

Numbers will be at HQ, Free Refreshments on return of number

Course description for R10/22A:

R10/22A START on Vale of Neath Supplier Estate service road opposite Lamp Post No. 18. Proceed eastwards along service road to Resolven Roundabout (0.458 miles). (N. B. Safety Notice:- Do not cross the centre line of road on right hand bend). Take 1st.left along A465 dual carriageway westbound to 1st exit left (4.862 miles). Continue up the loop to Tonna Roundabout where take 1st exit to Aberdulais Interchange. Take 4th.exit (5.505 miles) down slip road to re-join A465 dual carriageway. Proceed eastbound to Resolven Roundabout where take 1st.exit left to FINISH at access road to Canal Car Park on cross-valley link road (10.006 miles).

All riders are asked to comply with the following requests

- DO NOT park or stop your car within sight of the starting or finishing timekeeper.
- DO NOT park in or within the vicinity of Halt Road, Rhigos
- DO NOT warm up on the course once the event has started
- DO NOT use a turbo trainer within 100m of dwellings
- DO NOT leave your number flapping - four pins are supplied for each - USE THEM
- DO NOT allow your friends and relations to follow you around the course - it's not allowed.
- DO call your number to the finishing timekeeper or your time may not be recorded.
- DO keep your head up, be aware of your surroundings and **HAVE A SAFE RIDE**

Important Notice to all Riders

The WCA, CTT and Police all recommend the use of a good hard shell helmet manufactured to internationally recognised standards.
For ALL Riders under the age of 18 these helmets are compulsory.
Marshalls will be positioned around the course they are there to show you the way, they have no authority over the traffic.

Please note we are not allowed to place direction arrows on the Dual Carriageway, please ensure you are familiar with the course, so there are no surprises. It is the Riders responsibility to ride within the laws of the road and with consideration to other road users, please do so

Any complaints regarding the event must be made in writing to the Event Secretary within 24hrs. The full result of this event will be published on www.welshcycling.org

Port Talbot Wheelers CC.

In Conjunction with its sponsors

CJ Construction Wales Ltd. and Lyndonjones@hotmail.co.uk

Present

OPEN 10 MILE TIME-TRIAL

Tuesday July 10th

Round 8 of the 2017 Celtic Series

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Start timekeeper – Norman James – Ogmore Valley Wheelers
Finish timekeepers – Tudor Thomas – Bynea
Tony Howell – Port Talbot Wheelers

Course R10/22A

First Rider Starts @ 18:31

RACE H.Q. – TRW SPORTS & SOCIAL CLUB

Resolven, Neath, West Glamorgan, SA11 4HN

Please leave parking spaces just outside the HQ for those associated with event organisation i.e. Timekeepers, Marshals, Caterers etc.

Please do not park in the large carpark next to the Event H.Q

Please note that it is now a requirement to sign off at the end of the event

Event Secretary:

Owain Roberts, 103 Cwmclais Road, Cwmavon, Port Talbot, SA12 9NA

Tel: 07875029392



We appreciate that you may want to leave quickly, but please stay to eat cakes and applaud the prize winners.



