

# Welsh 25 Mile Time Trial Championship 2018 for Men, Women & Juniors + Non Championship Overflow Event



Promoted for and on behalf of Cycling Time Trials Under their rules and regulations

Promoted for the  
**Welsh Cycling Association**  
by



**Sunday 6<sup>th</sup> May 2018**

**Timekeepers:** Start:- Tony Howell . Finish:- Robin Field, Frances Field and Norman James  
Pusher off: Paul Robinson, Marshalls: Haycox family as well as Sharon Preddy Catering. Event  
Secretary: Martyn Heritage-Owen. 28 Clos Tyla Bach, St Mellons, Cardiff. CF3 0EJ Tel:  
0778 606 7819 E-mail: [coaching@realteam.co.uk](mailto:coaching@realteam.co.uk)

Congratulations to all the prize winners, especially Marcin on a great new Competition Record and the first sub 43:00 ride but from a Welsh perspective the ride of the day was from Zach Bridges who became the first Junior under 48:00. This gave me personally a lot of satisfaction having seen Zach progress steadily at the Realteam / Bush Healthcare CRT derny sessions at Newport. Congratulations too to Alice another chip away at her pb and tantalisingly close to breaking the 50 minute barrier.

Come back in the summer in warmer weather! The same Realteam team will be promoting again on this course on 22<sup>nd</sup> July and 19<sup>th</sup> August. See also the Celtic Series events on the R10/17 for the 28<sup>th</sup> June.

The WCA hopes to see you at our other championships, especially at our inaugural 30 mile championship in September.

Martyn

<b>Men's Championship</b>	<b>Winner</b>			
1 <sup>st</sup> Championship Trophy (for one year WCA Plaque & invitation to BAR lunch)	<b>Marcin Bialoblocki – NOPINZ - 42:58</b>			
2 <sup>nd</sup> WCA Plaque	<b>Tom Ward - Langdale Lightweights R T - 46:27</b>			
3 <sup>rd</sup> WCA Plaque	<b>Ioan Smallwood - Cardiff Ajax CC - 46:53</b>			
<b>Women's Championship</b>				
1 <sup>st</sup> Championship Trophy (for one year WCA Plaque & invitation to BAR lunch)	<b>Alice Lethbridge - DRAG2ZERO - 50:10</b>			
2 <sup>nd</sup> WCA Plaque	<b>Stephanie Post - Team Bottrill / Vanguard - 52:54</b>			
3 <sup>rd</sup> WCA Plaque	<b>Rebecca Richardson - Hafren CC - 54:54</b>			
<b>Juniors Championship</b>				
1 <sup>st</sup> Championship Trophy (for one year WCA Plaque & invitation to BAR lunch)	<b>Zach Bridges - Ribble Pro Cycling - 47:27</b>			
1 <sup>st</sup> Woman WCA Plaque	<b>Caitlin Peters - i-Team Cyclists Club - 56:16</b>			
<b>Champion Team</b>	Fastest team of three riders from the Championship fields			
Championship Team Shield (for 1 year) WCA Plaques & invitations to BAR lunch	<b>NOPINZ – 2:19:00</b> <b>Marcin Bialoblocki - 42:58</b> <b>Gary Chambers - 47:41</b> <b>Jonathan Wears - 48:21</b>			
Fastest Man from Overflow Event WCA Plaque	<b>Lee Perrott - Cycle Specific - 50:21</b>			
<b>Awards</b>	<b>Winner</b>			
Fastest Man Vet in Age Bands VA – VG WCA Plaque	<b>MVA</b>	<b>Conrad Moss</b>	<b>Mid Devon CC</b>	<b>00:47:24</b>
	<b>MVB</b>	<b>Jeremy Archer</b>	<b>RT 316</b>	<b>00:47:44</b>
	<b>MVC</b>	<b>Gavin Macdougall</b>	<b>Tavistock Whs CC</b>	<b>00:48:38</b>
	<b>MVD</b>	<b>Steven Cottington</b>	<b>Bath Cycling Club</b>	<b>00:50:39</b>
	<b>MVE</b>	<b>Nick Brown</b>	<b>Team NBCC</b>	<b>00:51:26</b>
	<b>MVF</b>	<b>Chris Scawn</b>	<b>Plymouth Corinthian CC</b>	<b>00:54:02</b>
	<b>MVG</b>	<b>Terry Icke</b>	<b>Poole Whs</b>	<b>00:55:57</b>
	<b>MVH</b>	<b>John Murphy</b>	<b>Gloucester City CC</b>	<b>01:05:10</b>

