

No.	NAME	CLUB / TEAM	CAT	VET/STD	START
10	DAVID TRIGGS	PORT TALBOT WHS	V68	28:19	14:10
11	NIGEL WILLIAMS	MERTHYR CC	V49	26:39	14:11
12	GARRY JONES	PORT TALBOT WHS	V53	26:55	14:12
13	RON BOAST	OGMORE VALLEY WHS	V60	27:28	14:13
14	HAYDN HARTNELL	CWMCARN PARAGON	V49	26:39	14:14
15	MICHAEL PORTLOCK	VC L'ESCARGOT	V41	26:04	14:15
16	GARETH LYNCH	CARDIFF AJAX CC			14:16
17	ALEX BRACE	PEMBS VELO	J		14:17
18	GARETH FENN	BYNEA CC			14:18
19	TIM BRACE	PEMBS VELO	V46	26:26	14:19
20	WILL BEVAN	ROSS & DIST. CC			14:20
21	ANDREW PARKER	RDF CC			14:21
22	BYRON MORGAN	BUSH HEALTHCARE	V50	26:43	14:22
23	STEPHEN LANDEG	OGMORE VALLEY WHS	V58	27:18	14:23
24	SHIRLEY HOWELL	PORT TALBOT WHS	LV45	28:28	14:24
25	BEN PHILLIPS	BYNEA CC			14:25
26	LES THOMAS	PORT TALBOT WHS	V50	26:43	14:26
27	WINDSOR JONES	CARDIFF 100 MILES RCC	V62	27:39	14:27
28	JOHN EVANS	BYNEA CC	V57	27:13	14:28
29	ROGER DUNBAR	VC L'ESCARGOT	V41	26:04	14:29
30	HENRY BENNING	NORTH DEVON WHS			14:30
31	MARK WILLIAMS	VC L'ESCARGOT	V53	26:55	14:31
32	TONY HOWELL	PORT TALBOT WHS	V47	26:31	14:32
33	BOWEN MASON	OGMORE VALLEY WHS	V57	27:13	14:33
34	PAUL GRIFFITHS	ACME WHS (RHONDDA)	V57	27:13	14:34
35	DAVID EVANS	WORCESTER ST. JOHNS	V55	27:04	14:35
36	GARETH REES	CWMCARN PARAGON			14:36
37	MATTHEW PHILLIPS	BYNEA CC			14:37
38	JEREMY JONES	PORT TALBOT WHS	V45	26:22	14:38
39	JAMES RABAIOTTI	CARDIFF AJAX CC	V41	26:04	14:39
40	ROD HICKS	PORT TALBOT WHS	V47	26:31	14:40
41	WILL JENKINS	PEMBS VELO			14:41
42	PAUL GREER	MERTHYR CC	V44	26:18	14:42

No.	NAME	CLUB / TEAM	CAT	VET/STD	START
43	TERRY HARRADINE	CC TOPP	V65	27:58	14:43
44	ANTHONY COWDRY	VC L'ESCARGOT			14:44
45	STUART EVANS	PORT TALBOT WHS	V66	28:04	14:45
46	JUSTYN DAVIES	TOWY RACING CC	V43	26:13	14:46
47	NIGEL PITT	PORT TALBOT WHS	V48	26:35	14:47
48	ANDREW HARRIES	OGMORE VALLEY WHS	V52	26:51	14:48
49	COLIN SPEAKMAN	PORT TALBOT WHS	V74	29:15	14:49
50	DARREN CARPENTER	CWMBRAN PARAGON			14:50
51	JON LEAR	PEMBS VELO	V48	26:35	14:51
52	JAMES MANSON	CARDIFF TRI			14:52
53	MELANIE MORGAN	PEMBS VELO	LV40	28:02	14:53
54	DAVID ROBERTS	ACME WHS (RHONDDA)	V67	28:12	14:54
55	ANDREW DALLING	NORTH DEVON WHS			14:55
56	MICHAEL GEORGE	PEMBS VELO			14:56
57	STEPHEN GRIFFITHS	MERTHYR CC			14:57
58	CHRIS CHICK	OGMORE VALLEY WHS			14:58
59	JEFF CHAMBERS	BYNEA CC	V70	28:36	14:59
60	SCOTT DAVIES	M & D KINETICA RT	J		15:00
61	CHRIS HUGHES	HEREFORD & DIST WHS	V52	26:51	15:01
62	JOHN SHEHAN	BYNEA CC	V65	27:58	15:02
63	REBECCA LEAPER	NORTH SHROPSHIRE WH	L		15:03
64	GARY GREGORY	PORT TALBOT WHS			15:04
65	PETER LLOYD	PEMBS VELO	V46	26:26	15:05
66	TREVOR LLOYD	SWANSEA WHS	V47	26:31	15:06
67	JEFF GRIFFITHS	PORT TALBOT WHS	V65	27:58	15:07
68	JUSTIN FORD	CC BLAENAU GWENT			15:08
69	JOHN WILLIAMS	PORT TALBOT WHS	V65	27:58	15:09
70	KIERON DAVIES	BYNEA CC			15:10
71	ROBERT JONES	OGMORE VALLEY WHS			15:11
72	JOHN FRANKLIN	SWANSEA WHS			15:12
73	STEVE LITTLEWOOD	HEREFORD & DIST WHS	V60	27:28	15:13
74	GARY SPARKES	RAF CA			15:14
75	CLINTON EVANS	CC BLAENAU GWENT			15:15