

| Place | Name                | Club  | Cat | 10 miles | Time    | Prize   |
|-------|---------------------|---|-----|----------|---------|---------|
| 1     | Matt Burden         | 73 Degrees Bicycles                                   | S   | 00:19:19 | 0:19:37 | 1st     |
| 2     | Ioan Smallwood      | Cardiff Ajax CC                                       | S   | 00:19:40 | 0:19:55 | 2nd     |
| 3     | Peter Kibble        | 73 Degrees Bicycles                                   | Jun | 00:20:43 | 0:19:59 | 3rd     |
| 4     | Christopher Gibbard | Bynea Cycling Club                                    | S   | 00:20:36 | 0:20:27 |         |
| 5     | David Medhurst      | Cardiff Ajax CC                                       | S   | 00:22:01 | 0:20:34 |         |
| 6     | Christopher Jones   | Ride Bike Wales                                       | VB  | 00:20:27 | 0:20:59 | 1st Vet |
| 7     | Chris Massey        | Team Bottrill   | VA  | 00:21:19 | 0:21:00 | 2nd Vet |
| 8     | Graeme Boswell      | Cardiff Ajax CC                                       | VA  | 00:20:33 | 0:21:02 | 3rd Vet |
| 9     | Niall Foster        | Cardiff Ajax CC                                       | VA  | 00:21:48 | 0:21:03 |         |
| 9     | Christopher Holman  | Team Bottrill   | S   | 00:20:54 | 0:21:03 |         |
| 11    | Paul Hayward        | Cwmcarn Paragon Road Club                             | VA  | 00:20:50 | 0:21:06 |         |
| 12    | Justin Ford         | CC Blaenau Gwent                                      | VA  | 00:21:13 | 0:21:07 |         |
| 13    | Carwyn Davies       | Cwmcarn Paragon Road Club                             | S   | 00:20:50 | 0:21:08 |         |
| 14    | Gerry Bowditch      | Dream Cycling   | VB  | 00:20:30 | 0:21:10 |         |
| 15    | Eric Grill          | AeroCoach   | S   | 00:21:10 | 0:21:16 |         |
| 16    | Steve Potts         | Velo Club St Raphael                                  | VD  | 00:20:36 | 0:21:21 |         |
| 17    | Steven Powell       | Cwmcarn Paragon Road Club                             | S   | 00:20:41 | 0:21:23 |         |
| 18    | Jason Streater      | Velo Club St Raphael                                  | VA  | 00:21:01 | 0:21:29 |         |
| 19    | Paul Coles          | 73 Degrees Bicycles                                   | VA  | 00:20:59 | 0:21:41 |         |
| 20    | David Brice         | Bynea Cycling Club                                    | VC  | 00:21:17 | 0:21:47 |         |
| 21    | Joel Simpson        | Cardiff Ajax CC                                       | VA  | 00:22:01 | 0:21:57 |         |
| 22    | Gareth Jones        | Velo Club St Raphael                                  | VB  | 00:21:36 | 0:22:00 |         |
| 23    | Richard Coleman     | Stourbridge Velo                                      | VE  | 00:21:29 | 0:22:03 |         |
| 24    | David Wilson-Evans  | Bynea Cycling Club                                    | VD  | 00:22:16 | 0:22:06 |         |
| 25    | Lloyd Morgan        | Cardiff Ajax CC                                       | VA  | 00:21:19 | 0:22:07 |         |
| 26    | Gareth Rees         | Cwmcarn Paragon Road Club                             | S   | 00:23:00 | 0:22:12 |         |
| 27    | Hywel Iorwerth      | Cardiff Ajax CC                                       | S   | 00:22:35 | 0:22:13 |         |
| 28    | Andy Bevan          | Velo Club St Raphael                                  | VB  | 00:22:40 | 0:22:18 |         |
