

Saturday August 12th 2017, 15:00 Course: R25/7

Event Headquarters: The Scout Hut Maryport Street

Usk

Monmouthshire

NP15 1AH

Event Secretary:

Mr Leonard Jefferson Samuel, Esq

7 Brynhyfryd Street

Pontllanfraith Blackwood

NP12 2BP

07885 461763

25milett@cwmcarnparagon.com

Timekeepers:

Mr Len Samuel (start) Mr Tudor Thomas (finish)

Promoted for and on behalf of Cycling Time Trials, under their rules and regulations





Welcome everyone to the second of Cwmcarn's two Open Time Trials for 2017. We hope you have a fast, safe, ride.

Course R25/7:

Start opposite n/e end of iron gate on right, 125 yards southwest of 'bends for 1.5 miles' sign on old Usk-Raglan road. Proceed downhill back to Usk and turn double left (WATCH for traffic – and marshal) onto A472. Take slip road onto northbound A449 – which becomes the A40 north of the Raglan junction.

Proceed on A40 through Monmouth Tunnel (12.5 miles) and on exit bear left onto slip road. After 300yd turn left (1st exit) at mini roundabout (WATCH for traffic exiting petrol station) onto B4293 to cross back over tunnels. After 0.7 miles, keep **straight on (NOT left)** at fork and continue on unclassified road for a further 1.7 miles. Here take right fork onto sliproad to join southbound A40 at Mitcheltroy, signposted Newport. Retrace route on dual carriageway (A40/A449) and exit at slip road signposted Usk A472.

Loop around interchange on A472 and proceed towards Usk to **FINISH** opposite 2nd drain cover on right, 25yd beyond pole DP63 and 350yd beyond rear of sign reading A449/B4235

In the interests of your safety, CTT and the organisers strongly recommend the use of an approved safety helmet. Such helmets are compulsory for all riders under the age of 18, in accordance with the new regulation 15.

Prize List

Fastest	£30	5-4-41-4- 840			
2 nd	£20	Fastest Lady	£10		
3 rd	£15	Fastest Vet over 50	£10		
4 th	£10	Fastest	£10 each		
5th	£10	Team of 3			

(one rider, one prize, except team)

Front cover: Cwmcarn rider Paul Hayward in action, @2016 Huw Fairclough Photography

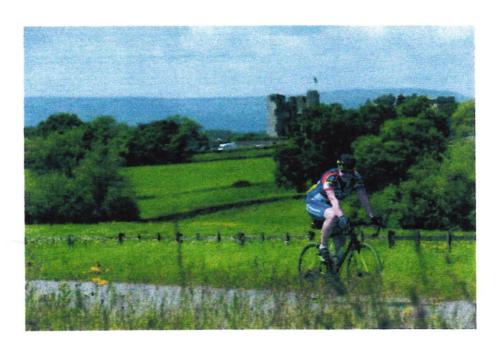




Notes to Riders:

- Please be considerate when you park around the headquarters and when riding through the town of Usk to and from the course.
- All riders must sign on in Race HQ prior to collecting their numbers and sign out when returning them.
- Please don't litter take your gel wrappers etc with you.
- It is just over 1.5 miles (partly uphill) from the HQ to the start
- Any complaints or queries to be addressed to the event secretary within 24 hours

We couldn't put the event on without the help of a loyal crew of club members (and others). So a big thank you to Tudor and Len for their timekeeping skills. The marshals, signage team, HQ and canteen crew. Thank you all!







