	Pontypool RCC	Sen	14.27
28	Gary Burley	Andover Whs	Vet	14.28
29	John Seaward	San Domenico	Sen	14.29
30	Thomas Ashford	Cardiff Jif	Sen	14.30

31	Christopher Jones	Ride Bikes Wales	Vet	14.31
32	Dan Hunt	Chippenham & Dist. Whs	Sen	14.32
33	Paul Hayward	Cwmcarn Paragon	Vet	14.33
34	Hamish Belding	Cardiff Ajax CC	Sen	14.34
35	Andy Davies	Cardiff Jif	Sen	14.35
36	Andy Kelly	Bristol South CC	Vet	14.36
37	Chris Massey	Cwmcarn Paragon	Vet	14.37
38	Steve Morris	Ogmore Valley Wheelers	Vet	14.38
39	Phil Bradshaw	Cwmcarn Paragon	Vet	14.39
40	Steven Powell	Cwmcarn Paragon Road Club	Sen	14.40
41	James Nunn	Cardiff Triathletes	Sen	14.41
42	Mark Cane	Cardiff Ajax	Sen	14.42
43	Mark Nott	Ogmore Valley Whs	Vet	14.43
44	Ian McDonald	San Domenico	Vet	14.44
45	Ian Rees	Pontypool RCC	Vet	14.45
46	Andy Gibbs	Cwmcarn Paragon Road Club	Vet	14.46
47	Ross Porter	Cwmcarn Paragon	Vet	14.47
48	David Regan	Cardiff Ajax CC	Sen	14.48
49	Terry Harradine	CC Top	Vet	14.49
50	Graeme Boswell	Cardiff Ajax CC	Sen	14.50
51	Mathew Atkins	Cwmcarn Paragon Road Club	Vet	14.51
52	John Chichester	Cardiff Ajax CC	Vet	14.52
53	Jonathan Pitt	Monmouthshire Wheelers	Vet	14.53
54	Ron Boast	Ogmore Valley Whs	Vet	14.54
55	Joseph Wiltshire	NFTO Race Club	Jun	14.55
56	Alexandre Touche	Cwmcarn Paragon Road Club	Jun	14.56
57	Joel Simpson	Cardiff Ajax CC	Vet	14.57
58	David Mollison	Monmouthshire Wheelers	Sen	14.58
59	Christopher Goodwin	Ogmore Valley Whs	Vet	14.59
60	B Xavier Disley	RST Sport/Aero-Coach	Sen	15.00
61	Rhys Jenkins	Cwmcarn Paragon Road Club	Sen	15.01
62	Paul Griffiths	Cardiff Ajax CC	Vet	15.02
63	Paul Jones	Cwmcarn Paragon	Vet	15.03
64	Rob Scott	San Domenico	Sen	15.04
65	David Medhurst	Cardiff Ajax CC	Sen	15.05
66	Jimmy Little	VC St Raphael	Vet	15.06
67	Jonny Webb	Gannet CC	Vet	15.07
68	James White	Sand Domenico	Vet	15.08
69	Kevin Thomas	Pontypool RCC	Vet	15.09
70	Justin Di Tomaso	Cardiff Ajax CC	Vet	15.10
71	Gareth Rees	Cwmcarn Paragon	Sen	15.11

