

bib	firstname	lastname	club	gender	category	start_time
1	Robert	Lucas	Port Talbot Whs CC	Male	Veteran	18:03
2	Ross	Morgan	Port Talbot Whs CC	Male	Senior	
3	Julian	Brock	Port Talbot Whs CC	Male	Veteran	
4	Hollie	Labunsky	Port Talbot Whs CC	Female	Senior	
5	Julie	Andrasko	Tenby Aces CC	Female	Veteran	18:06
6	Anto	Ohara	Tenby Aces CC	Female	Veteran	
7	Stephanie	Waring	Tenby Aces CC	Female	Veteran	
8	Katherine	Brace	Tenby Aces CC	Female	Senior	
9	Amanda	Davies	Bynea Cycling Club	Female	Veteran	18:09
10	Elizabeth	John	Bynea Cycling Club	Female	Veteran	
11	Diane	Wilson-evans	Bynea Cycling Club	Female	Veteran	
12	Caryl	Williams-ford	Bynea Cycling Club	Female	Veteran	
13	Bill	Gannon	Port Talbot Whs CC	Male	Veteran	18:12
14	Antony	Howell	Port Talbot Whs CC	Male	Veteran	
15	Les	Thomas	Port Talbot Whs CC	Male	Veteran	
16	Mark	Hillier	Port Talbot Whs CC	Male	Veteran	
17	Dafydd	Thomas	Cardiff Ajax CC	Male	Senior	18:15
18	Calum	Cheshire	Cardiff Ajax CC	Male	Senior	
19	Matthew	Williams	Cardiff Ajax CC	Male	Senior	
20	Graeme	Boswell	Cardiff Ajax CC	Male	Veteran	
21	Eric	Rees	Sarn Helen Club	Male	Veteran	18:18
22	Dorian	Rees	Sarn Helen Club	Male	Veteran	
23	Carwyn	Davies	Sarn Helen Club	Male	Senior	
24	Owen	Mcconochie	Sarn Helen Club	Male	Espoir	
25	Brad	Davies	Bynea Cycling Club	Male	Veteran	18:21
26	Andrew	Grist	Bynea Cycling Club	Male	Veteran	
27	Nigel	Pitt	Bynea Cycling Club	Male	Veteran	
28	Tim	Jones	Bynea Cycling Club	Male	Veteran	
29	Jeff	Partridge	Bynea Cycling Club	Male	Veteran	18:24
30	Colin	Richards	Merthyr CC	Male	Veteran	
31	Mark	Andrews	Merthyr CC	Male	Veteran	
32	Blaine	Phelps	Merthyr CC	Male	Veteran	
33	Gareth	Jehu	Merthyr CC	Male	Veteran	18:27
34	Jamie	Best	Bynea Cycling Club	Male	Veteran	
35	Darrel	Williams	Bynea Cycling Club	Male	Veteran	
36	David	Wilson-evans	Bynea Cycling Club	Male	Veteran	
37	David	Brice	Bynea Cycling Club	Male	Veteran	18:30
38	James	Grandfield	Pedalcover Insurance	Male	Senior	
39	Craig	Burrows	Pedalcover Insurance	Male	Senior	
40	Matt	Blue	Towy Riders Cycle Club	Male	Veteran	
41	Rhys	Jones	Rhondda Triathlon Club	Male	Senior	18:33
42	Chris	Massey	CES Sport	Male	Veteran	
43	Jon	Surtees	CES Sport	Male	Veteran	
44	Michiel	Vaal	CES Sport	Male	Veteran	
45	Owain	Roberts	CES Sport	Male	Senior	18:36
46	Jonathan	Wears	CES Sport	Male	Senior	
47	Joshua	Sandman	CES Sport	Male	Espoir	
48	Charlotte	Jennings	Bynea Cycling Club	Female	Senior	
49	Trish	Butchers	Bynea Cycling Club	Female	Veteran	18:39
50	Caryl	Bowen	Bynea Cycling Club	Female	Senior	
51	Juliet	Davies	Bynea Cycling Club	Female	Veteran	
52	Emma	Davies	Port Talbot Whs CC	Female	Veteran	
53	Shirley	Howell	Port Talbot Whs CC	Female	Veteran	18:42
54	John	Thomas	Port Talbot Whs CC	Male	Veteran	
55	Michael	Timothy	Port Talbot Whs CC	Male	Veteran	
56	Frazer	White	Pontypool Road Cycling Club	Male	Veteran	
57	Paul	Hayward	Pontypool Road Cycling Club	Male	Veteran	18:45
58	Evan	Powell	Pontypool Road Cycling Club	Male	Senior	
59	Gerry	Bowditch	Pontypool Road Cycling Club	Male	Veteran	
60	Andy	Williams	Newport Phoenix CC	Male	Veteran	
61	Allan	Hodgson	Newport Phoenix CC	Male	Veteran	18:45
