

Start Number	Start Time	First Name	Surname	Club
1	6:31 PM	Oliver	Postle	Bush Healthcare CRT
2	6:32 PM	Liz	Webb	Cardiff Ajax CC
3	6:33 PM	Sue	Hollin	Monmouthshire Wheelers
4	6:34 PM	Heather	Dennis	Cardiff Ajax CC
5	6:35 PM	Megan	Chard	M & D Cycles Specialised
6	6:36 PM	Susan	Burnett	Newport Phoenix
7	6:37 PM	Georgina	Harper	Cardiff Ajax CC
8	6:38 PM	Frances	Williams	San Domenico
9	6:39 PM	Sally	Harmer	Pembrokeshire Velo
10	6:40 PM	Stephanie	Post	Cardiff Ajax CC
11	6:41 PM	Suzie	Warren	Cardiff Ajax CC
12	6:42 PM	Chris	Jowitt	Monmouthshire Wheelers
13	6:43 PM	Joel	Simpson	Cardiff Ajax CC
14	6:44 PM	Andrew	Price-Stephens	Cwmcarn Paragon Road Club
15	6:45 PM	Joseph	Wiltshire	NFTO Race Club
16	6:46 PM	ryan	brain	Cwmcarn Paragon Road Club
17	6:47 PM	Andy	Davies	Cardiff Jif
18	6:48 PM	Justin	Di Tomaso	Cardiff Ajax CC
19	6:49 PM			
20	6:50 PM	james	lewis	NFTO Pro Cycling
21	6:51 PM	ian	davies	CC Blaenau Gwent
22	6:52 PM	Phil	Bradshaw	Cwmcarn Paragon Road Club
23	6:53 PM	Tim	Raine	Ogmore Valley Wheelers
24	6:54 PM	Martyn	Bidwell	Cardiff Ajax CC
25	6:55 PM	Mike	Porkylock	EC Cycles
26	6:56 PM	Gareth	Rees	Cwmcarn Paragon Road Club
27	6:57 PM	Mark	cane	Cardiff Ajax CC
28	6:58 PM	Chris	Massey	Cwmcarn Paragon Road Club
29	6:59 PM	Andy	Wilton	Cardiff Ajax CC
30	7:00 PM	PAUL	HAYWARD	Cwmcarn Paragon Road Club
31	7:01 PM	Wayne	Thomas	Pontypool RCC
32	7:02 PM	Clive	Chappe	Ross on Wye and District CC
33	7:03 PM	Ross	Porter	Cwmcarn Paragon Road Club
34	7:04 PM	Richard	Lawton	Newport Phoenix
35	7:05 PM	Scott	Davies	Madison-Genesis - Foreign (UCI registered)
36	7:06 PM	Alex	Touche	Cwmcarn Paragon Road Club
37	7:07 PM	kevin	thomas	Pontypool RCC
38	7:08 PM	Simon	Kinsey	Acme Whs (Rhondda) CC
39	7:09 PM	Andrew	Storrie	Ogmore Valley Whs
40	7:10 PM	Richie `	Harris	Cwmcarn Paragon Road Club
41	7:11 PM	Mark	Nott	Ogmore Valley Whs
42	7:12 PM	philip	tugwell	Penzance Wheelers CC
43	7:13 PM	Lee	Watts	Bynea Cycling Club
44	7:14 PM	James	White	San Domenico
45	7:15 PM	Joseph	Beech	Ogmore Valley Wheelers
46	7:16 PM	anthony	jones	Bynea Cycling Club
47	7:17 PM	Richard	Beech	Ogmore Valley Wheelers
48	7:18 PM	Lloyd	Morgan	San Domenico
49	7:19 PM	Norman	James	Ogmore Valley Wheelers
50	7:20 PM	christopher	jones	Ride Bikes Wales
51	7:21 PM	jimmy	little	Velo Club St Raphael
52	7:22 PM	Alistair	McChesney	VC Bristol
53	7:23 PM	John	Sirett	Dursley RC
54	7:24 PM	Ian	McDonald	San Domenico
55	7:25 PM	Luke	Dix	Cardiff Jif
56	7:26 PM	Steven	Powell	Cwmcarn Paragon Road Club
57	7:27 PM	Steve	Morris	Ogmore Valley Wheelers
58	7:28 PM	David	Medhurst	Cardiff Ajax CC
59	7:29 PM	Paul	Jones	Cwmcarn Paragon Road Club
60	7:30 PM	Matt	Postle	Bush Healthcare CRT