

# SPORTZMAD

## CYCLING EVENTS

[www.Sportzmad.co.uk](http://www.Sportzmad.co.uk)

PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

**Saturday March 19th 2016 R10/17 2 UP TTT– 9.00am**

Timekeepers – Start: Norman James, Finish: Robin Field

**EVENT SEC: Heather Dennis, 13 Plas St Pol De Leon, Penarth Marina, Cardiff CF64 1TR  
Mobile: 07973266315. Complaints should be made in writing to the promoting secretary  
within 24hrs.**

### **Event Headquarters - Llanarth Village Hall (NP15 2AU) – open from 8.00am**

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ. IN THE INTERESTS OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REG 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

### **Course Description R10/17 - A40 Hardwick - Raglan and return**

OS References: Sheet 161 - Start and finish 333100 Start at 1st drain cover in 3rd lay-by east of Hardwick rbt, Abergavenny, on A40, 25 yards east of Kilo post 97 and 400 yards east of bridge over road. Proceed on A40 to Raglan rbt (4.94 miles) and turn by circling rbt and retrace on A40 to finish at road joint 136 at western end of lay-by opposite start. District Regulation: No cars connected with riders are to travel on the A40 during the event. Competitors observed crossing the dual carriageway will be disqualified.

**Prize List:** In each of the following categories Overall, 1<sup>st</sup> - £40, 2<sup>nd</sup> - £30, 3<sup>rd</sup> - £20, Fastest Team with a Women £20

**One Team, one prize. Prizes will be posted.**

Please be aware that because of the poor mobile coverage in the area it may take some time to get the times back to the HQ.

Please do not use adhesive tape to affix your race number, use the pins provided.

Free tea or coffee on return of your number. A selection of cakes will be available for a small donation.

Have a safe ride and we hope to see you again at the other Sportzmad events:-  
10m 2UP TTT 23/4/16 R10/9, 25m TT 25/05/2016 R25/3H, 10M TT 31/06/2015 R10/9

No	Name	Club	Cat	Best	Start Time
1	Paola Marks	Sportzmad	W		9.02
2	Kate Russell	Sportzmad	W		
3	Nikki Carr	VC Equipe - Flix Oral Hygiene	Mixed	23.54	9.04
4	Stephen Potts	Velo Club St Raphael	Mixed		
5	James Manson	Cardiff Triathletes	S		9.06
6	Nigel Taylor	Cardiff Triathletes	S		
7	Brad Davies	Bynea CC	V	24.40	9.08
8	Paul Rees	Bynea CC	V	24.37	
9	John Edwards	Port Talbot Wheelers CC	V		9.10
10	Richard Gambling	Port Talbot Wheelers CC	V	20.39	
11	Rhys Jordan	NBCC	S		9.12
12	Steve Taylor	NBCC	S		
13	David Francis	NBCC	V	21.53	9.14
14	Shane Davies	NBCC	S		
15	Ross Phillips	Cwmcarn Paragon CC	S		9.16
16	Dave Preece	Cwmcarn Paragon CC	V		
17	Simon Marks	Cardiff Triathletes	S		9.18
18	Ian Liddiatt	Cardiff Triathletes	V		
19	Steven Cottingham	Bath CC	V	20.35	9.20
20	Simon Ker	Bath CC	S		
21	Chris Beardshaw	Performance Cycles	V		9.22
22	Jim Curry	Performance Cycles	V		
23	Andrew Hayward	Cwmcarn Paragon CC	V	21.19	9.24
24	Chris Massey	Bottrill CC	V		
25	Adam Fletcher	Cardiff Triathletes	S		9.26
26	Ricki Morgan	Cardiff Triathletes	S		
27	David Astins	Pembrokeshire Velo	V		9.28
28	Nathan Miles	Pembrokeshire Velo	V		
29	Wayne Reneke	NFTO Cycling Club	V		9.30
30	Josh Townsend	Bynea Cycling Club	S	24.37	
31	Jonathon Davies	BAD Tri	S		9.32
32	Craig Nilsson	Rye And District Wheelers CC	S	23.38	
33	Ian Herbert	Cardiff Ajax CC	V		9.34
34	Adrian Coles	Cardiff Ajax CC	S	23.00	
35	Stephen Williams	Royal Dean Forest Cycle Club	V		9.36
36	Earl Smith	Severn Valley Cycles	V	20.55	
37	Ross Phelps	Royal Leamington Spa Cycling	S		9.38
38	Robin Ellis	East London Velo	S	22.39	
39	Max Girdler	Sportzmad	S		9.40
40	Nick Girdler	Sportzmad	V		
41	Dorian Rees	Sportzmad	S		9.42
42	Carwyn Davies	Sportzmad	S		
43	Mark Jones	Pembrokeshire Velo	S	24.15	9.44
44	Ellie Astins	Pembrokeshire Velo	S		
45	Anthony Jones	Bynea Cycling Club	V	20.12	9.46
46	Luke Cornish	Cwmcarn Paragon Cycling Club	S	20.02	

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