

# SPORTZMAD

## CYCLING EVENTS

[www.sportzmad.co.uk](http://www.sportzmad.co.uk)

'PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS'

**Saturday August 17th 2019 R10/17 – 9.00am**

Timekeepers – Start: Phyl Harradine, Finish: Glenda Fischer

**EVENT SEC: Heather Williams, Southfield, 68 Cog Rd, Sully. Cardiff CF64 5TE**  
**Mobile: 07973266315. Complaints should be made in writing to the promoting secretary within 24hrs.**

**Event Headquarters – LLanarth Hall Abergavenny (NP15 2AU) – open from 8.00am**

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ, IN THE INTERESTS OF YOUR OWN SAFETY CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REGULATION 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

### **Course Description R10/17, Abergavenny**

#### **A40 Hardwick - Raglan and return**

OS References: Sheet 161 - Start and finish 333100 Start at 1st drain cover in 3rd lay-by east of Hardwick rbt, Abergavenny, on A40, 25 yards east of Kilo post 97 and 400 yards east of bridge over road. Proceed on A40 to Raglan rbt (4.94 miles) and turn by circling rbt and retrace on A40 to finish at road joint 136 at western end of lay-by opposite start. District Regulation: No cars connected with riders are to travel on the A40 during the event. Competitors observed crossing the dual carriageway will be disqualified.

#### **Prize List:**

Overall **1st** £20, **2<sup>nd</sup>** £15, **3<sup>rd</sup>** £10,  
**1<sup>st</sup>** Lady £20, **2<sup>nd</sup>** Lady £15, **3<sup>rd</sup>** Lady £10,  
**1<sup>st</sup>** Vet Male £15, **1<sup>st</sup>** Vet Lady £15,  
**1<sup>st</sup>** Junior £10

**Please do not use adhesive tape to affix your race number, use the pins provided.**

**Free tea or coffee on return of your number. A selection of cakes will be available for a small donation.**

**Have a safe ride and we hope to see you again at the other Sportzmad events**

## Sportzmad 10M TT Start Sheet 17/08/2019 R10/17

Bib	Start Time	Firstname	Lastname	Club	Gender	Category
1	09:01:00	Rachel	Bridger	UFIT TRI TEAM	Female	Veteran
2	09:01:00	Catherine	Colleypriest	Wenvoe Wheelers	Female	Veteran
3	09:03:00	Luke	Pryce	UFIT TRI TEAM	Male	Senior
4	09:04:00	Sarah	Roberts	Gillingham and District Wheelers / Wheels Cycles	Female	Veteran
5	09:05:00	Carson	Pryce	Cardiff Triathletes	Male	Senior
6	09:06:00	Kevin	Lavelle	Cardiff Ajax CC	Male	Veteran
7	09:07:00	Derek	Morgan	Worcester St. Johns CC	Male	Veteran
8	09:08:00	Lynsey	Astles	Weaver Valley CC	Female	Veteran
9	09:09:00	Robert	Baynton	Chepstow Cycling Club	Male	Veteran
10	09:10:00	Jonathan	Bevan	Bristol Road Club	Male	Veteran
11	09:11:00	Ian	Cooke	M & D Fusion RT	Male	Veteran
12	09:12:00	Jonathan	Williams	Towy Riders Cycle Club	Male	Veteran
13	09:13:00	Ciaran	Burns	UFIT TRI TEAM	Male	Senior
14	09:14:00	Morgan	Thompson	Sportzmad	Male	Junior
15	09:15:00	David	Steel	Hereford & Dist Whs CC	Male	Veteran
16	09:16:00	Andrew	Deans	Cardiff Triathletes	Male	Senior
17	09:17:00	Steve	Way	Wincanton Wheelers	Male	Veteran
18	09:18:00	Ian	Hines	Hereford & Dist Whs CC	Male	Veteran
19	09:19:00	Richard	Emery	Severn Road Club	Male	Veteran
20	09:20:00	Hollie	Labunsky	Port Talbot Whs CC	Female	Senior
21	09:21:00	Michael	Williams	Hereford & Dist Whs CC	Male	Veteran
22	09:22:00	Kerry	Trigg	Ross on Wye & Dist CC	Male	Veteran
23	09:23:00	Rosey	Mushens	73 Degrees Bicycles, WestSide Coaching rt	Female	Veteran
24	09:24:00	Michelle	Fishbourne	CES Sport	Female	Veteran
25	09:25:00	Adrian	Osborn	Stratford Cycling Club	Male	Veteran
26	09:26:00	Jeffrey	Rees	Gower Riders Cycling Club	Male	Veteran
27	09:27:00	Oliver	Webb	Cardiff Triathletes	Male	Senior
28	09:28:00	Mark	Palliser	Hereford & Dist Whs CC	Male	Veteran
29	09:29:00	Lars	Luckoff	Cardiff Triathletes	Male	Senior
30	09:30:00	Marco	Marletta	Cardiff Jif	Male	Veteran
31	09:31:00	Andrew	Butcher	Cwmcarn Paragon Road Club	Male	Veteran
32	09:32:00	Martin	Stanley	Worcester St. Johns CC	Male	Veteran
33	09:33:00	Blake	Pond	NOPINZ	Male	Senior
34	09:34:00	Richard	Rees	Cardiff Ajax CC	Male	Senior
35	09:35:00	Dean	Prosser	Hereford & Dist Whs CC	Male	Veteran
36	09:36:00	Tommy	Barlow	Clevedon & District Road Club	Male	Veteran
37	09:37:00	Iain	Bell	Monmouthshire Wheelers	Male	Veteran
38	09:38:00	Nicola	Juniper	Team Echelon	Female	Senior
39	09:39:00	Morgan	Lloyd	Cycle Specific	Male	Juvenile
40	09:40:00	Iago	Williams	Towy Riders Cycle Club	Male	Juvenile
41	09:41:00	Simon	Garrett	Team Echelon	Male	Veteran

