



Round 5 of the Celtic Series

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PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRAILS UNDER THEIR RULES AND REGULATIONS

Thursday 14th June 2018 - R10/17 – 19:01

Timekeepers – Start: Phyllis Harradine, Finish: Robin Field, Recorder: Frances Field

Pusher off: Martyn Heritage-Owen, Turn: Linda Jones

EVENT SEC: Martyn Heritage-Owen 28 Clos Tyla Bach, St Mellons, Cardiff, CF3 0EJ
Mobile: 0778 606 7819. Complaints should be made in writing to me within 24hrs.

Event Headquarters - St John's Ambulance Hall
Fairfield Car Park Abergavenny (NP7 5SG) – open from 18:00

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ IN THE INTERESTS OF YOUR OWN SAFETY, CYCLING TIME TRAILS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REG 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE. **Please do not use adhesive tape to affix your race number, use the pins provided.**

REMEMBER to sign in and sign out after the race. Failure to do so will result in a disqualification. Signing in will be at the refreshment bar run by Sharon Preddy

Course Description R10/17 - A40 Hardwick - Raglan and return

OS References: Sheet 161 - Start and finish 333100 Start at 1st drain cover in 3rd lay-by east of Hardwick rbt, Abergavenny, on A40, 25 yards east of Kilo post 97 and 400 yards east of bridge over road. Proceed on A40 to Raglan rbt (4.94 miles) and turn by circling rbt and retrace on A40 to finish at road joint 136 at western end of lay-by opposite start. District Regulation: No cars connected with riders are to travel on the A40 during the event. Competitors observed crossing the dual carriageway will be disqualified.

Prize List: In each of the following categories Men and Women - 1st - £20, 2nd - £15, 3rd £10. 1st Vet and 1st Junior £15. Note: the veterans cash prizes are for overall, the age banding is for series points purposes only. **One rider one prize. Prizes presentation will be held at the end of the event or posted later if you have left.**

Free tea or coffee on return of your number. Sharon Preddy Catering will be providing a selection of homemade cakes and rolls at reasonable prices.

Finally, a plea, it is your responsibility to keep your LTS information current on the Internet Entry system. Edit your profile! Unlike the pb's section this is not automatically updated.

Have a safe race - Martyn

Have a safe ride and we hope to see you again at the other Realteam events:-
Thu 28th June Celtic Series R6 (R10/17). Sun 22nd July & Sun 19th August – R25/3H

No	Start Time	Name	Club	Cat	LTS
1	19:01	Philippa Crocker	Dursley Road Club	W50-59	00:30:39
2	19:02	Roger Wood	Pontypool Road Cycling Club	M60-69	00:23:46
3	19:03	Ed Hadley	Hereford & Dist Whs CC	M60-69	00:25:11
4	19:04	Edward Malarczyk	Cwmcarn Paragon Road Club	M60-69	00:25:00
5	19:05	Leon Evans	Cardiff Ajax CC	M40-49	00:22:03
6	19:06	Terry Anthony	Ogmore Valley Wheelers	M60-69	00:22:56
7	19:07	Jon Vickery	Cwmcarn Paragon Road Club	M50-59	00:22:47
8	19:08	John Shehan	Bynea Cycling Club	M70+	00:23:46
9	19:09	Martyn Bidwell	Cardiff Ajax CC	M50-59	00:25:20
10	19:10	Paul Jones	Cwmcarn Paragon Road Club	M40-49	00:22:03
11	19:11	John J Murphy	Gloucester City Cycling Club	M70+	00:22:47
12	19:12	Neil Turner	Hereford Triathlon Club	M50-59	00:23:45
13	19:13	Mark Palliser	Hereford & Dist Whs CC	M50-59	00:24:39
14	19:14	Ian Gibson	Abercynon Road Club	M50-59	00:30:00
15	19:15	Simon Adcook	Worcester St. Johns CC	M40-49	00:21:50
16	19:16	Phil Tugwell	Cardiff Triathletes	M	00:22:46
17	19:17	Mark Leeming	Chepstow Cycling Club	M40-49	00:23:40
18	19:18	Russell Boon	Avonlea/Treasure RT	M50-59	00:24:36
19	19:19	Terry Harradine	CC Topp	M70+	00:28:39
20	19:20	Ryan O'Rourke	Cwmcarn Paragon Road Club	M	00:21:45
21	19:21	Craig Nilsson	Rye & District Wheelers CC	M	00:22:42
22	19:22	Mark Prosser	Merthyr CC	M	00:23:29
23	19:23	James Dyke	Cardiff Ajax CC	M	00:24:33
24	19:24	Patrick Jerome	Ride Bike Wales	M70+	00:27:22
25	19:25	Rob Jones	Cardiff Ajax CC	M40-49	00:21:40
26	19:26	Dean Prosser	Hereford & Dist Whs CC	M40-49	00:22:39
27	19:27	Paul Freegard	Chippenham & District Wheelers	M60-69	00:23:24
28	19:28	Richard Rees	Cardiff Ajax CC	M	00:24:14
29	19:29	Andy Morgan	PDQ Cycle Coaching	M50-59	00:26:36
30	19:30	Rob Hall	Salt and Sham Cycle Club	M40-49	00:21:40
31	19:31	Joshua Tarling	West Wales Cycle Racing Team	Juv	00:22:27
32	19:32	Ray Perkins	Clevedon & District Road Club	M50-59	00:23:19
33	19:33	Michael Williams	Hereford & Dist Whs CC	M60-69	00:24:11
34	19:34	Brian Parker	Abercynon Road Club	M40-49	00:25:56
35	19:35	Oliver Rowlands	Newport Phoenix CC	Junior	00:21:37
36	19:36	Samuel Reakes	Bynea Cycling Club	Junior	00:22:27
37	19:37	Tony Lake	Gloucester City Cycling Club	M40-49	00:23:18
38	19:38	Anthony Mansell	Ogmore Valley Wheelers	M50-59	00:24:05
39	19:39	Morgan Lloyd	Towy Riders	Juv	00:25:40
40	19:40	Richard Coleman	Stourbridge Velo	M60-69	00:21:29
41	19:41	Michael Tarling	West Wales Cycle Racing Team	M40-49	00:22:24
42	19:42	Martin Howe	VELOFLOW CC	M50-59	00:23:01

