

No	Name	Club	Cat	Vet Std	Start
1					8:01
2					8:02
3					8:03
4					8:04
5	Graham Carter	Ross-on-Wye & Dist. C.C.	M V	1:07:13	8:05
6	Jim Mcloughlin	Gloucester City C.C./Rudy Project	M V	1:07:01	8:06
7	Alistair Morgan	Cwmcarn Paragon R.C.	M V	1:07:45	8:07
8	Mark German	1 <sup>st</sup> Chard Whs.	M V	1:08:28	8:08
9	David Pearce	Royal Dean Forest C.C.	M	-	8:09
<b>10</b>	<b>Will Bevan</b>	<b>Ross-on-Wye &amp; Dist. C.C.</b>	<b>M</b>	<b>-</b>	<b>8:10</b>
11	Julian Bunn	Abergavenny R.C.	M V	1:06:00	8:11
12	Justin Ford	CC Blaenau Gwent/Jennecca	M	-	8:12
13	Justin Parker	Cardiff Ajax C.C.	M	-	8:13
14	Michael Williams	Hereford & Dist. Whs.	M V	1:08:51	8:14
15	Matthew Heaman	Royal Dean Forest C.C.	M V	1:07:13	8:15
16	Justyn Davies	Towy Racing C.C./Pembs Bikes/Continental	M V	1:06:38	8:16
17	Steven Hodge	Harry Middleton C.C.	M V	1:06:50	8:17
18	Karl Moseley	Stourbridge Velo	M V	1:07:34	8:18
19	Tracey Childs	Tewkesbury Triathlon Club	W V	1:11:28	8:19
<b>20</b>	<b>John French</b>	<b>Oxford City R.C.</b>	<b>M V</b>	<b>1:09:41</b>	<b>8:20</b>
21	Simon Geary	Hereford & Dist. Whs.	M V	1:06:00	8:21
22	Nigel Jones	Gloucester City C.C./Rudy Project	M V	1:08:40	8:22
23	Digby Rusling	Royal Dean Forest C.C.	M V	1:06:38	8:23
24	David Evans	Harry Middleton C.C.	M V	1:06:38	8:24
25	Clinton Evans	CC Blaenau Gwent/Jennecca	M	-	8:25
26	Ed Pitt	Bristol South C.C.	M	-	8:26
27	Brian Jones	Halesowen A & C.C.	M V	1:10:09	8:27
28	Sam Larkham	Bristol South C.C.	M	-	8:28
29	Margaret Coyle	BadTri	W	-	8:29
<b>30</b>	<b>Hugh Davies</b>	<b>Port Talbot Whs. /CJ construction</b>	<b>M V</b>	<b>1:11:31</b>	<b>8:30</b>
31	Chris Paling	Avonlea/Treasure R.T.	M V	1:06:13	8:31
32	Chris Newby	Severn R.C.	M V	1:06:00	8:32
33	Alan Cooper	Avonlea/Treasure R.T.	M V	1:08:51	8:33
34	Dave Unsworth	Hereford & Dist. Whs.	M V	1:14:40	8:34
35	Christopher Jones	M & D Cycles Specialized	M V	1:06:50	8:35
36	Chris Hughes	Hereford & Dist. Whs.	M V	1:08:17	8:36
37	Karl Davies	Stourbridge Velo	M V	1:07:56	8:37
38	Oscar Maestrini	Frome & Dist. Whs.	M V	1:07:56	8:38
39	Andrew Grist	Bynea C.C.	M V	1:07:01	8:39
<b>40</b>	<b>Paul Jones</b>	<b>Bristol South C.C.</b>	<b>M</b>	<b>-</b>	<b>8:40</b>
41	Paul Fallon	Ross-on-Wye & Dist. C.C.	M V	1:06:38	8:41
42	Andy Henderson	Frome & Dist. Whs.	M V	1:06:13	8:42
43	Phil Guy	North Shropshire Whs.	M V	1:10:56	8:43
44	Gillian Reynolds	Willesden C.C.	W V	1:16:21	8:44
45	Michael Amery	Velo Club Sevale	M V	1:08:40	8:45
46	Daniel Kempe	Bristol South C.C.	M V	1:07:13	8:46
47	Gareth Giles	Pontypool R.C.C.	M	-	8:47
48	Robert Franks	Redditch Road & Path C.C.	M V	1:11:50	8:48
49	Norman James	Ogmore Valley Whs.	M V	1:14:11	8:49