AWARDS

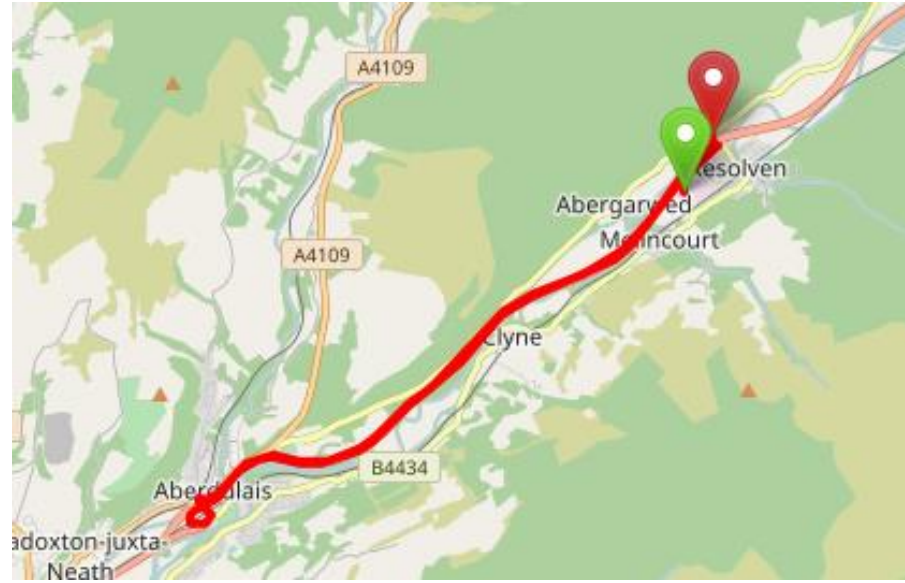
Fastest Male	£40
2nd Fastest Male	£30
3rd Fastest Male	£20
Fastest Female	£40
2nd Fastest Female	£30
3rd Fastest Female	£20
Fastest Vet on STD	£30
2nd Fastest Vet on STD	£20
3rd Fastest Vet on STD	£15
Fastest Male Junior/Juvenile	£15
Fastest Female Junior/Juvenile	£15

PLEASE NOTE ONE RIDER ONE PRIZE





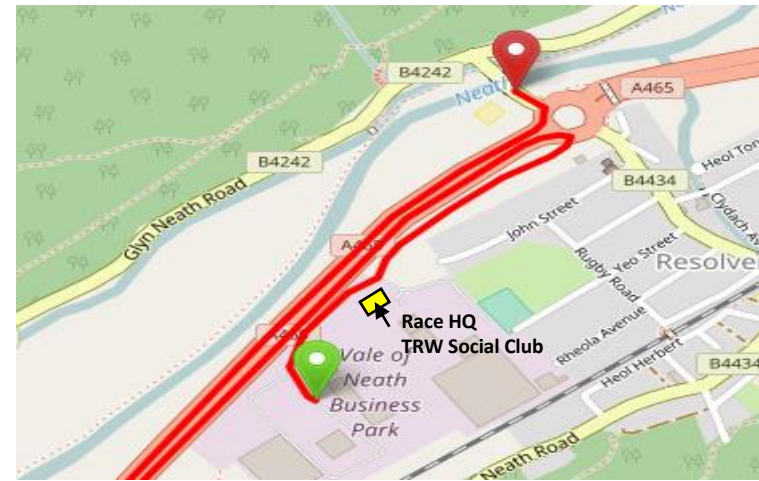
R10/22A Course



The Turn



Start/Finish



**Port Talbot Wheelers Open 10 Mile TT
(Round 8 of 10 in the 2018 celtic Series)**

NO	Start Time	Name	Surname	Club	Gender	Category
31	18:31	Gareth	Davies	Port Talbot Whs CC	Male	Veteran
32	18:32	Terry	Anthony	Ogmore Valley Wheelers	Male	Veteran
33	18:33	Robert	Lucas	Port Talbot Whs CC	Male	Veteran
34	18:34	Caitlin	Shaw	M & D Fusion RT / Gearclub / Worx	Female	Espoir
35	18:35	Nathan	Leaves	Cwmcarn Paragon Road Club	Male	Espoir
36	18:36	Thomas	Dye	Cardiff Ajax CC	Male	Senior
37	18:37	James	Phillips	Milford Tritons Cycling Club	Male	Veteran
38	18:38	morgan	LLOYD	Towy Riders	Male	Juvenile
39	18:39	Dave	Symmons	Bynea Cycling Club	Male	Veteran
40	18:40	Andy	Davies	Cardiff Jif	Male	Senior
41	18:41	Rob	Sanderson	Cardiff Ajax CC	Male	Senior
42	18:42	Paul	Jones	Ystwyth CC	Male	Veteran
43	18:43	John	Shehan	Bynea Cycling Club	Male	Veteran
44	18:44	Brian	Parker	Abercynon Road Club	Male	Veteran
45	18:45	Paul	Hayward	Pontypool Road Cycling Club	Male	Veteran
46	18:46	Ryan	O'Rourke	Cwmcarn Paragon Road Club	Male	Senior
47	18:47	Guy	Rees	Bynea Cycling Club	Male	Senior
48	18:48	Ron	Boast	Ogmore Valley Wheelers	Male	Veteran
49	18:49	Emyr	Griffiths	Towy Racing Cycling Club (TRCC)	Male	Veteran
50	18:50	Christopher	Gibbard	Bynea Cycling Club	Male	Senior
51	18:51	Stuart	Evans	Port Talbot Whs CC	Male	Veteran
52	18:52	Anthony	Williams	Ogmore Valley Wheelers	Male	Veteran
53	18:53	Eden Rae	Davies	Port Talbot Whs CC	Female	Juvenile
54	18:54	Chris	Cowell	Cycle Specific	Male	Veteran
55	18:55	Phil	Barnes	Team Swift	Male	Veteran
56	18:56	Andrew	Newey	Ribble Valley C&RC	Male	Senior
57	18:57	Sharon	Clifford	SheHair Racing Team	Female	Veteran
58	18:58	Michelle	Fishbourne	Team Backstedt Bike Performance	Female	Veteran
59	18:59	David	Davies	Cwmcarn Paragon Road Club	Male	Veteran
60	19:00	Joshua	SANDMAN	Team Backstedt Bike Performance	Male	Junior

