

bib	start_time	firstname	lastname	club	gender	category
1	10:02:00	Emma	Davies	Port Talbot Whs CC	Female	Veteran
2	10:02:00	Shirley	Howell	Port Talbot Whs CC	Female	Veteran
3	10:04:00	Robert	Saunders	North Bucks RC	Male	Veteran
4	10:04:00	Gerard	Oram	Bynea Cycling Club	Male	Veteran
5	10:06:00	Ella	Barnwell	Towy Riders Cycle Club	Female	Junior
6	10:06:00	Anthony	Jones	Towy Riders Cycle Club	Male	Veteran
7	10:08:00	Andrew	Rees	Narberth Dynamos Cycling Club	Male	Veteran
8	10:08:00	Huw	Morgan	Narberth Dynamos Cycling Club	Male	Veteran
9	10:10:00	Robert	Hall	Cycle Specific	Male	Senior
10	10:10:00	James	Manson	Cardiff Triathletes	Male	Veteran
11	10:12:00	Lee	Summers	ATAC - Ammanford Triathlon And Cycling	Male	Veteran
12	10:12:00	Darren	Davies	ATAC - Ammanford Triathlon And Cycling	Male	Senior
13	10:14:00	Diccon	Hill	Cardiff 100 Miles RCC	Male	Veteran
14	10:14:00	Robert	Jones	Cardiff 100 Miles RCC	Male	Veteran
15	10:16:00	Craig	Burrows	Pedalcover Insurance	Male	Senior
16	10:16:00	James	Grandfield	Pedalcover Insurance	Male	Senior
17	10:18:00	Ian	Liddiatt	Cardiff Triathletes	Male	Veteran
18	10:18:00	Tej	Quine	Cardiff Triathletes	Female	Veteran
19	10:20:00	Tristian	Manning	ATAC - Ammanford Triathlon And Cycling	Male	Senior
20	10:20:00	Jason	Murphy	ATAC - Ammanford Triathlon And Cycling	Male	Veteran
21	10:22:00	Iago	Williams	Towy Riders Cycle Club	Male	Juvenile
22	10:22:00	Emyr	Griffiths	Towy Riders Cycle Club	Male	Veteran
23	10:24:00	Julian	Brock	Port Talbot Whs CC	Male	Veteran
24	10:24:00	Ross	Morgan	Port Talbot Whs CC	Male	Senior
25	10:26:00	Gareth	Jehu	Merthyr CC	Male	Veteran
26	10:26:00	Blaine	Phelps	Merthyr CC	Male	Veteran
27	10:28:00	Gareth	Rees	Tenby Aces CC	Male	Veteran
28	10:28:00	Nick	Logan	Tenby Aces CC	Male	Veteran
29	10:30:00	Karl	Randell	Swansea Wheelers/CS Abertawe	Male	Senior
30	10:30:00	Trevor	Lloyd	Swansea Wheelers/CS Abertawe	Male	Veteran
31	10:32:00	Nicholas	Forbes	Bynea Cycling Club	Male	Veteran
32	10:32:00	Caryl	Williams-ford	Bynea Cycling Club	Female	Veteran
33	10:34:00	Paul	John	ATAC - Ammanford Triathlon And Cycling	Male	Veteran
34	10:34:00	Richard	Jones	ATAC - Ammanford Triathlon And Cycling	Male	Senior
35	10:36:00	Richard	Lloyd	Pontypool Road Cycling Club	Male	Veteran
36	10:36:00	Wayne	Thomas	Pontypool Road Cycling Club	Male	Veteran
37	10:38:00	Hollie	Labunsky	Port Talbot Whs CC	Female	Senior
38	10:38:00	David	Hendry	Port Talbot Whs CC	Male	Veteran
39	10:40:00	Gareth	Pymm	Team Bottrill	Male	Senior
40	10:40:00	Stephanie	Post	Team Bottrill	Female	Senior
41	10:42:00	Rhys	Jones	Rhondda Triathlon Club	Male	Senior
42	10:42:00	Stuart	Howe	Rhondda Triathlon Club	Male	Veteran
43	10:44:00	John	Thomas	ATAC - Ammanford Triathlon And Cycling	Male	Veteran
44	10:44:00	Meurig	Griffiths	ATAC - Ammanford Triathlon And Cycling	Male	Veteran
45	10:46:00	Steven	Madeley	Ogmore Valley Wheelers	Male	Veteran
46	10:46:00	Terry	Anthony	Ogmore Valley Wheelers	Male	Veteran
47	10:48:00	Dave	Williams	Cycle Specific	Male	Veteran
48	10:48:00	Greg	Williams	Cycle Specific	Male	Senior
49	10:50:00	Chris	Massey	CES Sport	Male	Veteran
50	10:50:00	Michiel	Vaal	CES Sport	Male	Veteran
51	10:52:00	John	Jones	ATAC - Ammanford Triathlon And Cycling	Male	Veteran
52	10:52:00	Mark	Thomas	ATAC - Ammanford Triathlon And Cycling	Male	Veteran
53	10:54:00	Paul	Rees	Bynea Cycling Club	Male	Veteran
54	10:54:00	Brad	Davies	Bynea Cycling Club	Male	Veteran
55	10:56:00	Will	Bevan	Ross on Wye & Dist CC	Male	Senior
56	10:56:00	Paul	Stephens	Ross on Wye & Dist CC	Male	Veteran
57	10:58:00	Alex	Picton	Cardiff Triathletes	Male	Senior

58	10:58:00	Huw	Neale	Cardiff Triathletes	Male	Senior
59	11:00:00	Ben	Jones	Cycle Specific	Male	Senior
60	11:00:00	Christopher	Davies	Cycle Specific	Male	Senior
61	11:02:00	Mark	Williams	ATAC - Ammanford Triathlon And Cycling	Male	Veteran
62	11:02:00	Sion	Slyman	ATAC - Ammanford Triathlon And Cycling	Male	Senior
63	11:04:00	Amanda	Davies	Bynea Cycling Club	Female	Veteran
64	11:04:00	Elizabeth	John	Bynea Cycling Club	Female	Veteran
65	11:06:00	Dean	Ware	Team Backstedt Bike Performance	Male	Senior
66	11:06:00	Lee	Gaughan	Team Backstedt Bike Performance	Male	Veteran
67	11:08:00	Vinal	Patel	ATAC - Ammanford Triathlon And Cycling	Male	Senior
68	11:08:00	Dewi	Slyman	ATAC - Ammanford Triathlon And Cycling	Male	Senior
69	11:10:00	Andy	Davies	Cardiff Jif	Male	Senior
70	11:10:00	Andy	Hoskins	Cardiff Jif	Male	Senior
71	11:12:00	Gavin	Lewis	ATAC - Ammanford Triathlon And Cycling	Male	Senior
72	11:12:00	Stephen	Griffiths	Merthyr CC	Male	Veteran
73	11:14:00	Amanda	Lane	Bynea Cycling Club	Female	Senior
74	11:14:00	Darrel	Williams	Bynea Cycling Club	Male	Veteran
75	11:16:00	David	Hawkins	Cardiff Triathletes	Male	Senior
76	11:16:00	Lars	Luckoff	Cardiff Triathletes	Male	Senior
77	11:18:00	Philip	Thomas	Rhondda Triathlon Club	Male	Senior
78	11:18:00	Carol	Bridge	Rhondda Triathlon Club	Female	Senior
79	11:20:00	Lee	Perrott	Cycle Specific	Male	Veteran
80	11:20:00	Philip	Tucker	Cycle Specific	Male	Senior