

Bib	Start Time	Firstname	Lastname	Club	Gender	Category
1	16:01:00	Nick	Brown	Team NBCC	Male	Veteran
2	16:02:00	Joshua`	Lewis	Bike Doctor	Male	Espoir
3	16:03:00	Brad	Davies	Bynea Cycling Club	Male	Veteran
4	16:04:00	Grant	Arnold	Team NBCC	Male	Senior
5	16:05:00	JEF	OUTHWAITE	Black Country Triathletes	Male	Veteran
6	16:06:00	mike	broadbent	Swansea Wheelers/CS Abertawe	Male	Veteran
7	16:07:00	Dean	Prosser	Hereford & Dist Whs CC	Male	Veteran
8	16:08:00	Owain	Roberts	Port Talbot Whs CC	Male	Senior
9	16:09:00	Richard	Jenkins	Cardiff Ajax CC	Male	Veteran
10	16:10:00	ben	Phillips	Bynea Cycling Club	Male	Senior
11	16:11:00	Paul	Cannon	Porth & District CC	Male	Veteran
12	16:12:00	John	Eames	Team Swift	Male	Veteran
13	16:13:00	Paul	Rees	Bynea Cycling Club	Male	Veteran
14	16:14:00	gareth	thomas	Cardiff Triathletes	Male	Senior
15	16:15:00	Lloyd	Morgan	Cardiff Ajax CC	Male	Veteran
16	16:16:00	Frank	anderson	SVTTA	Male	Veteran
17	16:17:00	mark	pope	Ogmore Valley Wheelers CC	Male	Veteran
18	16:18:00	Gaynor	Hughes	Bynea Cycling Club	Female	Veteran
19	16:19:00	Matthew	Hurford	Cardiff Triathletes	Male	Veteran