| 29    | Chris Fishbourne    | Abercynon Road Club                                   | VA  | 00:21:55 | 0:22:22 |         |
| 29    | Richard Long        | Merthyr CC  | S   | 00:22:31 | 0:22:22 |         |
| 31    | David Evans         | Team Echelon - Rotor                                  | VD  | 00:20:54 | 0:22:26 |         |
| 32    | Ross Morgan         | Acme Whs (Rhondda) CC                                 | S   | 00:23:01 | 0:22:29 |         |
| 33    | Nigel Taylor        | Cardiff Triathletes                                   | S   | 00:22:42 | 0:22:33 |         |
| 34    | Andy Hunt           | Ystwyth CC  | S   | 00:24:30 | 0:22:36 |         |
| 35    | Ethan Derrick       | Bike Doctor   | Jun | 00:21:50 | 0:22:36 | 1st Jun |
| 36    | Pete Gilbert        | Monmouthshire Wheelers                                | VA  | 00:23:33 | 0:22:48 |         |
| 37    | David Wood          | Stourbridge Velo                                      | VE  | 00:22:51 | 0:23:00 |         |
| 37    | Andrew Hayward      | Cwmcarn Paragon Road Club                             | VA  | 00:23:18 | 0:23:00 |         |
| 39    | Jason Killiner      | Pontypool Road Cycling Club                           | S   | 00:22:50 | 0:23:03 |         |
| 40    | Christopher Goodwin | Ogmore Valley Wheelers CC                             | VA  | 00:23:08 | 0:23:08 |         |
| 41    | Paul Cannon         | Bynea Cycling Club                                    | VE  | 00:21:58 | 0:23:10 |         |
| 42    | Karl Wills          | Pontypool Road Cycling Club                           | VD  | 00:23:52 | 0:23:13 |         |
| 43    | Stehanie Post       | Onit Cycles   | W   | 00:22:48 | 0:23:16 | 1st W   |
| 44    | Mike Broadbent      | Swansea Wheelers/CS Abertawe                          | VD  | 00:22:34 | 0:23:21 |         |
| 45    | Nathan Leaves       | NFTO Race Club  | Esp | 00:22:53 | 0:23:34 |         |
| 46    | Neale Lewis         | Acme Whs (Rhondda) CC                                 | VA  | 00:22:10 | 0:23:38 |         |
| 47    | Terry Anthony       | Ogmore Valley Wheelers CC                             | VE  | 00:24:01 | 0:23:48 |         |
| 47    | Jeffrey Rees        | Acme Whs (Rhondda) CC                                 | VC  | 00:23:00 | 0:23:48 |         |
| 49    | Andrea Parish       | Camel Valley C & TC                                   | WVB | 00:22:54 | 0:23:54 | 2nd W   |
| 50    | Daniel Fox          | Cwmcarn Paragon Road Club                             | S   | 00:25:30 | 0:23:56 |         |
| 51    | Morgan Jones        | Cwmcarn Paragon Road Club                             | jun | 00:24:25 | 0:24:12 |         |
| 52    | Karl Davies         | Stourbridge Velo                                      | VC  | 00:23:24 | 0:24:14 |         |
| 53    | Mathew Atkins       | Cardiff Triathletes                                   | VC  | 00:24:27 | 0:24:22 |         |
| 54    | Roger Wood          | Pontypool Road Cycling Club                           | VE  | 00:24:12 | 0:24:26 |         |
| 55    | Richard Hier        | EC Cycles   | S   | 00:24:50 | 0:24:27 |         |
| 56    | Hugh Daniels        | Union Cycliste Ystrad Mynach                          | VB  | 00:24:28 | 0:24:29 |         |
| 57    | Simon Kinsey        | Acme Whs (Rhondda) CC                                 | VB  | 00:23:41 | 0:24:30 |         |
| 58    | Paul Durrant        | Pontypool Road Cycling Club                           | VG  | 00:22:15 | 0:24:31 |         |