Fastest Woman Vet in Age Bands WVA - WVF WCA Plaque	<b>VWC</b>	<b>Andrea Parish</b>	<b>VeloSistas TT Team</b>	<b>00:55:36</b>
	<b>VWD</b>	<b>Karen Brooks</b>	<b>Team Sportslab</b>	<b>01:00:02</b>
	<b>VWE</b>	<b>Deborah Sheridan</b>	<b>Warwickshire Road Club</b>	<b>00:58:25</b>
Greatest Improvement on last three seasons WCA Plaque	<b>Emma Serjeant - Hafren CC - 11:11</b>			

### National and Welsh Championships 2018

<b>Distance</b>	<b>Date</b>	<b>Course Code</b>	<b>Organised by</b>
10 Miles	Sunday 12 August	R10/17	Pontypool RCC - (Roger Wood)
25 Miles	Sunday 6 May	R25/3H	WCA - <a href="http://www.realteam.co.uk">www.realteam.co.uk</a> - (Martyn Heritage-Owen)
30 Miles	Sunday 15 September	R30/7	Welsh CA – <a href="http://www.realteam.co.uk">www.realteam.co.uk</a> - (Martyn Heritage-Owen) Inaugural event
50 Miles	Sunday 30 September	R50/1b	Welsh CA – <a href="http://www.realteam.co.uk">www.realteam.co.uk</a> - (Martyn Heritage-Owen)
100 Miles	Sunday 2 September	R100/8	Welsh CA - (Robin Field)
12 Hour	Sunday 1 July	R12/16	Welsh CA - (Robin Field)
Hill Climb	Sunday 14 October	RH10X	Welsh CA - (Robin Field) New Course – Full Tumble Strava Segment

