



PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

Sunday 19th August 2018 - R25/3H – 8:01 am

Timekeepers - Start: Alf Williams, Finish: Robin Field

Pusher off: Jake Hughes. Marshals: Haycox family.

Event Sec: Martyn Heritage-Owen – 28, CF3 0EJ. Email: coaching@realteam.co.uk. Complaints and reporting accidents should be made in writing to the promoter within 24hrs.

HQ: Hirwaun Community Centre (CF44 9SL) (Open 7:00). Parking is limited, there is additional parking in nearby roads and at a public car park a little further on. There is also additional parking near the start.

The event was oversubscribed. As a result, there is a full set of reserves. If you know you aren't coming please let me know by texting me your name, start number and start time at the earliest opportunity so that someone else will get a ride. Please sign on at least 30 minutes before your ride otherwise your place may be offered on the day to a waiting reserve.

All riders are asked to comply with the following requests.

- ✓ **Sign on at the HQ.**
- ✓ Do **call your number** to the finishing timekeeper or your time may not be recorded.
- ✓ Do keep your head up, be aware of your surroundings and **HAVE A SAFE RIDE.**
- ✓ **IN THE INTERESTS OF YOUR OWN SAFETY** Cycling Time Trials and the Event Promoters strongly advise you to wear a **HARD-SHELL HELMET** that meets an internationally accepted standard. In accordance with Regulation 15 ALL JUNIOR competitors must wear protective helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.
- ✓ This event may be subject to doping control. It is **YOUR** responsibility to check.
- ✓ **No passing the start time keeper, warming up on the course or using a turbo within 100m of residential areas.**
- ✓ **No parking in Halt Rd or in the start road Thirteenth Avenue.**
- ✓ **No anti-social behaviour. All will result in a DQ and referral to the South Wales DC for further action.**
- ✓ Remember to sign in and sign out – Failure to do so will result in disqualification.

***** There are very few marshals – they are there for your safety not to point the way so watch the video! Failure to prepare is prepare to fail *****

Please download and read the course description document for marshal placement and pictures of the turn complex that catches riders out every time.

Follow the blue arrows from the HQ to the start.

Have a safe ride and we hope to see you again at the next Realteam promotion

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R25/3H - Course Description	Miles
Course Video: https://www.youtube.com/watch?v=L8KQ1sv3Lhg&t=1339s	
START on access rd to Hirwaun Ind Est (E 293120/ N206180 OS 170/160) 8 yards north of lamp column No.1 & 30 yards north of junction with unclassified rd (old A465) Hirwaun to Cefn Rhigos.	0.000
Proceed south to junction with unclassified road (on to the old route) and bear left to rbt with A4061 (Rhigos mountain rd) where take 2 nd exit (straight on) to Hirwaun rbt A465 to take first exit.	1.306
Continue along A465 to Blaengwrach roundabout (McDonalds) to take second exit (straight on).	7.169
Continue on A465 to Resolven roundabout to take third exit (straight on)	10.183
Continue on A465 to exit at next junction (signpost Seven Sisters), climbing to the Tonna rbt, where take 1st exit to Aberdulais Interchange, circle rbt and take 4th exit down slip road to rejoin the A465 eastward. TOP TIP – A road signs are in GREEN!	15.063
Continue along A465 to Resolven roundabout to take second exit (straight on)	19.719
Continue on A465 to Blaengwrach roundabout (McDonalds).	22.764
Take 2nd exit continuing on A465, passing over river bridge and the Glynneath interchange to REMAIN ON A465 to FINISH in the SECOND layby on the left at a point 25 yards west of the 'Take Litter Home' sign and opposite the emergency telephone point.	25.014
Continue on A465 up the hill for 5 miles to take 1st exit at rbt & 1st right into Rhigos Rd Hirwaun to retrace to HQ.	

