

*Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations*

# 2015 R25/3L

promoted by

## Merthyr Cycling Club

Sunday 31<sup>st</sup> May 2015, 9:00 am

Event Secretary – Nigel Williams, Tel: 07585550778

Timekeepers – Julia Jones & Robin Field

Event Headquarters: Hirwaun Village Hall, High Street, CF44 9SL. .

HQ open from 8 am

### Awards

(one rider/one prize, except team)

- 1<sup>st</sup> Fastest Senior - £40
- 2<sup>nd</sup> Fastest Senior - £25
- 3<sup>rd</sup> Fastest Senior - £15
- 1<sup>st</sup> Fastest Vet - £25
- 1<sup>st</sup> Fastest Vet on Standard - £25
- 1st Fastest Lady - £25
- Fastest team of three - £30

### Course Description for R25/3L

Start on unclassified road at Cefn Rhigos Village 26 yards West of electricity pole no B29016 on North side opposite New Inn Public House. Proceed Eastwards to roundabout with A4061 take 2<sup>nd</sup> exit (straight on) to roundabout with A465 where take first exit (2.380 miles). Proceed Westwards along A465 to Blaengwrach roundabout where take second exit (straight on) to Resolven roundabout (11.218 miles) Take third exit (straight on) to continue on A465 to first junction to left signed A4109. Bear to left, around the loop to Tonna roundabout 16.126 miles. Take first exit to next roundabout where circle roundabout WITH CARE to take fourth exit to rejoin A465 eastwards. Retrace to Resolven Roundabout 20.770 miles. Take second exit on A465 to Blaengwrach roundabout. Take second exit to continue on A465 over river Neath bridges where take next exit onto A4109 slip road to finish at the centre of the first drain on the left after crossing the second river bridge. (25.014 miles).

### Important Notice to all Riders

The WCA, CTT and South Wales Police all recommend the use of a good hard shell helmet manufactured to internationally recognised standards. For ALL Riders under the age of 18 these helmets are COMPULSORY.

Marshalls will be positioned around the course - they are there to show you the way but have no authority over the traffic. Please be familiar with the course, so there are no surprises. It is the Riders responsibility to ride within the laws of the road and with consideration to other road users.

Any complaints or protests must be made to the Event Secretary in writing, within 24 hours of the finish of the event. Have a good, safe ride!

<b>Start No</b>	<b>Rider</b>	<b>Club</b>	<b>Cat</b>	<b>Start time</b>
1	Seb Tremlett	Guernsey Velo Club - SCU	M	09:01
2	Mike Portlock	Extreme Culture Cycles (EC Cycles)	MV	09:02
3	Michelle Robertson	Abercynon Road Club	L	09:03
4	Peter Murrieri	M&D Cycles	MV	09:04
5	Anthony Mark Jones	Bynea Cycling Club	MV	09:05
6	Dean Chiddention	Abellio - SFA Racing Team	M	09:06
7	MIKE PIPER	Abellio - SFA Racing Team	M	09:07
8	Christie Jones	Hereford & Dist Whs CC	L	09:08
9	John Shehan	Bynea Cycling Club	MV	09:09
10	Lyn Jones	Extreme Culture Cycles (EC Cycles)	MV	09:10
11	Danielle Flawn	Bynea Cycling Club	L	09:11
12	Steven Madeley	Ogmore Valley Whs	MV	09:12
13	Paul Cannon	Porth & District	MV	09:13
14	Paul Durrant	Club Ciclista Bivicosta - Foreign (UCI registered)	MV	09:14
15	Christopher Jones	Ride Bike Wales	MV	09:15
16	Sally Field	Hereford & Dist Whs CC	L	09:16
17	Thomas Woollard	Northover Vets Team	MV	09:17
18	Neil Holden	Lutterworth Cycle Centre Racing Team	MV	09:18
19	Leon Marshall	Royal Navy & Royal Marines CA	M	09:19
20	Ken Buckley	Reading CC	M	09:20
21	Crystal Spearman	Nopinz	L	09:21
22	Stuart Thompson	Velo Club St Raphael	MV	09:22
23	Kevin Bartlemore	Acme Whs (Rhondda) CC	MV	09:23
24	Peter Cockbain	South Bucks Road Club	MV	09:24
25	David Brice	Bynea Cycling Club	MV	09:25
26	Gareth Jones	Clevedon & District RC	MV	09:26
27	Gerard Oram	Bynea Cycling Club	MV	09:27
28	Becky Smith	Revo Racing	L	09:28
29	Andrew Storrie	Ogmore Valley Whs	MV	09:29
30	Liam Maybank	Twickenham CC	MV	09:30
31	REX FACEY	1st Chard Whs	MV	09:31
32	Dougi Hall	Border City Whs CC	MV	09:32
33	Mike Hazelwood	Saracen CC	MV	09:33
34	Robin shedden	Wrekinsport CC	MV	09:34
35	CHRISTOPHER MATTHEWS	Forza Cycles	MV	09:35
36	Lenny Brown	Royal Navy & Royal Marines CA	MV	09:36
37	Jonathan Ellis	Royal Sutton CC	M	09:37
38	Andrea Parish	Camel Valley C & TC	L	09:38
39	John J Murphy	Gloucester City CC	MV	09:39
40	David Woodhouse	CC Ashwell	M	09:40
41	Anthony Redman	Acme Whs (Rhondda) CC	M	09:41
42	Joanna Knight	Bristol South CC	L	09:42
43	Tim Rose	Abergavenny RC	MV	09:43
44	Mick Daniels	Somerset Road Club/The Bicycle Chain	M	09:44
45	Steuart Saunders	Linda Saunders Estate Agents CRT	MV	09:45
46	Tom Bertenshaw	Severn RC	M	09:46