## MENS CHAMPIONSHIP

Pos	Name	Club	Cat	LTS	Improve	Time
1	<b>Marcin Bialoblocki</b>	NOPINZ	M	00:44:04	00:01:06	00:42:58
2	<b>Tom Ward</b>	Langdale Lightweights R T	M	00:48:03	00:01:36	00:46:27
3	<b>Ioan Smallwood</b>	Cardiff Ajax CC	M	00:47:36	00:00:43	00:46:53
4	<b>George Evans</b>	Team Bottrill / Vanguard	M	00:47:34	00:00:31	00:47:03
5	<b>Christopher Gibbard</b>	Bynea Cycling Club	M	00:48:01	00:00:45	00:47:16
6	<b>Conrad Moss</b>	Mid Devon CC	MVA	00:47:46	00:00:22	00:47:24
7	<b>Gary Chambers</b>	NOPINZ	M	00:48:47	00:01:06	00:47:41
8	<b>Jeremy Archer</b>	RT 316	MVB	00:48:42	00:00:58	00:47:44
9	<b>Neil Lauder</b>	PMR @ Toachim House	M	00:53:51	00:06:03	00:47:48
10	<b>Jonathan Wears</b>	NOPINZ	M	00:48:31	00:00:10	00:48:21
11	<b>Gavin Macdougall</b>	Tavistock Whs CC	MVC	00:50:15	00:01:37	00:48:38
12	<b>Will Bevan</b>	Ross on Wye & Dist CC	M	00:50:50	00:02:11	00:48:39
13	<b>Paul Jones</b>	Primera-Teamjobs	MVB	00:49:11	00:00:29	00:48:42
14	<b>Jonathan Gates</b>	Royal Air Force Cycling Association	MVA	00:49:29	00:00:46	00:48:43
15	<b>Dean Ware</b>	Team Backstedt Bike Performance	M	00:50:17	00:01:23	00:48:54
16	<b>Samuel Wadsley</b>	Primera-Teamjobs	M	00:49:12	00:00:03	00:49:15
16	<b>Nicholas Cousins</b>	Derby Mercury R C	M	00:50:19	00:01:04	00:49:15
18	<b>Nicholas Cooper</b>	Rosendale RC	M	00:50:53	00:01:37	00:49:16
18	<b>Stephen Evans</b>	Bynea Cycling Club	M	00:54:50	00:05:34	00:49:16
20	<b>Robert West</b>	AeroCoach	MVA	00:49:35	00:00:17	00:49:18
21	<b>Lewis Donovan</b>	Bynea Cycling Club	M	00:54:05	00:04:41	00:49:24
22	<b>James Phillips</b>	Bristol Road Club	M	00:50:35	00:01:08	00:49:27
23	<b>Nick Tarmey</b>	Velo Club Venta	MVA	00:51:07	00:01:39	00:49:28
24	<b>Harry Walton</b>	Cheltenham & County Cycling Club	M	00:51:39	00:01:55	00:49:44
25	<b>Joe Hawksworth</b>	Bristol South Cycling Club	M	00:53:22	00:03:34	00:49:48
26	<b>Andrew White</b>	Bpm Coaching	M	00:51:51	00:02:00	00:49:51
27	<b>Carwyn Davies</b>	Cwmcarn Paragon Road Club	MVA	00:52:27	00:02:32	00:49:55
28	<b>Billy Leason</b>	Shutt Ridley RT	M	00:52:57	00:03:01	00:49:56
29	<b>Mitch Russell</b>	Energy Cycling Club/Clwb Beicio Egni	M	00:55:50	00:05:42	00:50:08
30	<b>Nick Livermore</b>	Bristol South Cycling Club	M	00:53:33	00:03:21	00:50:12
31	<b>Josh Coyne</b>	Okehampton CC	M	00:54:05	00:03:50	00:50:15
32	<b>Patryk Witkowski</b>	Poole Whs	M	00:53:40	00:03:24	00:50:16
32	<b>Danny Glyn Roberts</b>	Anglesey Cycling Group	M	00:54:54	00:04:38	00:50:16
34	<b>Greg Parker</b>	CC Weymouth	MVC	00:49:27	00:00:54	00:50:21
35	<b>Lawrence Burrows</b>	Vive Le Velo	M	00:50:39	00:00:08	00:50:31
35	<b>Michael Hill</b>	Chester RC	M	00:54:58	00:04:27	00:50:31
37	<b>Steven Cottington</b>	Bath Cycling Club	MVD	00:50:58	00:00:19	00:50:39
38	<b>Steven Powell</b>	Team Backstedt Bike Performance	MVA	00:54:00	00:03:19	00:50:41
39	<b>Jonathan Gould</b>	Cheltenham & County Cycling Club	MVA	00:51:15	00:00:33	00:50:42
40	<b>David Bucknall</b>	Royal Dean Forest Cycle Club	MVA	00:51:01	00:00:15	00:50:46
41	<b>Luke Dix</b>	Cardiff Jif	M	00:49:01	00:01:48	00:50:49
41	<b>Josh Griffiths</b>	Bristol South Cycling Club	M	00:49:55	00:00:54	00:50:49
43	<b>Andy Davies</b>	Cardiff Jif	M	00:51:45	00:00:46	00:50:59
44	<b>James Fox</b>	Velo Club Venta	M	00:53:21	00:02:05	00:51:16