Number	Time	Name	Club	Cat	AoD	LTS
4	15:04	Phillip Bradshaw	Cwmcarn Paragon Road Club	V	61	01:02:29
5	15:05	Matt J Smith	Port Talbot Whs CC	V	41	00:54:00
6	15:06	Marco Marletta	Cardiff Jif	V	51	00:56:33
7	15:07	Emma Angove	Chippenham & District Wheelers	sw	36	00:58:59
8	15:08	Arja Scarsbrook	Team Echelon	vw	69	01:02:38
9	15:09	Philippa Crocker	Dursley Road Club	vw	53	01:18:12
10	15:10	Mark Woolford	Trainsharp	V	51	00:52:52
11	15:11	Andy Hazell	Mid Shropshire Wheelers	V	70	00:54:55
12	15:12	Robert Wadsworth	Clevedon & District Road Club	S	25	00:57:16
13	15:13	Chris Lowe	Swindon Road Club	V	58	00:59:57
14	15:14	Mike Hallgarth	Anfield BC	V	60	01:07:23
15	15:15	Paul Hayward	Cwmcarn Paragon Road Club	V	45	00:53:23
16	15:16	Hugh Davies	Port Talbot Whs CC	V	72	00:56:21
17	15:17	Roger Wood	Pontypool Road Cycling Club	V	63	00:58:44
18	15:18	Stephen Williams	Stourbridge CC	V	70	01:08:04
19	15:19	Russell Boon	Avonlea/Treasure RT	V	52	00:00:00
20	15:20	Tony Harvey	Mid Shropshire Wheelers	V	56	00:52:01
21	15:21	Jon Vickery	Cwmcarn Paragon Road Club	V	53	00:54:43
22	15:22	Roger Taylor	Frome and District Wheelers	V	71	00:57:12
23	15:23	Martyn Bidwell	Cardiff Ajax CC	V	52	00:59:33
24	15:24	Peter Wilson	Bath Cycling Club	V	83	01:06:11
25	15:25	John Hughes	Ride Bike Wales	V	53	00:53:52
26	15:26	Andrew Hayward	Cwmcarn Paragon Road Club	V	45	00:56:14
27	15:27	Joanna Knight	Bristol South Cycling Club	vw	57	00:58:43
28	15:28	Ed Hadley	Hereford & Dist Whs CC	V	61	01:01:55
29	15:29	Gwen Bevan	Bristol Road Club	vw	48	00:00:00
30	15:30	Andrew Legge	Bristol South Cycling Club	V	41	00:51:47
31	15:31	Luke Smith	Bristol South Cycling Club	V	49	00:54:33
32	15:32	Nadine Cannon	VeloSistas TT Team	sw	37	00:57:01
33	15:33	Tom Woollard	Northover VT / Rudy Project	V	71	00:59:32
34	15:34	Tony Emery	Dursley Road Club	V	70	01:05:20
35	15:35	Mark Bradley	Bristol South Cycling Club	V	52	00:53:04
36	15:36	Peter Ackroyd	Cheltenham & County Cycling Club	V	59	00:56:01
37	15:37	Martin Howe	VELOFLOW CC	V	58	00:58:15
38	15:38	Diane Wilson-Evans	Bynea Cycling Club	vw	57	01:01:21
39	15:39	Mark Pope	Ogmore Valley Wheelers CC	V	60	0:00:00
40	15:40	Jay Hookins	Velo Club Cycling	S	35	00:51:14





Number	Time	Name	Club	Cat	AoD	LTS
41	15:41	David Wilson- Evans	Bynea Cycling Club	V	60	00:54:23
42	15:42	Michael Cope	Kettering CC	٧	57	00:56:50
43	15:43	Brad Davies	Bynea Cycling Club	٧	51	00:59:31
44	15:44	Derek Morgan	Gannet CC	٧	77	01:04:34
45	15:45	David Brice	Bynea Cycling Club	٧	56	00:53:09
46	15:46	Steuart Saunders	National Ventilation - LSEA CRT / Notaro Windows	V	54	00:55:40
47	15:47	Andy Kelly	Bristol South Cycling Club	٧	52	00:58:04
48	15:48	Hannah Ricketts	Bristol South Cycling Club	SW	26	01:01:00
49	15:49	Peter Rogers	Team Tor 2000 (Kalas)	٧	67	01:20:33
50	15:50	Anthony Jones	Towy Racing Cycling Club (TRCC)	٧	45	00:49:38
51	15:51	Rob Jones	Cardiff Ajax CC	٧	40	00:54:18
52	15:52	Gerard Oram	Bynea Cycling Club	٧	57	00:56:44
53	15:53	Robert Lucas	Port Talbot Whs CC	٧	69	00:59:31
54	15:54	Peter Davies	Brighton Mitre CC	٧	60	01:03:52
55	15:55	Steve Curry	Ogmore Valley Wheelers CC	V	53	00:53:17
56	15:56	Stuart Evans	Port Talbot Whs CC	٧	71	00:55:24
57	15:57	Alistair Morgan	Pontypool Road Cycling Club	V	55	00:58:00
58	15:58	Steve Summerhayes	Somerset Road Club	v	63	01:00:43
59	15:59	Mick Daniels	National Ventilation - LSEA CRT / Notaro Windows	s	37	00:00:00
60	16:00	Jon Wynn	T1 Diabetes.info	٧	50	00:48:28
61	16:01	Andy Millward	Yeovil Cycling Club	٧	54	00:54:16
62	16:02	Jake Osborne	Cheltenham & County Cycling Club	٧	40	00:56:44
63	16:03	Robert Jones	Cardiff 100 Miles RCC	٧	65	00:59:14
64	16:04	Steven Macdonald	Bristol South Cycling Club	٧	44	01:03:00
65	16:05	Matthew Williams	Cardiff Ajax CC	S	30	00:53:02
66	16:06	Tom Cox	Northover VT / Rudy Project	٧	63	00:55:08
67	16:07	Ian Piper	Minehead Cycling Club	٧	57	00:57:35
68	16:08	Christopher Owram	Chepstow Cycling Club	S	27	01:00:25
69	16:09	Sally Harmer	Pembrokeshire Velo	vw	56	01:11:16
70	16:10	James Rix	Crawley Wheelers	٧	41	00:47:13