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Reserves

A separate personal email follows

Reserve	Name	Club	Cat	LTS
121	Steve Wilkinson	Nelson Whs CC	MV	01:01:04
122	David Bird	Barnsley Road Club	MV	01:01:10
123	Geoff Edgerton	North Shropshire Wheelers	MV	01:01:21
124	Andy Keward	Bynea Cycling Club	MV	01:01:22
125	Craig Wilson	Nelson Whs CC	MV	01:01:36
126	Kevin Bessant	Bynea Cycling Club	MV	01:02:11
127	Stephen Williams	Stourbridge CC	MV	01:02:59
128	James Phillips	Milford Tritons Cycling Club	MV	01:03:09
129	John Eames	Chippenham & District Wheelers	MV	01:03:10
130	Geoff Thomas	Rhondda Triathlon Club	MV	01:03:23
131	Kyle Jones	WORX Factory Racing Powered by Silverstone	Juv	01:04:00
132	Tony Emery	Dursley Road Club	MV	01:05:20
133	Austin Heath	Bynea Cycling Club	MV	01:06:14
134	Derek Morgan	Gannet CC	MV	01:07:08
135	Kevin Grant	Frome and District Wheelers	MV	01:10:37

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Prize List (One rider one prize. Prizes will be posted or if winners email me bank details by direct transfer once the timing sheets have been checked.

Overflow, Women's BAR & Jun

Men 1st - £30, 2nd £20. 1st Juvenile and 1st Junior - £20.

Woman – 1st - £40, 2nd - £30, 3rd - £20. First Female Vet – 1st - £30, 2nd - £25, 3rd - £20.

No	Start Time	Name	club	Cat	LTS
1	08:01	John Bourton (Trike)	Bicester Millennium CC	MV	01:02:11
2	08:02	Dale Lush	Kingston Phoenix RC	M	00:50:24
3	08:03	Martyn Bidwell	Cardiff Ajax CC	MV	00:59:33
4	08:04	Gary Pamment	3T-RACING	MV	00:59:38
5	08:05	Andrew Clarke	Mid Shropshire Wheelers	MV	00:55:33
6	08:06	Nick Burton	Newark Castle C C	MV	00:55:50
7	08:07	Richard Bowditch	Lyme Racing Club	MV	00:58:04
8	08:08	Brad Davies	Bynea Cycling Club	MV	00:59:31
9	08:09	Mark Leeming	PDQ Cycle Coaching	MV	01:00:06
10	08:10	Simon Trehearn	Kingston Phoenix RC	MV	00:56:03
11	08:11	Steven Jones	Bynea Cycling Club	MV	00:58:02
12	08:12	John Robertson	Mid Shropshire Wheelers	MV	00:59:13
13	08:13	Vaughan O'neill	Bynea Cycling Club	M	00:58:20
14	08:14	Jon Airey	Ross on Wye & Dist CC	MV	01:00:31
15	08:15	John J Murphy	Gloucester City Cycling Club	MV	00:59:34
16	08:16	Terry Anthony	Ogmore Valley Wheelers	MV	00:55:59
17	08:17	Simon Kinsey	Virtual Cycling Club	MV	00:57:59
18	08:18	Huw Morgan	Narberth Dynamos Cycling Club	MV	00:59:09
19	08:19	Dean David	Bynea Cycling Club	M	01:00:30
20	08:20	Toby Maloy	Team Milton Keynes	M	00:55:58
21	08:21	Mervyn Wilson	North Lancashire Road Club	MV	00:56:17
22	08:22	Daniel Styler	Croston Velo	M	00:59:04
23	08:23	Robert Lewis	Yeovil Cycling Club	MV	00:59:53
24	08:24	Gareth Lynch	VTTA (South Wales)	MV	01:00:29
25	08:25	Steve Mountford	Solihull CC	MV	00:55:10
26	08:26	Jonathan Lloyd	Westmead Team 88	MV	00:56:04
27	08:27	Duncan Emery	Twickenham CC	MV	00:57:29
28	08:28	Russell Boon	Avonlea/Treasure RT	MV	00:59:04
29	08:29	Mark Evans	Chippenham & District Wheelers	MV	01:00:18
30	08:30	Neil Barford	45 RC	MV	00:55:43
31	08:31	Tony Lake	Gloucester City Cycling Club	MV	00:56:36
32	08:32	Hugh Davies	Port Talbot Whs CC	MV	00:58:17
33	08:33	Rod J Weston	NOPINZ	MV	00:59:00
34	08:34	Glenn Sievewright	Bognor Regis CC	MV	01:00:12
35	08:35	Carson Pryce	Cardiff Triathletes	M	01:00:38
36	08:36	Hywel Davies	Planet X - Carnac	MV	00:55:42
37	08:37	Andrew Curley	Warwickshire Road Club	MV	00:57:04
38	08:38	Tony Baxter	Withington Wheelers	MV	00:58:55

