

SPORTZMAD

CYCLING EVENTS

www.sportzmad.co.uk

'PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS'

Saturday 18th August 2018 R10/17 – 9.00am

Timekeepers – Start: Glenda Fisher, Finish: Robin Field

EVENT SEC: Heather Williams, Southfield, 68 Cog Rd, Sully. Cardiff CF64 5TE
Mobile: 07973266315. Complaints should be made in writing to the promoting secretary within 24hrs.

Event Headquarters - Llanarth Village Hall (NP15 2AU) – open from 8.00am

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ, IN THE INTERESTS OF YOUR OWN SAFETY CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REGULATION 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

Course Description R10/17, Abergavenny

A40 Hardwick - Raglan and return

OS References: Sheet 161 - Start and finish 333100 Start at 1st drain cover in 3rd lay-by east of Hardwick rbt, Abergavenny, on A40, 25 yards east of Kilo post 97 and 400 yards east of bridge over road. Proceed on A40 to Raglan rbt (4.94 miles) and turn by circling rbt and retrace on A40 to finish at road joint 136 at western end of lay-by opposite start. District Regulation: No cars connected with riders are to travel on the A40 during the event. Competitors observed crossing the dual carriageway will be disqualified.

Prize List:

Overall **1st** £20, **2nd** £15, **3rd** £10,
1st Lady £20, 2nd Lady £15, 3rd Lady £10,
1st Vet Male £15, 1st Vet Lady £15,
1st Junior £10

Please do not use adhesive tape to affix your race number, use the pins provided.

Free tea or coffee on return of your number. A selection of cakes will be available for a small donation.

Have a safe ride and we hope to see you again at the other Sportzmad events

1	09:01:00	Brad	Davies	Bynea Cycling Club	Male	Veteran
2	09:02:00	Carol	Bridge	Rhondda Triathlon Club	Female	Senior
3	09:03:00	Steven	Macdonald	Bristol South Cycling Club	Male	Veteran
4	09:04:00	Rosey	Mushens	Velo Club St Raphael	Female	Veteran
5	09:05:00	Andy	Kelly	Bristol South Cycling Club	Male	Veteran
6	09:06:00	Michelle	Fishbourne	Team Backstedt Bike Performance	Female	Veteran
7	09:07:00	Geoff	Thomas	Rhondda Triathlon Club	Male	Veteran
8	09:08:00	Carson	Pryce	Cardiff Triathletes	Male	Senior
9	09:09:00	Russell	Boon	Avonlea/Treasure RT	Male	Veteran
10	09:10:00	Jenny	Simmonds	Look Mum No Hands!	Female	Veteran
11	09:11:00	Tonymartin	Lake	Gloucester City Cycling Club	Male	Veteran
12	09:12:00	Rob	Dyde	Pembrokeshire Velo	Male	Senior
13	09:13:00	Martyn	Bidwell	Cardiff Ajax CC	Male	Veteran
14	09:14:00	Stephen	Senderski	Phoenix Velo	Male	Veteran
15	09:15:00	Nic	Bradburn	Worcester St. Johns CC	Male	Veteran
16	09:16:00	James	Hester	Clevedon & District Road Club	Male	Veteran
17	09:17:00	Robin	Fox	Dursley Road Club	Male	Veteran
18	09:18:00	David	Steel	Hereford & Dist Whs CC	Male	Veteran
19	09:19:00	Ryan	Thomas	Rhondda Triathlon Club	Male	Senior
20	09:20:00	Stephen	Eggleton	Stratford Cycling Club	Male	Senior
21	09:21:00	Mark	Palliser	Hereford & Dist Whs CC	Male	Veteran
22	09:22:00	Philip	Thomas	Rhondda Triathlon Club	Male	Senior
23	09:23:00	Simon	Ward	Bristol Road Club	Male	Veteran
24	09:24:00	Ken	Evans	PDQ Cycle Coaching	Male	Veteran
25	09:25:00	David	Singleton	Acme Whs (Rhondda) CC	Male	Veteran
26	09:26:00	Adrian	Osborn	Stratford Cycling Club	Male	Veteran
27	09:27:00	Ron	Boast	Ogmore Valley Wheelers	Male	Veteran
28	09:28:00	Kevin	Thomas	Pontypool Road Cycling Club	Male	Veteran
29	09:29:00	Sion	Gibby	Abergavenny RC	Male	Veteran
30	09:30:00	David	Thomas	Rhondda Triathlon Club	Male	Senior
31	09:31:00	Mike	Parry	Hereford Triathlon Club	Male	Veteran
32	09:32:00	John	Shehan	Bynea Cycling Club	Male	Veteran
33	09:33:00	Steve	Summerhayes	Somerset Road Club	Male	Veteran
34	09:34:00	Peter	Rogers	Team Tor 2000 KALAS	Male	Veteran
35	09:35:00	Martin	Howe	VELOFLOW CC	Male	Veteran
36	09:36:00	Chris	Lowe	Swindon Road Club	Male	Veteran
37	09:37:00	Paul	Mulready	Stourbridge Velo	Male	Veteran
38	09:38:00	James	Coxon	Caerphilly Cycling Club	Male	Veteran
39	09:39:00	David	Davies	Cwmcarn Paragon Road Club	Male	Veteran
40	09:40:00	Owain	Roberts	Team Backstedt Bike Performance	Male	Senior
41	09:41:00	Simon	Geary	Hereford & Dist Whs CC	Male	Veteran
42	09:42:00	Neil	Turner	Hereford Triathlon Club	Male	Veteran
43	09:43:00	Ed	Hadley	Hereford & Dist Whs CC	Male	Veteran
44	09:44:00	Kevin	Grant	Frome and District Wheelers	Male	Veteran
45	09:45:00	Dean	Prosser	Hereford & Dist Whs CC	Male	Veteran