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42	09:42:00	James	Brayford	Lyme Racing Club	Male	Espoir
43	09:43:00	Philip	Sims	Newport Phoenix CC	Male	Veteran
44	09:44:00	Luke	Smith	Bristol South Cycling Club	Male	Veteran
45	09:45:00	Robert	Borek	Bristol South Cycling Club	Male	Senior
46	09:46:00	David	Medhurst	Cardiff Ajax CC	Male	Senior
47	09:47:00	Megan	Dickerson	Bristol South Cycling Club	Female	Senior
48	09:48:00	Chris	Jones	Bynea Cycling Club	Male	Veteran
49	09:49:00	John	O'dwyer	Dursley Road Club	Male	Senior
50	09:50:00	Andy	Davies	Cardiff Jif	Male	Senior
51	09:51:00	Paul	Winchcombe	Chippenham & District Wheelers	Male	Veteran
52	09:52:00	Simon	Ward	Bristol Road Club	Male	Veteran
53	09:53:00	John	French	Oxford City RC	Male	Veteran
54	09:54:00	Andrew	Simpkins	Solihull CC	Male	Veteran
55	09:55:00	Jason	Streather	PDQ Cycle Coaching	Male	Veteran
56	09:56:00	David	Francis	Tribe of one (FTV)	Male	Veteran
57	09:57:00	Harry	Kirby	Bicester Millennium CC	Male	Junior
58	09:58:00	Robert	Francis	A2B Cycle Repair Race Team	Male	Espoir
59	09:59:00	Steven	Cottington	Bath Cycling Club	Male	Veteran
60	10:00:00	Tim	May	PDQ Cycle Coaching	Male	Veteran
61	10:01:00	Michael	Hoare	A2B Cycle Repair Race Team	Male	Senior
62	10:02:00	Anthony	Jones	Towy Riders Cycle Club	Male	Veteran
63	10:03:00	Andrew	Overton	Successcycling.co.uk	Male	Veteran
64	10:04:00	Simon	Adcook	Team Bottrill	Male	Veteran
65	10:05:00	Luke	Dix	Cardiff Jif	Male	Veteran
66	10:06:00	B Xavier	Disley	AeroCoach	Male	Senior
67	10:07:00	Matt	Burden	73 Degrees Bicycles, WestSide Coaching rt	Male	Veteran
68	10:08:00	Matthew	Smith	Team ASL	Male	Senior

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