

Merthyr Cycling Club 25 Mile Time Trial

Sunday 2nd April 2017

Promoted for and on behalf of Cycling Time Trials under their rules
and regulations

In association with EC Cycles

Event Headquarters

Hirwaun Village Hall – Available from 8.15am

Address: Hirwaun Village Hall (Neuadd Y Pentref Hirwaun)
High Street
Hirwaun
CF44 9SL

Course Description

This event is being run on the R25/3H course.

Start on access road to Hirwaun industrial estate (e 293120/ n206180 os sheets 170/160), 8 yards north of lamp column no.1 and 30 yards north of junction with unclassified road (old A465) Hirwaun to Cefn Rhigos. 0.000 Proceed south to junction with unclassified road (on to the old route) and bear left to roundabout with A4061 (Rhigos mountain road) and take second exit (straight on) to Hirwaun roundabout A465 to take first exit. 1.306 Continue along A465 to Blaengwrach roundabout (McDonalds) to take second exit (straight on). 7.169 Continue on A465 to Resolven roundabout to take third exit (straight on) 10.183 continue on A465 to exit at next junction (signpost Seven Sisters), climbing to the Tonna roundabout, to take first exit to Aberdulais interchange, then circle roundabout and take fourth exit down slip road to re-join the A465 eastward. 15.063 Continue along A465 to Resolven roundabout to take second exit (straight on) 19.719 Continue on A465 to Blaengwrach roundabout (McDonalds). 22.764 Take second exit continuing on A465, passing over river bridge and the Glynneath interchange to remain on A465, to finish in the second layby on the left at a point 25 yards west of the 'take litter home' sign and opposite the emergency telephone point. 25.014

H.Q.	295665 East 205663 North
Start	293120 East 206180 North
Turn	277000 East 199000 North
Finish	288552 East 206472 North

Safety

The Police have requested that inconvenience to the public and other road users be kept to a minimum. Riders are asked to take great care and, in particular, note the following points:

To avoid congestion at the start please queue in single file.

Please do not make "U" turns at either the Start or Finish.

Please be considerate to other road users including other riders.

Please take care at all the roundabouts and junctions.

Dangerous riding will result in disqualification.

Please keep your head up for a safe ride.

Cycling Time Trials recommends that competitors wear a hard shell helmet that meets an internationally accepted standard. All Junior/juvenile riders **MUST** wear protective hard shell helmets.

General Information

All riders are reminded to call their number to the finishing timekeeper, or their time may not be recorded.

It is recommended that all riders fit a working rear light to their machine.

Please be considerate of local residents. Please do not park across driveways or engage in any anti-social behaviour, such as littering or urinating in public.

There is limited parking at the event itself, so please leave room for event officials. On road parking is available in the surrounding area, but again, please do not park across driveways.

Failure to follow these basic rules, as well as the rules set out by CTT, will result in a disqualification and a referral to the South Wales DC.

A selection of cakes and hot drinks will be available at HQ. Riders will be given a free hot drink upon return of their race number.

Numbers

Race numbers will be available from the HQ. **Please return race numbers.**

Prizes

First Male Solo Overall	-£25
Second Male Solo Overall	-£20
Third Male Solo Overall	-£15
First Female Solo Overall	-£25
Second Female Solo Overall	-£20
Third Female Solo Overall	-£15

