

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Cardiff 100 Miles Road Cycling Club open 50 Mile Time Trial
(Incorporating The South Wales VTTA 50 Championships)
Sunday 30th July 2017

Timekeepers
Tudor Thomas
Robin Field

Organiser
William Pring
14 Lon-yr-Awel
Pontyclun
Rhondda Cynon Taff
07504348506
will.pring@btinternet.com

Headquarters
Abergavenny Scout Hall
Fairfield car park, Park Avenue.
Abergavenny NP7 5SS.
(All Riders must sign on and sign out)

Course R50/1B

OS References: Sheet 161 - Start and Finish 308121 Start On A40 at first lay-by, approximately half a mile east of Hardwick roundabout; 39 yards west of post 13/1, at concrete joint marked 74. Proceed to Raglan roundabout (7.060) continue straight on at roundabout, then bear left onto unclassified road (old A40) and proceed towards Monmouth to junction with A40, one mile west of Mitchel Troy (12.080). Turn left to join A40. After passing Services, take 1st left and continue on A40 to Raglan roundabout (17.166) where straight on to Hardwick roundabout (24.766). Circle roundabout and take A40 dual carriageway to Raglan roundabout (31.811) and repeat as before (Mitchel Troy 37.831) (Raglan rbt 42.917) to Finish in 8th lay-by (opposite start) at post marked 13/1. 50.030 miles.

Open event Prize List

1st place - £40, 2nd place - £30, 3rd place - £20, 1st Lady - £20,

1st Vet on standard - £20, 1st Lady Vet on Standard £20, 1st team of 3 - £30.

South Wales VTTA 50 mile Group Championship Prize List

Best Group Vet on Standard – C W Alexander Trophy and plaque

Best Group Vet on Standard, age 40 – 49 plaque

Best Group Vet on Standard, age 50 – 59 plaque

Best Group Vet on Standard, age over 60 plaque

IN THE INTERESTS OF YOUR OWN SAFETY,
Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard

It is recommended that a working rear light, either flashing or constant, is fitted to your machine in a position visible to following road users and is active while the machine is in use

Cardiff 100 Miles Road Cycling Club open 50 mile Time trial.
Sunday July 30th 2017. R50/1B
Order of Start

No	Start Time	Name	Club	Gender	Age	Vets Standard
1	08:01	Robert Jones	Cardiff 100 Miles RCC	Male	65	02:28:38
2	08:02	Geoff Thomas	Rhondda Triathlon Club	Male	63	02:27:06
3	08:03	David Steel	Hereford & Dist Whs CC	Male	70	02:33:22
4	08:04	Harry Cowley	Chester RC	Male	69	02:32:18
5	08:05	Owain Roberts	Port Talbot Whs CC	Male	34	
6	08:06	John Howells	Corinium Cycle Club	Male	76	02:41:26
7	08:07	Sally Harmer	Pembrokeshire Velo	Female	56	02:34:18
8	08:08	Kevin Bessant	Bynea Cycling Club	Male	54	02:21:49
9	08:09	Karyss Hockin	Port Talbot Whs CC	Female	34	
10	08:10	John Thompson	Severn Road Club	Male	69	02:41:45 (Tricycle)
11	08:11	Cerianne Jones	Pembrokeshire Velo	Female	30	
12	08:12	Philip Thomas	Rhondda Triathlon Club	Male	37	
13	08:13	Christopher Oram	Chepstow Cycling Club	Male	27	
14	08:14	Peter Wilson	Bath Cycling Club	Male	83	02:56:30
15	08:15	Michael George	Pembrokeshire Velo	Male	27	
16	08:16	Deborah Sheridan	Warwickshire Road Club	Female	60	02:36:47
17	08:17	Mark Williams	Bynea Cycling Club	Male	40	02:15:35
18	08:18	Derek Morgan	Gannet CC	Male	77	02:43:08
19	08:19	John Trout	1st Chard Wheelers	Male	75	02:39:51
20	08:20	Simon Coles	Northover VT / Rudy Project	Male	48	02:19:09
21	08:21	Jason Streater	Velo Club St Raphael	Male	43	02:16:59
22	08:22	Roger Taylor	Frome and District Wheelers	Male	71	02:34:30
23	08:23	Jon Airey	Ross on Wye & Dist CC	Male	64	02:27:51
24	08:24	Joanna Knight	Bristol South Cycling Club	Female	57	02:34:52
25	08:25	Shane Davies	Pembrokeshire Velo	Male	26	
26	08:26	Steven Madeley	Ogmore Valley Wheelers CC	Male	56	02:22:49
27	08:27	Andrea Parish	VeloSistas TT Team	Female	49	02:30:43
28	08:28	Josh Townsend	Bynea Cycling Club	Male	19	
29	08:29	Jason Pritchard	Bynea Cycling Club	Male	37	
30	08:30	Daniel Colman	Pembrokeshire Velo	Male	22	
31	08:31	Andy Hunt	Ystwyth CC	Male	39	
32	08:32	Paul Colman	Pembrokeshire Velo	Male	56	02:22:49
33	08:33	Gerard Oram	Bynea Cycling Club	Male	57	02:23:21
34	08:34	Graham Smith	Severn Road Club	Male	50	02:20:00
35	08:35	David Brice	Bynea Cycling Club	Male	56	02:22:49
36	08:36	Danny Baker	National Ventilation - LSEA CRT / Notaro Windows	Male	40	02:15:35
37	08:37	Mark German	1st Chard Wheelers	Male	58	02:23:54
38	08:38	john Shehan	Bynea Cycling Club	Male	71	02:34:30
39	08:39	Richard Elgar	N.E.W.T Newport and East Wales Triathlon Club	Male	30	
40	08:40	Shaun Hickinbottom	Successcycling.co.uk	Male	40	02:15:35
41	08:41	Steve Curry	Ogmore Valley Wheelers CC	Male	53	02:21:21
42	08:42	Terry Anthony	Ogmore Valley Wheelers CC	Male	65	02:28:38
43	08:43	John Beaven	1st Chard Wheelers	Male	59	02:24:29

