

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

PORT TALBOT WHEELERS C.C.

Founded 1926

In Conjunction with its Sponsors

C.J. CONSTRUCTION (WALES) LTD  **and Lyndonjones@hotmail.co.uk**

PROUDLY PRESENT

OPEN 25 MILE 4UP TEAM TIME TRIAL

In Memory of Tony March

Thursday 19 June 2014, starting at 18:01 hours

Headquarters – Rhigos Rugby Club, CF44 9HJ
(Sign on and collect race numbers from 17:00 hours)
HQ Open from 16:30

AWARDS (ONE AWARD PER TEAM)

Fastest Club Team £100
Second Fastest Club Team £80
Third Fastest Club Team £60
Fastest Ladies Team £100
Second Fastest Ladies Team £80
Fastest Veteran Team £80
Fastest Team with a Junior £50
Lanterne Rouge £40

Fastest Composite Team £80
Any unused prizes will be passed down

TIMEKEEPERS

Start: Norman James – Ignore Valley Wheelers
Finish: Tudor Thomas – Bynea C.C.
Recorder: Tony Howell – Port Talbot Wheelers

EVENT SECRETARY

Peter Jones
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Alltwen, Pontardawe,
Swansea. SA8 3EA.

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Port Talbot Wheelers 25 Mile 4-UP Team Time Trial, Thursday 19th June 2014

Team No.	Rider No.	Start Time	Cat.	Rider Name	Team Name / Club
1	1 to 4	18:01	MV MV MV MV	Chris Jones Dave Smith Russell Ley John Davies	Port Talbot Wheelers
2	5 to 8	18:04	MV MV MV S	Matthew Rees David Evans Christopher Davies Mark Smith	Bynea C.C.
3	9 to 12	18:07	MV MV JNR S	Andrew Evans Richard Gambling Morgan Hendry Chris Allen	Port Talbot Wheelers
4	13 to 16	18:10	MV MV MV MV	Colin Richards Nigel Williams Mark Lampert Andrew Williams	Merthyr C.C.
5	17 to 20	18:13	S MV S S	Greg Williams Mike Hall Jaime Fenaroli David Crowley	Port Talbot Wheelers
6	21 to 24	18:16	W MV MV MV	Jodie Lloyd Chris Massey Edward Malarczyk Matthew Atkins	Cwmcarn Paragon R. C.
7	25 to 28	18:19	MV MV MV MV	Courtney Rowe Matt Postle Alun Owen Matt Beckett	Cardiff Jif Bush Healthcare Crt Cc Abergavenny Cardiff Jif
8	29 to 32	18.22	JNR JNR JNR JNR	Daniel Coombes Ethan Derrick Matthew Burke William Roberts	Newport Olympic Newport Olympic Newport Olympic County Cycles
9	33 to 36	18:25	MV JNR MV S	Richard Harris Alex Touche Paul Hayward Ryan Brain	Cwmcarn Paragon R.C.
10	37 to 40	18:28	MV MV MV MV	Kerry Lewis Tony Rees Jeffrey Rees Mark Nicholls	Acme Wheelers (Rhondda) C.C.
11	41 to 44	18:31	WV WV W WV	Liz Webb Lisa Chichester Suzie Warren Nia James	Cardiff Ajax C.C.
12	45 to 48	18:34	MV S MV MV	Kevin Bartlemore Dan Taylor Steven Bennett Neale Lewis	Acme Wheelers (Rhondda) C.C.
13	49 to 52	18:37	W W WV WV	Lisa Sullivan Danielle Flawn Nicola Howells Nicola Griffiths	Bynea C.C.
14	53 to 56	18:40	MV S S S	Simon Kinsey Rory Jenkins Michael Lawry Thomas Stoddart	Acme Wheelers (Rhondda) C.C. Acme Wheelers (Rhondda) C.C. Bike Doctor Acme Wheelers (Rhondda) C.C.
15	57 to 60	18:43	S S S S	Shane Davies Tom Clode Rhys Jordan Rob Collins	Team NBCC