Event Secretary

Thomas Few

14 Parc Cwm Pant Bach

Merthyr Tydfil

CF48 1TQ

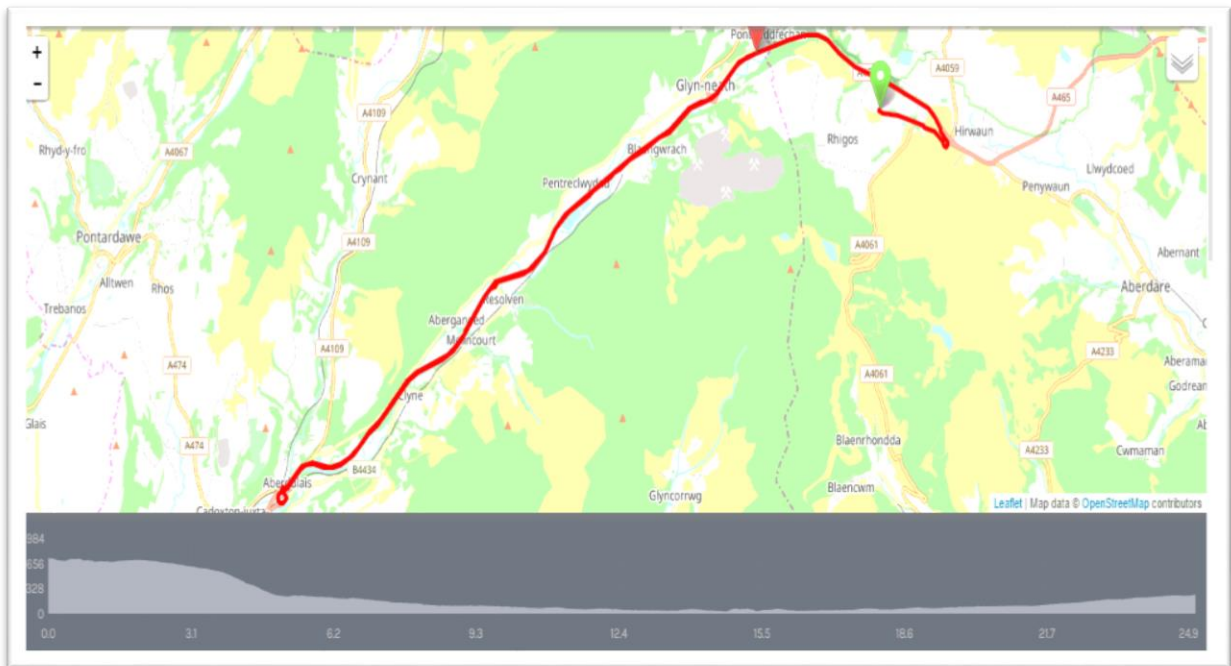
07988422138

fewtc99@gmail.com

Timekeepers

Tudor Thomas

Norman James



Event 1 Startsheet - Solo

Number	First Name	Last Name	Club	Age Cat	Time
1	Steven	Madeley	Ogmore Valley Wheelers CC	Veteran	9:01:00
2	Rob	Dyde	Pembrokeshire Velo	Senior	9:02:00
3	Mark	Ellis	Team Milton Keynes	Veteran	9:03:00
4	Ian	Lindsay	Royal Navy & Royal Marines CA	Veteran	9:04:00
5	Liam	Walsh	Velo Club St Raphael	Senior	9:05:00