No	Start Time	Name	Club	Cat	LTS
43	19:43	James Tugwell	Cardiff Triathletes	M	00:23:54
44	19:44	David Davies	Cwmcarn Paragon Road Club	M70+	00:30:57
45	19:45	David Dickerson	Team Echelon	M50-59	00:21:30
46	19:46	Jon Wiggins	Frome and District Wheelers	M	00:22:21
47	19:47	Jeffrey Rees	Gower Riders Cycling Club	M50-59	00:23:00
48	19:48	Neil Meredith	Abercynon Road Club	M	00:23:53
49	19:49	Chris Hughes	Hereford & Dist Whs CC	M50-59	00:25:18
50	19:50	Chris Fishbourne	Team Backstedt Bike Performance	M40-49	00:21:34
51	19:51	Daniel Kempe	Bristol South Cycling Club	M50-59	00:22:21
52	19:52	Guy Evans	Hereford & Dist Whs CC	M50-59	00:23:00
53	19:53	Rosey Mushens	Velo Club St Raphael	Vet	00:30:00
54	19:54	Sarah Jones	Hereford & Dist Whs CC	W50-59	00:24:39
55	19:55	Susan Shook	Bush Healthcare CRT	W60-69	00:23:26
56	19:56	Sarah Bucknall	Royal Dean Forest Cycle Club	W40-49	00:29:49
57	19:57	Joanna Knight	Bristol South Cycling Club	Vet	00:24:23
58	19:58	Nadine Cannon	VeloSistas TT Team	W	00:23:16
59	19:59	Carol Bowen	Abercynon Road Club	W50-59	00:28:36
60	20:00	Jo Buckland	Bush Healthcare CRT	W50-59	00:24:19
61	20:01	Christie Jones	Hereford & Dist Whs CC	W	00:22:58
62	20:02	Helen Priest	Cardiff Ajax CC	W40-49	00:25:56
63	20:03	Gaynor Hughes	Bynea Cycling Club	W50-59	00:24:16
64	20:04	Andrea Parish	VeloSistas TT Team	W50-59	00:22:46
65	20:05	Louise Georgi	Giant CC Halo Films	Vet	00:25:26
66	20:06	Michelle Fishbourne	Team Backstedt Bike Performance	W50-59	00:24:01
67	20:07	Emma Angove	73Degrees CC, WestSide Coaching	W	00:22:42
68	20:08	Ali Charles	Gloucester City Cycling Club	Vet	00:25:25
69	20:09	Clare Greenwood	Bush Healthcare CRT	W50-59	00:23:48
70	20:10	Pfeiffer Georgi	Liv CC Halo Cycles	Jun	00:22:24
71	20:11	Gareth Jones	Clevedon & District Road Club	M40-49	00:21:27
72	20:12	Gareth Morgan	Pontypool Road Cycling Club	M40-49	00:21:18
73	20:13	Joe Beer	North Devon Wheelers	M50-59	00:21:14
74	20:14	Michael Portlock	Merthyr CC	M40-49	00:21:10
75	20:15	Niall Foster	Cardiff Ajax CC	M40-49	00:21:03
76	20:16	Jason Streather	Velo Club St Raphael	M40-49	00:21:01
77	20:17	Andrew Rowles	Cardiff Ajax CC	M	00:21:03
78	20:18	Nathan Leaves	Cwmcarn Paragon Road Club	M	00:20:56
79	20:19	Mark Brock	Somerset Road Club	M40-49	00:20:53
80	20:20	Paul Hayward	Pontypool Road Cycling Club	M40-49	00:20:50
81	20:21	Andy Davies	Cardiff Jif	M	00:20:36
82	20:22	Steve Potts	Velo Club St Raphael	M50-59	00:20:36
83	20:23	Darren Webb	Somerset Road Club	M	00:20:14
84	20:24	Joshua Sandman	Team Backstedt Bike Performance	Junior	00:20:06
85	20:25	Zach Bridges	Ribble Pro Cycling	Junior	00:19:57

No	Start Time	Name	Club	Cat	LTS
86	20:26	Christopher Gibbard	Bynea Cycling Club	M	00:19:42
87	20:27	Ioan Smallwood	Cardiff Ajax CC	M	00:19:40
88	20:28	Luke Cornish	Cwmcarn Paragon Road Club	M	00:19:38
89	20:29	Chris Massey	Team Backstedt Bike Performance	M40-49	00:19:23
90	20:30	Matt Burden	73Degrees CC, WestSide Coaching	M40-49	00:19:19

