

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

PORT TALBOT WHEELERS C.C.

Founded 1926

In Conjunction with its Sponsors



C.J. CONSTRUCTION (WALES) LTD and lyndonjones@hotmail.co.uk



PROUDLY PRESENT

OPEN 25 MILE 4UP TEAM TIME TRIAL

Thursday 18th June 2015, starting at 18:03 hours
Headquarters – Rhigos Rugby Club, CF44 9HJ
(Sign on and collect race numbers from 17:00 hours)
HQ Open from 17:00

AWARDS (ONE AWARD PER TEAM)

Fastest Club Team £100
Second Fastest Club Team £80
Third Fastest Club Team £60
Fastest Ladies Team £100
Second Fastest Ladies Team £80
Fastest Veteran Team £80
Fastest Team with a Junior £50
Lanterne Rouge £40
Fastest Composite Team £80
Any unused prizes will be passed down

TIMEKEEPERS

Start: Julia Jones – Bynea C.C.
Finish: Norman James – Ogmores Valley Wheelers, Tudor Thomas – Bynea C.C.

EVENT SECRETARY

Geraint Evans
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Port Talbot
SA13 1YW.

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Port Talbot Wheelers 25 Mile 4-UP Team Time Trial, Thursday 18th June 2015

Team No.	Rider No.	Start Time	Cat.	Rider Name	Team Name / Club
1	1 to 4	18:03	MV	Antony Howell	Port Talbot Whs
			S	Matthew Smith	Port Talbot Whs
			MV	Dave Hendry	Port Talbot Whs
			S	Chris Davies	Port Talbot Whs
2	5 to 8	18:06	MV	Pete Kellow	Gloucester City CC
			MV	John Murphy	Gloucester City CC
			MV	Ian Lindsay	Gloucester City CC
			MV	Anthony Lake	Gloucester City CC
3	9 to 12	18:09	MV	Anthony Evans	Bynea Cycling Club
			MV	David Greenway	Bynea Cycling Club
			MV	Paul Rees	Bynea Cycling Club
			MV	Andrew Grist	Bynea Cycling Club
4	13 to 16	18:12	MV	Rodney Savage	Cardiff Triathletes
			S	Dominic Jones	Cardiff Triathletes
			MV	Mark Jennings	Cardiff Triathletes
			S	Robin Powell	Cardiff Triathletes
5	17 to 20	18:15	MV	David Brice	Bynea Cycling Club
			MV	Michael Bevan	Bynea Cycling Club
			MV	Darrel Williams	Bynea Cycling Club
			MV	Brad Davies	Bynea Cycling Club
6	21 to 24	18:18	MV	Christopher Lee	Merthyr CC
			MV	Des Astley	Merthyr CC
			MV	Gareth Jehu	Merthyr CC
			MV	Nigel Williams	Merthyr CC
7	25 to 28	18:21	S	Shaun Newbery	Pembrokeshire Velo
			S	Carl Scott	Pembrokeshire Velo
			MV	Stephen Reynolds	Pembrokeshire Velo
			MV	Mark Jones	Pembrokeshire Velo
8	29 to 32	18:24	JNR	Alec Morris	Acme Whs (Rhondda) CC
			S	Rory Jenkins	Acme Whs (Rhondda) CC
			MV	Jeffrey Rees	Acme Whs (Rhondda) CC
			MV	Simon Kinsey	Acme Whs (Rhondda) CC
9	33 to 36	18:27	S	Matthew Wheeler	Cardiff Triathletes
			S	Patrick Lees	Cardiff Triathletes
			S	Nigel Taylor	Cardiff Ajax CC
			S	James Manson	Cardiff Ajax CC
10	37 to 40	18:30	S	Eric Grill	RST Sport/Aero-Coach
			S	Matthew Brooke	Sodbury Cycle-Sport
			MV	Lee Aston	Sodbury Cycle-Sport
			S	Laurent Moseley	Sodbury Cycle-Sport
11	41 to 44	18:33	S	Wayne Thomas	Pontypool RCC
			MV	Gary Jones	Pontypool RCC
			MV	Neil Richards	Pontypool RCC
			S	Evan Powell	Pontypool RCC

