



Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

PORT TALBOT WHEELERS C.C.

Founded 1926

In Conjunction with its Sponsors



C.J. CONSTRUCTION (WALES) LTD and lyndonjones@hotmail.co.uk



PROUDLY PRESENT

OPEN 25 MILE 4UP TEAM TIME TRIAL

Thursday 22nd June 2017, starting at 18:03 hours
Headquarters – Rhigos Rugby Club, CF44 9HJ
(Sign on and collect race numbers from 17:00 hours)
HQ Open from 17:00

AWARDS (ONE AWARD PER TEAM)

Fastest Club Team £80
Second Fastest Club Team £60
Third Fastest Club Team £40
Fastest Ladies Team £80
Fastest All Veteran Team £80
Fastest Team with a Junior £60
Lanterne Rouge £40
Fastest Composite Team £80
All unused prizes will be passed down

TIMEKEEPERS

Start: Norman James – Ogmere Valley Wheelers.
Finish: Tudor Thomas – Bynea C.C.

EVENT SECRETARY

Geraint Evans
24 Ynys Street
Port Talbot
SA13 1YW.

Home Tel: 01639 883905

Mobile: 07891 850952

Email Address: ray.mathews@ntlworld.com

Port Talbot Wheelers 25 Mile 4-UP Team Time Trial, Thursday 22nd June 2017

| Team | Bib | Rider Name | Team Name / Club | Start Time |
|-------------|------------|--------------------|---------------------------|-------------------|
| 1 | 1 | Robert Lucas | Port Talbot Whs CC | 18:03 |
| | 2 | Hollie Labunsky | Port Talbot Whs CC | |
| | 3 | David Hendry | Port Talbot Whs CC | |
| | 4 | Christopher Allen | Port Talbot Whs CC | |
| 2 | 5 | Rob Dyde | Pembrokeshire Velo | 18:06 |
| | 6 | Shane Davies | Pembrokeshire Velo | |
| | 7 | Stephen Taylor | Pembrokeshire Velo | |
| | 8 | Liam Rowlands | Pembrokeshire Velo | |
| 3 | 9 | Kirsty Murray | Pembrokeshire Velo | 18:09 |
| | 10 | Mike Lindsay | Pembrokeshire Velo | |
| | 11 | Matt Broadhurst | Pembrokeshire Velo | |
| | 12 | Carl Scott | Pembrokeshire Velo | |
| 4 | 13 | Karl Rees | Port Talbot Whs CC | 18:12 |
| | 14 | Christopher Davies | Port Talbot Whs CC | |
| | 15 | Darren Edwards | Port Talbot Whs CC | |
| | 16 | Mike Hall | Port Talbot Whs CC | |
| 5 | 17 | Josh Townsend | Bynea Cycling Club | 18:15 |
| | 18 | Mark Bowen | Bynea Cycling Club | |
| | 19 | Stuart Prendiville | Bynea Cycling Club | |
| | 20 | Jason Roberts | Bynea Cycling Club | |
| 6 | 21 | Matthew Williams | Cardiff Ajax CC | 18:18 |
| | 22 | Graeme Boswell | Cardiff Ajax CC | |
| | 23 | David Medhurst | Cardiff Ajax CC | |
| | 24 | Thomas Dye | Cardiff Ajax CC | |
| 7 | 25 | Paul Darknell | Cwmcarn Paragon Road Club | 18:21 |
| | 26 | Simon Jones | Cwmcarn Paragon Road Club | |
| | 27 | Tim Bailey | Cwmcarn Paragon Road Club | |
| | 28 | Anthony Evans | Cwmcarn Paragon Road Club | |
| 8 | 29 | Alec Morris | Acme Whs (Rhondda) CC | 18:24 |
| | 30 | David Singleton | Acme Whs (Rhondda) CC | |
| | 31 | Simon Kinsey | Acme Whs (Rhondda) CC | |
| | 32 | Dean Cummings | Acme Whs (Rhondda) CC | |