Pos	Name	Club	Cat	LTS	Improve	Time
44	Chris Martin	Yeovil Cycling Club	MVC	00:54:01	00:02:45	00:51:16
46	Joshua Clark	Royal Navy & Royal Marines CA	M	00:57:07	00:05:50	00:51:17
47	Daren Austin	Twickenham CC	MVC	00:52:15	00:00:52	00:51:23
47	Patrick Dunn	CC Weymouth	MVA	00:56:35	00:05:12	00:51:23
49	Nick Brown	Team NBCC	MVE	00:52:51	00:01:25	00:51:26
50	Christopher Oworm	Severn Valley Cycles	M	00:53:44	00:02:17	00:51:27
51	Nathan Leaves	Cwmcarn Paragon Road Club	M	00:51:49	00:00:21	00:51:28
52	Emyr Griffiths	Towy Racing Cycling Club (TRCC)	MVC	00:52:12	00:00:37	00:51:35
53	Garry Ellis	Energy Cycling Club/Clwb Beicio Egni	MVC	00:52:21	00:00:45	00:51:36
54	Jon Surtees	NOPINZ	MVC	00:50:22	00:01:17	00:51:39
55	Ross McNally	Pembrokeshire Velo	M	00:54:09	00:02:29	00:51:40
56	John Regan	Pembrokeshire Velo	MVB	00:52:40	00:00:54	00:51:46
57	Chris Smith	Cwmcarn Paragon Road Club	M	00:53:23	00:01:32	00:51:51
58	Dyfan Evans	Wrexham RC	M	00:53:51	00:01:55	00:51:56
59	Alex Allen	Royal Navy & Royal Marines CA	M	00:56:34	00:04:32	00:52:02
60	Ian Cullen	Mid Devon CC	MVA	00:51:43	00:00:22	00:52:05
60	Jeff Lawrence	Salt and Sham Cycle Club	MVA	01:01:31	00:09:26	00:52:05
62	Michael Portlock	Merthyr CC	MVB	00:51:58	00:00:10	00:52:08
63	Jon Brumfield	CC Weymouth	MVB	00:56:13	00:04:04	00:52:09
64	Gary Flower	Acme Whs (Rhondda) CC	MVB	00:54:16	00:01:57	00:52:19
65	David Pugh	Stafford RC	M	00:53:41	00:01:15	00:52:26
66	Jonathan Williams	Amersham Road Cycling Club	MVA	00:54:58	00:02:19	00:52:39
67	Chris Fishbourne	Team Backstedt Bike Performance	MVA	00:53:14	00:00:30	00:52:44
68	Leon Evans	Cardiff Ajax CC	MVA	00:55:45	00:02:55	00:52:50
68	Richard Porter	CC Weymouth	MVB	00:55:58	00:03:08	00:52:50
70	Colin Wallace	Merthyr CC	MVD	00:52:30	00:00:28	00:52:58
70	Rich Long	Merthyr CC	M	00:52:50	00:00:08	00:52:58
72	Alexander Jenkins	Towy Racing Cycling Club (TRCC)	MVA	00:55:53	00:02:50	00:53:03
73	Mark Woolford	Team Swindon Cycles	MVC	00:52:29	00:00:39	00:53:08
74	Eric Grill	AeroCoach	M	00:51:56	00:01:21	00:53:17
75	Steve Burrows	Vive Le Velo	MVD	00:54:30	00:01:11	00:53:19
76	Philip Sims	Newport Phoenix CC	MVA	00:54:53	00:01:31	00:53:22
77	Rod Hicks	Port Talbot Whs CC	MVC	00:52:50	00:00:37	00:53:27
78	Chris Lee	Merthyr CC	MVB	00:54:15	00:00:40	00:53:35
79	Mark Bradley	Bristol South Cycling Club	MVC	00:53:04	00:00:35	00:53:39
80	Robert Hughes	Rhondda Triathlon Club	MVC	00:53:24	00:00:29	00:53:53
81	JP Pretorius	Vive Le Velo	M	00:55:36	00:01:39	00:53:57
82	Chris Scawn	Plymouth Corinthian CC	MVF	00:54:15	00:00:13	00:54:02
83	Diccon Hill	Cardiff 100 Miles RCC	MVB	00:53:55	00:00:17	00:54:12
84	Mark Rosser	Ogmore Valley Wheelers CC	MVB	00:53:02	00:01:14	00:54:16
85	Ian Turner	North Road CC	MVC	00:54:20	00:00:09	00:54:29
86	Gareth Jones	Clevedon & District Road Club	MVB	00:53:34	00:00:57	00:54:31
86	Samuel Robinson	Ashford Whs	M	00:54:47	00:00:16	00:54:31
88	Jonathan Wilkinson-Lockyer	Team Tor 2000   KALAS	MVB	00:55:49	00:01:09	00:54:40
89	Owain Roberts	Port Talbot Whs CC	M	00:54:56	00:00:08	00:54:48