6	Ieuan	Woods	Banks/Catford CC Equipe	Junior	9:06:00
7	Blaine	Phelps	Merthyr CC	Veteran	9:07:00
8	Stephen	Tierney	Guernsey Velo Club	Veteran	9:08:00
9	Gareth	Hill	Abercynon Road Club	Veteran	9:09:00
10	Paul	Jones	Primera-Teamjobs	Veteran	9:10:00
11	Julie	Bartlemore	Acme Whs (Rhondda) CC	Veteran	9:11:00
12	Darren	Preston	Team SS	Veteran	9:12:00
13	Jon	Vickery	Cwmcarn Paragon Road Club	Veteran	9:13:00
14	Matt	Griffin	Cycology Bikes	Senior	9:14:00
15	Emyr	Griffiths	Towy Racing Cycling Club (TRCC)	Veteran	9:15:00
16	Ed	Hadley	Hereford & Dist Whs CC	Veteran	9:16:00
17	Rhianne	Griffiths	Pembrokeshire Velo	Senior	9:17:00
18	Grant	Arnold	Pembrokeshire Velo	Senior	9:18:00
19	Stephen	Landeg	Ogmore Valley Wheelers CC	Veteran	9:19:00
20	Jamie	Wilkins	Veloton	Senior	9:20:00
21	Matthew	Phillips	Towy Racing Cycling Club (TRCC)	Senior	9:21:00
22	Andrew	Ashmore	Buxton CC/Sett Valley Cycles	Veteran	9:22:00
23	John	Hunt	Beacon Roads CC	Senior	9:23:00
24	Dean	Ware	Merthyr CC	Senior	9:24:00
25	John	Regan	Pembrokeshire Velo	Veteran	9:25:00
26	Phil	Willoughby	Towy Racing Cycling Club (TRCC)	Senior	9:26:00
27	Tony	Krol	Pembrokeshire Velo	Veteran	9:27:00
28	Jason	Williams	Cwmcarn Paragon Road Club	Veteran	9:28:00
29	Ben	Houston	East Grinstead CC	Veteran	9:29:00
30	Sebastian	Dickson	Thanet RC	Espoir	9:30:00
31	Felix	Wilkinson	Veloton	Espoir	9:31:00
32	Gareth	Chislett	CC Blaenau Gwent	Veteran	9:32:00
33	Stuart	Martingale	Sotonia CC	Veteran	9:33:00
34	Nadine	Cannon	VeloSistas TT Team	Senior	9:34:00
35	Ross	McNally	Pembrokeshire Velo	Senior	9:35:00
36	Ross	Simpson	Port Talbot Whs CC	Senior	9:36:00
37	Claire	Clementson	Wigan Whs CC	Veteran	9:37:00
38	Trevor	Lloyd	Swansea Wheelers/CS Abertawe	Veteran	9:38:00
39	Owain	Roberts	Port Talbot Whs CC	Senior	9:39:00
40	Paul	Fleming	Preston Whs	Veteran	9:40:00
41	Thomas	Hooper	GS Metro	Senior	9:41:00
42	Andrea	Parish	VeloSistas TT Team	Veteran	9:42:00
43	Gareth	Rees	Cwmcarn Paragon Road Club	Senior	9:43:00
44	Michiel	Vaal	Team Bottrill / HSS Hire	Veteran	9:44:00
45	Nigel	Clementson	Wigan Whs CC	Veteran	9:45:00
46	James	Cook	Cycology Bikes	Espoir	9:46:00

47	Robert	Jones	Cardiff 100 Miles RCC	Veteran	9:47:00
48	Tom	Arnold	Team Bottrill / HSS Hire	Senior	9:48:00
49	Andrew	Hayward	Cwmcarn Paragon Road Club	Veteran	9:49:00
50	Ben	Phillips	Towy Racing Cycling Club (TRCC)	Senior	9:50:00
51	Pfeiffer	Georgi	Liv CC - Epic Coaching	Junior	9:51:00
52	Kari	Jones	VeloSistas TT Team	Senior	9:52:00
53	Kate	Allan	DRAG2ZERO	Senior	9:53:00
54	Louise	Georgi	Giant CC - Halo Films	Veteran	9:54:00
55	Nic	Cleave	Swansea Wheelers/CS Abertawe	Veteran	9:55:00
56	Luke	Bodley	Severn Valley Cycles	Senior	9:56:00
57	Roger	Wood	Pontypool Road Cycling Club	Veteran	9:57:00
58	Chris	Fishbourne	Abercynon Road Club	Veteran	9:58:00
59	Colin	Yeates	Sotonia CC	Veteran	9:59:00
60	Christopher	Holman	Team Bottrill / HSS Hire	Senior	10:00:00
61	Martin	Waller	Somerset Road Club	Veteran	10:01:00
62	Ben	Skinner	Bath Cycling Club	Senior	10:02:00
63	Rod	Hicks	Port Talbot Whs CC	Veteran	10:03:00
64	Rob	Allen	Milford Tritons Cycling Club	Senior	10:04:00
65	Richard	Hancock	Team SS	Veteran	10:05:00
66	Cliff	Voller	Newbury RC	Veteran	10:06:00
67	Luke	Churchus	Gannet CC	Senior	10:07:00
68	Daniel	Kempe	Bristol South Cycling Club	Veteran	10:08:00
69	Les	Thomas	Port Talbot Whs CC	Veteran	10:09:00
70	David	Janes	Veloton	Senior	10:10:00
71	Shaun	Griffiths	Pembrokeshire Velo	Veteran	10:11:00
72	Michelle	Fishbourne	Abercynon Road Club	Veteran	10:12:00
73	Nicholas	Morgan	Tapitout Cycle Club	Veteran	10:13:00
74	Nicki	Carr	VC Equipe - Flix Oral Hygiene	Senior	10:14:00
75	Chris	Massey	Team Bottrill / HSS Hire	Veteran	10:15:00
76	Charlotte	Cooper	GS Metro	Senior	10:16:00
77	Oliver	Dammone	Gloucester City Cycling Club	Senior	10:17:00
78	Wayne	Thomas	Pontypool Road Cycling Club	Veteran	10:18:00
79	Michael	Tarling	West Wales Cycle Racing Team	Veteran	10:19:00
80	Ben	Anstie	73Degrees CC	Veteran	10:20:00
81	Brad	Davies	Bynea Cycling Club	Veteran	10:21:00
82	Jessica	Rhodes-Jones	Beacon Roads CC	Senior	10:22:00
83	Ruan	Bester	Bath Cycling Club	Senior	10:23:00
84	Kirsty	Murray	Pembrokeshire Velo	Veteran	10:24:00
85	David	Francis	Team NBCC	Veteran	10:25:00
86	Marco	Marletta	Cardiff Jif	Veteran	10:26:00
87	Kevin	Baker	NFTO Race Club	Senior	10:27:00

