

# SPORTZMAD

## CYCLING EVENTS

[www.sportzmad.co.uk](http://www.sportzmad.co.uk)

'PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS'

**Saturday 19th August 2017 R10/17 – 9.00am**

Timekeepers – Start: Martyn Heritage-Owen, Finish: Robin Field

**EVENT SEC: Heather Williams, Southfield, 68 Cog Rd, Sully. Cardiff CF64 5TE**  
**Mobile: 07973266315. Complaints should be made in writing to the promoting secretary within 24hrs.**

**Event Headquarters - Llanarth Village Hall (NP15 2AU) – open from 8.00am**

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ, IN THE INTERESTS OF YOUR OWN SAFETY CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REGULATION 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

### **Course Description R10/17, Abergavenny**

#### **A40 Hardwick - Raglan and return**

OS References: Sheet 161 - Start and finish 333100 Start at 1st drain cover in 3rd lay-by east of Hardwick rbt, Abergavenny, on A40, 25 yards east of Kilo post 97 and 400 yards east of bridge over road. Proceed on A40 to Raglan rbt (4.94 miles) and turn by circling rbt and retrace on A40 to finish at road joint 136 at western end of lay-by opposite start. District Regulation: No cars connected with riders are to travel on the A40 during the event. Competitors observed crossing the dual carriageway will be disqualified.

**Prize List:** In each of the following categories Overall 1<sup>st</sup> £20, 2<sup>nd</sup> £15, 3<sup>rd</sup> £10, 1<sup>st</sup> Lady £20, 2<sup>nd</sup> Lady £15, 3<sup>rd</sup> Lady £10, 1<sup>st</sup> Vet Male £15, 1<sup>st</sup> Vet Lady £15, 1<sup>st</sup> Junior £10

**Prizes will be posted.**

**Please do not use adhesive tape to affix your race number, use the pins provided.**

**Free tea or coffee on return of your number. A selection of cakes will be available for a small donation.**

**Have a safe ride and we hope to see you again at the other Sportzmad events**

Bib	Start Time	Firstname	Lastname	Club	Gender	Category
1	09:01:00	Neil	Poulton	Abergavenny RC	Male	Senior
2	09:02:00	samuel	utting	Cardiff Ajax CC	Male	Senior
3	09:03:00	Josh	Townsend	Bynea Cycling Club	Male	Espoir
4	09:04:00	John	Thompson	Severn Road Club	Male	Veteran
5	09:05:00	Niall	Foster	Cardiff Ajax CC	Male	Veteran
6	09:06:00	Nadine	Cannon	VeloSistas TT Team	Female	Senior
7	09:07:00	Owain	Roberts	Port Talbot Whs CC	Male	Senior
8	09:08:00	neil	turner	Hereford Triathlon Club	Male	Veteran
9	09:09:00	Morgan	Meaney	Cardiff Ajax CC	Male	Senior
10	09:10:00	Steven	Cottington	Bath Cycling Club	Male	Veteran
11	09:11:00	Paul	Milner	Worcester St. Johns CC	Male	Veteran
12	09:12:00	Jason	killiner	Pontypool Road CC	Male	Senior
13	09:13:00	Gerry	Peppin	Corinium Cycle Club	Male	Veteran
14	09:14:00	David	Steel	Hereford & Dist Whs CC	Male	Veteran
15	09:15:00	Julian	Harper	Revo Racing	Male	Veteran
16	09:16:00	andy	Kelly	Bristol South Cycling Club	Male	Veteran
17	09:17:00	Mike	Parry	Hereford Triathlon Club	Male	Veteran
18	09:18:00	laura	clements	Cardiff Triathletes	Female	Senior
19	09:19:00	Owen	Pocock	CC Blaenau Gwent VeloVitesse/ALLCAP/James Barry/Johnson	Male	Veteran
20	09:20:00	Gerry	Bowditch	Controls – Hitachi	Male	Veteran
21	09:21:00	Andrew	Derrick	Severn Road Club	Male	Senior
22	09:22:00	Scott	Nash	Pembrokeshire Velo	Male	Veteran
23	09:23:00	john	shehan	Bynea Cycling Club	Male	Veteran
24	09:24:00	Diane	Wynne	VC Sevale (Malvern)	Female	Veteran
25	09:25:00	Chris	Hughes	Hereford & Dist Whs CC	Male	Veteran
26	09:26:00	Philip	Sims	Newport Phoenix CC	Male	Veteran
27	09:27:00	Nick	Slim	LeisureLakesBikes.com	Male	Veteran
28	09:28:00	Ed	Hadley	Hereford & Dist Whs CC	Male	Veteran
29	09:29:00	Terry	Harradine	CC Topp	Male	Veteran
30	09:30:00	ed	watson	Ratae RC	Male	Veteran
31	09:31:00	Martin	Millington	Stratford Cycling Club	Male	Senior
32	09:32:00	peter	ackroyd	Cheltenham & County Cycling Club	Male	Veteran
33	09:33:00	mark	pope	Ogmore Valley Wheelers CC	Male	Veteran
34	09:34:00	Emma	Hadley	Hereford & Dist Whs CC	Female	Senior
35	09:35:00	stuart	evans	Port Talbot Whs CC	Male	Veteran
36	09:36:00	Thomas	Dye	Cardiff Ajax CC	Male	Senior
37	09:37:00	Jeffrey	Rees	Acme Whs (Rhondda) CC	Male	Veteran
38	09:38:00	russell	boon	Avonlea/Treasure RT	Male	Veteran
39	09:39:00	stephen	senderski	Phoenix Velo	Male	Veteran
40	09:40:00	ben	Phillips	Towy Racing CC (TRCC)	Male	Senior
41	09:41:00	ALISTAIR	Morgan	Pontypool Road Cycling Club	Male	Veteran
42	09:42:00	Michael	Stephens	Hereford Triathlon Club	Male	Veteran
43	09:43:00	James	Fritchley	Westbury Wheelers	Male	Senior
44	09:44:00	Kevin	Thomas	Pontypool Road CC	Male	Veteran
45	09:45:00	Tom	Bertenshaw	Severn Road Club	Male	Senior
46	09:46:00	Mike	Amery	VC Sevale (Malvern)	Male	Veteran
47	09:47:00	Jason	Tait	Worcester St. Johns CC	Male	Veteran
48	09:48:00	ROBIN	FOX	Dursley Road Club	Male	Veteran

