

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



SOUTH WALES DISTRICT

PRESENT

**THE 2019 SOUTH WALES DISTRICT
NATIONAL YOUTH CHAMPIONSHIP
10-MILE CYCLING TIME TRIAL**

Saturday, May 11th, 2019 starting at 14.16hrs on the R10/22A course

Headquarters – ‘TRW’ Sports Club (Resolven AFC) , Resolven, SA11 4LD

TIMEKEEPERS

**NORMAN JAMES – OGMORE VALLEY WHS
TUDOR THOMAS – BYNEA CC**

EVENT SECRETARY

**ALF WILLIAMS
25 TAN-Y-GROES STREET
PORT TALBOT
SA13 1EL**

01639 - 770581

Marshals and Catering – Members of the Port Talbot Wheelers

PLEASE NOTE THE CHANGE OF COURSE

2019 CTT NATIONAL YOUTH CHAMPIONSHIP – SOUTH WALES DISTRICT QUALIFIER

ORDER OF START

| No. | NAME | CLUB / TEAM | CAT | START |
|-----|------------------|---------------------------|-----|-------|
| 16 | IMOGEN MORRIS | GOWER RIDERS CYCLING CLUB | G13 | 14:16 |
| 17 | LLYR REES | SARN HELEN CLUB | B13 | 14:17 |
| 18 | NOAH REES | GOWER RIDERS CYCLING CLUB | B16 | 14:18 |
| 19 | DAFYDD WRIGHT | WEST WALES CRT | B16 | 14:23 |
| 20 | KIERON HEUBERGER | GOWER RIDERS CYCLING CLUB | B14 | 14:20 |
| 21 | TOMOS PERKINS | TOWY RIDERS CYCLE CLUB | B15 | 14:21 |
| 22 | RHYS THOMAS | GOWER RIDERS CYCLING CLUB | B15 | 14:22 |
| 23 | IAGO WILLIAMS | TOWY RIDERS CYCLE CLUB | B14 | 14:23 |
| 24 | FINLAY TARLING | TEAM BACKSTEDT BIKE PERF' | B12 | 14:24 |
| 25 | MORGAN LLOYD | CYCLE SPECIFIC | B14 | 14:25 |
| 26 | EUAN HAWKINS | MAINDY FLYERS | B16 | 14:26 |
| 27 | JOSHUA TARLING | TEAM BACKSTEDT BIKE PERF' | B15 | 14:27 |

CAT – Age at 31/08/17

AWARDS

Fastest Rider
(Fastest Boy and Fastest Girl)

Automatic entry to the National Final plus a GHS Medallion presented at the National Final.

2nd and 3rd Fastest
(Boys and Girls)

Automatic entry to the National Final plus a GHS Certificate presented at the National Final.

Fastest Rider in each Age Category (based on the riders age on the 31st August in the year of the competition).

Automatic entry to the National Final plus a GHS Certificate presented at the National Final.

Fastest Team of 3
(same club, team or school)

Automatic entry to the National Final plus a GHS Certificate presented at the National Final.

All finishers

Commemorative Medal and Certificate.

A reminder – Hard-shell Snell/ANSI helmets are compulsory for this event.

PLEASE NOTE THE CHANGE OF COURSE

The Port Talbot Wheelers Open 10-mile Time-Trial immediately follows this event!

PLEASE NOTE THE CHANGE OF COURSE

R10/22A COURSE DESCRIPTION

START on the Vale of Neath Supplier Estate service road opposite Lamp Post No. 18. Proceed eastwards along the service road to the Resolven Roundabout (0.458 miles). (Safety Notice:- Do not cross the centre line of the road on the right hand bend). Take the 1st exit left along A465 dual carriageway westbound to the 1st exit left (4.862 miles). Continue up the loop to the small Tonna Roundabout where take the 1st exit to the large Aberdulais Interchange. Take the 4th exit (5.505 miles) to proceed down the slip road to re-join A465 dual carriageway. Proceed eastbound to the Resolven Roundabout where take 1st exit left to FINISH at the access road to the Canal Car Park on the cross-valley link road (10.006 miles).

NG Co-ordinates Start:- 282450 East 202250 North Turn roundabout:- 277000 East 199000 North Finish :- 282670 East 203100 North

NOTES TO ALL COMPETITORS

Please do not park in the small car park alongside the event HQ – it would be nice to reserve that little area for the timekeepers, marshals and the catering team. There is plenty of car parking just a little bit further away but there is no car parking near the start line and to attempt to park there will endanger competitors.

Please remember to sign on and look out for any updated safety information.

Please also remember to sign back in when you finish!

All competitors must, at all times, obey the rules of the road and the rules of our sport. Please don't take any unnecessary risks and make getting back home to your families your first priority and a fast time your second priority. Keep your head up and have a safe and speedy ride.

This event is immediately followed by the Port Talbot Wheelers Open 10 and the plan is to have both award presentations after the end of the Open 10. Tea, cakes, chat and banter will help pass the time away!

RACE H.Q. – RESOLVEN AFC LIMITED SPORTS & SOCIAL CLUB, RESOLVEN, SA11 4LD

The headquarters will be open at 13.00hrs and race numbers will be available almost immediately. Please note that we are in the bar and lounge as the main hall is not available.

You'll get to the event via the A465 and travelling up from the 'south' (Neath and the M4) you'll come to the Resolven roundabout and you need to take the fourth exit (almost back on yourself). Coming down from the 'north' (Hirwaun) go straight on at the McDonalds roundabout and then at the Resolven roundabout take the second exit left (just before you continue down the dual-carriageway).

Getting to the start is a doddle. From the HQ just turn left at the 'T' junction and it's just a few hundred metres further down the service road leading to the industrial units. If you're having a recce beforehand the start is near Mollart Engineering.

Please take care when warming-up and avoid turning in the road. Competitors are not allowed to pass the start until they actually start the event so time your arrival to the start with care although you can safely keep warmed up whilst also staying behind the start.

