

SPORTZMAD

CYCLING EVENTS

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PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

Tuesday July 5th 2016 R10/9 – 7.30pm

Timekeepers – Start: Richard Wilder, Finish: Tudor Thomas

EVENT SEC: Heather Dennis, Southfield, 68 Cog Rd, Sully. Cardiff CF64 5TE
Mobile: 07973266315. Complaints should be made in writing to the promoting secretary within 24hrs.

Event Headquarters - West Camp Community Centre, Cowbridge Rd, St Athan. CF62 4WA
(Open from 6.00pm). NB: SAT NAV will take you to the other side of the base.

From Cardiff head towards Llantwit Major. Two miles after passing the village of St. Athan take the right turn - just before the traffic lights. See link below for guidance.

Race HQ on Google Maps - <https://goo.gl/maps/opJd2h41n8r>

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ, IN THE INTERESTS OF YOUR OWN SAFETY CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REGULATION 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

Course Description R10/9 St Athans

OS References: Sheet 170 - Start and finish 989683 Start opposite 50mph sign on B4235 near RAF St Athan Main Entrance in line with the drain. Proceed Eastwards on B4235 to circle roundabout with A4226 (Penmark/Rhose airport access). Retrace to finish 55 Yards before start at eastern end of lay-by.

Prize List: In each of the following categories Overall 1st £20, 2nd £15 , 3rd £10, 1st Woman £15

One rider one prize. Prizes will be posted.

Please do not use adhesive tape to affix your race number, use the pins provided.

Free tea or coffee on return of your number. A selection of cakes will be available for very reasonable prices.

Have a safe ride and we hope to see you again at the other Sportzmad events:-

02/08/2016 R10/9, 21/08/2016 R10/22, 03/09/2016 R10/17