Team No.	Rider No.	Start Time	Cat.	Rider Name	Team Name / Club
12	45 to 48	18:36	MV	Chris Jones	Port Talbot Whs
			MV	Dave Smith	Port Talbot Whs
			MV	Russell	Port Talbot Whs
			MV	Jim Hocking	Port Talbot Whs
13	49 to 52	18:39	MV	Dean Cummings	Acme Whs (Rhondda) CC
			S	Steve Williams	Acme Whs (Rhondda) CC
			MV	Paul Harries	Acme Whs (Rhondda) CC
			MV	Tommy Doherty	Acme Whs (Rhondda) CC
14	53 to 56	18:42	WV	Liz Webb	Cardiff Ajax CC
			JNR	Caitlin Sweet	Cardiff Ajax CC
			W	Suzannah Minns	Cardiff Ajax CC
			WV	Nia James	Cardiff Ajax CC
15	57 to 60	18:45	S	Matthew Holman	Pembrokeshire Velo
			MV	John Regan	Pembrokeshire Velo
			S	Daniel Colman	Pembrokeshire Velo
			MV	Will Jenkins	Pembrokeshire Velo
16	61 to 64	18:48	MV	Miles Brown	Cardiff Triathletes
			S	Huw Pullen	Cardiff Triathletes
			S	Niall Foster	Cardiff Triathletes
			MV	Brian Hawkins	Cardiff Triathletes
17	65 to 68	18:51	MV	Dale Jones	Bynea Cycling Club
			S	Lee Watts	Bynea Cycling Club
			MV	Christopher Davies	Bynea Cycling Club
			MV	Nigel Pitt	Bynea Cycling Club
18	69 to 72	18:54	MV	Will John	Ogmore Valley Whs
			MV	Mark Pope	Ogmore Valley Whs
			MV	Hayden Lewis	Ogmore Valley Whs
			MV	Terry Anthony	Ogmore Valley Whs
19	73 to 76	18:57	MV	Jonathan Hopkins	Bynea Cycling Club
			JNR	Josh Townsend	Bynea Cycling Club
			MV	Andrew Rustage	Bynea Cycling Club
			MV	Nigel Burford	Bynea Cycling Club
20	77 to 80	19:00	MV	Richard Gambling	Ride Bike Wales
			MV	John Edwards	Port Talbot Whs
			MV	Jayson James	Port Talbot Whs
			MV	Chris Goulden	Extreme Culture Cycles
21	81 to 84	19:03	MV	Shaun Griffiths	Pembrokeshire Velo
			MV	Richard Barker	Pembrokeshire Velo
			MV	Scott Nash	Pembrokeshire Velo
			S	Ross McNally	Pembrokeshire Velo
22	85 to 88	19:06	JNR	Morgan Hendry	Port Talbot Whs
			S	Dave Crowley	Port Talbot Whs
			S	James Feneroli	Port Talbot Whs
			S	Graham Howell	Port Talbot Whs

Team No.	Rider No.	Start Time	Cat.	Rider Name	Team Name / Club
23	89 to 92	19:09	MV	Roger Wood	Pontypool RCC
			MV	Kevin Thomas	Pontypool RCC
			S	Jason Killiner	Pontypool RCC
			MV	Alistair James Morgan	Pontypool RCC
24	93 to 96	19:12	W	Celia Boothman	Pembrokeshire Velo
			WV	Karina Ebsworth	Pembrokeshire Velo
			WV	Melanie Morgan	Pembrokeshire Velo
			WV	kirsty Murray	Pembrokeshire Velo
25	97 to 100	19:15	W	Phoebe Hevron	Cardiff Ajax CC
			WV	Heather Dennis	Cardiff Ajax CC
			W	Clare Dallimore	Cardiff Ajax CC
			W	Jessica Hill	Cardiff Ajax CC
26	101 to 104	19:18	MV	Steven Bennett	Acme Whs (Rhondda) CC
			S	David Long	Acme Whs (Rhondda) CC
			S	Dan Taylor	Acme Whs (Rhondda) CC
			MV	Neale Lewis	Acme Whs (Rhondda) CC
27	105 to 108	19:21	S	Iain Cade	Cadence RT
			S	Laurence Birdsey	Cadence RT
			MV	Steven Cottington	Cadence RT
			S	Tony Solon	Cadence RT
28	109 to 112	19:24	S	Elliot Dudley	Cardiff Triathletes
			S	Paul Evans	Cardiff Triathletes
			S	Thomas Cromarty	Cardiff Triathletes
			S	James Nunn	Cardiff Triathletes
29	113 to 116	19:27	W	Elaine Lesley Ferguson	Cardiff Triathletes
			W	Claire Manson	Cardiff Triathletes
			W	Ellie Powell	Cardiff Triathletes
			W	Jessica Parry Williams	Cardiff Triathletes
30	117 to 120	19:30	S	Toby Hopper	Cardiff Ajax CC
			S	Graeme Boswell	Cardiff Ajax CC
			S	David Medhurst	Cardiff Ajax CC
			S	Ioan Smallwood	Cardiff Ajax CC
31	1 to 4	19:33	S	Philip Tucker	Bynea Cycling Club
			S	Christopher Gibbard	Bynea Cycling Club
			MV	Rob Ellis	Bynea Cycling Club
			MV	Arwel Davies	Bynea Cycling Club
32	5 to 8	19:36	S	Mark Williams	Port Talbot Whs
			S	Chris Alan	Port Talbot Whs
			S	Andrew Lewis	Port Talbot Whs
			S	Neil Gregory	Port Talbot Whs
33	9 to 12	19:39	S	Mark Brown	Pembrokeshire Velo
			MV	Paul Colman	Pembrokeshire Velo
			S	Robert Dyde	Pembrokeshire Velo
			S	Roscoe Howell	Pembrokeshire Velo

