

Number	Category	Name	Club	Start
8	E Tandem	Tony & Shirley Howell	PTWCC	18:38:00
9				18:39:00
10				18:40:00
11	F 26.50	Alan Clayton	Ogmore Valley Wheelers	18:41:00
	B	Lowri Phillips	San Domenico	18:42:00
13	D	Andy Wilton	Cardiff Ajax CC	18:43:00
14	B	Sally Wilder	San Domenico	18:44:00
15	A	Joseph Wiltshire	Cwmcarn Paragon Road Club	18:45:00
16	D	Mark Alexander	Ogmore Valley Whs	18:46:00
17	E 26.36	Frances Williams	San Domenico	18:47:00
18	D	Steven Morris	Ogmore Valley Wheelers	18:48:00
19	D	Hamish Belding	Cardiff Ajax CC	18:49:00
20	C	Andrew Stokoe	Cwmcarn Paragon Road Club	18:50:00
21	D	Toby Hopper	Cardiff Ajax CC	18:51:00
22	E 26.18	Guy Lawton	RAF CA	18:52:00
23	B	Nia James	Cardiff Ajax	18:53:00
24	C	Tim Forrester	Merthyr CC	18:54:00
25	D	Darran Carpenter	Cwmcarn Paragon	18:55:00
26	F 28.58	Sally Harmer	Pembs Velo	18:56:00
27	D	Eric Grill	Cardiff Ajax CC	18:57:00
28	D	Rob Scott	San Domenico	18:58:00
29	E 26.09	Kevin Thomas	Pontypool RCC	18:59:00
30	E 26.18	John Aspell	Forza Cycles	19:00:00
31	F 26.54	Barrie Whitehead	RNRMCA	19:01:00
32	E 26.18	Mark Nott	Ogmore Valley Whs	19:02:00
33	B	Jodie Lloyd	Cwmcarn Paragon Road Club	19:03:00
34	C	Joseph Beech	Lancaster CC	19:04:00
35	F 27.32	Richard Lawton	Newport Phoenix	19:05:00
36	G 28.23	Clive Chappe	Ross on Wye & Dist CC	19:06:00
37	B	Angela Green	Cardiff Ajax	19:07:00
38	F 26.54	Wyn Evans	Merthyr CC	19:08:00
39	F 29.20	Clare Greenwood	Bush Healthcare	19:09:00
40	E 26.18	Christopher Lee	Merthyr CC	19:10:00
41	F 26.45	Richard Roberts	Ogmore Valley Wheelers	19:11:00
42	B	Georgina Harper	Cardiff Ajax	19:12:00
43	C	Tom Grigson	Bynea Cycling Club	19:13:00
44	D	Richard Wilder	San Domenico	19:14:00
45	E 25.59	Mark Hiddlestone	Team Tredz	19:15:00
46	F 29.03	Susan Burnett	Newport Phoenix	19:16:00
47	F 27.26	Paul Griffiths	Acme Wheelers	19:17:00
48	D	Shawn Murtough	Ogmore Valley Whs	19:18:00
49	C	David Medhurst	Cardiff Ajax CC	19:19:00
50	D	George Rose	Cycle Coaching Wales RT	19:20:00
51	F 29.20	Susan Shook	Bush Healthcare	19:21:00
52	D	Andy Wicks	Ogmore Valley Whs	19:22:00
53	E 26.41	Ian McDonald	San Domenico	19:23:00
54	F 29.14	Liz Webb	Cardiff Ajax CC	19:24:00

55	F	26.50	David Brice	Bynea Cycling Club	19:25:00
56	F	26.59	Andy Harries	Ogmore Valley Whs	19:26:00
57	B		Alexis Barnes	Cardiff Ajax	19:27:00
58	E	28.02	Claire House	San Domenico	19:28:00
59	G	30.23	Barry Williams	Cardiff 100 miles RCC	19:29:00
60	D		Gareth Rees	Cwmcarn Paragon Road Club	19:30:00
61	F	26.59	Richard Beech	Ogmore Valley Wheelers	19:31:00
62	D		Lee Watts	Bynea Cycling Club	19:32:00
63	C		Tom James	San Domenico	19:33:00
64	E	26.32	Chris James	Cardiff Ajax	19:34:00
65	E	26.13	Michael Portlock	EC Cycles	19:35:00
66	E	28.02	Heather Dennis	Cardiff Ajax CC	19:36:00
67	G	27.51	Edward Malarczyk	Cwmcarn Paragon Road Club	19:37:00
68	B		Stephanie Post	Cardiff Ajax CC	19:38:00
69	D		Simon Bird	Ogmore Valley Wheelers	19:39:00
70	D		Luke Dix	Cardiff Jif	19:40:00