

Welsh 25 Mile Time Trial Championship 2017 for Men, Women & Juniors + Non Championship Overflow Event



Promoted for and on behalf of Cycling Time Trials Under their rules and regulations

Promoted for the
Welsh Cycling Association
by



Sunday 30 April 2017

Timekeepers: Start:- Norman James . Finish:- Robin Field, Frances Field and Bob Jones
Pusher off: Paul Robinson, Marshalls: Haycox family and Andy Grist as well as Sharon Preddy
Catering. Event Secretary: Martyn Heritage-Owen. 28 Clos Tyla Bach, St Mellons, Cardiff.
CF3 0EJ Tel: 0778 606 7819 E-mail: coaching@realteam.co.uk

Congratulations to all the prize winners, especially Kieron on a successful defence of his title in a superlative time and for his gracious words on the podium. Hopefully all prize winner will be able to collect your trophies and plaques in person at the awards dinner in November. A strong breeze made for uncomfortable conditions but there were some great times done and the Championship fielding setting in the Men's event certainly seemed to spur on the competition.

Come back in the summer in warmer weather! The same Realteam team will be promoting again on this course on 23rd July and 20th August. See also the Celtic Series events on the R10/17 for the 15th and 29th June. I'm absolutely delighted to be promoting my first National Championship, the Woman's and the Junior 25 on the 5th August. Note the early championship closing deadline of 11th July

<https://www.cyclingtimetrials.org.uk/race-details/15696>

<https://www.cyclingtimetrials.org.uk/race-details/15697>

Men's Championship	Winner			
1 st . Championship Trophy (for one year WCA Plaque & invitation to BAR lunch)	Kieron Davies - Drag2Zero - 45:24			
2 nd WCA Plaque	Ioan Smallwood – Cardiff Ajax - 47:36			
3 rd WCA Plaque	George Evans - Team Bottrill / HSS Hire - 48:24			
Women's Championship				
1 st Championship Trophy (for one year WCA Plaque & invitation to BAR lunch)	Eileen Burns - Ballymena RC (UCI reg) - 53:07			
2 nd WCA Plaque	Kate Allen – Drag2Zero - 53:09			
3 rd WCA Plaque	Stephanie Post - VeloSistas TT Team - 55:56			
Juniors Championship				
1 st Championship Trophy (for one year WCA Plaque & invitation to BAR lunch)	Josh Griffiths – Bristol South CC – 53:33 Joe Rees – Cardiff Ajax CC – 53:33			
1 st Woman WCA Plaque	Emily Tillet – Liv CC – Epic Coaching – 1:03:44			
Champion Team	Fastest team of three riders from the Championship fields			
Championship Team Shield (for 1 year) WCA Plaques & invitations to BAR lunch	Team Bottrill / HSS Hire – 2:28:51 George Evans - 48:24 Lewis Keightley - 48:42 Graham Kempe - 51:45			
Fastest Man from Overflow Event WCA Plaque	Laurence Plant – AS Test Team – 51:35			
Awards	Winner			
Fastest Man Vet in Age Bands VA – VG WCA Plaque	VA	Andy Jackson	SLL Racing Team	48:28
	VB	Chris Jones	Ride Bike Wales	52:06
	VC	Greg Parker	V C St Raphael	50:49
	VD	Steve Cottington	Bath CC	53:03
	VE	David Evans	Team Echelon	56:48
	VF	Chris Scrawn	Plymouth Corinthian CC	55:34
	VG	Terry Icke	V C St Raphael	57:36
	VH	John Howells	Corinium CC	1:09:58

Fastest Woman Vet in Age Bands WVA - WVF WCA Plaque	WVA	Kirsty Murray	Pembrokshire Velo	01:02:25
	WVB	Andrea Parish	VeloSista TT Team	00:57:50
	WVC	Louise Georgi	Giant CC – Halo Films	01:05:37
	WVD	Joanna Knight	Bristol South CC	01:04:11
	WVE	Deborah Sheriden	Warwickshire RC	01:05:32
	WVF	Diane Hynam	Bynea Cycling Club	01:15:06
Greatest Improvement on last three seasons WCA Plaque	Rebecca Richardson – Hafren CC – 7:50			