Pos	Name	Club	Cat	LTS	Improve	Time
90	Jon Vickery	Cwmcarn Paragon Road Club	MVC	00:54:43	00:00:08	00:54:51
91	Steve Curry	Ogmore Valley Wheelers CC	MVC	00:53:17	00:01:35	00:54:52
92	Gareth Rees	Cwmcarn Paragon Road Club	M	00:54:25	00:00:30	00:54:55
93	Neil Gregory	Port Talbot Whs CC	MVC	00:53:16	00:01:46	00:55:02
93	Jase Cakebread	Christchurch Bicycle Club	MVB	00:56:51	00:01:49	00:55:02
95	James Elgar	N.E.W.T Newport and East Wales Triathlon Club	M	00:56:22	00:01:03	00:55:19
96	Adrian Gorham	Kettering CC	MVD	00:56:13	00:00:20	00:55:53
97	Terry Icke	Poole Whs	MVG	00:53:13	00:02:44	00:55:57
98	Richard Coleman	Stourbridge Velo	MVE	00:53:19	00:02:46	00:56:05
99	Tom Cox	Northover VT / Rudy Project	MVE	00:55:27	00:01:18	00:56:45
100	Paul Freegard	Chippenham & District Wheelers	MVE	00:57:09	00:00:10	00:56:59
101	Marco Marletta	Cardiff Jif	MVC	00:56:33	00:00:38	00:57:11
102	Terry Anthony	Ogmore Valley Wheelers CC	MVF	00:55:59	00:01:22	00:57:21
103	Barrie Whittaker	Lyme Racing Club	MVE	00:55:54	00:01:44	00:57:38
104	Mark Andrews	Merthyr CC	MVB	00:55:44	00:02:21	00:58:05
	Mike Booker	Chester RC	M	00:54:49		DNF
	Michael Lewis	Rhyl CC	M	00:52:22		DNF
	Luke Cornish	Cwmcarn Paragon Road Club	M	00:48:00		DNS
	Andrew Legge	Bristol South Cycling Club	MVA	00:51:47		DNS
	Anthony Jones	Towy Racing Cycling Club (TRCC)	MVB	00:49:38		DNS
	Paul Hayward	Pontypool Road Cycling Club	MVB	00:53:23		DNS
	Oliver Simon	Team NBCC	M	00:51:40		DNS
	Alun Williams	Energy Cycling Club/Clwb Beicio Egni	MVB	00:55:54		DNS
	Wayne Owen	Energy Cycling Club/Clwb Beicio Egni	MVB	00:53:07		DNS
	Paul Stephens	Ross on Wye & Dist CC	MVC	00:55:51		DNS
	Scott Burns	DRAG2ZERO	M	00:48:18		DNS
	Stephen Taylor	Team NBCC	MVC	00:53:56		DNS
	Craig Seaman	Bynea Cycling Club	M	00:52:36		DNS
	Gary Jones	Pontypool Road Cycling Club	MVD	00:55:11		DNS
	Philip Tucker	Bynea Cycling Club	M	00:50:47		DNS
	Kieron Davies	DRAG2ZERO	M	00:45:24		DNS

