

# SPORTZMAD

## CYCLING EVENTS

[www.sportzmad.co.uk](http://www.sportzmad.co.uk)

'PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS'

**Sunday June 3rd 2018 R25/3H**

**Overflow Event 8.30am**

**Main Event 10.00am**

Timekeepers – **Start:** Norman James, **Finish:** Robin Field

**EVENT SEC: Heather Williams, Southfield, 68, Cog Rd, Sully. Cardiff Cf64**

**5TE Mobile: 07973266315. Complaints should be made in writing to the promoting secretary within 24hrs.**

**Event Headquarters - Rhigos Rugby Club, CF44 9HJ – Open from 7.30am**

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ IN THE INTERESTS OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REG 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

Course Description	Inter Miles
<b>START</b> on access road to Hirwaun Industrial Estate (E 293120/ N206180 OS Sheets 170/160) 8 yards north of lamp column No.1 and 30 yards north of junction with unclassified road (old A465) Hirwaun to Cefn Rhigos.	0.000
Proceed south to junction with unclassified road (on to the old route) and bear left to roundabout with A4061 (Rhigos mountain road) where take second exit (straight on) to Hirwaun roundabout A465 to take first exit.	1.306
Continue along A465 to Blaengwrach roundabout (McDonalds) to take second exit (straight on).	7.169
Continue on A465 to Resolven roundabout to take third exit (straight on)	10.183
Continue on A465 to <b>exit at next junction</b> (signpost Seven Sisters), climbing to the Tonna roundabout, where take first exit to Aberdulais Interchange where circle roundabout and take fourth exit down slip road to rejoin the A465 eastward.	15.063
Continue along A465 to Resolven roundabout to take second exit (straight on)	19.719
Continue on A465 to Blaengwrach roundabout (McDonalds).	22.764

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Take second exit continuing on A465, passing over river bridge and the Glynneath interchange to <b>REMAIN ON A465 to FINISH</b> in the SECOND layby on the left at a point 25 yards west of the 'Take Litter Home' sign and opposite the emergency telephone point.	25.014
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PLEASE DO NOT CROSS THE BARRIER AFTER YOUR RACE BUT CONTINUE BACK UP THE DUAL CARRIAGE WAY AND RETRACE YOUR ROUTE TO THE HEADQUARTERS

## Prize List

**Overflow/BAR event Prize:** In each of the following categories Overflow

Female BAR 1<sup>st</sup> £30 2<sup>nd</sup> £20 3<sup>rd</sup>, £10

Female Veteran - 1<sup>st</sup> £20

Male 1<sup>st</sup> - £ 30 2<sup>nd</sup> £20 3<sup>rd</sup> £10

Male Veteran- 1<sup>st</sup> £20

Fastest Junior £15.

**Men's Main Event:** In each of the following categories

Overall 1<sup>st</sup> £40 2<sup>nd</sup> £35 3<sup>rd</sup> £30

Veteran - 1<sup>st</sup> £30 2<sup>nd</sup> £20 3<sup>rd</sup> £10

**Please do not use adhesive tape to affix your race number, use the pins provided. Free tea or coffee on return of your number. A selection of cakes will be available for very reasonable prices.**

## OVERFLOW EVENT START LIST

Bib	Start Time	Firstname	Lastname	Club	Gender	Category
30	08:30:00	Andy	Kelly	Bristol South Cycling Club	Male	Veteran
31	08:31:00	Jamie	Best	Bynea Cycling Club	Male	Veteran
32	08:32:00	Jim	Beales	Dursley Road Club	Male	Veteran
33	08:33:00	Andy	Morgan	PDQ Cycle Coaching	Male	Veteran
34	08:34:00	Nadine	Cannon	VeloSistas TT Team	Female	Senior
35	08:35:00	James	Tate	Beacon Roads CC	Male	Veteran
36	08:36:00	Jon	Airey	Ross on Wye & Dist CC	Male	Veteran
37	08:37:00	Ed	Hadley	Hereford & Dist Whs CC	Male	Veteran
38	08:38:00	Tasha	Bevan	cyclisme du loup solitaire	Female	Veteran
39	08:39:00	Andrea	Parish	VeloSistas TT Team	Female	Veteran
40	08:40:00	Huw	Goodwin-Jones	Chevaliers	Male	Veteran