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No	Start Time	Name	club	Cat	LTS
39	08:39	James Hargreaves	Kenilworth Whs	MV	01:00:34
40	08:40	Andy Hazell	Nova Raiders CC	MV	00:54:55
41	08:41	David Thomas	Rhondda Triathlon Club	M	00:55:37
42	08:42	John Williams	Bynea Cycling Club	MV	00:56:54
43	08:43	Neil Downes	Forza RT	MV	00:58:40
44	08:44	Paul Rees	Bynea Cycling Club	MV	01:00:03
45	08:45	Adrian Gorham	Kettering CC	MV	00:54:55
46	08:46	Ray Retter	Born to Bike - Bridgtown Cycles	MV	00:56:18
47	08:47	Chris Spray	Ratae RC	MV	00:56:43
48	08:48	Paul Eveleigh	Lincoln Wheelers CC	MV	00:58:39
49	08:49	Dominic Norcross	Team NBCC	MV	00:59:52
50	08:50	Rob Scott	City Cycle Couriers RT	M	00:54:53
51	08:51	James Lewis	Yeovil Cycling Club	M	00:56:07
52	08:52	Robert Smith	365veloRacingClub	MV	00:57:16
53	08:53	Lee Spoor	Tri Preston	MV	00:58:37
54	08:54	John Mcglashan	Redmon CC	MV	00:59:58
55	08:55	Martin Osman	CC Giro	MV	00:54:52
56	08:56	Stuart Evans	Port Talbot Whs CC	MV	00:55:24
57	08:57	Alan Allcock	Didcot Phoenix CC	MV	00:56:34
58	08:58	John Shehan	Bynea Cycling Club	MV	00:58:28
59	08:59	Maris Brugis	Bristol Road Club	M	00:59:54
60	09:00	Owen Burgess	Chippenham & District Wheelers	M	00:54:47
61	09:01	Dean Prosser	Hereford & Dist Whs CC	MV	00:55:31
62	09:02	Tony Tuohy	Redmon CC	MV	00:56:30
63	09:03	Phillip Turner	Bynea Cycling Club	MV	00:58:28
64	09:04	David Roe	Revo Racing	MV	00:59:53
65	09:05	Andrew Parnowski	Alltrax	MV	00:54:44
66	09:06	Wayne Hughes	Hinckley Cycle Racing Club	MV	00:55:26
67	09:07	Alan Cooper	Avonlea/Treasure RT	MV	00:58:05
68	09:08	Sam Murray	DRAG2ZERO	Juv	00:55:20
69	09:09	Harry Kirby	Bicester Millennium CC	Jun	00:55:11
70	09:10	Harry Butterworth	Scarborough Paragon CC	Juv	00:54:36
71	09:11	Warren Jackson	Congleton CC	MV	00:55:34
72	09:12	Fabien Large	Direct Power Cycling Team	Jun	00:57:37
73	09:13	Samuel Reakes	Bynea Cycling Club	Jun	00:55:00
74	09:14	Morgan Lloyd	Towy Riders	Juv	01:00:00
75	09:15	Joe West	Backstedt/Hotchillee	Jun	00:54:00
76	09:16	Alistair Woodman	Team Swift	MV	00:55:25
77	09:17	Michael Cope	Kettering CC	MV	00:56:10
78	09:18	Geoff Perry	Born to Bike - Bridgtown Cycles	MV	00:54:56
79	09:19	Phil Guy	North Shropshire Wheelers	MV	00:58:13
80	09:20	Thomas Cornwell	In-Gear Quickvit Italy Bike Tours RT	Jun	00:47:55
81	09:21	Tom Temple	Primera-Teamjobs	Jun	00:48:04
82	09:22	Stuart Thompson	Velo Club St Raphael	MV	00:55:33
83	09:23	Nigel Jones	Gloucester City Cycling Club	MV	00:55:22
84	09:24	Tom Cox	Northover VT / Rudy Project	MV	00:55:27