Team No.	Rider No.	Start Time	Cat.	Rider Name	Team Name / Club
34	13 to 16	19:42	MV	Mark Nott	Ogmore Valley Whs
			MV	Richard Beech	Ogmore Valley Whs
			MV	Steven Madeley	Ogmore Valley Whs
			MV	Mark Rosser	Ogmore Valley Whs
35	17 to 20	19:45	MV	Tim Wood	Team Echelon - Rotor
			MV	Jeremy Pile	VC Sevale (Malvern)
			MV	Justin Walters	Wyre Forest CRC
			MV	Ian Heming	Team Echelon - Rotor
36	21 to 24	19:48	MV	Andrew Carter	Bike Doctor
			S	David Singleton	Bike Doctor
			MV	Alan Haycox	Bike Doctor
			MV	Jonathan Lane	Bike Doctor
37	25 to 28	19:51	S	James Moyer	Cardiff Triathletes
			S	Daniel Miles	Castle Bikes Cycling & Triathlon Club
			S	Tom Foster	Cardiff Ajax CC
			S	Oliver Jenkins	Cardiff Ajax CC
38	29 to 32	19:54	S	Rhys Jordan	Team NBCC
			S	Shane Davies	Team NBCC
			S	Rob Collins	Team NBCC
			S	Chris Holman	Team NBCC
39	33 to 36	19:57	W	Christine Mant	Bike Doctor
			JNR	Niamh Jones	Bike Doctor
			WV	Tracy Evans	Bike Doctor
			WV	Clare Williams	Bike Doctor
40	37 to 40	20:00	S	Benjamin Griffiths	Team NBCC
			S	James Shaw	Team NBCC
			MV	David Francis	Team NBCC
			S	Alexander Brace	Team NBCC

Reserve Teams

Team No.	Rider No.	Cat.	Rider Name	Team Name / Club
41	41 to 44	MV	Wayne Evans	Bynea Cycling Club
		MV	Richard Smith	Bynea Cycling Club
		MV	Nigel Howells	Bynea Cycling Club
		MV	Alun Thomas	Bynea Cycling Club
42	45 to 48	S	Samuel Utting	Cardiff Ajax CC
		S	Matthew Williams	Cardiff Ajax CC
		S	Julian Attfield	Cardiff Ajax CC
		S	Hywel Iorwerth	Cardiff Ajax CC
43	49 to 52	S	Paul Harris	Bike Doctor
		S	Adam Armston	Bike Doctor
		MV	Peter Speller	Bike Doctor
		S	Joshua Lewis	Bike Doctor

Course No: R25/3H (E 293120/ N206180 OS Sheets 170/160)

**While every effort will be made to ensure turns and junctions are marshalled, the obligation lies with each individual rider to ensure familiarity with the course. Neither the organiser, the promoting club it's officers or members take any responsibility for any riders deviation from the course.*

Course Description	Inter Miles
START on access road to Hirwaun Industrial Estate (E 293120/ N206180 OS Sheets 170/160) 8 yards north of lamp column No.1 and 30 yards north of junction with unclassified road (old A465) Hirwaun to Cefn Rhigos.	0.000
Proceed south to junction with unclassified road (on to the old route) and bear left to roundabout with A4061 (Rhigos mountain road) where take second exit (straight on) to Hirwaun roundabout A465 to take first exit.	1.306
Continue along A465 to Blaengwrach roundabout (McDonalds) to take second exit (straight on).	7.169
Continue on A465 to Resolven roundabout to take third exit (straight on)	10.183
Continue on A465 to exit at next junction (signpost Seven Sisters), climbing to the Tonna roundabout, where take first exit to Aberdulais Interchange where circle roundabout and take fourth exit down slip road to re-join the A465 eastward.	15.063
Continue along A465 to Resolven roundabout to take second exit (straight on)	19.719
Continue on A465 to Blaengwrach roundabout (McDonalds).	22.764
Take second exit continuing on A465, passing over river bridge and the Glynneath interchange to REMAIN ON A465 to FINISH in the SECOND layby on the left at a point 25 yards west of the 'Take Litter Home' sign and opposite the emergency telephone point.	25.014

PLEASE DO NOT CROSS THE BARRIER AFTER YOUR RACE BUT CONTINUE BACK UP THE DUAL CARRIAGE WAY AND RETRACE YOUR ROUTE TO THE HEADQUARTERS.

Important Notice to all Riders

The WCA, CTT and Police all recommend the use of a good hard shell helmet manufactured to internationally recognised standards. For ALL riders under the age of 18 these helmets are **COMPULSORY**.

It is also recommended that a working **REAR LIGHT**, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Marshalls will be positioned around the course to show you the way but they have no authority over the traffic.

Please note we are not allowed to place direction arrows on the Dual Carriageway.

Please ensure that you are familiar with the course so that there are no surprises. It is the rider's responsibility to ride within the laws of the road and with consideration to other road users, so please do so. Thank you and have a safe ride.

Any complaints regarding the event must be made in writing to the Event Secretary within 24 hours.