62	Owen	Burgess	Newport Phoenix CC	Male	Senior	
63	Philip	Sims	Newport Phoenix CC	Male	Veteran	

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64	Michael	Portlock	Merthyr CC	Male	Veteran	18:48
65	Rhys	Deen	Merthyr CC	Male	Senior	
66	Mark	Prosser	Merthyr CC	Male	Veteran	
67	Colin	Wallace	Merthyr CC	Male	Veteran	
68	Paul	Rees	Bynea Cycling Club	Male	Veteran	18:51
69	David	Greenway	Bynea Cycling Club	Male	Veteran	
70	Michael	Bevan	Bynea Cycling Club	Male	Veteran	
71	John	Williams	Bynea Cycling Club	Male	Veteran	
72	Paul	Jones	Pontypool Road Cycling Club	Male	Veteran	18:54
73	Claire	Bird	Pontypool Road Cycling Club	Female	Senior	
74	Alex	Betts	Pontypool Road Cycling Club	Male	Veteran	
75	Roger	Wood	Pontypool Road Cycling Club	Male	Veteran	
76	Richard	Lloyd	Pontypool Road Cycling Club	Male	Veteran	18:57
77	Wayne	Thomas	Pontypool Road Cycling Club	Male	Veteran	
78	Jason	Killiner	Pontypool Road Cycling Club	Male	Veteran	
79	Adam	Cole	Pontypool Road Cycling Club	Male	Senior	
84	Andy	Davies	Cardiff Jif	Male	Senior	19:03
85	Andy	Hoskins	Cardiff Jif	Male	Senior	
86	Luke	Dix	Cardiff Jif	Male	Veteran	
87	George	Rose	Cardiff Jif	Male	Veteran	
80	Richard	Harris	Wenvoe Wheelers	Male	Senior	19:00
81	Lee	Harris	Wenvoe Wheelers	Male	Veteran	
82	Rob	Harrison	Wenvoe Wheelers	Male	Veteran	
83	Natalie	Richards	Cardiff Triathletes	Female	Senior	
88	Marc	Tiplady	Bynea Cycling Club	Male	Veteran	19:06
89	Sam	Edwards	Bynea Cycling Club	Male	Senior	
90	Daniel	Jermin	Bynea Cycling Club	Male	Senior	
91	Reuben	Morgan	Bynea Cycling Club	Male	Veteran	
92	Colin	Barrett	Tenby Aces CC	Male	Veteran	19:09
93	Paul	Slack	Tenby Aces CC	Male	Veteran	
94	Edward	Clements	Tenby Aces CC	Male	Senior	
95	David	Lewis	Tenby Aces CC	Male	Veteran	
96	Gareth	Rees	Tenby Aces CC	Male	Veteran	19:12
97	Jamie	Silvester	Tenby Aces CC	Male	Senior	
98	Nick	Logan	Tenby Aces CC	Male	Veteran	
99	Huw	Benbow	Tenby Aces CC	Male	Veteran	
100	Rod	Hicks	Port Talbot Whs CC	Male	Veteran	19:15
101	Neil	Seaward	Port Talbot Whs CC	Male	Senior	
102	Mike	Hall	Port Talbot Whs CC	Male	Veteran	
103	James	Lewis	Port Talbot Whs CC	Male	Senior	
104	Gavin	Thomas	Port Talbot Whs CC	Male	Senior	19:18
105	Andrew	Isaac	Port Talbot Whs CC	Male	Veteran	
106	Stephan	Wilcox	Port Talbot Whs CC	Male	Veteran	
107	Andrew	Blanco-martin	Port Talbot Whs CC	Male	Veteran	
108	Ben	Evans	Bynea Cycling Club	Male	Espoir	19:21
109	Paul	Kingdon	Bynea Cycling Club	Male	Veteran	
110	Stephen	Lisle	Bynea Cycling Club	Male	Senior	
111	Amanda	Lane	Bynea Cycling Club	Female	Senior	
112	Philip	Tucker	Cycle Specific	Male	Senior	19:24
113	Guto	Morgans	Cycle Specific	Male	Senior	
114	Andrew	Horsfall-turner	Cycle Specific	Male	Senior	
115	Liam	Lloyd	Cycle Specific	Male	Senior	
116	Karl	Rees	Port Talbot Whs CC	Male	Senior	19:27
117	Darren	Edwards	Port Talbot Whs CC	Male	Veteran	
118	Dave	Crowley	Port Talbot Whs CC	Male	Senior	
119	Jeremy	Jones	Port Talbot Whs CC	Male	Veteran	
120	Christopher	Gibbard	Bynea Cycling Club	Male	Senior	19:30
121	Edward	Morgan	Bynea Cycling Club	Male	Espoir	
122	Craig	Seaman	Bynea Cycling Club	Male	Senior	
123	Guy	Rees	Bynea Cycling Club	Male	Senior	