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No	Start Time	Name	club	Cat	LTS
85	09:25	Chris Hall	Born to Bike - Bridgtown Cycles	MV	00:55:16
86	09:26	Emma Angove	73Degrees CC, WestSide Coaching	W	00:56:53
87	09:27	Diane Wynne	VC Sevale (Malvern)	WV	01:05:00
88	09:28	Ali Charles	Gloucester City Cycling Club	WV	01:03:52
89	09:29	Lindsey Styler	Croston Velo	W	01:03:47
90	09:30	Chelsea Mccloskey-lambert	Manchester Wheelers	W	01:02:54
91	09:31	Gillian Hopkins	Team CRANC	WV	01:02:01
92	09:32	Emily Martin	Weaver Valley CC	W	01:01:57
93	09:33	Sue Rust	Kettering CC	WV	00:57:07
94	09:34	Virginia Mcgee	Charlottesville Cycling Club	WV	01:01:17
95	09:35	Hannah Munday	Tri Training Harder	W	01:00:32
96	09:36	Tracy Rowlinson	Lyme Racing Club	WV	00:59:36
97	09:37	Debbie Bradley	Team Bottrill / Vanguard	WV	00:59:34
98	09:38	Ann Shuttleworth	Braintree Velo CRC	WV	00:58:48
99	09:39	Jo Buckland	Bush Healthcare CRT	WV	00:58:15
100	09:40	Marianne Holt	Team Bottrill / Vanguard	W	00:58:03
101	09:41	Danuta Tinn	Maidenhead & District CC	WV	00:55:40
102	09:42	Dena Ford	High Wycombe CC	WV	00:57:26
103	09:43	Andrea Parish	VeloSistas TT Team	WV	00:55:36
104	09:44	Michelle Lee	Royal Dean Forest Cycle Club	WV	00:57:07
105	09:45	Claire Emons	Newbury RC	WV	00:57:06
106	09:46	Jenny Simmonds	Look Mum No Hands!	WV	00:57:06
107	09:47	Susan Semple	Born to Bike - Bridgtown Cycles	WV	00:56:56
108	09:48	Hetty Niblett	Mid Shropshire Wheelers	W	00:54:34
109	09:49	Katja Rietdorf	Born to Bike - Bridgtown Cycles	WV	00:56:05
110	09:50	Laura Bartlett	...a3crg	W	00:53:57
111	09:51	Zoe Whiteside	Team Bottrill / Vanguard	WV	00:58:00
112	09:52	Liz Powell	DRAG2ZERO	WV	00:53:04
113	09:53	Diane Wilson-evans	Bynea Cycling Club	WV	01:01:21
114	09:54	Karen Ledger	Team Bottrill / Vanguard	WV	00:52:31
115	09:55	Becky Murley	Wisbech Whs	WV	00:55:29
116	09:56	Vicky Gill	DRAG2ZERO	W	00:51:45
117	09:57	Vicky Jowett	Plymouth Corinthian CC	W	00:55:18
118	09:58	Alice Lethbridge	DRAG2ZERO	W	00:50:10
119	09:59	Crystal Spearman	NOPINZ	W	00:55:00
120	10:00	Hayley Simmonds	Team WNT Pro Cycling	W	00:49:28

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Main Event

Senior – 1st £40, 2nd - £30, 3rd - £20. Vet– 1st £30, 2nd - £25, 3rd - £20.