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41	08:41:00	Phil	Tugwell	Cardiff Triathletes	Male	Senior
42	08:42:00	Graham	Morrison	Newbury RC	Male	Veteran
43	08:43:00	Mark	Steedman	Cardiff Triathletes	Male	Veteran
44	08:44:00	Emma	Angove	73Degrees CC, WestSide Coaching	Female	Senior
45	08:45:00	Mark	Prosser	Merthyr CC	Male	Senior
46	08:46:00	Robin	Short	Performance Cycles CC	Male	Veteran
47	08:47:00	Jasmine	Jones	Cardiff Ajax CC	Female	Espoir
48	08:48:00	Mark	Palliser	Hereford & Dist Whs CC	Male	Veteran
49	08:49:00	Danuta	Tinn	Maidenhead & District CC	Female	Veteran
50	08:50:00	Jeffrey	Rees	Gower Riders Cycling Club	Male	Veteran
51	08:51:00	Stephen	Ratcliffe	Brecon Wheelers	Male	Veteran
52	08:52:00	Virginia	McGee	Charlotteville Cycling Club	Female	Veteran
53	08:53:00	Leon	Burns	Cardiff Triathletes	Male	Senior
54	08:54:00	Anthony	Redman	Acme Whs (Rhondda) CC	Male	Senior
55	08:55:00	Nigel	Croxford	High Wycombe CC	Male	Veteran
56	08:56:00	Andy	Maxwell	Nova Raiders CC	Male	Senior
57	08:57:00	Owen	Evans	Cardiff Triathletes	Male	Senior
58	08:58:00	Ali	Charles	Gloucester City Cycling Club	Female	Veteran
59	08:59:00	Mike	Cox	Chippenham & District Wheelers	Male	Veteran
60	09:00:00	Simon	Kinsey	Virtual Cycling Club	Male	Veteran
61	09:01:00	Richard	franklin	Velo Club St Raphael	Male	Veteran
62	09:02:00	Dave	Driver	Yeovil Cycling Club	Male	Veteran
63	09:03:00	Robert	Latchem	Somer Valley Cycling Club	Male	Veteran
64	09:04:00	Roger	Wood	Pontypool Road Cycling Club	Male	Veteran
65	09:05:00	Chris	Jolliffe	Crawley Wheelers	Male	Veteran
66	09:06:00	Neil	downes	Forza	Male	Veteran
67	09:07:00	Gerry	Peppin	Corinium Cycle Club	Male	Veteran
68	09:08:00	Milly	Kipling	Cardiff Triathletes	Female	Senior
69	09:09:00	Adam	Jarps	Team Bottrill / Vanguard	Male	Junior
70	09:10:00	Fidel	Gonzalez	South Western RC/Evans Cycles	Male	Veteran
71	09:11:00	Russell	boon	Avonlea/Treasure RT	Male	Veteran
72	09:12:00	Adrian	Tasker	Stafford RC	Male	Veteran
73	09:13:00	Michael	Collins	Bristol South Cycling Club	Male	Veteran
74	09:14:00	John	shehan	Bynea Cycling Club	Male	Veteran
75	09:15:00	Robert	Barnard	Team Cystic Fibrosis	Male	Veteran
76	09:16:00	Jack	TREMLETT	Bynea Cycling Club	Male	Senior
77	09:17:00	James	Hargreaves	Kenilworth Whs	Male	Veteran
78	09:18:00	Michael	Kipling	Cardiff Triathletes	Male	Senior
79	09:19:00	Katie	Greves	AS Test Team	Female	Senior
80	09:20:00	Susan	Semple	Born to Bike - Bridgtown Cycles	Female	Veteran
81	09:21:00	Paul	Lacey	Royal Navy & Royal Marines CA	Male	Senior
82	09:22:00	Geoff	Edgerton	North Shropshire Wheelers	Male	Veteran
83	09:23:00	Huw	MORGAN	Narberth Dynamos Cycling Club	Male	Veteran
84	09:24:00	Thomas	Harrington	Abergavenny RC	Male	Junior
85	09:25:00	Becky	Smith	Mid Devon CC	Female	Veteran