<b>50</b>	<b>Derek Smetham</b>	<b>Avonlea/Treasure R.T.</b>	<b>M V</b>	<b>1:06:38</b>	<b>8:50</b>
51	Gerard Oram	Bynea C.C.	M V	1:08:17	8:51
52	Guy Evans	Hereford & Dist. Whs.	M V	1:08:28	8:52
53	Russell Boon	Avonlea/Treasure R.T.	M V	1:07:24	8:53
54	Nigel Farr	North Shropshire Whs.	M V	1:09:15	8:54
55	Richard Coleman	Stourbridge Velo	M V	1:09:28	8:55
56	Michael Harborne	Warwickshire R.C.	M V	1:12:32	8:56
57	Roger Taylor	Frome & Dist. Whs.	M V	1:11:31	8:57
58	David Brice	Bynea C.C.	M V	1:07:56	8:58
59	Geoff Edgerton	North Shropshire Whs.	M V	1:10:56	8:59
<b>60</b>	<b>Lyn Jones</b>	<b>EC Cycles</b>	<b>M</b>	<b>-</b>	<b>9:00</b>
61	Simon Drewett	Mid Oxon C.R.T.	M V	1:07:01	9:01
62	Tony Hudson	CC Blaenau Gwent/Jennecca	M V	1:08:28	9:02
63	Sarah Lloyd-Stephens	Hereford & Dist. Whs.	W	-	9:03
64	Vincent Douglas	RAF C.A.	M V	1:06:26	9:04
65	Tom Cox	Northover VT/Rudy Project	M V	1:09:28	9:05
66	Paul Coles	Chippenham & Dist. Whs.	M	-	9:06
67	Paul Sharp	Royal Dean Forest C.C.	M	-	9:07
68	Ed Hadley	Hereford & Dist. Whs.	M V	1:09:03	9:08
69	Jacqueline Hobson	Warwickshire R.C.	W V	1:12:46	9:09
<b>70</b>	<b>Paul Gamlin</b>	<b>Avonlea/Treasure R.T.</b>	<b>M V</b>	<b>1:06:00</b>	<b>9:10</b>
71	Tony Costello	Corinium C.C.	M V	1:06:00	9:11
72	Peter Murrieri	M & D Cycles Specialized	M V	1:08:28	9:12
73	Mark Usher	Mendip C.C.	M V	1:07:13	9:13
74	Daniel Wood	Cardiff Triathletes	M	-	9:14
75	Philip Morgan	Kiverton Park C.C.	M V	1:06:00	9:15
76	Steven Goodbier	Evesham & Dist Whs.	M	-	9:16
77	Jeff Adams	Pontypool R.C.C.	M V	1:11:13	9:17
78	Peter Ackroyd	Cheltenham & County C.C.	M V	1:08:40	9:18
79	Emma Hadley	Hereford & Dist. Whs.	W	-	9:19
<b>80</b>	<b>Earl Smith</b>	<b>Royal Dean Forest C.C.</b>	<b>M V</b>	<b>1:06:26</b>	<b>9:20</b>
81	Darran Carpenter	Cwmcarn Paragon R.C.	M	-	9:21
82	Mike Broadbent	Bynea C.C.	M V	1:08:07	9:22
83	Daryl Godden	Gloucester City C.C./Rudy Project	M V	1:08:28	9:23
84	Jonathan Davies	Stourbridge Velo	M V	1:08:51	9:24
85	Michael Portlock	Velo Club L'Escargot	M V	1:06:13	9:25
86	Andrew Stokoe	Cwmcarn Paragon R.C.	M	-	9:26
87	Allan Wardhaugh	Ogmore Valley Whs	M V	1:07:01	9:27
88	Nic Forbes	Bynea C.C.	M V	1:06:13	9:28
89	Mark Hancocks	Stourbridge Velo	M V	1:06:13	9:29
<b>90</b>	<b>Rhys Payne</b>	<b>Porth &amp; Dist. C.C.</b>	<b>M</b>	<b>-</b>	<b>9:30</b>
91	Jeff Matthews	Team Echelon Rotor	M V	1:08:28	9:31
92	John Shehan	Bynea C.C.	M V	1:11:31	9:32
93	Gordon Butler	Hereford & Dist. Whs.	M V	1:15:42	9:33
94	Clive Chappe	Ross-on-Wye & Dist. C.C.	M V	1:11:13	9:34
95	Andrew Legge	Bristol South C.C.	M	-	9:35
96	Scott Davies	M & D Cycles Specialized	Jun	-	9:36
97	James Chant	Gillingham & Dist. Whs.-Wheels Cycles	M V	1:06:13	9:37
98	Arja Scarsbrook	Team Echelon Rotor	W V	1:16:39	9:38
99	Aileen Brown	Bath C.C.	W V	1:12:34	9:39