## WOMANS & JUNIOR CHAMPIONSHIPS

### Women

Place	Name	Club	Cat	LTS	Improve	Time
1	Alice Lethbridge	DRAG2ZERO	W	00:50:20	00:00:10	00:50:10
2	Stephanie Post	Team Bottrill / Vanguard	W	00:53:12	00:00:18	00:52:54
3	Rebecca Richardson	Hafren CC	W	00:57:10	00:02:16	00:54:54
4	Ruth Burrows	Mid Devon CC	W	00:58:53	00:03:21	00:55:32
5	Andrea Parish	VeloSistas TT Team	VWC	00:55:51	00:00:15	00:55:36
6	Caitlin Peters	i-Team Cyclists Club	FJun	00:57:15	00:00:59	00:56:16
7	Laura Clements	Cardiff Triathletes	W	01:06:22	00:09:51	00:56:31
8	Emma Angove	73Degrees CC, WestSide Coaching	W	00:56:53	00:00:19	00:57:12
9	Emma Serjeant	Hafren CC	W	01:08:43	00:11:11	00:57:32
10	Jasmine Bowyer	Cardiff Ajax CC	W	00:59:22	00:01:44	00:57:38
11	Tara Grosvenor	VeloVitesse/ALLCAP/James Barry/Johnson Controls – Hitachi/SiS	W		N/A	00:57:43
12	Michelle Fishbourne	Team Backstedt Bike Performance	VWC	00:59:32	00:01:46	00:57:46
13	Deborah Sheridan	Warwickshire Road Club	VWE	00:59:21	00:00:56	00:58:25
14	Gaynor Hughes	Bynea Cycling Club	VWC	01:00:12	00:00:26	00:59:46
15	Karen Brooks	Team Sportslab	VWD	01:06:51	00:06:49	01:00:02
16	Joanna Knight	Bristol South Cycling Club	VWD	00:58:43	00:01:46	01:00:29
17	Michelle Walter	Bournemouth Arrow CC	VWD	01:04:05	00:03:31	01:00:34
18	Hollie Labunsky	Port Talbot Whs CC	W	01:00:59	00:00:31	01:01:30
19	Elena Shaw	Cardiff Ajax CC	FJun		N/A	01:03:57
	Kari Jones	VeloSistas TT Team	W	00:59:17	N/A	DNF
	Diane Hynam	Bynea Cycling Club	VWE	01:08:33	N/A	DNS

### Junior Women

Place	Name	Club	Cat	LTS	Improve	Time
1	Caitlin Peters	i-Team Cyclists Club	FJun	00:57:15	00:00:59	00:56:16
2	Elena Shaw	Cardiff Ajax CC	FJun		N/A	01:03:57

### Junior Men

No	Name	club	Cat	LTS	Improve	Time
1	Zach Bridges	Ribble Pro Cycling	Jun	00:49:37	00:02:10	00:47:27
2	David Middleton	Cardiff Ajax CC	Jun		N/A	00:50:32
3	Matthew Hanford	Bynea Cycling Club	Jun	00:53:17	00:00:50	00:52:27
4	Thomas Harrington	Abergavenny RC	Jun	01:03:03	00:05:29	00:57:34
	Joshua Sandman	Team Backstedt Bike Performance	Jun		N/A	DNS
	Oliver Rowlands	Newport Phoenix CC	Jun	00:53:57	N/A	DNS