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86	09:26:00	David	Roe	Revo Racing	Male	Veteran
87	09:27:00	Katherine	Brace	Tenby Aces CC	Female	Senior
88	09:28:00	Kevin	Grant	Frome and District Wheelers	Male	Veteran
89	09:29:00	Thomas	Cornwell	In-Gear Quickvit Italy Bike Tours RT	Male	Junior
90	09:30:00	Martin	Howe	VELOFLOW CC	Male	Veteran
91	09:31:00	Brad	Davies	Bynea Cycling Club	Male	Veteran
92	09:32:00	John J	Murphy	Gloucester City Cycling Club	Male	Veteran
93	09:33:00	Gillian	Hopkins	Team CRANC	Female	Veteran
94	09:34:00	Samuel	Hall	VeloRunner RT	Male	Juvenile
95	09:35:00	Phil	Guy	North Shropshire Wheelers	Male	Veteran
96	09:36:00	Gareth	Rees	Tenby Aces CC	Male	Veteran
97	09:37:00	Tim	Brace	Team NBCC	Male	Veteran
98	09:38:00	Michael	Battersby	Cardiff Triathletes	Male	Veteran
99	09:39:00	Vicky	Gill	DRAG2ZERO	Female	Senior
100	09:40:00	Anthony	Mansell	Ogmore Valley Wheelers	Male	Veteran
101	09:41:00	Andrew	Rose	Nova Raiders CC	Male	Veteran
102	09:42:00	Sharon	clifford	SheHair Racing Team	Female	Veteran
103	09:43:00	Ross	Thomas	N.E.W.T Triathlon Club	Male	Senior
104	09:44:00	Louisa	Cooper	Bournemouth Jubilee Whs	Female	Senior
105	09:45:00	Clare	Greenwood	Bush Healthcare CRT	Female	Veteran
106	09:46:00	Tracy	Rowlinson	Lyme Racing Club	Female	Veteran
107	09:47:00	Mark	Rooke	Rhondda Triathlon Club	Male	Veteran
108	09:48:00	Diane	Hynam	Bynea Cycling Club	Female	Veteran
109	09:49:00	Crystal	Spearman	NOPINZ	Female	Senior
110	09:50:00	Michelle	Fishbourne	Team Backstedt Bike Performance	Female	Veteran
111	09:51:00	Susan	Shook	Bush Healthcare CRT	Female	Veteran
112	09:52:00	Diane	Wilson-Evans	Bynea Cycling Club	Female	Veteran
113	09:53:00	John	Howells	Corinium Cycle Club	Male	Veteran
114	09:54:00	Tina	Reid	trainSharp	Female	Veteran
115	09:55:00	Joanna	Knight	Bristol South Cycling Club	Female	Veteran
116	09:56:00	Lynn	Hanson	Seacroft Whs	Female	Veteran
117	09:57:00	Robert	Jolliffe	New Forest CC	Male	Veteran
118	09:58:00	Sandra	Burrows	Vive Le Velo	Female	Veteran
119	09:59:00	Tom	Temple	Primera-Teamjobs	Male	Junior
120	10:00:00	Harrison	Wood	Mid Devon CC	Male	Junior

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## MAIN EVENT START LIST

Bib	Start Time	Firstname	Lastname	Club	Gender	Category
1	10:01:00	Mark	Bradley	Bristol South Cycling Club	Male	Veteran
2	10:02:00	Phil	Barnes	Team Swift	Male	Veteran
3	10:03:00	Chris	Hall	Born to Bike - Bridgtown Cycles	Male	Veteran
4	10:04:00	Marco	Marletta	Cardiff Jif	Male	Veteran
5	10:05:00	Chris	Fishbourne	Team Backstedt Bike Performance	Male	Veteran
6	10:06:00	David	Wilson-Evans	Bynea Cycling Club	Male	Veteran
7	10:07:00	nick	Hanson	Seacroft Whs	Male	Veteran
8	10:08:00	Leon	Evans	Cardiff Ajax CC	Male	Veteran
9	10:09:00	Michael	Smith	Raw Sport	Male	Senior
10	10:10:00	Gavin	Hinxman	DRAG2ZERO	Male	Veteran
11	10:11:00	Nick	Livermore	Bristol South CC	Male	Senior
12	10:12:00	Martyn	Leach	Revo Racing	Male	Veteran
13	10:13:00	Gary	Jones	Pontypool Road CC	Male	Veteran
14	10:14:00	Steven	Madeley	Ogmore Valley Whs	Male	Veteran
15	10:15:00	Andrew	Newey	Ribble Valley C&RC	Male	Senior
16	10:16:00	Gareth	Jones	Clevedon & District RC	Male	Veteran
17	10:17:00	Daniel	Kempe	Bristol South Cycling Club	Male	Veteran
18	10:18:00	Paul	Stephens	Ross on Wye & Dist CC	Male	Veteran
19	10:19:00	David	Singleton	Acme Whs (Rhondda) CC	Male	Veteran
20	10:20:00	Gavin	Tillson	cyclisme du loup solitaire	Male	Veteran
21	10:21:00	Geoff	Reynolds	Hemel Hempstead CC	Male	Veteran
22	10:22:00	Tim	Childs	Westerley Cycling Club	Male	Veteran
23	10:23:00	chris	martin	Yeovil Cycling Club	Male	Veteran
24	10:24:00	Mervyn	Wilson	North Lancashire RC	Male	Veteran
25	10:25:00	Henry	Farrell	Full Gas Racing Team	Male	Senior
26	10:26:00	Alastair	Luxford	Full Gas Racing Team	Male	Senior
27	10:27:00	Christopher	Edginton	Fairly United Cycling Team	Male	Veteran
28	10:28:00	Adrian	Gorham	Kettering CC	Male	Veteran
29	10:29:00	Martin	Keable	Kettering CC	Male	Veteran
30	10:30:00	Michael	Portlock	Merthyr CC	Male	Veteran
31	10:31:00	Alastair	Semple	Stafford RC	Male	Veteran
32	10:32:00	Randle	shenton	Team Swift	Male	Veteran
33	10:33:00	jase	cakebread	Christchurch Bicycle Club	Male	Veteran
34	10:34:00	Marc	Preece	RAF Cycling Association	Male	Veteran
35	10:35:00	Paul	Winchcombe	Chippenham & District Whs	Male	Veteran
36	10:36:00	Paul	Hayward	Pontypool Road Cycling Club	Male	Veteran

