

Any complaints regarding the event must be made in writing to the Event Secretary
within 24hrs

MERTHYR CYCLING CLUB

Founded 1987

Present

An Open 10 Mile Time Trial

(Round 5 of the 2014 Celtic Series)

14th June 2014 (First Rider 4.00pm)

Course R10/22A (Revised)

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Timekeepers:

Tudor Thomas & Julia Jones

Headquarters:

TRW Club Resolven, which will be open from 3.00pm

Event Secretary:

Chris Lee

24 Manor Court, Edwardsville, Treharris, CF46 5NZ

Tel: 01443 411113 Mob:07588576625

**PLEASE NOTE YOU CAN NO LONGER USE THE TRW FACTORY
CAR PARK HOWEVER PARKING IS AVAILABLE ON THE ESTATE
ROADS SOUTH OF THE TRW SOCIAL CLUB.**

Numbers will be at HQ, Free Refreshments on return of number

Course Description for R10/22A (Revised)

R10 22A (Revised) START on Vale of Neath Supplier Estate service road opposite Lamp Post no.18. Proceed eastwards along service road to Resolven Roundabout (0.458miles). NB Safety Notice - Do not cross the centre line of road on right hand bend). Take 1st left along A4565 dual carriageway westbound to 1st exit left (4.862miles). Continue up the loop to Tonna roundabout where take first exit to Aberdulais Interchange. Take 4th exit (5.505miles) down slip road to rejoin A465 dual carriageway. Proceed eastbound to Resolven Roundabout where take 1st exit left to FINISH at access road to Canal Car Park on cross valley link road (10.006miles)

PLEASE NOTE - IT IS THE RIDERS RESPONSIBILITY TO KNOW THE COURSE AND ON THE INSTRUCTION OF SWTRA NO MARSHALLS OR DIRECTION ARROWS WILL BE LOCATED ON THE DUAL CARRIAGEWAY.

All riders are asked to comply with the following requests:

- **DO NOT** park or stop your car within sight of the starting or finishing timekeeper.
- **DO NOT** leave your number flapping - four pins are supplied for each - **USE THEM**
- **DO NOT** allow your friends and relations to follow you around the course - it's not allowed.
- **DO** call your number to the finishing timekeeper or your time may not be recorded.
- **DO** keep your head up, be aware of your surroundings and **HAVE A SAFE RIDE**

Important Notice to all Riders:

The WCA, CTT and Police all recommend the use of a good hard shell helmet manufactured to internationally recognised standards.

For ALL Riders under the age of 18 these helmets are COMPULSORY.

Marshall's will be positioned around the course they are there to show you the way, they have no authority over the traffic.

Please note we are not allowed to place direction arrows on the Dual Carriageway, please ensure you are familiar with the course, so there are no surprises.

It is the riders responsibility to ride within the laws of the road and with consideration to other road users, please do so.

AWARDS One Rider One Prize! (Except team)

- 1st Overall - Fastest Rider £20
- 2nd Overall - Fastest Rider £15
- 3rd Overall - Fastest Rider £10
- 1st - Lady Rider £10
- 1st - Vet on Standard £10
- 1st Junior / Juvenile £5
- Team of three Riders £ 30 (£10 each)

We appreciate that you may want to leave quickly, but please stay to applaud the prize winners.