No	Start Time	Name	Club	Gender	Age	Vets Standard
44	08:44	Dean David	Bynea Cycling Club	Male	30	
45	08:45	Ben Anstie	73Degrees CC	Male	40	02:15:35
46	08:46	Tom Ellis	Southampton University Road Club	Male	20	
47	08:47	Jason killiner	Pontypool Road Cycling Club	Male	39	
48	08:48	Gareth Hill	Abercynon Road Club	Male	45	02:17:52
49	08:49	Diane Wilson-Evans	Bynea Cycling Club	Female	57	02:34:52
50	08:50	Steven Cottington	Bath Cycling Club	Male	55	02:22:19
51	08:51	Grant Whiteside	Pontypool Road Cycling Club	Male	43	02:16:59
52	08:52	David Wilson-Evans	Bynea Cycling Club	Male	60	02:25:05
53	08:53	Kirsty Murray	Pembrokeshire Velo	Female	44	02:28:22
54	08:54	phillip turner	Bynea Cycling Club	Male	49	02:19:34
55	08:55	Mark Ashurst	Northover VT / Rudy Project	Male	48	02:19:09
56	08:56	Chris Emmerson	Bristol & District Triathletes (BAD TRI)	Male	29	
57	08:57	Ross Simpson	Port Talbot Whs CC	Male	31	
58	08:58	Edward Priddy	Solihull CC	Male	57	02:23:21
59	08:59	Paul Haig	Cheltenham & County Cycling Club	Male	50	02:20:00
60	09:00	Lee Morgan	Team Bottrill / HSS Hire	Male	44	02:17:26
61	09:01	Rob Jones	Cardiff Ajax CC	Male	40	02:15:35
62	09:02	Craig Nilsson	Rye & District Wheelers CC	Male	28	
63	09:03	Claire Hann	Bristol & District Triathletes (BAD TRI)	Female	34	
64	09:04	Michelle Fishbourne	Abercynon Road Club	Female	50	02:31:12
65	09:05	Michael Davis	Dursley Road Club	Male	35	
66	09:06	Chris Fishbourne	Abercynon Road Club	Male	43	02:16:59
67	09:07	Mike Griffiths	N.E.W.T Newport and East Wales Triathlon Club	Male	36	
68	09:08	Robert Smith	Pembrokeshire Velo	Male	41	02:16:04
69	09:09	Roger Wood	Pontypool Road Cycling Club	Male	63	02:27:06
70	09:10	Anthony Jones	Towy Racing Cycling Club (TRCC)	Male	45	02:17:52
71	09:11	Rhys Jones	Ride Bike Wales	Male	34	
72	09:12	James Elgar	N.E.W.T Newport and East Wales Triathlon Club	Male	32	
73	09:13	Leigh Pinchen	Northover VT / Rudy Project	Male	46	02:18:18
74	09:14	Emma Angove	Chippenham & District Wheelers	Female	36	
75	09:15	Graeme Boswell	Cardiff Ajax CC	Male	42	02:16:32
76	09:16	James Fritchley	Westbury Wheelers	Male	38	
77	09:17	Adam Whittaker	Salt and Sham Cycle Club	Male	21	
78	09:18	Dean Ward	1st Chard Wheelers	Male	31	
79	09:19	Tom Arnold	Team Bottrill / HSS Hire	Male	26	
80	09:20	Matt Burden	73Degrees CC	Male	40	02:15:35
81	09:21	Ross McNally	Pembrokeshire Velo	Male	31	
82	09:22	Andy Kelly	Bristol South Cycling Club	Male	52	02:20:54
83	09:23	David Thomas	Rhondda Triathlon Club	Male	38	
84	09:24	Andrew Lawrence	1st Chard Wheelers	Male	53	02:21:21
85	09:25	Matt Steel	Shaftesbury CC	Male	42	02:16:32
86	09:26	Jonathan Barnes	Herefordshire Cycling Club	Male	25	
87	09:27	Stephen Taylor	Pembrokeshire Velo	Male	52	02:20:54
88	09:28	Matthew Smith	Port Talbot Whs CC	Male	30	
89	09:29	Gary Jones	Successcycling.co.uk	Male	51	02:20:27
90	09:30	Jon Wynn	T1 Diabetes.info	Male	50	02:20:00
91	09:31	Michael Waterjohns	Somerset Road Club	Male	44	02:17:26
92	09:32	Paul Stephens	Ross on Wye & Dist CC	Male	52	02:20:54
93	09:33	Cliff Voller	Newbury RC	Male	66	02:29:29



HQ

Start