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37	10:37:00	Russell	Kingston	Madison Genesis	Male	Veteran
38	10:38:00	Rob	Hall	Salt and Sham Cycle Club	Male	Veteran
39	10:39:00	Steven	Loraine	Team Swift	Male	Veteran
40	10:40:00	Lee	Francis	Velo Club Bristol - Webbs Cycles	Male	Senior
41	10:41:00	Simon	Drewett	Fairly United Cycling Team	Male	Veteran
42	10:42:00	Sam	Anderton	Transition Race Team	Male	Senior
43	10:43:00	Jon	Vickery	Cwmcarn Paragon RC	Male	Veteran
44	10:44:00	peter	ackroyd	Cheltenham & County CC	Male	Veteran
45	10:45:00	Ady	Dench	Triathlon Coaching U.K.	Male	Veteran
46	10:46:00	Peter	Oliver	Fairly United Cycling Team	Male	Veteran
47	10:47:00	Rhys	Thomas	Southampton Uni RC	Male	Senior
48	10:48:00	Dean	Prosser	Hereford & Dist Whs CC	Male	Veteran
49	10:49:00	Paul	Freeguard	Chippenham & District Wheelers	Male	Veteran
50	10:50:00	James	Cook	Radeon-Cycology RT	Male	Senior
51	10:51:00	Shaun	Mchugh	North Lancashire RC	Male	Veteran
52	10:52:00	mike	logue	Fairly United Cycling Team	Male	Veteran
53	10:53:00	Andy	Millward	Yeovil Cycling Club	Male	Veteran
54	10:54:00	Pete	Harris	Andover Wheelers	Male	Veteran
55	10:55:00	Phil	Willoughby	Towy Racing Cycling Club	Male	Senior
56	10:56:00	Michael	Knight	Team Bottrill / Vanguard	Male	Senior
57	10:57:00	Ross	McNally	Pembrokeshire Velo	Male	Senior
58	10:58:00	malcolm	Rose	Oxonian CC	Male	Veteran
59	10:59:00	Matt	Heaman	Severn Valley Cycles	Male	Veteran
60	11:00:00	philip	bray	Plymouth Corinthian CC	Male	Senior
61	11:01:00	Edward	Priddy	Solihull CC	Male	Veteran
62	11:02:00	Andrew	Halliday	Westerley Cycling Club	Male	Veteran
63	11:03:00	Andy	Sharman	Baines Racing	Male	Veteran
64	11:04:00	Terry	Anthony	Ogmore Valley Wheelers	Male	Veteran
65	11:05:00	Joseph	Costello	Walsall Roads Cycling C	Male	Veteran
66	11:06:00	Neil	Gregory	Port Talbot Whs CC	Male	Veteran
67	11:07:00	Steve	Burrows	Vive Le Velo	Male	Veteran
68	11:08:00	James	Goward	Farnborough & Camberley CC	Male	Veteran
69	11:09:00	Michael	Cope	Kettering CC	Male	Veteran
70	11:10:00	Matt	Langworthy	Saint Piran	Male	Espoir
71	11:11:00	Rod	Hicks	Port Talbot Whs CC	Male	Veteran
72	11:12:00	Martin	Stanley	Didcot Phoenix CC	Male	Veteran
73	11:13:00	Steve	Mountford	Solihull CC	Male	Veteran
74	11:14:00	Barrie	Whittaker	Lyme Racing Club	Male	Veteran
75	11:15:00	Colin	Wallace	Merthyr CC	Male	Veteran
76	11:16:00	Terry	Icke	Poole Whs	Male	Veteran
77	11:17:00	chris	scawn	Plymouth Corinthian CC	Male	Veteran
78	11:18:00	Peter	Blackwell	Solihull CC	Male	Veteran
79	11:19:00	Alan	Tremlett	Guernsey Velo Club	Male	Veteran
80	11:20:00	Darren	Webb	Somerset Road Club	Male	Senior