National and Welsh Championships 2017

Distance	Date	Course Code	Organised by
10 Miles	Sunday 13 August	R10/17	Pontypool RCC - (Dax Jenkins)
50 Miles	Sunday 24 September	R50/1b	Welsh CA – www.realteam.co.uk - (Martyn Heritage-Owen)
100 Miles	Sunday 3 September	R100/8	Welsh CA - (Robin Field)
12 Hour	Sunday 9 July	R12/16	Welsh CA - (Robin Field)
Hill Climb	Sunday 17 September	D0/600	WCA – Energy Cycles - (John Keightley)

MENS CHAMPIONSHIP

No	Name	club	Age Band	LTS	Improve	Result
1	Kieron Davies	DRAG2ZERO	S	00:45:34	00:00:10	00:45:24
2	Ioan Smallwood	Cardiff Ajax CC	S	00:48:14	00:00:38	00:47:36
3	George Evans	Team Bottrill / HSS Hire	Esp	00:48:41	00:00:17	00:48:24
4	Andy Jackson	SLL Racing Team	A	00:47:05	00:01:23	00:48:28
5	Lewis Keightley	Team Bottrill / HSS Hire	S	00:48:05	00:00:37	00:48:42
6	Robert West	AeroCoach	A	00:49:35	00:00:12	00:49:47
7	Chris Gibbard	Bynea Cycling Club	S	00:49:40	00:00:26	00:50:06
8	James Phillips	Dream Cycling	S	00:55:29	00:04:54	00:50:35
9	Philip Tucker	Bynea Cycling Club	S	00:51:14	00:00:27	00:50:47
10	Greg Parker	Velo Club St Raphael	C	00:49:27	00:01:22	00:50:49
11	David Bucknall	Royal Dean Forest Cycle Club	A	00:51:03	00:00:01	00:51:02
12	Gavin Macdougall	Tavistock Whs CC	C	00:52:19	00:00:53	00:51:26
13	Jonathan Gates	Royal Air Force Cycling Association	A	00:49:29	00:02:02	00:51:31
14	Graham Kemp	Team Bottrill / HSS Hire	S	00:53:29	00:01:44	00:51:45
14	Luke Cornish	Cwmcarn Paragon Road Club	S	00:49:54	00:01:51	00:51:45
16	Chris Massey	Team Bottrill / HSS Hire	A	00:51:17	00:00:46	00:52:03
17	Christopher Jones	Ride Bike Wales	B	00:50:16	00:01:50	00:52:06
18	Paul Jones	Primera-Teamjobs	B	00:50:37	00:01:40	00:52:17
19	Michael Lewis	Rhyl CC	S	00:53:40	00:01:18	00:52:22
20	Chris Holman	Team Bottrill / HSS Hire	S	00:51:58	00:00:34	00:52:32
21	Carwyn Davies	Cwmcarn Paragon Road Club	S	00:52:27	00:00:10	00:52:37
22	Garry Ellis	Energy Cycling Club/Clwb Beicio Egni	C	00:52:21	00:00:23	00:52:44
23	Adrian Lane	1st Chard Wheelers	Esp	00:52:23	00:00:27	00:52:50
24	Andrew Rowles	Cardiff Ajax CC	S	00:52:10	00:00:42	00:52:52
25	Steven Cottington	Bath Cycling Club	D	00:51:24	00:01:39	00:53:03
26	Neil Holden	Lutterworth Cycle Centre Racing Team	B	00:52:39	00:00:30	00:53:09
27	Nick Young	Yeovil Cycling Club	C	00:53:35	00:00:22	00:53:13
28	John Regan	Pembrokeshire Velo	B	00:52:10	00:01:30	00:53:40
29	Nick Brown	Team NBCC	D	00:52:51	00:00:53	00:53:44
30	Dean Ware	Merthyr CC	S	00:54:46	00:00:57	00:53:49
31	Dyfan Evans	Wrexham RC	S	00:55:47	00:01:56	00:53:51
32	Alun Owen	CC Abergavenny / JP Signs & Print	B	00:54:38	00:00:37	00:54:01
33	David Francis	Team NBCC	B	00:51:16	00:02:51	00:54:07
34	Gary Flower	Acme Whs (Rhondda) CC	B	00:54:39	00:00:23	00:54:16
35	Mark Bradley	Bristol South Cycling Club	C	00:53:04	00:01:21	00:54:25
36	Daniel Kempe	Bristol South Cycling Club	C	00:54:07	00:00:22	00:54:29
37	Gareth Jones	Clevedon & District Road Club	B	00:53:47	00:00:43	00:54:30
38	Richard Long	Merthyr CC	S	00:53:38	00:01:00	00:54:38
39	Stephen Evans	Bynea Cycling Club	S	00:55:00	00:00:10	00:54:50
40	Andy Davies	Cardiff Jif	S	00:53:47	00:01:07	00:54:54

