



Round 5 of the Celtic Series

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PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRAILS UNDER THEIR RULES AND REGULATIONS

Thursday 27th June 2019 - R10/17 – 19:10

Timekeepers – Start: Phyllis Harradine, Finish: Robin Field, Recorder: Frances Field

Pusher off: Martyn Heritage-Owen, Turn: Andrea Parish/Mick Waite

EVENT SEC: Martyn Heritage-Owen 28 Clos Tyla Bach, St Mellons, Cardiff, CF3 0EJ
Mobile: 0778 606 7819. Complaints should be made in writing to me within 24hrs.

Event Headquarters - St John's Ambulance Hall
Fairfield Car Park Abergavenny (NP7 5SG) – open from 18:00

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ IN THE INTERESTS OF YOUR OWN SAFETY, CYCLING TIME TRAILS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REG 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE. **Please do not use adhesive tape to affix your race number, use the pins provided.**

REMEMBER to sign in and sign out after the race. Failure to do so will result in a disqualification. Signing in will be at the refreshment bar run by Sharon Preddy

Course Description R10/17 - A40 Hardwick - Raglan and return

OS References: Sheet 161 - Start and finish 333100 Start at 1st drain cover in 3rd lay-by east of Hardwick rbt, Abergavenny, on A40, 25 yards east of Kilo post 97 and 400 yards east of bridge over road. Proceed on A40 to Raglan rbt (4.94 miles) and turn by circling rbt and retrace on A40 to finish at road joint 136 at western end of lay-by opposite start. District Regulation: No cars connected with riders are to travel on the A40 during the event. Competitors observed crossing the dual carriageway will be disqualified.

Minimum Prize List:

Celtic Series Medals in the following categories Men, Women, Junior, Juvenile and Male and Female Vets. £20 prize for Comp Record or Course Record.

One rider one prize. Prizes presentation will be held at the end of the event.

Free tea or coffee on return of your number. Sharon Preddy Catering will be providing a selection of homemade cakes and rolls at reasonable prices.

Have a safe race - Martyn

Have a safe ride and we hope to see you again at the other Realteam events:-

Sun 21st July & Sun 18th August – R25/3H

No	Name	Club	Cat	LTS	Start
10	Philippa Crocker	Dursley Road Club	WV	00:30:05	19:10
11	Kevin Grant	Frome and District Wheelers	MV	00:27:30	19:11
12	Andrew Simpkins	Solihull CC	MV	00:22:36	19:12
13	John French	Oxford City RC	MV	00:22:20	19:13
14	Michael Portlock	Merthyr CC	MV	00:21:10	19:14
15	Eamonn Sheridan	Warwickshire Road Club	MV	00:29:10	19:15
16	Adrian Brooks	Caerphilly Cycling Club	MV	00:27:53	19:16
17	Peter Rogers	Team Tor 2000 KALAS	MV	00:27:31	19:17
18	Benjamin Pearce	Maindy Flyers Youth Cycling	M	00:27:30	19:18
19	Derek Morgan	Gannet CC	MV	00:26:27	19:19
20	David Steel	Hereford & Dist Whs CC	MV	00:25:54	19:20
21	Ali Charles	Gloucester City Cycling Club	WV	00:24:56	19:21
22	Stephen Landeg	Ogmore Valley Wheelers	MV	00:24:39	19:22
23	Adrian Rowley	Gloucester City Cycling Club	MV	00:24:07	19:23
24	Robin Fox	Dursley Road Club	MV	00:24:06	19:24
25	John Shehan	Bynea Cycling Club	MV	00:24:04	19:25
26	Roger Taylor	Frome and District Wheelers	MV	00:24:02	19:26
27	Simon Geary	Hereford & Dist Whs CC	MV	00:24:00	19:27
28	Deborah Sheridan	Warwickshire Road Club	WV	00:23:38	19:28
29	Anthony Mansell	Ogmore Valley Wheelers	MV	00:23:35	19:29
30	Michelle Fishbourne	CES Sport	WV	00:23:30	19:30
31	Simon Kinsey	Virtual Cycling Club	MV	00:23:29	19:31
32	Tomos Perkins	Towy Riders Cycle Club	Juv	00:23:29	19:32
33	Tony Lake	Gloucester City Cycling Club	MV	00:23:18	19:33
34	Ian Gibson	Abercynon Road Club	MV	00:23:15	19:34
35	Steve Sebburn	Bpm Coaching	C5	00:23:14	19:35
36	Craig Hopkins	Wyre Forest Cycle Racing Club	MV	00:23:11	19:36
37	Mark Leeming	PDQ Cycle Coaching	MV	00:22:46	19:37
38	Phil Tugwell	Cardiff Triathletes	M	00:22:46	19:38
39	John Aspell	PDQ Cycle Coaching	MV	00:22:45	19:39
40	Martin Howe	VELOFLOW CC	MV	00:22:40	19:40
41	Calum Cheshire	Cardiff Ajax CC	M	00:22:36	19:41
42	Jamie Best	Bynea Cycling Club	MV	00:22:32	19:42
43	Roger Wood	Pontypool Road Cycling Club	MV	00:22:28	19:43
44	Richard Rees	Cardiff Ajax CC	M	00:22:16	19:44
45	Mark Gateshill	PDQ Cycle Coaching	M	00:22:14	19:45
46	Jonathan Heath	Brecon Wheelers	M	00:22:15	19:46
47	Krispin Gardiner	PDQ Cycle Coaching	C4	00:22:01	19:47
48	Steve Bray	Salt and Sham Cycle Club	MV	00:21:53	19:48
49	Michelle Lee	PDQ Cycle Coaching	WV	00:21:54	19:49
50	Leon Evans	Cardiff Ajax CC	MV	00:21:48	19:50
51	Michael Tarling	West Wales Cycle Racing Team	MV	00:21:44	19:51
52	James Coxon	Caerphilly Cycling Club	MV	00:21:39	19:52
53	Keith Satchwell	Plymouth Corinthian CC	MV	00:21:30	19:53

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Sun 21st July & Sun 18th August – R25/3H

No	Name	Club	Cat	LTS	Start
54	Gareth Jones	Clevedon & District Road Club	MV	00:21:27	19:54
55	Zoe Backstedt	Storey Racing	FJuv	00:21:09	19:55
56	Neil Lewis	VELOFLOW CC	MV	00:21:07	19:56
57	Steven Loraine	Team Swift	MV	00:21:04	19:57
58	Ryan O'Rourke	Cwmcarn Paragon Road Club	M	00:21:01	19:58
59	David Middleton	Cardiff Ajax CC	M	00:20:40	19:59
60	Paul Hayward	Pontypool Road Cycling Club	MV	00:20:48	20:00
61	David Medhurst	Cardiff Ajax CC	M	00:20:34	20:01
62	Finlay Tarling	Team Backstedt Bike Performance	Juv	00:20:34	20:02
63	Nathan Leaves	Cwmcarn Paragon Road Club	M	00:20:28	20:03
64	Andy Davies	Cardiff Jif	M	00:20:06	20:04
65	Gavin Tillson	cyclisme du loup solitaire	MV	00:20:04	20:05
66	Anthony Jones	Towy Riders Cycle Club	MV	00:20:03	20:06
67	Jon Howard	Team Echelon	MV	00:19:26	20:07
68	Chris Massey	CES Sport	MV	00:19:23	20:08
69	Joshua Tarling	Team Backstedt Bike Performance	Jun	00:18:55	20:09
70	Christopher Gibbard	Bynea Cycling Club	M	00:19:17	20:10