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81	11:21:00	Richard	Gildea	Didcot Phoenix CC	Male	Senior
82	11:22:00	Lee	Perrott	Cycle Specific	Male	Senior
83	11:23:00	Ian	Greenstreet	AeroCoach	Male	Veteran
84	11:24:00	Paul	Walshe	Plymouth Corinthian CC	Male	Veteran
85	11:25:00	Jonathan	Gates	RAF Cycling Association	Male	Veteran
86	11:26:00	Tony	Chapman	Frome and District Whs	Male	Veteran
87	11:27:00	Steven	Cottington	Bath Cycling Club	Male	Veteran
88	11:28:00	Felix	Wilkinson	Velo Club Montpellier	Male	Espoir
89	11:29:00	Andy	Davies	Cardiff Jif	Male	Senior
90	11:30:00	Seb	Tremlett	Guernsey Velo Club	Male	Senior
91	11:31:00	Greg	Parker	CC Weymouth	Male	Veteran
92	11:32:00	Richard	Gambling	Team Backstedt Bike Performance	Male	Veteran
93	11:33:00	Mark	Brock	Somerset Road Club	Male	Veteran
94	11:34:00	Patrick	Dunn	CC Weymouth	Male	Veteran
95	11:35:00	Jeremy	Archer	RT 316	Male	Veteran
96	11:36:00	Andy	Turner	Team Bottrill / Vanguard	Male	Senior
97	11:37:00	Mike	Piper	Abellio - SFA Racing Team	Male	Veteran
98	11:38:00	Dan	Sadler	RT 316	Male	Veteran
99	11:39:00	Andrew	Grant	Cambridge CC	Male	Veteran
100	11:40:00	Mark	Woolford	Team Swindon Cycles	Male	Veteran
101	11:41:00	Alan	Murchison	DRAG2ZERO	Male	Veteran
102	11:42:00	Jon	Surtees	NOPINZ	Male	Veteran
103	11:43:00	Leigh	Smith	JCA Equipe Velo	Male	Senior
104	11:44:00	Peter	Greenwood	Team Swift	Male	Veteran
105	11:45:00	Chris	Boddy	Didcot Phoenix CC	Male	Senior
106	11:46:00	Mark	Ellis	Team Milton Keynes	Male	Veteran
107	11:47:00	cliff	voller	Newbury RC	Male	Veteran
108	11:48:00	Grant	Bigham	VeloRunner RT	Male	Senior
109	11:49:00	Adrian	Hughes	Seamons CC	Male	Veteran
110	11:50:00	Andrew	Wright	High Wycombe CC	Male	Veteran
111	11:51:00	Keith	Ainsworth	Sheffrec CC	Male	Veteran
112	11:52:00	Stephen	Hall	VeloRunner RT	Male	Veteran
113	11:53:00	Philip	Murrell	Finsbury Park CC	Male	Veteran
114	11:54:00	David	Francis	Tribe of one (FTV)	Male	Veteran
115	11:55:00	Will	Bevan	Ross on Wye & Dist CC	Male	Senior
116	11:56:00	Chris	Goodfellow	DRAG2ZERO	Male	Senior
117	11:57:00	Howard	Shaw	Eastbourne Rovers CC	Male	Senior
118	11:58:00	Tom	Cox	Northover VT / Rudy Project	Male	Veteran
119	11:59:00	Tom	Bertenshaw	Severn Road Club	Male	Senior
120	12:00:00	Scott	Davies	Team Wiggins	Male	Senior

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