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46	09:46:00	Alan	Cooper	Avonlea/Treasure RT	Male	Veteran
47	09:47:00	Joanna	Knight	Bristol South Cycling Club	Female	Veteran
48	09:48:00	Julian	Church	Worcester St. Johns CC	Male	Veteran
49	09:49:00	Philippa	Crocker	Dursley Road Club	Female	Veteran
50	09:50:00	Daniel	Kempe	Bristol South Cycling Club	Male	Veteran
51	09:51:00	Emma	Angove	73Degrees CC, WestSide Coaching	Female	Senior
52	09:52:00	Michael	Williams	Hereford & Dist Whs CC	Male	Veteran
53	09:53:00	James	Neale	North Shropshire Wheelers	Male	Senior
54	09:54:00	Patrick	Jerome	Ride Bike Wales	Male	Veteran
55	09:55:00	Digby	Rusling	Royal Dean Forest Cycle Club	Male	Veteran
56	09:56:00	Tommy	Barlow	Clevedon & District Road Club	Male	Veteran
57	09:57:00	Brian	O'kelly	Bristol Road Club	Male	Veteran
58	09:58:00	Oliver	Webb	Cardiff Triathletes	Male	Senior
59	09:59:00	Lauren	Booth	Chippenham & District Wheelers	Female	Junior
60	10:00:00	Leon	Evans	Cardiff Ajax CC	Male	Veteran
61	10:01:00	Mark	Bradley	Bristol South Cycling Club	Male	Veteran
62	10:02:00	Andrew	Overton	Successcycling.co.uk	Male	Veteran
63	10:03:00	Chris	Fishbourne	Team Backstedt Bike Performance	Male	Veteran
64	10:04:00	Mike	Anslow	Stourbridge Velo	Male	Veteran
65	10:05:00	Phill	Sykes	Velo Club St Raphael	Male	Veteran
66	10:06:00	Dan	Cutting	Epic R C	Male	Veteran
67	10:07:00	George	Bazley	Bristol Cycling Development Squad	Male	Junior
68	10:08:00	Katherine	Brace	Tenby Aces CC	Female	Senior
69	10:09:00	Iain	Cade	Bath Cycling Club	Male	Senior
70	10:10:00	Liam	Bard	Revo Racing	Male	Senior
71	10:11:00	Jacob	Sparrow	Ludlow Brewery Race Team	Male	Senior
72	10:12:00	Neil	Poulton	Abergavenny RC	Male	Senior
73	10:13:00	Tim	Brace	Team NBCC	Male	Veteran
74	10:14:00	Andrew	Derrick	Severn Road Club	Male	Senior
75	10:15:00	Nigel	Jones	Stourbridge Velo	Male	Veteran
76	10:16:00	Ross	Phelps	Bristol Road Club	Male	Senior
77	10:17:00	Michael	Portlock	Merthyr CC	Male	Veteran
78	10:18:00	Gary	Jones	Successcycling.co.uk	Male	Veteran
79	10:19:00	Simon	Witts	Gloucester City Cycling Club	Male	Veteran
80	10:20:00	Stephen	Vanes	Successcycling.co.uk	Male	Senior
81	10:21:00	Simon	Garrett	Worcester St. Johns CC	Male	Veteran
82	10:22:00	Earl	Smith	Royal Dean Forest Cycle Club	Male	Veteran
83	10:23:00	Luke	Smith	Bristol South Cycling Club	Male	Veteran
84	10:24:00	Lee	Francis	Velo Club Bristol - Webbs Cycles	Male	Senior
85	10:25:00	Gavin	Tillson	cyclisme du loup solitaire	Male	Veteran
86	10:26:00	Carwyn	Davies	Cwmcarn Paragon Road Club	Male	Veteran
87	10:27:00	Andrew	Legge	Bristol South Cycling Club	Male	Veteran
88	10:28:00	Steven	Cottington	Bath Cycling Club	Male	Veteran
89	10:29:00	John	O'dwyer	Dursley Road Club	Male	Senior
90	10:30:00	Matt	Burden	73Degrees CC, WestSide Coaching	Male	Veteran

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