

SPORTZMAD

CYCLING EVENTS

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PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS

Sunday 2nd June 2019 R25/3H – 10.01 am Main Event

Timekeepers – Start: Norman James, Finish: Robin Field

EVENT SEC: Heather Williams, Southfield, 68, Cog Rd, Sully. Cardiff Cf64 5TE Mobile: 07973266315. Complaints should be made in writing to the promoting secretary within 24hrs.

Event Headquarters - Rhigos Rugby Club, CF44 9HJ – Open from 8.45am

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ IN THE INTERESTS OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REG 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

Course Description R25/3H –

Start on access road to Hirwaun Industrial Estate, 8 yards North of lamp column No 1 and 30 yards North of junction with old A465 road (Hirwaun to Rhigos). Proceed south to junction with unclassified road (on to the old route) and bear left to roundabout with A4061 (Rhigos mountain road) where take 2nd exit (straight on) to Hirwaun roundabout A465 (1.306 miles). Take first exit westwards along the A465 dual carriageway to Blaengwrach roundabout (McDonalds). Take second exit (straight on) A465 to Resolven roundabout (10.183 miles). Here take the third exit, follow the A465 to exit at the next junction at Aberdulais (sp Seven Sisters), climbing to the Tonna roundabout (15.063 miles). Now take the first exit to Aberdulais Interchange where circle and take the fourth exit down the slip road to rejoin the A465 Eastward. Continue to Resolven roundabout (19.719 miles) taking second exit (straight on) to Blaengwrach roundabout (McDonalds). Take second exit continuing on A465, passing over river bridge and the Glynneath Interchange to FINISH in the SECOND lay-by on the left at a point 25 yards west of the 'Take Litter Home' sign and opposite the emergency telephone point.

PLEASE DO NOT CROSS THE BARRIER AFTER YOUR RACE BUT CONTINUE BACK UP THE DUAL CARRIAGE WAY AND RETRACE YOUR ROUTE TO THE HEADQUARTERS

Men's Event: In each of the following categories Overall 1st£30 , 2nd£20 , 3rd£10 Veterans - 1st£30 , 2nd£20, 3rd£10

Overflow/BAR event Prize List: In each of the following categories Overflow Female BAR 1st£30, 2nd£20, 3rd£10, and Female Veteran - 1st£20 , Fastest Junior £15.

Have a safe ride and we hope to see you again at the other Sportzmad events

Please do not use adhesive tape to affix your race number, use the pins provided.

Free tea or coffee on return of your number. A selection of cakes will be available for a donation.

Sportzmad 25 Mile TT Main Event Start Sheet 02/06/2019 R25/3H

| Bib | Start Time | Firstname | Lastname | Club | Gender | Category |
|-----|------------|-----------|------------|---------------------------------|--------|----------|
| 1 | 10:01:00 | Paul | Owen | UFIT TRI TEAM | Male | Veteran |
| 2 | 10:02:00 | Simon | Waller | Barnsley Road Club | Male | Veteran |
| 3 | 10:03:00 | Ciaran | Burns | UFIT TRI TEAM | Male | Senior |
| 4 | 10:04:00 | Ricki | Morgan | Team NBCC | Male | Senior |
| 5 | 10:05:00 | Kyle | Wheeler | Pembrokeshire Velo | Male | Senior |
| 6 | 10:06:00 | Geoff | Edgerton | North Shropshire Wheelers | Male | Veteran |
| 7 | 10:07:00 | Jake | Tay | Severn Road Club | Male | Veteran |
| 8 | 10:08:00 | Andrew | Clarke | North Shropshire Wheelers | Male | Veteran |
| 9 | 10:09:00 | John J | Murphy | Gloucester City Cycling Club | Male | Veteran |
| 10 | 10:10:00 | Richard | Rees | Cardiff Ajax CC | Male | Senior |
| 11 | 10:11:00 | Melvyn | Lewis | Born to Bike - Bridgtown Cycles | Male | Veteran |
| 12 | 10:12:00 | Seb | Tremlett | Guernsey Velo Club | Male | Senior |
| 13 | 10:13:00 | James | Hargreaves | Kenilworth Whs | Male | Veteran |
| 14 | 10:14:00 | Phil | Guy | North Shropshire Wheelers | Male | Veteran |
| 15 | 10:15:00 | James | Brayford | Lyme Racing Club | Male | Espoir |
| 16 | 10:16:00 | Huw | Morgan | Narberth Dynamos Cycling Club | Male | Veteran |
| 17 | 10:17:00 | Robert | Lucas | Port Talbot Whs CC | Male | Veteran |
| 18 | 10:18:00 | Sam | Straw | Albarosa CC | Male | Senior |
| 19 | 10:19:00 | Nigel | Finch | Mercia - Lloyds Cycles CC | Male | Veteran |
| 20 | 10:20:00 | Morris | Elphick | Exeter Whs CC | Male | Veteran |
| 21 | 10:21:00 | Phillip | Turner | ATAC | Male | Veteran |
| 22 | 10:22:00 | John | Shehan | Bynea Cycling Club | Male | Veteran |
| 23 | 10:23:00 | Graham | Green | Team Bottrill | Male | Veteran |
| 24 | 10:24:00 | Josh | Pearson | UFIT TRI TEAM | Male | Senior |
| 25 | 10:25:00 | Digby | Rusling | Royal Dean Forest Cycle Club | Male | Veteran |
| 26 | 10:26:00 | Jacob | Sparrow | Clee Cycles | Male | Senior |
| 27 | 10:27:00 | Fidel | Gonzalez | South Western Road Club | Male | Veteran |
| 28 | 10:28:00 | Russell | Kingston | Worcester St. Johns CC | Male | Veteran |
| 29 | 10:29:00 | Mark | German | 1st Chard Wheelers | Male | Veteran |
| 30 | 10:30:00 | Mark | Woolford | Team Swindon Cycles | Male | Veteran |
| 31 | 10:31:00 | Roger | Taylor | Frome and District Wheelers | Male | Veteran |
| 32 | 10:32:00 | Cliff | Voller | Newbury RC | Male | Veteran |
| 33 | 10:33:00 | Gareth | Williams | Hereford & Dist Whs CC | Male | Senior |
| 34 | 10:34:00 | Michael | Tarling | West Wales Cycle Racing Team | Male | Veteran |
| 35 | 10:35:00 | Andrew | Curley | Warwickshire Road Club | Male | Veteran |

