

| Number | Category | Name                  | Club                      | Start    |
|--------|----------|-----------------------|---------------------------|----------|
| 8      | E Tandem | Tony & Shirley Howell | PTWCC                     | 18:38:00 |
| 9      |          |                       |                           | 18:39:00 |
| 10     |          |                       |                           | 18:40:00 |
| 11     | F 26.50  | Alan Clayton          | Ogmore Valley Wheelers    | 18:41:00 |
|        | B        | Lowri Phillips        | San Domenico              | 18:42:00 |
| 13     | D        | Andy Wilton           | Cardiff Ajax CC           | 18:43:00 |
| 14     | B        | Sally Wilder          | San Domenico              | 18:44:00 |
| 15     | A        | Joseph Wiltshire      | Cwmcarn Paragon Road Club | 18:45:00 |
| 16     | D        | Mark Alexander        | Ogmore Valley Whs         | 18:46:00 |
| 17     | E 26.36  | Frances Williams      | San Domenico              | 18:47:00 |
| 18     | D        | Steven Morris         | Ogmore Valley Wheelers    | 18:48:00 |
| 19     | D        | Hamish Belding        | Cardiff Ajax CC           | 18:49:00 |
| 20     | C        | Andrew Stokoe         | Cwmcarn Paragon Road Club | 18:50:00 |
| 21     | D        | Toby Hopper           | Cardiff Ajax CC           | 18:51:00 |
| 22     | E 26.18  | Guy Lawton            | RAF CA                    | 18:52:00 |
| 23     | B        | Nia James             | Cardiff Ajax              | 18:53:00 |
| 24     | C        | Tim Forrester         | Merthyr CC                | 18:54:00 |
| 25     | D        | Darran Carpenter      | Cwmcarn Paragon           | 18:55:00 |
| 26     | F 28.58  | Sally Harmer          | Pembs Velo                | 18:56:00 |
| 27     | D        | Eric Grill            | Cardiff Ajax CC           | 18:57:00 |
| 28     | D        | Rob Scott             | San Domenico              | 18:58:00 |
| 29     | E 26.09  | Kevin Thomas          | Pontypool RCC             | 18:59:00 |
| 30     | E 26.18  | John Aspell           | Forza Cycles              | 19:00:00 |
| 31     | F 26.54  | Barrie Whitehead      | RNRMCA                    | 19:01:00 |
| 32     | E 26.18  | Mark Nott             | Ogmore Valley Whs         | 19:02:00 |
| 33     | B        | Jodie Lloyd           | Cwmcarn Paragon Road Club | 19:03:00 |
| 34     | C        | Joseph Beech          | Lancaster CC              | 19:04:00 |
| 35     | F 27.32  | Richard Lawton        | Newport Phoenix           | 19:05:00 |
| 36     | G 28.23  | Clive Chappe          | Ross on Wye & Dist CC     | 19:06:00 |
| 37     | B        | Angela Green          | Cardiff Ajax              | 19:07:00 |
| 38     | F 26.54  | Wyn Evans             | Merthyr CC                | 19:08:00 |
| 39     | F 29.20  | Clare Greenwood       | Bush Healthcare           | 19:09:00 |
| 40     | E 26.18  | Christopher Lee       | Merthyr CC                | 19:10:00 |
| 41     | F 26.45  | Richard Roberts       | Ogmore Valley Wheelers    | 19:11:00 |
| 42     | B        | Georgina Harper       | Cardiff Ajax              | 19:12:00 |
| 43     | C        | Tom Grigson           | Bynea Cycling Club        | 19:13:00 |
| 44     | D        | Richard Wilder        | San Domenico              | 19:14:00 |
| 45     | E 25.59  | Mark Hiddlestone      | Team Tredz                | 19:15:00 |
| 46     | F 29.03  | Susan Burnett         | Newport Phoenix           | 19:16:00 |
| 47     | F 27.26  | Paul Griffiths        | Acme Wheelers             | 19:17:00 |
| 48     | D        | Shawn Murtough        | Ogmore Valley Whs         | 19:18:00 |
| 49     | C        | David Medhurst        | Cardiff Ajax CC           | 19:19:00 |
| 50     | D        | George Rose           | Cycle Coaching Wales RT   | 19:20:00 |
| 51     | F 29.20  | Susan Shook           | Bush Healthcare           | 19:21:00 |
| 52     | D        | Andy Wicks            | Ogmore Valley Whs         | 19:22:00 |
| 53     | E 26.41  | Ian McDonald          | San Domenico              | 19:23:00 |
| 54     | F 29.14  | Liz Webb              | Cardiff Ajax CC           | 19:24:00 |

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| 55 | F | 26.50 | David Brice      | Bynea Cycling Club        | 19:25:00 |
| 56 | F | 26.59 | Andy Harries     | Ogmore Valley Whs         | 19:26:00 |
| 57 | B |       | Alexis Barnes    | Cardiff Ajax              | 19:27:00 |
| 58 | E | 28.02 | Claire House     | San Domenico              | 19:28:00 |
| 59 | G | 30.23 | Barry Williams   | Cardiff 100 miles RCC     | 19:29:00 |
| 60 | D |       | Gareth Rees      | Cwmcarn Paragon Road Club | 19:30:00 |
| 61 | F | 26.59 | Richard Beech    | Ogmore Valley Wheelers    | 19:31:00 |
| 62 | D |       | Lee Watts        | Bynea Cycling Club        | 19:32:00 |
| 63 | C |       | Tom James        | San Domenico              | 19:33:00 |
| 64 | E | 26.32 | Chris James      | Cardiff Ajax              | 19:34:00 |
| 65 | E | 26.13 | Michael Portlock | EC Cycles                 | 19:35:00 |
| 66 | E | 28.02 | Heather Dennis   | Cardiff Ajax CC           | 19:36:00 |
| 67 | G | 27.51 | Edward Malarczyk | Cwmcarn Paragon Road Club | 19:37:00 |
| 68 | B |       | Stephanie Post   | Cardiff Ajax CC           | 19:38:00 |
| 69 | D |       | Simon Bird       | Ogmore Valley Wheelers    | 19:39:00 |
| 70 | D |       | Luke Dix         | Cardiff Jif               | 19:40:00 |