No	Name	club	Age Band	LTS	Improve	Result
41	Paul Coles	73Degrees CC	A	00:52:39	00:02:21	00:55:00
42	Paul Winchcombe	Chippenham & District Wheelers	D	00:55:22	00:00:10	00:55:12
43	Steve Curry	Ogmore Valley Wheelers CC	C	00:54:38	00:00:46	00:55:24
44	Wayne Thomas	Pontypool Road Cycling Club	A	00:53:40	00:01:51	00:55:31
45	Chris Scawn	Plymouth Corinthian CC	F	00:54:15	00:01:19	00:55:34
46	Stephen Taylor	Team NBCC	C	00:54:52	00:00:46	00:55:38
47	Grant Whiteside	Pontypool Road Cycling Club	A	00:57:32	00:01:50	00:55:42
48	Alun Williams	Energy Cycling Club/Clwb Beicio Egni	B	00:57:50	00:01:56	00:55:54
49	Anthony Hayward	Milford Tritons Cycling Club	S	00:55:19	00:00:52	00:56:11
50	Jason Williams	Cwmcarn Paragon Road Club	B	00:54:35	00:01:41	00:56:16
51	Wayne Owen	Energy Cycling Club/Clwb Beicio Egni	B	00:53:07	00:03:32	00:56:39
52	David Evans	Team Echelon	E	00:52:48	00:04:00	00:56:48
53	Stuart McCormick	Chester RC	B	00:54:28	00:02:29	00:56:57
54	Richard Coleman	Stourbridge Velo	E	00:53:19	00:03:56	00:57:15
55	Gary Jones	Pontypool Road Cycling Club	C	00:57:28	00:00:12	00:57:16
56	Tom Cox	Northover VT / Rudy Project	E	00:55:08	00:02:09	00:57:17
57	Nigel Taylor	Cardiff Triathletes	A	00:54:03	00:03:16	00:57:19
58	Terry Icke	Velo Club St Raphael	G	00:52:38	00:04:58	00:57:36
59	Mark Andrews	Merthyr CC	B	00:55:44	00:02:14	00:57:58
60	Mike Broadbent	Swansea Wheelers/CS Abertawe	D	00:55:19	00:02:42	00:58:01
61	Robert Hughes	Ride Bike Wales	C	00:53:52	00:04:30	00:58:22
62	Jon Vickery	Cwmcarn Paragon Road Club	C	00:54:43	00:03:49	00:58:32
63	Steve Evans	Bynea Cycling Club	B	00:55:49	00:02:49	00:58:38
64	Marco Marletta	Cardiff Jif	C	00:57:35	00:01:14	00:58:49
65	Andrew Hayward	Cwmcarn Paragon Road Club	B	00:56:14	00:02:37	00:58:51
66	Hugh Davies	Port Talbot Whs CC	G	00:56:21	00:03:33	00:59:54
67	Paul Stephens	Ross on Wye & Dist CC	C	00:55:59	00:03:57	00:59:56
68	Andrew Gibson	Gravesend CC	B	00:56:06	00:04:25	01:00:31
69	Gareth Chislett	CC Blaenau Gwent	A	00:57:12	00:05:06	01:02:18
70	Jeffrey Rees	Acme Whs (Rhondda) CC	C	00:58:03	00:05:32	01:03:35
71	Martin Lines	Worcester St. Johns CC * inc 37:56 LS	B	00:54:24	00:37:15	01:31:39
	John Shehan	Bynea Cycling Club	G	00:58:08		DNF
	Jonny Allen	Islington Cycling Club	S	00:56:25		DNF
	Earl Smith	Severn Valley Cycles	B	00:52:24		DNS
	Sacha Ring	New Forest CC	B	00:55:12		DNS
	David Wilson-Evans	Bynea Cycling Club	E	00:54:23		DNS
	Etienne Georgi	Team Wiggins	Esp	00:58:15		DNS
	Steffan Jones	Energy Cycling Club/Clwb Beicio Egni	B	00:58:08		DNS
	Michael Wilkinson	North Notts Olympic CC	D	00:57:52		DNS
	Simon Kinsey	Acme Whs (Rhondda) CC	B	00:57:59		DNS
	Edric Hobbs	Bike City T3	C	00:57:47		DNS
	Guy Evans	Hereford & Dist Whs CC	D	00:57:44		DNS

