

PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRAILS UNDER THEIR RULES AND REGULATIONS

## Saturday 2<sup>nd</sup> August 2014 R10/17 – 14:08

Timekeepers – Start: Robin Field, Finish: Glenda Fisher

**EVENT SEC: Martyn Heritage-Owen 28 Clos Tyla Bach, St Mellons, Cardiff, CF3 0EJ**  
**Mobile: 0778 606 7819. Complaints should be made in writing to the promoting secretary within 24hrs via [coaching@realteam.co.uk](mailto:coaching@realteam.co.uk)**

### **Event Headquarters - Llanarth Village Hall (NP15 2AU) – open from 13:00**

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ IN THE INTERESTS OF YOUR OWN SAFETY, CYCLING TIME TRAILS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REG 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

**Can I ask riders not to use double sided tape (especially on the front) to affix their numbers and to use the pins provided. If you give a number back having used tape I will charge you the cost of a new number (£3) or ask you to clean off the residue yourself with a solvent provided. Numbers are getting ruined and an incomplete set is unusable.**

This event is powered by Juice Plus, natural food supplementation for more information contact [coaching@realteam.co.uk](mailto:coaching@realteam.co.uk).

### **Course Description R10/17 - A40 Hardwick - Raglan and return**

OS References: Sheet 161 - Start and finish 333100 Start at 1st drain cover in 3rd lay-by east of Hardwick rbt, Abergavenny, on A40, 25 yards east of Kilo post 97 and 400 yards east of bridge over road. Proceed on A40 to Raglan rbt (4.94 miles) and turn by circling rbt and retrace on A40 to finish at road joint 136 at western end of lay-by opposite start. District Regulation: No cars connected with riders are to travel on the A40 during the event. Competitors observed crossing the dual carriageway will be disqualified.

**Prize List:** In each of the following categories Overall, Women and Veterans - 1<sup>st</sup> - £20, 2<sup>nd</sup> - £15, 3<sup>rd</sup> - £10  
1<sup>st</sup> Jun/Jun £15. **One rider one prize. Prizes will be posted.**

**Free tea or coffee on return of your number. Sharon Preddy Catering will be providing a selection of homemade cakes and rolls at reasonable prices.**

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No	Name	Club	Cat	10 LTS	Start
8	Alan Pickard	Bath CC	V	00:27:50	14:08
9	Philippa Crocker	Dursley RC	WV	00:30:45	14:09
10	Justin Walters	Wyre Forest CRC	V	00:21:16	14:10
11	Vincent Douglas	Gloucester City CC	V	00:22:22	14:11
12	Susan Shook	Bush Healthcare CRT	WV	00:23:14	14:12
13	Jenny York	Mid Shropshire Wheelers	WV	00:23:31	14:13
14	Sally Harmer	Pembrokeshire Velo	WV	00:27:01	14:14
15	Digby Rusling	Royal Forest of Dean CC	V	00:21:52	14:15
16	Jamie Streater	VC St Raphael	S	00:23:03	14:16
17	Lucy Walters	Wyre Forest CRC	WV	00:23:44	14:17
18	Andrea Parish	Camel Valley C & TC	WV	00:24:20	14:18
19	Sian Harris	Ogmore Valley Whs	WV	00:30:00	14:19
20	Paul Hayward	Cwmcarn Paragon Road Club	V	00:21:09	14:20
21	Paul Durrant	M & D Cycles Specialised	V	00:22:13	14:21
22	Andrew Bradshaw	Bristol South CC	V	00:23:22	14:22
23	Garry Strickland	Dursley RC	V	00:24:32	14:23
24	Jeffrey Rees	Acme Whs (Rhondda) CC	V	00:26:45	14:24
25	Dan Taylor	Acme Whs (Rhondda) CC	S	00:21:33	14:25
26	Peter Ackroyd	Cheltenham & County CC	V	00:22:48	14:26
27	Matthew Phillips	Bynea Cycling Club	S	00:23:46	14:27
28	Tony Emery	Dursley RC	V	00:25:36	14:28
29	Geoffrey Baker	VC Bristol	V	00:25:42	14:29
30	Daryl Godden	Gloucester City CC	V	00:21:08	14:30
31	Clinton Evans	CC Blaenau Gwent	V	00:22:06	14:31
32	Paul Jones	Cwmcarn Paragon Road Club	V	00:23:09	14:32
33	Andrew Haines	Cwmcarn Paragon Road Club	V	00:24:24	14:33
34	Simon Davis	Severn Valley Velo	S	00:26:21	14:34
35	Simon Geary	Hereford & Dis Whs CC	V	00:21:26	14:35
36	Andy Kelly	Bristol South CC	V	00:22:46	14:36
37	David Long	Acme Whs (Rhondda) CC	S	00:23:38	14:37
38	Alan Cooper	Avonlea Treasure RT	V	00:25:29	14:38
39	Brian Taylor	Midlands C & AC	V	00:28:55	14:39
40	Alan McChesney	VC Bristol	V	00:21:06	14:40
41	Stuart Evans	Port Talbot Wheelers CC	V	00:22:02	14:41
42	Dave York	Mid Shropshire Wheelers	V	00:23:06	14:42
43	Howell Mason	Ogmore Valley Whs	V	00:24:24	14:43
44	Derek Morgan	Gannet CC	V	00:26:10	14:44

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No	Name	Club	Cat	10 LTS	Start
45	John Regan	Pembrokeshire Velo	V	00:21:24	14:45
46	Ron Clewes	Team Cool	V	00:22:43	14:46
47	Chris Massey	Cwmcarn Paragon Road Club	V	00:23:37	14:47
48	Steve Lawrence	Cycle Sport South Hams	V	00:25:17	14:48
49	Kevin Grant	Frome & District Whrs	V	00:28:34	14:49
50	Christopher Lee	Merthyr CC	V	00:20:59	14:50
51	Jason Streater	VC St Raphael	V	00:22:00	14:51
52	Lloyd Morgan	San Domenico	V	00:23:06	14:52
53	Steve Lawrence	RLS Cycling Club	S	00:25:40	14:53
54	Yeung Ng	Bynea Cycling Club	V	00:25:51	14:54
55	Emyr Griffiths	Bynea Cycling Club	V	00:21:23	14:55
56	Alex Leek	Wrekinsport CC	S	00:22:42	14:56
57	Stephen Parfitt	Oxonian CC	V	00:23:32	14:57
58	Nigel Thomas	Bynea Cycling Club	V	00:25:00	14:58
59	Kevin Reaney	Ogmore Valley Whs	V	00:28:18	14:59
60	Jeremy Pile	VC Sevale (Malvern)	V	00:20:30	15:00
61	Tim Rose	Aberganenny RC	V	00:22:00	15:01
62	Vincent Jenkins	LeisureLakesBikes.com	V	00:23:05	15:02
63	Eric Grill	Cardiff Ajax CC	S	00:24:13	15:03
64	Paul Rees	Bynea Cycling Club	V	00:25:44	15:04
65	David Brice	Bynea Cycling Club	V	00:21:22	15:05
66	Nigel Jones	Gloucester City CC	V	00:22:28	15:06
67	Ed Hadley	Hereford & Dis Whs CC	V	00:24:42	15:07
68	Peter Murreri	M & D Cycles Specialised	V	00:24:55	15:08
69	David Wigmore	Northover Vets Team	V	00:24:03	15:09
70	Matt Postle	Bush Healthcare CRT	V	00:20:26	15:10

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