Have a safe ride and we hope to see you again at the other Sportzmad events

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|----|----------|----------|-------------------|---------------------------------|------|---------|
| 36 | 10:36:00 | John | Williams | Bynea Cycling Club | Male | Veteran |
| 37 | 10:37:00 | Roger | Wood | Pontypool Road Cycling Club | Male | Veteran |
| 38 | 10:38:00 | Marco | Marletta | Cardiff Jif | Male | Veteran |
| 39 | 10:39:00 | Ray | Retter | Born to Bike - Bridgtown Cycles | Male | Veteran |
| 40 | 10:40:00 | Tom | Scorer | Royal Navy & Royal Marines CA | Male | Senior |
| 41 | 10:41:00 | Stuart | Evans | Port Talbot Whs CC | Male | Veteran |
| 42 | 10:42:00 | Colum | Foster | Ratae RC | Male | Senior |
| 43 | 10:43:00 | Roger | Sheridan | NOPINZ | Male | Veteran |
| 44 | 10:44:00 | Lloyd | Daniels | UFIT TRI TEAM | Male | Senior |
| 45 | 10:45:00 | Martin | Howe | VELOFLOW CC | Male | Veteran |
| 46 | 10:46:00 | David | Bird | VTTA (Yorkshire) | Male | Veteran |
| 47 | 10:47:00 | Robert | Barnard | Team Cystic Fibrosis | Male | Veteran |
| 48 | 10:48:00 | Lars | Luckoff | Cardiff Triathletes | Male | Senior |
| 49 | 10:49:00 | Edward | Smith | Islington Cycling Club | Male | Senior |
| 50 | 10:50:00 | Ian | Wroblewski | Team Lutterworth Cycle Centre | Male | Veteran |
| 51 | 10:51:00 | Callum | Davies | Tribe of one (FTV) | Male | Senior |
| 52 | 10:52:00 | Jon | Vickery | Cwmcarn Paragon Road Club | Male | Veteran |
| 53 | 10:53:00 | Jonathan | Wilkinson-lockyer | Team Tor 2000 KALAS | Male | Veteran |
| 54 | 10:54:00 | Neil | Poulton | Ogmore Valley Wheelers | Male | Senior |
| 55 | 10:55:00 | Thomas | Key | Leicester Forest CC | Male | Senior |
| 56 | 10:56:00 | Nick | Hanson | Seacroft Whs | Male | Veteran |
| 57 | 10:57:00 | Jonathan | Heath | Brecon Wheelers | Male | Senior |
| 58 | 10:58:00 | Michael | Portlock | Merthyr CC | Male | Veteran |
| 59 | 10:59:00 | Robert | Jones | Cardiff 100 Miles RCC | Male | Veteran |
| 60 | 11:00:00 | Joe | Schvartz | Team Swindon Cycles | Male | Veteran |
| 61 | 11:01:00 | Randle | Shenton | Team Swift | Male | Veteran |
| 62 | 11:02:00 | Chris | Scawn | Plymouth Corinthian CC | Male | Veteran |
| 63 | 11:03:00 | Rich | Long | Merthyr CC | Male | Senior |
| 64 | 11:04:00 | Simon | Drewett | Fairly United Cycling Team | Male | Veteran |
| 65 | 11:05:00 | Phil | Barnes | SheHair Racing Team | Male | Veteran |
| 66 | 11:06:00 | Tristan | Davenne | Newbury RC | Male | Veteran |
| 67 | 11:07:00 | Robert | Hughes | Rhondda Triathlon Club | Male | Veteran |
| 68 | 11:08:00 | Chris | Shakya | Exeter Whs CC | Male | Senior |
| 69 | 11:09:00 | Malcolm | Rose | Oxonian CC | Male | Veteran |
| 70 | 11:10:00 | Mark | Bradley | Bristol South Cycling Club | Male | Veteran |
| 71 | 11:11:00 | Gareth | Jones | Clevedon & District Road Club | Male | Veteran |
| 72 | 11:12:00 | Gareth | Jehu | Merthyr CC | Male | Veteran |
| 73 | 11:13:00 | Nic | Pillinger | Team Secret Squirrel | Male | Veteran |
| 74 | 11:14:00 | Wolfgang | Emmerich | London Phoenix CC | Male | Veteran |
| 75 | 11:15:00 | Chris | Edginton | Fairly United Cycling Team | Male | Veteran |
| 76 | 11:16:00 | Karl | Randell | Swansea Wheelers/CS Abertawe | Male | Senior |
| 77 | 11:17:00 | Chris | Jones | Bynea Cycling Club | Male | Veteran |
| 78 | 11:18:00 | Andrew | Newey | Ribble Valley C&RC | Male | Senior |
| 79 | 11:19:00 | Colin | Wallace | Merthyr CC | Male | Veteran |
| 80 | 11:20:00 | Mike | Logue | Fairly United Cycling Team | Male | Veteran |