No	Name	club	Age Band	LTS	Improve	Result
	Andrew Curley	Warwickshire Road Club	C	00:57:37		DNS
	Matthew Phillips	Towy Racing Cycling Club (TRCC)	S	00:57:19		DNS
	Joshua Lewis	Bike Doctor	S	00:57:03		DNS
	Steven Madeley	Ogmore Valley Wheelers CC	D	00:56:25		DNS
	Jon Brumfield	Poundbury Cyclesport	A	00:56:13		DNS
	Daryl Godden	Gloucester City Cycling Club	D	00:55:55		DNS
	Mitch Russell	Energy Cycling Club/Clwb Beicio Egni	S	00:55:50		DNS
	Anthony Redman	Acme Whs (Rhondda) CC	S	00:55:43		DNS
	Rob Jones	Cardiff Ajax CC	A	00:55:25		DNS
	Norman Griffin	Vive Le Velo	D	00:55:18		DNS
	Edward Nicholson	Team Bottrill / HSS Hire	C	00:55:13		DNS
	Ross Simpson	Port Talbot Whs CC	S	00:55:13		DNS
	Neil Poulton	Abergavenny RC	S	00:55:10		DNS
	Danny Roberts	Anglesey Cycling Group	S	00:54:54		DNS
	Peter Lloyd	Team NBCC	C	00:54:38		DNS
	Trevor Lloyd	Swansea Wheelers/CS Abertawe	C	00:54:28		DNS
	Rod Hicks	Port Talbot Whs CC	C	00:54:17		DNS
	Rob Hussey	Severn Valley Cycles	S	00:53:49		DNS
	Scott Mcardle	Cheltenham & County Cycling Club	E	00:53:30		DNS
	Mark Woolford	Trainsharp	C	00:53:25		DNS
	David Brice	Bynea Cycling Club	D	00:53:09		DNS
	Arwel Davies	Towy Racing Cycling Club (TRCC)	A	00:53:00		DNS
	Daniel Watts	Royal Air Force Cycling Association	S	00:52:59		DNS
	Ryan Davies	AS Test Team	S	00:52:50		DNS
	Michael Portlock	Merthyr CC	B	00:52:30		DNS
	James Cook	Cycology Bikes	Esp	00:52:18		DNS
	Philip Murrell	Finsbury Park CC	B	00:52:18		DNS
	Andrew Tomkins	Lutterworth Cycle Centre Racing Team	A	00:52:02		DNS
	Nic Cleave	Swansea Wheelers/CS Abertawe	A	00:51:54		DNS
	Liam Bard	Revo Racing	S	00:50:44		DNS
	Howard Lewis	Mid Shropshire Wheelers	B	00:50:42		DNS
	Ben Phillips	Towy Racing Cycling Club (TRCC)	S	00:50:23		DNS
	Richard Gambling	Port Talbot Whs CC	A	00:50:20		DNS
	Matt Slater	Revo Racing	A	00:49:04		DNS
	Dan Evans	Team Elite/Paul Bethell Electrical	S	00:48:56		DNS
	David Woodhouse	AS Test Team	S	00:48:07		DNS
	Conrad Moss	Mid Devon CC	A	00:47:50		DNS
	Joshua Williams	Team Bottrill / HSS Hire	S	00:46:41		DNS