47	jon vickery	Cwmcarn Paragon Road Club	MV	09:47
48	Barry Moss	Royal Navy & Royal Marines CA	MV	09:48
49	Sue TripLOW	Essex Roads CC	L	09:49
50	Robert West	RST Sport/Aero-Coach	M	09:50
51	Mark Williams	Port Talbot WhsÂ CC	MV	09:51
52	Darren Avery	Linda Saunders Estate Agents CRT	MV	09:52
53	Ray Retter	North Devon WH	MV	09:53
54	Nicholas Cleave	Swansea Wheelers/CS Abertawe	MV	09:54
55	Jay Hookins	Velo Club St Raphael	M	09:55
56	Garry Drew	Royal Navy & Royal Marines CA	MV	09:56
57	Kevin Williams	Bournemouth Jubilee WH	MV	09:57
58	Justin Ford	CC Blaenau Gwent	MV	09:58
59	Tom Cox	Northover Vets Team	MV	09:59
60	Billy Oliver	AVSOMPOL CC	M	10:00
61	Eric Grill	RST Sport/Aero-Coach	M	10:01
62	Andrew Legge	Bristol South CC	M	10:02
63	Daniel Kempe	Bristol South CC	MV	10:03
64	James Goodacre	Regents Park Rouleurs	M	10:04
65	Stephen Potts	Somerset Road Club/The Bicycle Chain	MV	10:05
66	Mike Broadbent	Bynea Cycling Club	MV	10:06
67	Paul Helyer	Blazing Saddles	M	10:07
68	Mark Rosser	Forza Cycles	MV	10:08
69	William Granger	Andover WH	M	10:09
70	Sean Childs	Royal Navy & Royal Marines CA	MV	10:10
71	Matt Cleaver	Blazing Saddles	M	10:11
72	Andrew Phipps	Royal Navy & Royal Marines CA	MV	10:12
73	Alex Leek	Wrekinsport CC	M	10:13
74	Andrew Clarke	Mid Shropshire Wheelers	MV	10:14
75	Conrad Moss	Mid Devon CC	MV	10:15
76	Steven Bennett	Acme Whs (Rhondda) CC	MV	10:16
77	Rick Johnston	Northover Vets Team	MV	10:17
78	Rod Hicks	Port Talbot WhsÂ CC	MV	10:18
79	Andy Gibbs	Cwmcarn Paragon Road Club	MV	10:19
80	Jon Wynn	Northover Vets Team	MV	10:20
81	Nigel Jones	Gloucester City CC	MV	10:21
82	Rob Jones	Cardiff Ajax CC	M	10:22
83	Darren Lewis	Poole Whs	MV	10:23
84	Les Pick	Poole Whs	MV	10:24
85	Gavin Tillson	Oxonian CC	MV	10:25
86	Chris Vellacott	Royal Navy & Royal Marines CA	MV	10:26
87	Tony Costello	Corinium CC	MV	10:27
88	Sally Harmer	Pembrokeshire Velo	L	10:28
89	John Regan	Pembrokeshire Velo	MV	10:29
90	Richard Harrison	Didcot Phoenix CC	M	10:30
91	Mark Sanders	Mid Devon CC	MV	10:31

92	Heather Dennis	Cardiff Ajax CC	L	10:32
93	Gavin Hinxman	Kettering A CC	MV	10:33
94	Michael Ford	Pewsey Racing Project	M	10:34
95	Julia Shaw	www.drag2zero.com	L	10:35
96	Michael Davis	Dursley RC	M	10:36
97	Richard Davidson	Poole Whs	MV	10:37
98	Chris Scawn	Plymouth Corinthian CC	MV	10:38
99	David Webborn	London Dynamo	M	10:39
100	P Gamlin	Northover Vets Team	MV	10:40
101	Emyr griffiths	Bynea Cycling Club	MV	10:41
102	Matt Slater	Exe Velo CC	MV	10:42
103	John Hughes	Rhondda Triathlon Club	MV	10:43
104	Alastair Mcchesney	VC Bristol	MV	10:44
105	Justin Layne	CC Ashwell	M	10:45
106	Phil Melling	45 RC	M	10:46
107	Hannah Ricketts	Bristol South CC	L	10:47
108	Jonathan Wilkinson-Lockyer	Team Tor 2000/Kalas Sportswear Ltd	MV	10:48
109	Will Jenkins	Pembrokeshire Velo	MV	10:49
110	Ben Anstie	73 Degrees Bicycles	M	10:50
111	Wayne Thomas	Pontypool RCC	M	10:51
112	Tom Alliban	1st Chard Whs	MV	10:52
113	Mark Woolford	Chippenham & Dist. Whs	MV	10:53
114	Joshua Williams	Revolutions Racing	M	10:54
115	Les Liddiard	Team Jewson - MI Racing	MV	10:55
116	Earl Smith	Royal Forest of Dean CC	MV	10:56
117	Simon Wix	VTTA S Wales	MV	10:57
118	Alastair Semple	Stafford RC	MV	10:58
119	Tony Harvey	Mid Shropshire Wheelers	MV	10:59
120	Kieron Davies	Team NBCC	M	11:00