No	Start Time	Name	Club	Cat	LTS
1	10:01	Scott Leverington	Springfield Financial Racing Team	MV	00:50:35
2	10:02	Mark Bradley	Bristol South Cycling Club	MV	00:53:04
3	10:03	Alastair Semple	Stafford RC	MV	00:52:21
4	10:04	Steve Hancock	Calder Clarion	MV	00:54:42
5	10:05	Alan Murchison	DRAG2ZERO	MV	00:48:15
6	10:06	Henrik Persson	Kingston Wheelers CC	S	00:50:04
7	10:07	Gareth Jones	Clevedon & District Road Club	MV	00:53:03
8	10:08	David Wilson-Evans	Bynea Cycling Club	MV	00:53:32
9	10:09	Martin Bullen	Peterborough CC	MV	00:54:24
10	10:10	Kieron Davies	DRAG2ZERO	S	00:45:24
11	10:11	Gavin Mccloskey-lambert	Manchester Wheelers	S	00:52:18
12	10:12	Simon Drewett	Fairly United Cycling Team	MV	00:52:58
13	10:13	Richard Sheldrake	Lincoln Wheelers CC	MV	00:53:48
14	10:14	Peter Harris	Andover Wheelers	MV	00:54:33
15	10:15	Neville Martin	GS Metro	MV	00:51:21
16	10:16	Mark Prosser	Merthyr CC	S	00:53:55
17	10:17	Ted Cross	Yorkshire Road Club	S	00:52:34
18	10:18	Rob Vessey	Didcot Phoenix CC	MV	00:53:45
19	10:19	Iain Cade	Bath Cycling Club	S	00:54:12
20	10:20	William Loughridge	Team Bottrill / Vanguard	MV	00:51:20
21	10:21	Steve Potts	Velo Club St Raphael	MV	00:52:11
22	10:22	Colin Hill	Jackpot Racing	MV	00:52:53
23	10:23	Jason Streather	Velo Club St Raphael	MV	00:53:44
24	10:24	Simon Ward	Scarborough Paragon CC	MV	00:54:28
25	10:25	Michael Cross	Yorkshire Road Club	MV	00:50:46
26	10:26	Philip Barnes	TPH Racing	S	00:52:11
27	10:27	David Dickerson	Team Echelon	MV	00:52:51
28	10:28	Tim Childs	Westerley Cycling Club	MV	00:53:39
29	10:29	Jon Saunders	Charlotteville Cycling Club	S	00:53:55
30	10:30	David Francis	Tribe of one (FTV)	MV	00:51:16
31	10:31	Kris Bowditch	Lyme Racing Club	MV	00:51:34
32	10:32	Abid Hussain	Icknield RC	MV	00:52:43
33	10:33	Mick Black	Springfield Financial Racing Team	MV	00:53:37
34	10:34	Steve Bray	Salt and Sham Cycle Club	MV	00:54:25
35	10:35	Sam Wightman	Chelmer CC	MV	00:51:14
36	10:36	Jon White	Pro Vision Cycle Clothing	S	00:52:06
37	10:37	Arwel Davies	Towy Racing Cycling Club (TRCC)	MV	00:52:41
38	10:38	Luke Smith	Bristol South Cycling Club	MV	00:53:36
39	10:39	Owain Roberts	Team Backstedt Bike Performance	S	00:54:40
40	10:40	Alex Leek	Velo Club St Raphael	S	00:51:13
41	10:41	Stuart Stow	Twickenham CC	MV	00:52:04
42	10:42	Darren Gardner	Bath Cycling Club	MV	00:52:40

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43	10:43	Lee Francis	Velo Club Bristol - Webbs Cycles	S	00:52:22
44	10:44	Stephen Turner	Westmead Team 88	MV	00:54:24
45	10:45	Alex Bradley	Oxford University CC	S	00:51:12
46	10:46	Emyr Griffiths	Towy Racing Cycling Club (TRCC)	MV	00:51:35
47	10:47	Jonathan Williams	Amersham Road Cycling Club	MV	00:52:39
48	10:48	James Fritchley	Wheels of Dorset Aero Testing Bike Fitting	S	00:53:53
49	10:49	Steve Franklin	Team Salesengine.co.uk	S	00:54:29
49	10:50	Antony Brown	Kettering CC	MV	00:54:15
50	10:51	Steven Cottingham	Bath Cycling Club	MV	00:50:39
51	10:52	Michael Portlock	Merthyr CC	MV	00:51:58
52	10:53	John Dowling	Hemel Hempstead CC	MV	00:52:34
53	10:54	Scott Smith	Barrow Central Wheelers	MV	00:53:30
54	10:55	David Singleton	Acme Whs (Rhondda) CC	MV	00:54:14
55	10:56	James Garrett	Rugby Velo	S	00:51:00
56	10:57	Nigel Clementson	Wigan Whs CC	MV	00:51:56
57	10:58	Ian Short	Team Salesengine.co.uk	MV	00:52:57
58	10:59	Greg Lewis	Bicester Millennium CC	MV	00:53:28
60	11:00	Chris Ledger	Team Bottrill / Vanguard	MV	00:49:44
61	11:01	Rod Hicks	Port Talbot Whs CC	MV	00:51:54
62	11:02	Howard Waller	Python RT	MV	00:52:32
63	11:03	Peter Hatt	Velo Club St Raphael	MV	00:53:28
64	11:04	Joe Schvartz	Team Swindon Cycles	MV	00:54:01
65	11:05	Liam Bosley	Derby Mercury R C	S	00:50:59
66	11:06	Tim Davies	Icknield RC	MV	00:51:51
67	11:07	Craig Ball	Mid Shropshire Wheelers	MV	00:52:31
68	11:08	David Hargreaves	North Lancashire Road Club	MV	00:53:24
69	11:09	Chris Ford	High Wycombe CC	MV	00:54:01
70	11:10	Will Munday	Tri Training Harder	S	00:50:54
71	11:11	Phil Willoughby	Towy Racing Cycling Club (TRCC)	S	00:51:29
72	11:12	Colin Wallace	Merthyr CC	MV	00:52:30
73	11:13	Mark Sanders	Mid Devon CC	MV	00:53:24
74	11:14	Dan Cutting	Epic R C	MV	00:53:58
75	11:15	Ross Holland	Cheltenham & County Cycling Club	S	00:50:53
76	11:16	Phil Wilks	Sotonia CC	S	00:52:01
77	11:17	Nic Stevenson	Westerley Cycling Club	S	00:52:28
78	11:18	Colin Lizieri	Cambridge CC	MV	00:53:14
79	11:19	Adam Darby	Salford Cycling Club	S	00:53:57
80	11:20	Robin Short	Performance Cycles CC	MV	00:50:53
81	11:21	Dave Johnson	Bicester Millennium CC	MV	00:52:08
82	11:22	Mark Woolford	Team Swindon Cycles	MV	00:52:27
83	11:23	Terry Icke	Poole Whs	MV	00:53:13
84	11:24	Chris Scawn	Plymouth Corinthian CC	MV	00:53:56
85	11:25	Mark Stafford	Portsmouth North End CC	MV	00:51:20
86	11:26	Andrew Wright	High Wycombe CC	MV	00:51:50
87	11:27	Robert Cooke	CYCLOMANIA	MV	00:53:33