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49	09:49:00	Peter	Rogers	Team Tor 2000 (Kalas)	Male	Veteran
50	09:50:00	Christopher	Gibbard	Bynea Cycling Club	Male	Senior
51	09:51:00	Daryl	Godden	Gloucester City Cycling Club	Male	Veteran
52	09:52:00	Mark	German	1st Chard Wheelers	Male	Veteran
53	09:53:00	Darron	Pratt	Hereford & Dist Whs CC	Male	Veteran
54	09:54:00	Becky	Evans	Sportzmad	Female	Senior
55	09:55:00	Victoria	Smith	AeroCoach	Female	Senior
56	09:56:00	John	French	Oxford City RC	Male	Veteran
57	09:57:00	Marco	Marletta	Cardiff Jif	Male	Veteran
58	09:58:00	Ron	boast	Ogmore Valley Wheelers CC	Male	Veteran
59	09:59:00	Bill	Snowdon	Cardiff Triathletes	Male	Veteran
60	10:00:00	anthony	jones	Towy Racing Cycling Club (TRCC)	Male	Veteran
61	10:01:00	Ben	Connelly	Severn Road Club	Male	Veteran
62	10:02:00	Matthew	Phillips	Towy Racing Cycling Club (TRCC)	Male	Senior
63	10:03:00	Tom	Woollard	Northover VT / Rudy Project	Male	Veteran
64	10:04:00	Michael	Williams Wilson-	Hereford & Dist Whs CC	Male	Veteran
65	10:05:00	David	Evans	Bynea Cycling Club	Male	Veteran
66	10:06:00	Logan	Mort	Hereford & Dist Whs CC	Male	Senior
67	10:07:00	Alan	Cooper	Avonlea/Treasure RT	Male	Veteran
68	10:08:00	Graham	Smith	Severn RC	Male	Veteran
69	10:09:00	Sally	Harmer	Pembrokeshire Velo	Female	Veteran
70	10:10:00	matt	burden	73Degrees CC	Male	Veteran
71	10:11:00	Andrew	Rowles	Cardiff Ajax CC	Male	Senior
72	10:12:00	David	Thomas Wilson-	Rhondda Triathlon Club	Male	Senior
73	10:13:00	Diane	Evans	Bynea Cycling Club	Female	Veteran
74	10:14:00	Kyle	Jones	Maindy Flyers Youth Cycling	Male	Juvenile
75	10:15:00	Carwyn	Davies	Cwmcarn Paragon Road Club	Male	Senior
76	10:16:00	rick	johnston	Northover VT / Rudy Project	Male	Veteran
77	10:17:00	Craig	Nilsson	Rye & District Wheelers CC	Male	Senior
78	10:18:00	Robert	Smith	Pembrokeshire Velo	Male	Veteran
79	10:19:00	Helen	Priest	Cardiff Ajax CC	Female	Veteran
80	10:20:00	Christopher	Jones	Port Talbot Whs CC	Male	Veteran
81	10:21:00	David	Brice	Bynea Cycling Club	Male	Veteran
82	10:22:00	Leon	Evans	Cardiff Ajax CC	Male	Veteran
83	10:23:00	Dion	Thomas	Bryncoch Bombers Cycling Club	Male	Veteran
84	10:24:00	DEREK	MORGAN	Gannet CC	Male	Veteran
85	10:25:00	Lewis	Keightley	Team Bottrill / HSS Hire	Male	Senior

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