WOMANS & JUNIOR CHAMPIONSHIPS

Women

No	Name	club	Cat	LTS	Imp +/-	Result
1	Eileen Burns	Ballymena CC	W	00:54:16	00:01:09	00:53:07
2	Kate Allan	DRAG2ZERO	W	00:51:51	00:01:18	00:53:09
3	Stephanie Post	VeloSistas TT Team	W	00:57:46	00:01:50	00:55:56
4	Rebecca Richardson	Hafren CC	W	01:05:00	00:07:50	00:57:10
5	Clarice Chung	AS Test Team	W	00:54:13	00:03:16	00:57:29
6	Andrea Parish	VeloSistas TT Team	WB	00:55:51	00:01:59	00:57:50
7	Crystal Spearman	NOPINZ	W	00:55:04	00:03:09	00:58:13
8	Nadine Cannon	VeloSistas TT Team	W	00:57:01	00:01:16	00:58:17
9	Emma Angove	Chippenham & District Wheelers	W	01:04:11	00:03:23	01:00:48
10	Danielle Flawn	Tredz Bikes	W	01:00:07	00:00:55	01:01:02
11	Kari Jones	VeloSistas TT Team	W	01:00:03	00:01:20	01:01:23
11	Lucy Davies	Arctic Tacx RT	W	01:04:59	00:03:36	01:01:23
13	Bethany Taylor	Salt and Sham Cycle Club	WESP	00:00:00	N/A	01:01:25
13	Kirsty Murray	Pembrokeshire Velo	WA	00:58:21	00:04:04	01:02:25
15	Jasmine Bowyer	Cardiff Ajax CC	W	00:59:22	00:04:17	01:03:39
16	Joanna Knight	Bristol South Cycling Club	WD	00:58:43	00:05:28	01:04:11
17	Alison Torode	Born to Bike - Bridgtown Cycles	WA	01:05:03	00:00:21	01:04:42
18	Claire Hann (inc 4:11 LT)	Bristol & District Triathletes (BAD TRI)	W	00:55:45	00:09:32	01:05:17
19	Deborah Sheridan	Warwickshire Road Club	WE	01:02:27	00:03:05	01:05:32
20	Louise Georgi	Giant CC - Halo Films	WC	01:04:32	00:01:05	01:05:37
21	Claire Manson	Cardiff Triathletes	W	01:09:30	00:01:15	01:08:15
22	Diane Wynne	VC Sevale (Malvern)	WC	01:05:00	00:05:48	01:10:48
23	Julie Stephens	Ross on Wye & Dist CC	WC	01:07:45	00:03:33	01:11:18
24	Diane Hynam	Bynea Cycling Club	WF	01:08:33	00:06:33	01:15:06
	Karenmichelle Spiteri	Salt and Sham Cycle Club	WC	01:09:51	N/A	DNS
	Fenella Brown	Warwickshire Road Club	WB	01:06:37	N/A	DNS
	Diane Wilson-Evans	Bynea Cycling Club	WD	01:03:13	N/A	DNS
	Sarah Wise	CC Weymouth	W	01:04:00	N/A	DNS

Junior Women

No	Name	club	Cat	LTS	Imp +/-	Result
1	Emily Tillet	Liv CC - Epic Coaching	WJUN	00:00:00	N/A	01:03:44
	Pfeiffer Georgi	Liv CC - Epic Coaching	WJUN	00:55:52	N/A	DNS
	Jessica Roberts	Liv CC - Epic Coaching	WJUN	00:00:00	N/A	DNS

Junior Men

No	Name	club	Cat	LTS	Imp +/-	Result
1	Josh Griffiths	Bristol South Cycling Club	JUN	00:51:06	00:02:27	00:53:33
1	Joe Rees	Cardiff Ajax CC	JUN	00:00:00	N/A	00:53:33
3	Matthew Hanford	Bynea Cycling Club	JUN	00:00:00	N/A	00:58:54
4	Morgan Ley	Port Talbot Whs CC	JUN	00:58:57	00:06:03	01:05:00
	Zak Coleman	Team PedalRevolution.co.uk	JUN	00:00:00	N/A	DNS

