

Numbers will be at HQ, Free Refreshments on return of number
Course Description for R25/3L

Start on unclassified road at Cefn Rhigos Village (top of hill), 26 yards west of electricity pole No. B29016 on north side. Proceed eastwards to roundabout with A4016, where take 2nd exit (straight on) to roundabout with A465, take 1st exit. Proceed westwards along A465 to Blaengwrach roundabout where take 2nd exit (straight on) to Resolven roundabout, where take 2nd exit (straight on) to continue on A465 to first junction to left signed A4109. Bear left around the loop to take 4th exit to rejoin A465 eastwards. Retrace to Resolven roundabout where take 2nd exit (straight on). Continue on A465 over River Neath bridges where bear left onto A4109 slip road, turn left at T junction WITH CARE to finish short of traffic lights at the centre of the first drain on the left after crossing river bridge (25.014 miles).

All riders are asked to comply with the following requests

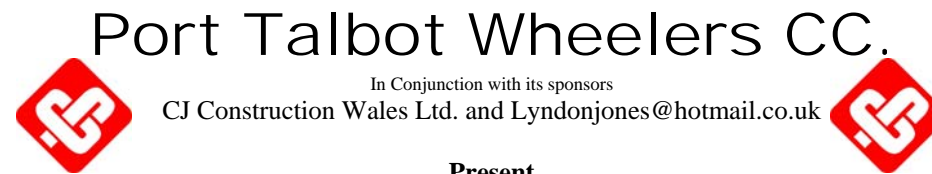
DO NOT park or stop your car within sight of the starting or finishing timekeeper.
DO NOT leave your number flapping - four pins are supplied for each - USE THEM
DO NOT allow your friends and relations to follow you around the course - it's not allowed.
DO call your number to the finishing timekeeper or your time may not be recorded.
DO keep your head up, be aware of your surroundings and **HAVE A SAFE RIDE**

Important Notice to all Riders

The WCA, CTT and Police all recommend the use of a good hard shell helmet manufactured to internationally recognised standards.
For ALL Riders under the age of 18 these helmets are **COMPULSORY**.
Marshall's will be positioned around the course they are there to show you the way, they have no authority over the traffic.

Please note we are not allowed to place direction arrows on the Dual Carriageway, please ensure you are familiar with the course, so there are no surprises. It is the Riders responsibility to ride within the laws of the road and with consideration to other road users, please do so

Any complaints regarding the event must be made in writing to the Event Secretary within 24hrs. The full result of this event will be published on www.welshcycling.org



In Conjunction with its sponsors
CJ Construction Wales Ltd. and Lyndonjones@hotmail.co.uk

Present

Their Annual 25 Mile Time Trial

Date: 7th September 2014

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Starting Timekeepers – Julia Jones & Tony Howell
Finishing Timekeepers – Tudor Thomas & Norman James

Course R25/3L
WJO 09:00am
WJO 11:00am

Headquarters.

Rhigos Rugby Club Rhigos, Aberdare, Mid Glamorgan, CF44 9HJ .

Event Secretary:

L Thomas 1 St Brides Close, Nottage, Porthcawl CF36 3NR
Mobile 07976 601218

AWARDS One Rider One Prize ! (except team)

Main Event		Overflow	
fastest rider	£100	Fastest Lady	£50
2nd fastest	£75	2nd fastest lady	£40
3rd fastest	£50	3rd fastest lady	£30
4th fastest	£40	1st fastest Jun/juv	£30
5th fastest	£35	2nd fastest Jun/Juv	£20
Team of 3 (bidlake system)	£60	1st fastest Overflow	£50
1st vet on Standard	£30	2nd fastest Overflow	£40
2nd vet on standard	£25	3rd fastest Overflow	£30
3rd vet on standard	£20	1st vet on standard	£30
		2nd vet on standard	£20
		3rd vet on standard	£10
		Team of 3 (All Bidlake system)	£60

We appreciate that you may want to leave quickly, but please stay to applaud the prize winners.

ROUTE SCHEMATIC