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88	11:28	Matthew Miller	Team Bottrill / Vanguard	MV	00:53:09
89	11:29	Gary Rickards	Cheltenham & County Cycling Club	MV	00:54:27
90	11:30	Andrew Perkins	Mid Devon CC	MV	00:51:11
91	11:31	Jonathan Gould	Cheltenham & County Cycling Club	MV	00:50:17
92	11:32	Patryk Witkowski	Poole Whs	S	00:50:16
93	11:33	Tom Rigby	Croston Velo	S	00:50:15
94	11:34	Jon Surtees	NOPINZ	MV	00:50:14
95	11:35	Mike Piper	Abellio - SFA Racing Team	MV	00:50:13
96	11:36	Mark Ellis	Team Milton Keynes	MV	00:50:03
97	11:37	Arthur Franklin	Portishead Cycling Club	S	00:50:00
98	11:38	Alan Chorley	Seamons CC	MV	00:49:46
99	11:39	Steve Savage	Leicestershire RC	S	00:49:42
100	11:40	Harry Walker	Revolver Racing	MV	00:49:26
101	11:41	Howard Bayley	Blazing Saddles	MV	00:49:23
102	11:42	Robert West	AeroCoach	MV	00:49:18
103	11:43	Samuel Wadsley	Primera-Teamjobs	S	00:49:12
104	11:44	Jonathan Wears	NOPINZ	S	00:48:21
105	11:45	Paul Jones	Primera-Teamjobs	MV	00:48:16
106	11:46	Richard Simmonds	Look Mum No Hands!	MV	00:48:10
107	11:47	Luke Cornish	Cwmcarn Paragon Road Club	S	00:48:00
108	11:48	Keith Ainsworth	Sheffrec CC	MV	00:48:00
109	11:49	Richard Dean	CYCLOMANIA	S	00:47:53
110	11:50	Jonathan Gates	Royal Air Force Cycling Association	MV	00:47:42
111	11:51	Keith Murray	DRAG2ZERO	MV	00:47:37
112	11:52	Conrad Moss	Mid Devon CC	MV	00:47:24
113	11:53	Chris Boddy	Didcot Phoenix CC	S	00:47:22
114	11:54	Christopher Gibbard	Bynea Cycling Club	S	00:47:16
115	11:55	Stephen Irwin	North Lancashire Road Club	MV	00:46:53
116	11:56	Steven Hilton	Warrington Road Club/Horton Light Engineering/RS Cyclesport	MV	00:50:37
117	11:57	Michael Davis	Bikestrong-KTM	S	00:50:33
118	11:58	Paul David Fleming	Preston Whs	MV	00:50:24
119	11:59	Sean Vincent	Team Bottrill / Vanguard	MV	00:50:23
120	12:00	Marcin Bialoblocki	NOPINZ	S	00:42:58

Have a safe ride and we hope to see you again at the next Realteam promotion

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