Vet A Men

No	Name	club	Age Band	LTS	Improve	Result
1	Andy Jackson	SSL Racing Team	A	00:47:05	00:01:23	00:48:28
2	Robert West	AeroCoach	A	00:49:35	00:00:12	00:49:47
3	David Bucknall	Royal Dean Forest Cycle Club	A	00:51:03	00:00:01	00:51:02
4	Jonathan Gates	Royal Air Force Cycling Association	A	00:49:29	00:02:02	00:51:31
5	Chris Massey	Team Bottrill / HSS Hire	A	00:51:17	00:00:46	00:52:03
6	Paul Coles	73Degrees CC	A	00:52:39	00:02:21	00:55:00
7	Simon Adcock	Worcester St. Johns CC	A	00:59:15	00:04:08	00:55:07
8	Wayne Thomas	Pontypool Road Cycling Club	A	00:53:40	00:01:51	00:55:31
9	Grant Whiteside	Pontypool Road Cycling Club	A	00:57:32	00:01:50	00:55:42
10	Ian Lindsay	Royal Navy & Royal Marines CA	A	00:55:23	00:00:31	00:55:54
11	Nigel Taylor	Cardiff Triathletes	A	00:54:03	00:03:16	00:57:19
12	James Manson	Cardiff Triathletes	A	00:58:20	00:00:39	00:57:41
13	Jason Roberts	Bynea Cycling Club	A	00:00:00	N/A	00:58:14
14	Simon Davies	Milford Tritons Cycling Club	A	00:00:00	N/A	00:59:19
15	Gareth Chislett	CC Blaenau Gwent	A	00:57:12	00:05:06	01:02:18

Vet B Men

No	Name	club	Age Band	LTS	Improve	Result
1	Christopher Jones	Ride Bike Wales	B	00:50:16	00:01:50	00:52:06
2	Paul Jones	Primera-Teamjobs	B	00:50:37	00:01:40	00:52:17
3	Neil Holden	Lutterworth Cycle Centre Racing Team	B	00:52:39	00:00:30	00:53:09
4	John Regan	Pembrokeshire Velo	B	00:52:10	00:01:30	00:53:40
5	Alun Owen	CC Abergavenny / JP Signs & Print	B	00:54:38	00:00:37	00:54:01
6	David Francis	Team NBCC	B	00:51:16	00:02:51	00:54:07
7	Gary Flower	Acme Whs (Rhondda) CC	B	00:54:39	00:00:23	00:54:16
8	Gareth Jones	Clevedon & District Road Club	B	00:53:47	00:00:43	00:54:30
9	Alun Williams	Energy Cycling Club/Clwb Beicio Egni	B	00:57:50	00:01:56	00:55:54

No	Name	club	Age Band	LTS	Improve	Result
10	Jason Williams	Cwmcarn Paragon Road Club	B	00:54:35	00:01:41	00:56:16
11	Simon Witts	Gloucester City Cycling Club	B	01:02:18	00:05:43	00:56:35
12	Wayne Owen	Energy Cycling Club/Clwb Beicio Egni	B	00:53:07	00:03:32	00:56:39
13	Stuart McCormick	Chester RC	B	00:54:28	00:02:29	00:56:57
14	Mark Andrews	Merthyr CC	B	00:55:44	00:02:14	00:57:58
15	Steve Evans	Bynea Cycling Club	B	00:55:49	00:02:49	00:58:38
16	Andrew Hayward	Cwmcarn Paragon Road Club	B	00:56:14	00:02:37	00:58:51
17	John Aspell	Forza Cycles	B	00:00:00	N/A	00:58:52
18	Robert Smith	Warwickshire Road Club	B	00:58:58	00:00:28	00:59:26
19	Mark Hillier	Port Talbot Whs CC	B	00:00:00	N/A	01:00:27
20	Andrew Gibson	Gravesend CC	B	00:56:06	00:04:25	01:00:31
21	Stephen Ratcliffe	Brecon Wheelers	B	01:02:14	00:00:51	01:01:23
22	Jonathan Webb	Gannet CC	B	01:02:09	00:00:37	01:01:32
23	Gareth Hill	Abercynon Road Club	B	01:00:10	00:03:32	01:03:42
24	Robert Jones	Bynea Cycling Club	B	00:00:00	N/A	01:07:57
25	Martin Lines	Worcester St. Johns CC * inc 37:56 LS	B	00:54:24	00:37:15	01:31:39