| Team | Bib | Rider Name | Team Name / Club | Start Time |
|-------------|------------|----------------------|---------------------------------|-------------------|
| 9 | 33 | Thomas Few | Merthyr CC | 18:27 |
| | 34 | Mark Prosser | Merthyr CC | |
| | 35 | Jonathon Astley | Merthyr CC | |
| | 36 | James Smith | Merthyr CC | |
| 10 | 37 | Raymond15 Giles | Tapitout Cycle Club | 18:30 |
| | 38 | Richard Stephens | Tapitout Cycle Club | |
| | 39 | Gareth Jones | Tapitout Cycle Club | |
| | 40 | Glenn Loosemore | Tapitout Cycle Club | |
| 11 | 41 | Anthony Jones | Towy Racing Cycling Club (TRCC) | 18:33 |
| | 42 | Emyr Griffiths | Towy Racing Cycling Club (TRCC) | |
| | 43 | Ben Phillips | Towy Racing Cycling Club (TRCC) | |
| | 44 | Arwel Davies | Towy Racing Cycling Club (TRCC) | |
| 12 | 45 | Gareth Jehu | Merthyr CC | 18:36 |
| | 46 | Blaine Phelps | Merthyr CC | |
| | 47 | Chris Lee | Merthyr CC | |
| | 48 | Mark Andrews | Merthyr CC | |
| 13 | 49 | John Aspell | Forza Cycles | 18:39 |
| | 50 | Christopher Matthews | Forza Cycles | |
| | 51 | Timothy Cummings | Forza Cycles | |
| | 52 | Russell White | Forza Cycles | |
| 14 | 53 | Richard Bowmer | Ogmore Valley Wheelers | 18:42 |
| | 54 | Craig Macdonald | Ogmore Valley Wheelers | |
| | 55 | Terry Anthony | Ogmore Valley Wheelers | |
| | 56 | Paul Nicholas | Ogmore Valley Wheelers | |
| 15 | 57 | Gaynor Hughes | Bynea Cycling Club | 18:45 |
| | 58 | Amanda Davies | Bynea Cycling Club | |
| | 59 | Diane Wilson-Evans | Bynea Cycling Club | |
| | 60 | Elizabeth John | Bynea Cycling Club | |
| 16 | 61 | Ruan Bester | Bath Cycling Club | 18:48 |
| | 62 | Iain Cade | Bath Cycling Club | |
| | 63 | Steven Cottington | Bath Cycling Club | |
| | 64 | | | |

| Team | Bib | Rider Name | Team Name / Club | Start Time |
|-------------|------------|---------------------|-------------------------------|-------------------|
| 17 | 65 | Graham Howell | Port Talbot Whs CC | 18:51 |
| | 66 | Mark Hillier | Port Talbot Whs CC | |
| | 67 | Stuart Evans | Port Talbot Whs CC | |
| | 68 | Owain Roberts | Port Talbot Whs CC | |
| 18 | 69 | Simon Davies | Milford Tritons Cycling Club | 18:54 |
| | 70 | Mark Whitby | Milford Tritons Cycling Club | |
| | 71 | Jeff Arnold | Milford Tritons Cycling Club | |
| | 72 | James Phillips | Milford Tritons Cycling Club | |
| 19 | 73 | Billy Conner | Tenby Aces CC | 18:57 |
| | 74 | Jamie Silvester | Tenby Aces CC | |
| | 75 | David Poole | Tenby Aces CC | |
| | 76 | Carlton Coates | Tenby Aces CC | |
| 20 | 77 | Martin Lightwood | Tapitout Cycle Club | 19:00 |
| | 78 | Andrew Richards | Tapitout Cycle Club | |
| | 79 | Jeremy Jones | Tapitout Cycle Club | |
| | 80 | Jason Bishop | Tapitout Cycle Club | |
| 21 | 81 | Grant Arnold | Pembrokeshire Velo | 19:03 |
| | 82 | Ross McNally | Pembrokeshire Velo | |
| | 83 | Daniel Colman | Pembrokeshire Velo | |
| | 84 | Will Jenkins | Pembrokeshire Velo | |
| 22 | 85 | Christopher Gibbard | Bynea Cycling Club | 19:06 |
| | 86 | Philip Tucker | Bynea Cycling Club | |
| | 87 | Matthew Hanford | Bynea Cycling Club | |
| | 88 | Samuel Reakes | Bynea Cycling Club | |
| 23 | 89 | Nick Brown | Team NBCC | 19:09 |
| | 90 | Andrew Rees | Narberth Dynamos Cycling Club | |
| | 91 | Jon Williams | Team NBCC | |
| | 92 | Rhys Jordan | Team NBCC | |
| 24 | 93 | Ian Herbert | Cardiff Ajax CC | 19:12 |
| | 94 | Adrian Coles | Cardiff Ajax CC | |
| | 95 | Rob Sanderson | Cardiff Ajax CC | |
| | 96 | Darren Green | Cardiff Ajax CC | |

