

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

## Pembrokeshire Velo Open Hill Climb - 20th July 2013

### Course RH/3a



Event Secretary - Michael George - 07817 113792

Timekeepers - David Hawkins & Jill Colman



**Event Headquarters: Carew Village Hall**

*Directions: Following A40 westbound from Carmarthen; At St Clears roundabout take the A477 towards Pembroke, at Kilgetty traffic lights continue straight ahead, at Sageston Roundabout (next to Carew airfield) take 2nd exit and continue ½ a mile to Carew Roundabout. Take 3rd exit and enter Carew, turn right at the Carew Inn and after approximately 400 yards turn right into HQ*



**Course Description for RH/3a (Course Record 3.51 by Darran Carpenter 26/08/07)**

Start approximately 100 yards south of Milton Farm Shop at entrance to waterworks on unclassified road. Proceed in a southerly direction uphill passing Stephens Green Farm to finish approx 100 yards before junction with The Ridgeway (1.3 Miles).

### **Important Notice to all Riders;**

*The WCA, CTT and South Wales Police all recommend the use of a good hard shell helmet manufactured to internationally recognised standards. For ALL Riders under the age of 18 these helmets are COMPULSORY. Marshalls will be positioned around the course - they are there to show you the way but have no authority over the traffic. Please be familiar with the course, so there are no surprises. It is the Riders responsibility to ride within the laws of the road and with consideration to other road users.*

| <b>Number</b> | <b>Name</b>      | <b>Club</b>            | <b>Category</b> | <b>Start Time</b> |
|---------------|------------------|------------------------|-----------------|-------------------|
| 1             | Sally Harmer     | Pembrokeshire Velo     | VL              | 12:01             |
| 2             | Celia Boothman   | Pembrokeshire Velo     | L               | 12:02             |
| 3             | Mark Jones       | Pembrokeshire Velo     | VM              | 12:03             |
| 4             | Miles Brown      | Cardiff Triathletes    | VM              | 12:04             |
| 5             | James Shaw       | Urban-cyclery.co.uk RT | M               | 12:05             |
| 6             | Daniel Thorogood | Ystwyth CC             | VM              | 12:06             |
| 7             | Gethin Llewelyn  | Tenby Aces             | M               | 12:07             |
| 8             | David Griffiths  | Tenby Aces             | M               | 12:08             |

I will aim to have marshalls on course but riders are reminded that it is their responsibility to know the course beforehand. Keep your heads up and have a good ride!