R10/22A COURSE DESCRIPTION - NEW FOR 2013!

R10/22A START on the Vale of Neath Supplier Estate service road opposite Lamp Post No.18. Proceed eastwards along the service road to the Resolven Rbt (0.458 miles). (N.B. Safety Notice - Do not cross the centreline of the road on the right-hand bend). With care, take 1st exit Left to proceed in a westerly direction along the A465 dual-carriageway to the very 1st turn-off Left (4.862 miles). At the small Tonna Rbt take the 1st exit Left to the large Aberdulais Interchange where circle Rbt to take the 4th exit, descending the slip road to carefully re-join the A465 dual-carriageway going in an easterly direction. Continue eastwards to the Resolven Rbt taking the 1st exit left to FINISH in line with the access road the Canal Car Park on the cross-valley link road (10.006 miles).

Start: SN 824 026 - Turn: SS 769 991 - Finish: SN 823 030

NOTES TO ALL COMPETITORS

This event is preceded by the GHS District Championship. Apart from being the South Wales District Championship it is also the qualifier for the National GHS Championship due to be held in Leicestershire in early September. Please give these young riders every encouragement and please stay for their award presentation.

Please remember to sign on and look out for any updated safety information!

All competitors must, at all times, obey the rules of the road and the rules of our sport. Please don't take any unnecessary risks and make getting back home to your families your first priority and a fast time your second priority. Keep your head up and have a safe and speedy ride.

The CTT, the South Wales Police and the event organiser all strongly recommend the use of Snell/ANSI helmets (compulsory for all riders under 18 years of age).

RACE H.Q. & PARKING

The headquarters will be open at about 13.00hrs and race numbers will be available from about 13.15hrs.

Most of you will be familiar with the 'TRW' headquarters but there have been recent changes meaning that parking will no longer be free and easy as we no longer have access to the large car park alongside the headquarters as this has been purchased by a local businessman who is not too keen to share. Fair enough.

All we can suggest is to either use the (free) canal car park just off the Resolven rbt or to use the parking around the industrial estate further down from the start but whilst obviously avoiding parking on the course. In other words, please park sensibly and be mindful of others.

Please do not park in the small car park immediately alongside the event HQ as this small area is reserved for race officials without whom there wouldn't be a race. Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

PORT TALBOT WHEELERS C.C.

PRESENT AN OPEN 10 MILE TIME-TRIAL



"The unofficial Veteran's World Championships"

Saturday, April 27th, 2013 starting at 14.25hrs on the new R10/22A course

(Preceded by the GHS District Championship, starting at 14.06hrs)

Headquarters – TRW Sports & Social Club in Resolven

AWARDS LIST

Fastest Rider - £30	Fastest Vet on Std - £20
2 nd Fastest - £20	2 nd Vet on Std - £15
3 rd Fastest - £10	3 rd Vet on Std - £10
Fastest Lady - £10	Fastest Lady Vet on Std - £10
Feetent lun/lun/ C10	Team of 1 Didoro C10

Fastest Jun/Juv - £10

Team of 4 Riders - £40

Strictly one prize per rider (except team) but 'unused' prizes will be passed down!

TIMEKEEPERS

ROBIN FIELD – CARDIFF BYWAYS TUDOR THOMAS – BYNEA CC

EVENT SECRETARY

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