88	B Xavier	Disley	AeroCoach	Senior	10:28:00
89	Julie	Stephens	Ross on Wye & Dist CC	Veteran	10:29:00
90	George	Evans	Team Bottrill / HSS Hire	Espoir	10:30:00
91	Anthony	Redman	Acme Whs (Rhondda) CC	Senior	10:31:00
92	Neil	Downes	Forza Cycles	Veteran	10:32:00
93	Andrew	Rowles	Cardiff Ajax CC	Senior	10:33:00
94	Stuart	Evans	Port Talbot Whs CC	Veteran	10:34:00
95	Luke	Cornish	Cwmcarn Paragon Road Club	Senior	10:35:00
96	Paul	Winchcombe	Chippenham & District Wheelers	Veteran	10:36:00
97	Mike	Broadbent	Swansea Wheelers/CS Abertawe	Veteran	10:37:00
98	Mark	Bradley	Bristol South Cycling Club	Veteran	10:38:00
99	Richard	Gambling	Port Talbot Whs CC	Veteran	10:39:00
100	Rob	Pears	Bath Cycling Club	Veteran	10:40:00
101	David	Bucknall	Royal Dean Forest Cycle Club	Veteran	10:41:00
102	Ray	Retter	North Devon Wheelers	Veteran	10:42:00
103	Mark	Rosser	Ogmore Valley Wheelers CC	Veteran	10:43:00
104	Neil	Poulton	Abergavenny RC	Senior	10:44:00
105	Gavin	Hinxman	DRAG2ZERO	Veteran	10:45:00
106	John	Shehan	Bynea Cycling Club	Veteran	10:46:00
107	Chelsea	McCloskey-Lambert	Manchester Wheelers	Senior	10:47:00
108	Colin	Wallace	Merthyr CC	Veteran	10:48:00
109	Paul	Stephens	Ross on Wye & Dist CC	Veteran	10:49:00
110	Joshua	Williams	Team Bottrill / HSS Hire	Senior	10:50:00
111	Stephen	Taylor	Team NBCC	Veteran	10:51:00
112	Joanna	Knight	Bristol South Cycling Club	Veteran	10:52:00
113	Terry	Icke	Velo Club St Raphael	Veteran	10:53:00
114	Danielle	Flawn	Tredz Bikes	Senior	10:54:00
115	Graeme	Boswell	Cardiff Ajax CC	Veteran	10:55:00
116	Tom	Cox	Northover VT / Rudy Project	Veteran	10:56:00
117	George	Jones	Velo Club St Raphael	Espoir	10:57:00
118	Gavin	McCloskey-Lambert	Manchester Wheelers	Senior	10:58:00
119	Michael	Portlock	Merthyr CC	Veteran	10:59:00
120	Kieron	Davies	DRAG2ZERO	Senior	11:00:00

Event 2 Startsheet – Tandem

1	Keith	Barrett	Ogmore Valley Wheelers (Tandem)	Veteran	11:01:00
1	David	Walters	Ogmore Valley Wheelers (Tandem)	Senior	11:01:00