Vet C Men

No	Name	club	Age Band	LTS	Improve	Result
10	Greg Parker	Velo Club St Raphael	C	00:49:27	00:01:22	00:50:49
12	Gavin Macdougall	Tavistock Whs CC	C	00:52:19	00:00:53	00:51:26
22	Garry Ellis	Energy Cycling Club/Clwb Beicio Egni	C	00:52:21	00:00:23	00:52:44
27	Nick Young	Yeovil Cycling Club	C	00:53:35	00:00:22	00:53:13
35	Mark Bradley	Bristol South Cycling Club	C	00:53:04	00:01:21	00:54:25
36	Daniel Kempe	Bristol South Cycling Club	C	00:54:07	00:00:22	00:54:29
43	Steve Curry	Ogmore Valley Wheelers CC	C	00:54:38	00:00:46	00:55:24
46	Stephen Taylor	Team NBCC	C	00:54:52	00:00:46	00:55:38
55	Gary Jones	Pontypool Road Cycling Club	C	00:57:28	00:00:12	00:57:16
61	Robert Hughes	Ride Bike Wales	C	00:53:52	00:04:30	00:58:22
62	Jon Vickery	Cwmcarn Paragon Road Club	C	00:54:43	00:03:49	00:58:32
64	Marco Marletta	Cardiff Jif	C	00:57:35	00:01:14	00:58:49
67	Paul Stephens	Ross on Wye & Dist CC	C	00:55:59	00:03:57	00:59:56
57	Russell Boon	Avonlea/Treasure RT	C	00:59:36	00:01:45	01:01:21
52	Alistair Morgan	Pontypool Road Cycling Club	C	00:59:00	00:02:46	01:01:46
37	Brad Davies	Bynea Cycling Club	C	00:59:31	00:03:37	01:03:08
70	Jeffrey Rees	Acme Whs (Rhondda) CC	C	00:58:03	00:05:32	01:03:35
44	Graham Smith	Severn Road Club	C	01:02:30	00:02:06	01:04:36

Vet D Men

No	Name	club	Age Band	LTS	Improve	Result
1	Steven Cottington	Bath Cycling Club	D	00:51:24	00:01:39	00:53:03
2	Nick Brown	Team NBCC	D	00:52:51	00:00:53	00:53:44
3	Paul Winchcombe	Chippenham & District Wheelers	D	00:55:22	00:00:10	00:55:12
4	Mike Broadbent	Swansea Wheelers/CS Abertawe	D	00:55:19	00:02:42	00:58:01
5	Les Thomas	Port Talbot Whs CC	D	00:59:37	00:02:17	01:01:54
6	Robert Finch	Arctic Tacx RT	D	01:03:57	00:01:48	01:02:09
7	Vince Evans	Wrekinsport CC	D	01:05:50	00:02:05	01:03:45

Vet E Men

No	Name	club	Age Band	LTS	Improve	Result
1	David Evans	Team Echelon	E	00:52:48	00:04:00	00:56:48
2	Richard Coleman	Stourbridge Velo	E	00:53:19	00:03:56	00:57:15
3	Tom Cox	Northover VT / Rudy Project	E	00:55:08	00:02:09	00:57:17
4	Paul Freegard	Chippenham & District Wheelers	E	01:03:28	00:03:47	00:59:41
5	Roger Wood	Pontypool Road Cycling Club	E	00:58:44	00:01:44	01:00:28
6	Terry Anthony	Ogmore Valley Wheelers CC	E	00:58:57	00:01:57	01:00:54
7	Paul Griffiths	VTTA South Wales	E	01:05:00	00:13:16	01:18:16

Vet F Men

No	Name	club	Age Band	LTS	Improve	Result
1	Chris Scawn	Plymouth Corinthian CC	F	00:54:15	00:01:19	00:55:34
2	Phil Guy	North Shropshire Wheelers	F	00:58:13	00:02:32	01:00:45
3	Neil Downes	Forza Cycles	F	01:00:00	00:01:01	01:01:01
4	Geoff Edgerton	North Shropshire Wheelers	F	01:01:21	00:01:47	01:03:08

Vet G Men

No	Name	club	Age Band	LTS	Improve	Result
1	Terry Icke	Velo Club St Raphael	G	00:52:38	00:04:58	00:57:36
2	Hugh Davies	Port Talbot Whs CC	G	00:56:21	00:03:33	00:59:54

Vet H Men

No	Name	club	Age Band	LTS	Improve	Result
1	John Howells	Corinium Cycle Club	H	01:04:20	00:05:38	01:09:58