

PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRAILS UNDER THEIR RULES AND REGULATIONS

Saturday 2nd August 2014 - R10/17

Timekeepers – Robin Field and Glenda Fisher

EVENT SEC: Martyn Heritage-Owen 28 Clos Tyla Bach, St Mellons, Cardiff, CF3 0EJ
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An incredibly tight competition for the top prizes as conditions improved through the field. Well done to all the prize winners especially Sue Shook for a great ride in the damp early conditions and an improvement on the previous week. Best wishes for the Master World Champs in Austria.

Thank you for those that stayed around – I'll be looking into a solution to the lack of mobile phone reception at the venue next year.

This event is powered by Juice Plus for more details visit www.juiceplusbody.co.uk and if ordering quote Realteam. Dr Mitra Ray talks about when she found JP+ and how it changed her life forever! Don't take our word for it, this lady is a double doctorate and biochemist <http://www.youtube.com/watch?v=DJOPIK1xuf0&feature=youtu.be>

Many thanks to the helpers Timm Frenzel and to Sharon Preddy Catering for its usual high standard cakes. Well done to all the Prize Winners. See you next year.

No	Name	Club	Cat	10 LTS	Time	Prize
1	Jeremy Pile	VC Sevale (Malvern)	V	00:20:30	00:21:06	1st Vet
2	Alex Leek	Wrekinsport CC	S	00:22:42	00:21:07	1st
3	Christopher Lee	Merthyr CC	V	00:20:59	00:21:15	2nd
4	Justin Walters	Wyre Forest CRC	V	00:21:16	00:21:19	2nd Vet
4	Alaister McChesney	VC Bristol	V	00:21:06	00:21:19	2nd Vet
6	John Regan	Pembrokeshire Velo	V	00:21:24	00:21:23	3rd
7	David Brice	Bynea Cycling Club	V	00:21:22	00:21:30	
8	Paul Hayward	Cwmcarn Paragon Road Club	V	00:21:09	00:21:35	
9	Jason Streater	VC St Raphael	V	00:22:00	00:21:36	
10	Chris Massey	Cwmcarn Paragon Road Club	V	00:23:37	00:21:53	
11	Emyr Griffiths	Bynea Cycling Club	V	00:21:23	00:22:00	
12	Dan Taylor	Acme Whs (Rhondda) CC	S	00:21:33	00:22:07	
13	Andrew Bradshaw	Bristol South CC	V	00:23:22	00:22:12	
14	Eric Grill	Cardiff Ajax CC	S	00:24:13	00:22:14	

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No	Name	Club	Cat	10 LTS	Time	Prize
15	Daryl Godden	Gloucester City CC	V	00:21:08	00:22:15	
16	Susan Shook	Bush Healthcare CRT	WV	00:23:14	00:22:35	1st Woman
17	Tim Rose	Aberganenny RC	V	00:22:00	00:22:52	
18	Stephen Parfitt	Oxonian CC	V	00:23:32	00:22:54	
19	Vincent Douglas	Gloucester City CC	V	00:22:22	00:23:03	
20	Yeung Ng	Bynea Cycling Club	V	00:25:51	00:23:16	
21	Jamie Streather	VC St Raphael	S	00:23:03	00:23:17	
21	Paul Jones	Cwmcarn Paragon Road Club	V	00:23:09	00:23:17	
23	Lucy Walters	Wyre Forest CRC	WV	00:23:44	00:23:26	2nd Woman
24	David Long	Acme Whs (Rhondda) CC	S	00:23:38	00:23:34	
25	Lloyd Morgan	San Domenico	V	00:23:06	00:23:43	
26	Paul Durrant	M & D Cycles Specialised	V	00:22:13	00:23:46	
27	Howell Mason	Ogmore Valley Whs	V	00:24:24	00:23:58	
28	Matthew Phillips	Bynea Cycling Club	S	00:23:46	00:24:00	
29	Garry Strickland	Dursley RC	V	00:24:32	00:24:08	
30	Dave York	Mid Shropshire Wheelers	V	00:23:06	00:24:09	
31	Vincent Jenkins	LeisureLakesBikes.com	V	00:23:05	00:24:23	
32	Simon Geary	Hereford & Dis Whs CC	V	00:21:26	00:24:26	
33	Jenny York	Mid Shropshire Wheelers	WV	00:23:31	00:24:32	3rd Woman
34	Steve Lawrence	RLS Cycling Club	S	00:25:40	00:24:37	
35	Jeffrey Rees	Acme Whs (Rhondda) CC	V	00:26:45	00:24:58	
36	Andrew Haines	Cwmcarn Paragon Road Club	V	00:24:24	00:25:18	
37	Peter Murrieri	M & D Cycles Specialised	V	00:24:55	00:25:20	
38	Steve Lawrence	Cycle Sport South Hams	V	00:25:17	00:25:28	
39	Paul Rees	Bynea Cycling Club	V	00:25:44	00:25:34	
40	Sally Harmer	Pembrokeshire Velo	WV	00:27:01	00:26:09	
41	David Wigmore	Northover Vets Team	V	00:24:03	00:26:21	
42	Ed Hadley	Hereford & Dis Whs CC	V	00:24:42	00:26:40	
43	Tony Emery	Dursley RC	V	00:25:36	00:26:41	
44	Derek Morgan	Gannet CC	V	00:26:10	00:26:47	
45	Kevin Grant	Frome & District Whrs	V	00:28:34	00:28:04	
46	Sian Harris	Ogmore Valley Whs	WV	00:30:00	00:29:53	
47	Philippa Crocker	Dursley RC	WV	00:30:45	00:30:52	
	Alan Pickard	Bath CC	V	00:27:50	DNS	
	Digby Rusling	Royal Forest of Dean CC	V	00:21:52	DNS	

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No	Name	Club	Cat	10 LTS	Time	Prize
	Andrea Parish	Camel Valley C & TC	WV	00:24:20	DNS	
	Peter Ackroyd	Cheltenham & County CC	V	00:22:48	DNS	
	Geoffrey Baker	VC Bristol	V	00:25:42	DNS	
	Clinton Evans	CC Blaenau Gwent	V	00:22:06	DNS	
	Simon Davis	Severn Valley Velo	S	00:26:21	DNS	
	Andy Kelly	Bristol South CC	V	00:22:46	DNS	
	Alan Cooper	Avonlea Treasure RT	V	00:25:29	DNS	
	Brian Taylor	Midlands C & AC	V	00:28:55	DNS	
	Stuart Evans	Port Talbot Wheelers CC	V	00:22:02	DNS	
	Ron Clewes	Team Cool	V	00:22:43	DNS	
	Nigel Thomas	Bynea Cycling Club	V	00:25:00	DNS	
	Kevin Reaney	Ogmore Valley Whs	V	00:28:18	DNS	
	Nigel Jones	Gloucester City CC	V	00:22:28	DNS	
	Matt Postle	Bush Healthcare CRT	V	00:20:26	DNS	

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