

# SPORTZMAD

## CYCLING EVENTS

[www.Sportzmad.co.uk](http://www.Sportzmad.co.uk)

PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

**Saturday 23<sup>rd</sup> April 2016 R10/9 – 8.00am**

Timekeepers – Start: Robin Field, Finish: Norman James

**EVENT SEC: Heather Dennis, 13 Plas St Pol De Leon, Penarth Marina, Cardiff CF64 1TR  
Mobile: 07973266315. Complaints should be made in writing to the promoting secretary  
within 24hrs.**

**Event Headquarters - West Camp Community Centre, Cowbridge Rd, St Athan. CF62 4WA (Open  
from 8.00am)**

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ IN THE INTERESTS OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REG 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

### **Course Description R10/9 St Athans**

OS References: Sheet 170 - Start and finish 989683 Start opposite 50mph sign on B4235 near RAF St Athan Main Entrance in line with the drain. Proceed Eastwards on B4235 to circle roundabout with A4226 (Penmark,/Rhoose airport access). Retrace to finish 55 Yards before start at eastern end of lay-by.

**Prize List:** In each of the following categories Overall 1<sup>st</sup> - £20, 2<sup>nd</sup> - £15, 3<sup>rd</sup> - £10, Women 1<sup>st</sup> £20, 2<sup>nd</sup> - £15

**One rider one prize. Prizes will be posted.**

**Please do not use adhesive tape to affix your race number, use the pins provided.**

**Free tea or coffee on return of your number. A selection of cakes will be available for very reasonable prices**

**Have a safe ride and we hope to see you again at the other Sportzmad events:-  
25m TT 15/05/2016 R25/3H, 10M TT 31/05/2015,05/07/2016, 02/08/2016 R10/9**