Port Talbot Wheelers 25 Mile 4-UP Team Time Trial, Thursday 19th June 2014

Team No.	Rider No.	Start Time	Cat.	Rider Name	Team Name/Club
16	61 to 64	18:46	WV WV W W	Sarah Rees Tina Grech Charlotte Jennings Caryl Richards	Bynea C.C.
17	65 to 68	18:49	WV W W W	Sharon Lewis Elinor Thorogood Anita Saycell Amanda Binks	Ystwyth C.C.
18	69 to 72	18:52	S S MV S	Mark Lewis David Medhurst Julian Attfield Graeme Boswell	Cardiff Ajax C.C.
19	73 to 76	18:55	WV WV WV W	Melanie Morgan Kirsty Murray Clair Davies Celia Boothman	Pembs Velos
20	77 to 80	18:58	MV MV MV S	Gareth Rees Shaun Griffiths Peter Armytage Ben McDonnell	Tenby Aces C.C.
21	81 to 84	19:01	MV MV MV MV	Darrel Williams Paul Rees Martin Harsant David Greenway	Bynea C.C.
22	85 to 88	19:04	MV S S MV	Arwel Davies Philip Tucker Chris Gibbard Robert Ellis	Bynea C.C.
23	89 to 92	19:07	S MV S S	Chris Dixon Scott Nash Rob Allen Carl Scott	Pembs Velos
24	93 to 96	19:10	S S S S	Oliver Jenkins James Moyer Tom Foster Matthew Wheeler	Cardiff Tri
25	97 to 100	19:13	MV S S S	Mark Jones Michael George Richard Barker Roscoe Howell	Pembs Velos
26	101 to 104	19:16	WV W W WV	Heather Dennis Jessica Hill Stephanie Post Georgina Harper	Cardiff Ajax C.C.
27	105 to 108	19:19	MV S S W	Timothy Cummings Joseph Beech Thomas Cromarty Katie Curtis	Forza Cycles R.T. Ogmore Valley Wheelers Cardiff Tri Starley Primal
28	109 to 112	19:22	MV MV MV S	Will Jenkins Martin Williams Paul Colman Robert Dyde	Pembs Velos
29	113 to 116	19:25	MV MV MV MV	Richard Shimmell Richard Evans Jeremy Stone Matthew Purshouse	Team Jewson-Mi Racing Team Jewson-Mi Racing Solihull C.C. Team Jewson-Mi Racing
30	117 to 120	19:28	S S MV MV	George Bate James Taylor Martin Osman Mark Barfield	MJS Racing

Port Talbot Wheelers 25 Mile 4-UP Team Time Trial, Thursday 19th June 2014

Team No.	Rider No.	Start Time	Cat.	Rider Name	Team Name / Club
31	1 to 4	19:31	S S S MV	Thomas Ashford Andrew Davies Zach Minto Delbert Delaronde	Cardiff Jif
32	5 to 8	19:34	S S MV S	Benjamin Griffiths Alex Brace David Francis James Shaw	Team NBCC
33	9 to 12	19:37	MV MV MV	Steven Madeley Mark Nott Richard Beech	Ogmore Valley Wheelers
34	13 to 16	19:40	S S MV MV	Oliver Simon Kieron Davies Peter Lloyd Nick Brown	Team NBCC
35	17 to 20	19:43	S S S MV	Scott Davies John Williams Owen Jones Anthony Jones	TRCC

RESERVES

Team No	Name	Club
1	Geraint Evans	Port Talbot Wheelers
2	Mark Davies	Bynea C.C.
5	Geraint Evans Jeremy Jones	Port Talbot Wheelers Port Talbot Wheelers
7	James Lewis	NFTO Pro Cycling
30	Nick Walford	MJS Racing
31	Courtney Rowe	Cardiff Jif
32	Simon Griffiths	Team NBCC

R25/3H Course: (Revised) Please note this is not last year's course.

Course No: R25/3H (E 293120/ N206180 OS Sheets 170/160)

**While every effort will be made to ensure turns and junctions are marshalled, the obligation lies with each individual rider to ensure familiarity with the course. Neither the organiser, the promoting club it's officers or members take any responsibility for any riders deviation from the course.*

Course Description	Inter Miles
START on access road to Hirwaun Industrial Estate (E 293120/ N206180 OS Sheets 170/160) 8 yards north of lamp column No.1 and 30 yards north of junction with unclassified road (old A465) Hirwaun to Cefn Rhigos.	0.000
Proceed south to junction with unclassified road (on to the old route) and bear left to roundabout with A4061 (Rhigos mountain road) where take second exit (straight on) to Hirwaun roundabout A465 to take first exit.	1.306
Continue along A465 to Blaengwrach roundabout (McDonalds) to take second exit (straight on).	7.169
Continue on A465 to Resolven roundabout to take third exit (straight on)	10.183
Continue on A465 to exit at next junction (signpost Seven Sisters), climbing to the Tonna roundabout, where take first exit to Aberdulais Interchange where circle roundabout and take fourth exit down slip road to re-join the A465 eastward.	15.063
Continue along A465 to Resolven roundabout to take second exit (straight on)	19.719
Continue on A465 to Blaengwrach roundabout (McDonalds).	22.764
Take second exit continuing on A465, passing over river bridge and the Glynneath interchange to REMAIN ON A465 to FINISH in the SECOND layby on the left at a point 25 yards west of the 'Take Litter Home' sign and opposite the emergency telephone point.	25.014

PLEASE DO NOT CROSS THE BARRIER AFTER YOUR RACE BUT CONTINUE BACK UP THE DUAL CARRIAGE WAY AND RETRACE YOUR ROUTE TO THE HEADQUARTERS.

Important Notice to all Riders

The WCA, CTT and Police all recommend the use of a good hard shell helmet manufactured to internationally recognised standards. For ALL riders under the age of 18 these helmets are **COMPULSORY**.

It is also recommended that a working **REAR LIGHT**, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Marshall's will be positioned around the course to show you the way but they have no authority over the traffic.

Please note we are not allowed to place direction arrows on the Dual Carriageway. Please ensure that you are familiar with the course so that there are no surprises. It is the rider's responsibility to ride within the laws of the road and with consideration to other road users, so please do so. Thank you and have a safe ride.

Any complaints regarding the event must be made in writing to the Event Secretary within 24 hours.