

# Merthyr Cycling Club and EC Cycles 10 Mile Time Trial

## Sunday 5<sup>th</sup> March 2017

Promoted for and on behalf of Cycling Time Trials under their rules  
and regulations

Round 1 of the Celtic Series

[www.celticseries.co.uk](http://www.celticseries.co.uk)

### Event Headquarters and Parking

TRW Club Resolven – Available from 8:30am

Address: TRW Club Resolven,  
Neath,  
West Glamorgan,  
SA11 4HN.

### Course Description – R10/22a

Revised 17/01/2013 by Norman James

Start on Vale of Neath Supplier Estate service road opposite Lamp Post No. 18

Proceed along service road to Resolven roundabout (0.5 miles).

(N.B. Safety Notice:- Do not cross the centre-line of road on right hand bend)

Take 1<sup>st</sup> exit left along A465 dual carriageway westbound to 1<sup>st</sup> exit left (4.862 miles).

Continue up the loop to Tonna roundabout where take 1<sup>st</sup> exit to Aberdulais Interchange.

Take 4<sup>th</sup> exit (5.5 miles) down slip road to re-join A465 dual carriageway.

Proceed eastbound to Resolven roundabout where take 1<sup>st</sup> exit to finish at access road to Canal Car Park on Cross-Valley link road (10 miles).

H.Q.            282500 East 202660 North

Start            282450 East 202250 North

Turn            277000 East 199000 North

Finish           282670 East 203100 North

## **Safety**

The Police have requested that inconvenience to the public and other road users be kept to a minimum. Riders are asked to take great care and, in particular, note the following points:

To avoid congestion at the start please queue in single file.

Please do not make "U" turns at either the Start or Finish.

Please be considerate to other road users including other riders.

Please take care at all the roundabouts and junctions.

Dangerous riding will result in disqualification.

Please keep your head up for a safe ride.

Cycling Time Trials recommends that competitors wear a hard shell helmet that meets an internationally accepted standard. All Junior/juvenile riders **MUST** wear protective hard shell helmets.

## **Numbers**

Race numbers will be available from the HQ. A Drink will be available at HQ on return of your number. **Please return race numbers.**

## **Prizes**

First Male Solo Overall	-£20
Second Male Solo Overall	-£15
Third Male Solo Overall	-£10
First Female Solo Overall	-£20
Second Female Solo Overall	-£15
Third Female Solo Overall	-£10
Fastest Veteran	-£10

## **Event Secretary**

Lewis Bevan

34 Heol S O Davies,

Georgetown,

Merthyr Tydfil.

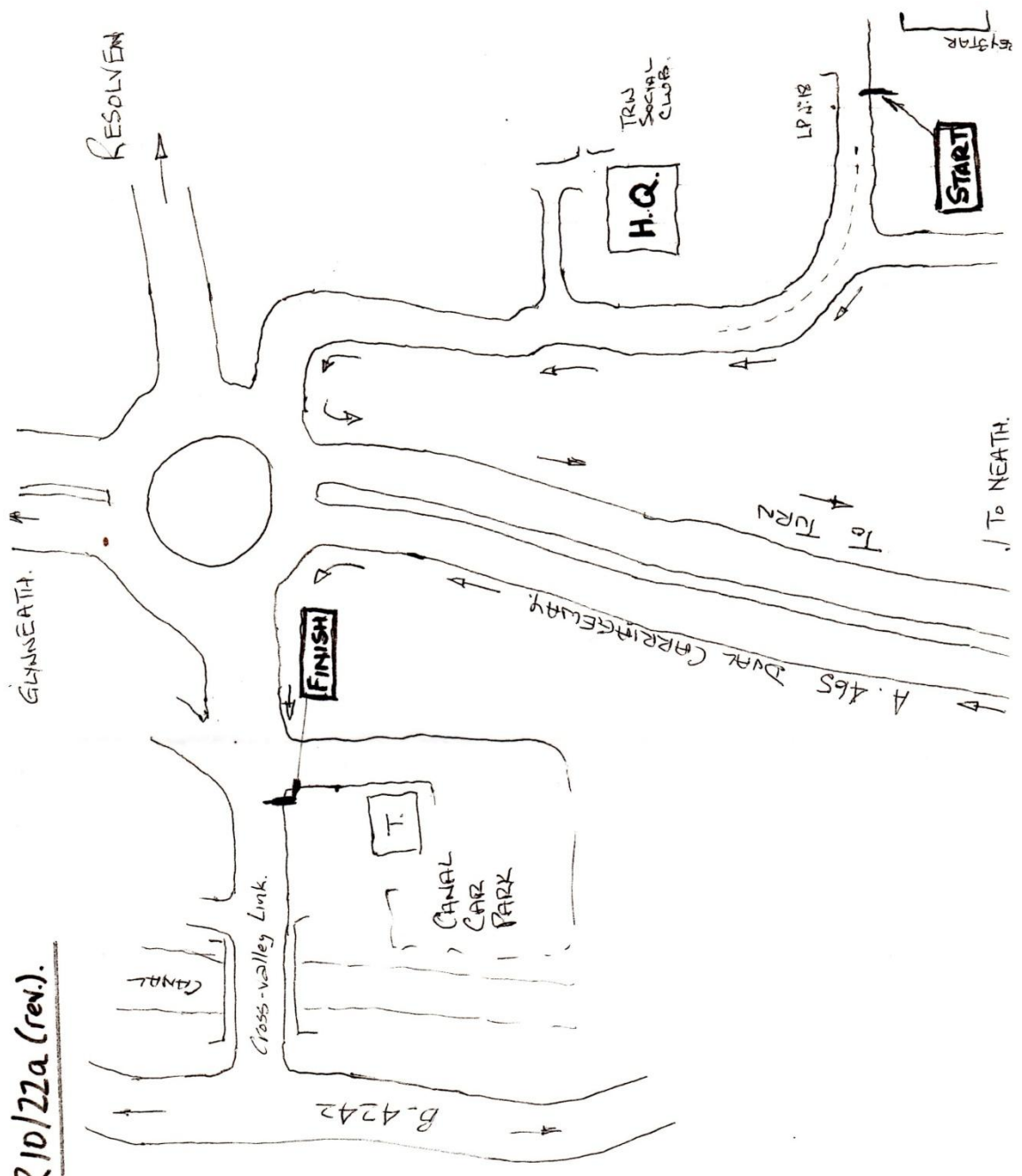
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## **Timekeepers**