| Team | Bib | Rider Name | Team Name / Club | Start Time |
|-------------|------------|--------------------|---------------------------------|-------------------|
| 25 | 97 | Gregory Brett | Ogmore Valley Wheelers | 19:15 |
| | 98 | Anthony Mansell | Ogmore Valley Wheelers | |
| | 99 | Nigel Williams | Ogmore Valley Wheelers | |
| | 100 | Reece Adams | Ogmore Valley Wheelers | |
| 26 | 101 | Richard Long | Merthyr CC | 19:18 |
| | 102 | Dean Ware | Merthyr CC | |
| | 103 | Michael Portlock | Merthyr CC | |
| | 104 | Colin Wallace | Merthyr CC | |
| 27 | 105 | Matthew Phillips | Towy Racing Cycling Club (TRCC) | 19:21 |
| | 106 | Daniel Blain | Towy Racing Cycling Club (TRCC) | |
| | 107 | Phil Willoughby | Towy Racing Cycling Club (TRCC) | |
| | 108 | Alexander Jenkins | Towy Racing Cycling Club (TRCC) | |
| 28 | 109 | Brad Davies | Bynea Cycling Club | 19:24 |
| | 110 | David Brice | Bynea Cycling Club | |
| | 111 | Michael Bevan | Bynea Cycling Club | |
| | 112 | Andrew Grist | Bynea Cycling Club | |
| 29 | 113 | Gareth Rees | Tenby Aces CC | 19:27 |
| | 114 | Paul Slack | Tenby Aces CC | |
| | 115 | Richard Gardiner | Tenby Aces CC | |
| | 116 | Colin Barrett | Tenby Aces CC | |
| 30 | 117 | Charlotte Jennings | Bynea Cycling Club | 19:30 |
| | 118 | Carys Jeffreys | Bynea Cycling Club | |
| | 119 | Sara Jones | Bynea Cycling Club | |
| | 120 | Sarah Rees | Bynea Cycling Club | |
| 31 | 121 | Andy Davies | Cardiff Jif | 19:33 |
| | 122 | John Edwards | Cardiff Jif | |
| | 123 | Luke Dix | Cardiff Jif | |
| | 124 | Andy Hoskins | Cardiff Jif | |
| 32 | 125 | Paul Colman | Pembrokeshire Velo | 19:36 |
| | 126 | Scott Nash | Pembrokeshire Velo | |
| | 127 | Nathan Miles | Pembrokeshire Velo | |
| | 128 | Roscoe Howell | Pembrokeshire Velo | |