61	19:01	Steven	Loraine	Team Swift	Male	Veteran
62	19:02	Alexander	Jenkins	Towy Racing Cycling Club (TRCC)	Male	Veteran
63	19:03	Roger	Wood	Pontypool Road Cycling Club	Male	Veteran
64	19:04	Hollie	Labunsky	Port Talbot Whs CC	Female	Senior
65	19:05	Stephanie	Post	Team Bottrill / Vanguard	Female	Senior
66	19:06	Rob	Jones	Cardiff Ajax CC	Male	Veteran
67	19:07	Steffan	Roberts	Ystwyth CC	Male	Senior
68	19:08	Phillip	Turner	Bynea Cycling Club	Male	Veteran
69	19:09	Clare	Greenwood	Bush Healthcare CRT	Female	Veteran
70	19:10	Ioan	Smallwood	Cardiff Ajax CC	Male	Senior
71	19:11	Ross	Morgan	Port Talbot Whs CC	Male	Senior
72	19:12	Niall	Foster	Cardiff Ajax CC	Male	Veteran
73	19:13	Susan	Shook	Bush Healthcare CRT	Female	Veteran
74	19:14	Nigel	Pitt	Bynea Cycling Club	Male	Veteran
75	19:15	Philip	Tucker	Cycle Specific	Male	Senior
76	19:16	Oliver	Rowlands	Newport Phoenix CC	Male	Junior
77	19:17	John	Williams	Bynea Cycling Club	Male	Veteran
78	19:18	Neil	Meredith	Abercynon Road Club	Male	Senior
79	19:19	Claire	Sanderson	Cardiff Ajax CC	Female	Senior
80	19:20	Luke	Cornish	Cwmcarn Paragon Road Club	Male	Senior
81	19:21	Oliver	Walker-Hayes	University of Bristol Cycling Club (UOBCC)	Male	Espoir
82	19:22	Leon	Evans	Cardiff Ajax CC	Male	Veteran
83	19:23	Jason	Cole	Milford Tritons Cycling Club	Male	Senior
84	19:24	Ian	Gibson	Abercynon Road Club	Male	Veteran
85	19:25	Rod	Hicks	Port Talbot Whs CC	Male	Veteran
86	19:26	Chris	Fishbourne	Team Backstedt Bike Performance	Male	Veteran
87	19:27	David	Singleton	Acme Whs (Rhondda) CC	Male	Veteran
88	19:28	Dean	David	Bynea Cycling Club	Male	Senior
89	19:29	Michael	Brain	Abercynon Road Club	Male	Veteran
90	19:30	Dean	Ware	Team Backstedt Bike Performance	Male	Senior
91	19:31	Gruffudd	Lewis	Ribble Pro Cycling	Male	Senior
92	19:32	Lee	Perrott	Cycle Specific	Male	Senior
93	19:33	Brad	Davies	Bynea Cycling Club	Male	Veteran
94	19:34	Chris	Massey	Team Backstedt Bike Performance	Male	Veteran