Tudor Thomas

Norman James

For course R10/22a (rev).



No.	First name	Last name	Club	Age Cat.	Time
1	Austin	Heath	Bynea Cycling Club	Veteran	10:01:00
2	Rob	Sanderson	Cardiff Ajax CC	Senior	10:02:00
3	Mike	Broadbent	Swansea Wheelers/CS Abertawe	Veteran	10:03:00
4	Eden Rae	Davies	Port Talbot Whs CC	Juvenile	10:04:00
5	John	Regan	Pembrokeshire Velo	Veteran	10:05:00
6	Phil	Willoughby	Towy Racing Cycling Club (TRCC)	Senior	10:06:00
7	Shona	Bennett	Sportzmad	Senior	10:07:00
8	Nigel	Taylor	Cardiff Triathletes	Veteran	10:08:00
9	Andy	Morrissey	Swansea Wheelers/CS Abertawe	Senior	10:09:00
10	Richard	Gambling	Port Talbot Whs CC	Veteran	10:10:00
11	Gethin	Davies-Jones	Union Cycliste Ystrad Mynach	Veteran	10:11:00
12	Dean	Hardie	Bynea Cycling Club	Veteran	10:12:00
13	Jason	Killiner	Pontypool Road Cycling Club	Senior	10:13:00
14	James	Tugwell	Cardiff Triathletes	Senior	10:14:00
15	Nicholas	Morgan	Tapitout Cycle Club	Veteran	10:15:00
16	Jonathan	Webb	Gannet CC	Veteran	10:16:00
17	Philip	Graham	Swansea Wheelers/CS Abertawe	Senior	10:17:00
18	Joshua	Tarling	West Wales Cycle Racing Team	Juvenile	10:18:00
19	Stephen	Evans	Bynea Cycling Club	Senior	10:19:00
20	Carwyn	Davies	Cwmcarn Paragon Road	Senior	10:20:00

			Club		
21	Morgan	Ley	Port Talbot Whs CC	Junior	10:21:00
22	Ed	Hadley	Hereford & Dist Whs CC	Veteran	10:22:00
23	Michael	Tarling	West Wales Cycle Racing Team	Veteran	10:23:00
24	Richard	Hier	EC Cycles	Senior	10:24:00
25	Andy	Davies	Cardiff Jif	Senior	10:25:00
26	Roger	Wood	Pontypool Road Cycling Club	Veteran	10:26:00
27	Kari	Jones	VeloSistas TT Team	Senior	10:27:00
28	Matthew	Phillips	Towy Racing Cycling Club (TRCC)	Senior	10:28:00
29	Gareth	Hill	Abercynon Road Club	Veteran	10:29:00
30	Gerry	Bowditch	VeloVitesse/ALLCAP/James Barry/Johnson Controls – Hitachi	Veteran	10:30:00
31	Diane	Wilson-Evans	Bynea Cycling Club	Veteran	10:31:00
32	Anthony	Williams	Ogmore Valley Wheelers CC	Veteran	10:32:00
33	Phil	Evans	Cardiff Jif	Veteran	10:33:00
34	Andrea	Parish	VeloSistas TT Team	Veteran	10:34:00
35	Philip	Tucker	Bynea Cycling Club	Senior	10:35:00
36	Andrew	Hayward	Cwmcarn Paragon Road Club	Veteran	10:36:00
37	Marco	Marletta	Cardiff Jif	Veteran	10:37:00
38	Stephanie	Post	VeloSistas TT Team	Senior	10:38:00
39	Alexander	Jenkins	Towy Racing Cycling Club (TRCC)	Veteran	10:39:00
40	Graeme	Boswell	Cardiff Ajax CC	Veteran	10:40:00