| Team | Bib | Rider Name | Team Name / Club | Start Time |
|-------------|------------|-------------------|------------------------------|-------------------|
| 33 | 129 | Joel Turvey | Team Echelon | 19:39 |
| | 130 | Tim Wood | Team Echelon | |
| | 131 | Jeremy Pile | VC Sevale (Malvern) | |
| | 132 | Martin Gotrel | Team Echelon | |
| 34 | 133 | Nicholas Morgan | Tapitout Cycle Club | 19:42 |
| | 134 | David Lloyd | Tapitout Cycle Club | |
| | 135 | Geoffrey Mccann | Tapitout Cycle Club | |
| | 136 | Gwylm Wilkins | Tapitout Cycle Club | |
| 35 | 137 | Paul Thomas | Team NBCC | 19:45 |
| | 138 | Chris Harris | Team NBCC | |
| | 139 | Lee Scourfield | Team NBCC | |
| | 140 | Tim Brace | Team NBCC | |
| 36 | 141 | Daniel Coombe | Backstedt/Hotchillee | 19:48 |
| | 142 | Joshua Price | Ride 24/7 | |
| | 143 | Samuel Tillett | Giant CC - Halo Films | |
| | 144 | Oscar Mingay | Giant CC - Halo Films | |
| 37 | 145 | Steven Madeley | Ogmore Valley Wheelers CC | 19:51 |
| | 146 | Steve Curry | Ogmore Valley Wheelers CC | |
| | 147 | Robert Powell | Ogmore Valley Wheelers CC | |
| | 148 | Mark Rosser | Ogmore Valley Wheelers CC | |
| 38 | 149 | Rob Allen | Milford Tritons Cycling Club | 19:54 |
| | 150 | Anthony Hayward | Milford Tritons Cycling Club | |
| | 151 | Jason Cole | Milford Tritons Cycling Club | |
| | 152 | Dan Devine | Milford Tritons Cycling Club | |
| 39 | 153 | Michael George | Pembrokeshire Velo | 19:57 |
| | 154 | David Astins | Pembrokeshire Velo | |
| | 155 | Robert Smith | Pembrokeshire Velo | |
| | 156 | Shaun Griffiths | Pembrokeshire Velo | |
| 40 | 157 | Julie Andrasko | Tenby Aces CC | 20:00 |
| | 158 | Stephanie Waring | Tenby Aces CC | |
| | 159 | Anto Ohara | Tenby Aces CC | |
| | 160 | Katherine Brace | Tenby Aces CC | |

| | | | |
|---------|-----|----------------|----------------------|
| Reserve | 161 | Les Thomas | Port Talbot Wheelers |
| | 162 | Anthony Howell | Port Talbot Wheelers |
| | 163 | Dean Jones | Tap it out |

Course No: R25/3H (E 293120/ N206180 OS Sheets 170/160)

**While every effort will be made to ensure turns and junctions are marshalled, the obligation lies with each individual rider to ensure familiarity with the course. Neither the organiser, the promoting club it's officers or members take any responsibility for any riders deviation from the course.*

| Course Description | Inter Miles |
|---|-------------|
| START on access road to Hirwaun Industrial Estate (E 293120/ N206180 OS Sheets 170/160) 8 yards north of lamp column No.1 and 30 yards north of junction with unclassified road (old A465) Hirwaun to Cefn Rhigos. | 0.000 |
| Proceed south to junction with unclassified road (on to the old route) and bear left to roundabout with A4061 (Rhigos mountain road) where take second exit (straight on) to Hirwaun roundabout A465 to take first exit. | 1.306 |
| Continue along A465 to Blaengwrach roundabout (McDonalds) to take second exit (straight on). | 7.169 |
| Continue on A465 to Resolven roundabout to take third exit (straight on) | 10.183 |
| Continue on A465 to exit at next junction (signpost Seven Sisters), climbing to the Tonna roundabout, where take first exit to Aberdulais Interchange where circle roundabout and take fourth exit down slip road to re-join the A465 eastward. | 15.063 |
| Continue along A465 to Resolven roundabout to take second exit (straight on) | 19.719 |
| Continue on A465 to Blaengwrach roundabout (McDonalds). | 22.764 |
| Take second exit continuing on A465, passing over river bridge and the Glynneath interchange to REMAIN ON A465 to FINISH in the SECOND layby on the left at a point 25 yards west of the 'Take Litter Home' sign and opposite the emergency telephone point. | 25.014 |

PLEASE DO NOT CROSS THE BARRIER AFTER YOUR RACE BUT CONTINUE BACK UP THE DUAL CARRIAGE WAY AND RETRACE YOUR ROUTE TO THE HEADQUARTERS.

Important Notice to all Riders

The WCA, CTT and Police all recommend the use of a good hard shell helmet manufactured to internationally recognised standards. For ALL riders under the age of 18 these helmets are COMPULSORY.

It is also recommended that a working REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Marshall's will be positioned around the course to show you the way but they have no authority over the traffic.

Please note we are not allowed to place direction arrows on the Dual Carriageway.

Please ensure that you are familiar with the course so that there are no surprises. It is the rider's responsibility to ride within the laws of the road and with consideration to other road users, so please do so. Thank you and have a safe ride.

Any complaints regarding the event must be made in writing to the Event Secretary within 24 hours.