<b>100</b>	<b>Richard Harris</b>	<b>Cwmcarn Paragon R.C.</b>	<b>M</b>	<b>-</b>	<b>9:40</b>
101	Kevin Jones	M & D Cycles Specialized	M V	1:06:13	9:41
102	Andrew Shipton	Gloucester City C.C./Rudy Project	M V	1:06:38	9:42
103	Andy Kelly	Bristol South C.C.	M V	1:07:24	9:43
104	Gerry Peppin	Corinium C.C.	M V	1:07:56	9:44
105	David Dickerson	Team Echelon Rotor	M V	1:06:50	9:45
106	David Evans	Worcester St Johns	M V	1:08:51	9:46
107	Paul Lambert	Chippenham & Dist. Whs	M V	1:07:13	9:47
108	Stephen Ratcliffe	Brecon Wheelers	M V	1:06:50	9:48
109	Derek Morgan	Gannet C.C.	M V	1:13:44	9:49
<b>110</b>	<b>Colin Wallace</b>	<b>Merthyr C.C.</b>	<b>M V</b>	<b>1:07:45</b>	<b>9:50</b>
111	Darren Avery	Somerset R.C.	M V	1:70:56	9:51
112	Gary Shuker	Walsall Roads C.C.	M V	1:09:03	9:52
113	Don Tanner	Gillingham & Dist. Whs.-Wheels Cycles	M V	1:09:15	9:53
114	David Summers	Bath C.C.	M V	1:06:50	9:54
115	Tom Ward	Team Echelon Rotor	Jun	-	9:55
116	Robert Jones	Ogmore Valley Whs.	M	-	9:56
117	Hefin Jones	Ross-on-Wye & Dist. C.C.	M	-	9:57
118	Mick Hazlewood	Warwickshire R.C.	M V	1:09:41	9:58
119	Stephen Landeg	Ogmore Valley Whs.	M V	1:09:28	9:59
<b>120</b>	<b>Ben Anstie</b>	<b>Cadence Cannondale R.T.</b>	<b>M</b>	<b>-</b>	<b>10:00</b>

Stay alert, especially on first junction after the downhill start, and just after the tunnels at Monmouth where there is a busy petrol station and dopey Sunday morning drivers intent on their fags & papers!!!  
If it's wet it will be slippery. Both I and "The District Sec" dislike doing paper work for the sake of a second!

Thank my marshals around the course as they're all volunteers.  
Oh and have a nice day!

Paul