41	Brad	Davies	Bynea Cycling Club	Veteran	10:41:00
42	Nadine	Cannon	VeloSistas TT Team	Senior	10:42:00
43	Gareth	Rees	Cwmcarn Paragon Road Club	Senior	10:43:00
44	Michelle	Fishbourne	Abercynon Road Club	Veteran	10:44:00
45	Paul	Hayward	Cwmcarn Paragon Road Club	Veteran	10:45:00
46	Alec	Morris	Acme Whs (Rhondda) CC	Junior	10:46:00
47	Heather	Williams	Sportzmad	Veteran	10:47:00
48	Grant	Arnold	Pembrokeshire Velo	Senior	10:48:00
49	Phil	Tugwell	Cardiff Triathletes	Senior	10:49:00
50	Mark	Leeming	Monmouthshire Wheelers	Veteran	10:50:00
51	Ben	Phillips	Towy Racing Cycling Club (TRCC)	Senior	10:51:00
52	Tom	Arnold	Team Bottrill / HSS Hire	Senior	10:52:00
53	Chris	Fishbourne	Abercynon Road Club	Veteran	10:53:00
54	Joshua	Lewis	Bike Doctor		10:54:00
55	Rod	Hicks	Port Talbot Whs CC	Veteran	10:55:00
56	Danielle	Flawn	Tredz Bikes	Senior	10:56:00
57	Colin	Wallace	Merthyr CC	Veteran	10:57:00
58	Mark	Rosser	Ogmore Valley Wheelers CC	Veteran	10:58:00
59	Ross	Phillips	Cwmcarn Paragon Road Club	Senior	10:59:00
60	Christopher	Gibbard	Bynea Cycling Club	Senior	11:00:00
61	Matthew	Stroud	Tapitout Cycle Club	Senior	11:01:00
62	Matthew	Davies	Merthyr CC	Veteran	11:02:00
63	Neil	Lewis	Cardiff Jif	Veteran	11:03:00

64	john	Aspell	Forza Cycles	Veteran	11:04:00
65	Chris	Smith	Cwmcarn Paragon Road Club	Senior	11:05:00
66	Timothy	Cummings	Forza Cycles	Veteran	11:06:00
67	Kyle	Jones	Maindy Flyers Youth Cycling	Juvenile	11:07:00
68	Richard	Long	Merthyr CC	Senior	11:08:00
69	Thomas	Dye	Cardiff Ajax CC	Senior	11:09:00
70	Anthony	Jones	Towy Racing Cycling Club (TRCC)	Veteran	11:10:00
71	Leon	Evans	Cardiff Ajax CC	Veteran	11:11:00
72	Neil	Downes	Forza Cycles	Veteran	11:12:00
73	Wayne	Thomas	Pontypool Road Cycling Club	Veteran	11:13:00
74	Gwynon	Williams	Cardiff Ajax CC		11:14:00
75	David	Wilson-Evans	Bynea Cycling Club	Veteran	11:15:00
76	Lee	Howells	Rhondda Triathlon Club	Veteran	11:16:00
77	Nathan	Leaves	NFTO Race Club	Espoir	11:17:00
78	Christopher	Owram	Chepstow Cycling Club	Senior	11:18:00
79	Andrew	Blanco-Martin	Port Talbot Whs CC	Veteran	11:19:00
80	Chris	Massey	Team Bottrill / HSS Hire	Veteran	11:20:00
81	James	Coxon	Bike Doctor	Veteran	11:21:00
82	Chris	Barnett	Swansea Wheelers/CS Abertawe	Senior	11:22:00
83	Robert	Hughes	Ride Bike Wales	Veteran	11:23:00
84	Mathew	Atkins	Cwmcarn Paragon Road Club	Veteran	11:24:00
85	Christopher	Holman	Team Bottrill / HSS Hire	Senior	11:25:00

86	Les	Thomas	Port Talbot Whs CC	Veteran	11:26:00
87	Owain	Roberts	Port Talbot Whs CC	Senior	11:27:00
88	Nic	Cleave	Swansea Wheelers/CS Abertawe	Veteran	11:28:00
89	Nicholas	Forbes	Bynea Cycling Club	Veteran	11:29:00
90	Luke	Cornish	Cwmcarn Paragon Road Club		11:30:00
91	Diccon	Hill	Cardiff 100 Miles RCC	Veteran	11:31:00
92	Terry	Anthony	Ogmore Valley Wheelers CC	Veteran	11:32:00
93	David	Brice	Bynea Cycling Club	Veteran	11:33:00
94	Rhys	Jones	Porth & District CC	Senior	11:34:00
95	Dan	Field	Royal Air Force Cycling Association	Veteran	11:35:00
96	Eileene	Burns	100% ME	Senior	11:36:00
97	James	Grandfield	Team CRANC	Senior	11:37:00
98	Andrew	Rowles	Cardiff Ajax CC	Senior	11:38:00
99	Kieron	Davies	DRAG2ZERO	Senior	11:39:00