| 59    | Nadine Cannon       | Acme Whs (Rhondda) CC                                 | W   | 00:23:52 | 0:24:35 | 3rd W   |
| 60    | Robert Lucas        | Port Talbot Whs CC                                    | VF  | 00:24:36 | 0:24:42 |         |
| 61    | Michelle Robertson  | Abercynon Road Club                                   | WVB | 00:25:44 | 0:24:47 |         |
| 62    | Ron Clews           | Stourbridge Velo                                      | VD  | 00:23:45 | 0:24:59 |         |
| 63    | Simon Fairclough    | Cwmcarn Paragon Road Club                             | S   | 00:24:08 | 0:25:00 |         |
| 64    | Kari Jones          | Ride Bike Wales                                       | W   | 00:28:37 | 0:25:04 |         |
| 65    | Gaynor Hughes       | Bynea Cycling Club                                    | WVC | 00:25:57 | 0:25:05 |         |
| 66    | Nicholas Forbes     | Bynea Cycling Club                                    | VA  | 00:23:53 | 0:25:11 |         |
| 66    | Trish Chalk         | Velo Club St Raphael                                  | W   | 00:24:13 | 0:25:11 |         |
| 68    | John Beaven         | 1st Chard Wheelers                                    | VD  | 00:24:05 | 0:25:15 |         |
| 69    | Brad Davies         | Bynea Cycling Club                                    | VB  | 00:24:40 | 0:25:28 |         |
| 70    | Diane Wilson-Evans  | Bynea Cycling Club                                    | WVD | 00:26:08 | 0:26:10 |         |
| 71    | Paul Rees           | Bynea Cycling Club                                    | VC  | 00:24:36 | 0:26:23 |         |
| 72    | Paul Davies         | Bush Healthcare CRT                                   | VF  | 00:26:00 | 0:26:24 |         |
| 73    | Chris Reed          | Ogmore Valley Wheelers CC                             | VA  | 00:25:40 | 0:26:33 |         |
| 74    | Tim Raine           | Ogmore Valley Wheelers CC                             | VG  | 00:27:31 | 0:27:10 |         |
| 75    | Ryan Phillips       | Maindy Flyers Youth Cycling                           | Juv | 00:28:47 | 0:30:14 | 1st Juv |
| 76    | Peter Rogers        | Tor 2000 (Kalas Sportswear, Whitelake, Scorpion C.S.) | VF  | 00:30:27 | 0:30:30 |         |

|                       |                               |    |          |     |  |
|-----------------------|-------------------------------|----|----------|-----|--|
| John Shehan           | Bynea Cycling Club            | VG | 00:23:04 | DNS |  |
| Anthony Redman        | Acme Whs (Rhondda) CC         | S  | 00:22:32 | DNS |  |
| Russell Boon          | Avonlea/Treasure RT           | VC | 00:23:38 | DNS |  |
| Tim Kale              | Port Talbot Whs CC            | VB | 00:30:00 | DNS |  |
| John French           | Oxford City RC                | VE | 00:22:12 | DNS |  |
| David Wigmore         | Northover VT / Rudy Project   | VF | 00:24:26 | DNS |  |
| Nicki Carr            | VC Equipe - Flix Oral Hygiene | W  | 00:23:54 | DNS |  |
| Leon Burns            | Cardiff Triathletes           | S  | 00:27:34 | DNS |  |
| Paul Jones            | Ystwyth CC                    | VA | 00:23:46 | DNS |  |
| Bob Symons            | Salt and Sham Cycle Club      | VE | 00:28:45 | DNS |  |
| Matthew Postle        | Bush Healthcare CRT           | VB | 00:20:12 | DNS |  |
| Andrew Price-Stephens | Cwmcarn Paragon Road Club     | VC | 00:26:34 | DNS |  |
| Joel Turvey           | Worcester St Johns CC         | S  | 00:21:57 | DNS |  |