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| 81 | 11:21:00 | Alastair | Semple | Stafford RC | Male | Veteran |
| 82 | 11:22:00 | Terry | Icke | CC Weymouth | Male | Veteran |
| 83 | 11:23:00 | Rod | Hicks | Port Talbot Whs CC | Male | Veteran |
| 84 | 11:24:00 | Ben | Dellicompagni | Stafford Triathlon Club | Male | Veteran |
| 85 | 11:25:00 | James | Fox | Velo Club Venta | Male | Senior |
| 86 | 11:26:00 | David | Francis | Tribe of one (FTV) | Male | Veteran |
| 87 | 11:27:00 | Daniel | Homer | London Phoenix CC | Male | Veteran |
| 88 | 11:28:00 | Liam | Bosley | Derby Mercury R C | Male | Senior |
| 89 | 11:29:00 | Lee | Frost | NOPINZ | Male | Senior |
| 90 | 11:30:00 | Andrew | Simpkins | Solihull CC | Male | Veteran |
| 91 | 11:31:00 | Steven | Cottingham | Bath Cycling Club | Male | Veteran |
| 92 | 11:32:00 | Steven | Hilton | Warrington RC/Horton Light Engineering/RS Cyclesport | Male | Veteran |
| 93 | 11:33:00 | Andrew | Grant | Cambridge CC | Male | Veteran |
| 94 | 11:34:00 | Nicholas | Candy | North Road CC | Male | Espoir |
| 95 | 11:35:00 | Josh | Coyne | Bpm Coaching | Male | Senior |
| 96 | 11:36:00 | Mark | Flannery | Team Swift | Male | Veteran |
| 97 | 11:37:00 | Mark | Ellis | Team Milton Keynes | Male | Veteran |
| 98 | 11:38:00 | Adrian | Hughes | Seamons CC | Male | Veteran |
| 99 | 11:39:00 | John | Cockrill | Abellio - SFA Racing Team | Male | Senior |
| 100 | 11:40:00 | Alan | Chorley | Seamons CC | Male | Veteran |
| 101 | 11:41:00 | Robert | Francis | A2B Cycle Repair Race Team | Male | Espoir |
| 102 | 11:42:00 | David | McGaw | Cambridge CC | Male | Veteran |
| 103 | 11:43:00 | Nicholas | Fennell | Thanet RC | Male | Senior |
| 104 | 11:44:00 | Greg | Parker | Estrella Bikes | Male | Veteran |
| 105 | 11:45:00 | Daniel | Northover | Finsbury Park CC | Male | Veteran |
| 106 | 11:46:00 | Scott | Burns | DRAG2ZERO | Male | Senior |
| 107 | 11:47:00 | Keith | Ainsworth | Sheffrec CC | Male | Veteran |
| 108 | 11:48:00 | Alan | Murchison | DRAG2ZERO | Male | Veteran |
| 109 | 11:49:00 | Thomas | Cornwell | Zappi Racing Team | Male | Espoir |
| 110 | 11:50:00 | Jonathan | Gates | RAF Cycling Association | Male | Veteran |
| 111 | 11:51:00 | Christopher | Fennell | The Independent Pedaler | Male | Senior |
| 112 | 11:52:00 | Chris | Massey | CES Sport | Male | Veteran |
| 113 | 11:53:00 | Marcin | Bialoblocki | NOPINZ | Male | Senior |

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