## Team Championship

Club	Time
<b>NOPINZ</b>	02:19:00
<b>Bynea Cycling Club</b>	02:25:56
<b>Bristol South Cycling Club</b>	02:30:49
<b>Team Backstedt Bike Performance</b>	02:32:19
<b>Cwmcarn Paragon Road Club</b>	02:33:14
<b>CC Weymouth</b>	02:33:53
<b>Vive Le Velo</b>	02:37:47
<b>Merthyr CC</b>	02:38:04
<b>Cardiff Jif</b>	02:38:59
<b>Port Talbot Whs CC</b>	02:43:17
<b>Ogmore Valley Wheelers CC</b>	02:46:29

## Vet A Men

Place	Name	Club	Cat	Event	Time
1	<b>Conrad Moss</b>	Mid Devon CC	MVA	Main	00:47:24
2	<b>Jonathan Gates</b>	Royal Air Force Cycling Association	MVA	Main	00:48:43
3	<b>Robert West</b>	AeroCoach	MVA	Main	00:49:18
4	<b>Nick Tarmey</b>	Velo Club Venta	MVA	Main	00:49:28
5	<b>Carwyn Davies</b>	Cwmcarn Paragon Road Club	MVA	Main	00:49:55
6	<b>Steven Powell</b>	Team Backstedt Bike Performance	MVA	Main	00:50:41
7	<b>Jonathan Gould</b>	Cheltenham & County Cycling Club	MVA	Main	00:50:42
8	<b>David Bucknall</b>	Royal Dean Forest Cycle Club	MVA	Main	00:50:46
9	<b>Patrick Dunn</b>	CC Weymouth	MVA	Main	00:51:23
10	<b>Dave Williams</b>	Energy Cycling Club/Clwb Beicio Egni	MVA	Overflow	00:51:29
11	<b>Ian Cullen</b>	Mid Devon CC	MVA	Main	00:52:05
11	<b>Jeff Lawrence</b>	Salt and Sham Cycle Club	MVA	Main	00:52:05
13	<b>Jonathan Williams</b>	Amersham Road Cycling Club	MVA	Main	00:52:39
14	<b>Chris Fishbourne</b>	Team Backstedt Bike Performance	MVA	Main	00:52:44
15	<b>Leon Evans</b>	Cardiff Ajax CC	MVA	Main	00:52:50
16	<b>Alexander Jenkins</b>	Towy Racing Cycling Club (TRCC)	MVA	Main	00:53:03
17	<b>Philip Sims</b>	Newport Phoenix CC	MVA	Main	00:53:22
18	<b>Dorian Rees</b>	Sarn Helen Club	MVA	Overflow	00:59:59
19	<b>Ross Phillips</b>	Cwmcarn Paragon Road Club	MVA	Overflow	01:00:19
20	<b>Brian Parker</b>	Abercynon Road Club	MVA	Overflow	01:05:53



## Vet B Men

Place	Name	Club	Cat	Event	Time
1	Jeremy Archer	RT 316	MVB	Main	00:47:44
2	Paul Jones	Primera-Teamjobs	MVB	Main	00:48:42
3	John Regan	Pembrokeshire Velo	MVB	Main	00:51:46
4	Michael Portlock	Merthyr CC	MVB	Main	00:52:08
5	Jon Brumfield	CC Weymouth	MVB	Main	00:52:09
6	Gary Flower	Acme Whs (Rhondda) CC	MVB	Main	00:52:19
7	Richard Porter	CC Weymouth	MVB	Main	00:52:50
8	Chris Lee	Merthyr CC	MVB	Main	00:53:35
9	Diccon Hill	Cardiff 100 Miles RCC	MVB	Main	00:54:12
10	Mark Rosser	Ogmore Valley Wheelers CC	MVB	Main	00:54:16
11	Gareth Jones	Clevedon & District Road Club	MVB	Main	00:54:31
12	Jonathan Wilkinson-Lockyer	Team Tor 2000   KALAS	MVB	Main	00:54:40
13	Jase Cakebread	Christchurch Bicycle Club	MVB	Main	00:55:02
14	Andrew Evans	Port Talbot Whs CC	MVB	Overflow	00:56:12
15	Dylan Morris	Cycle Specific	MVB	Overflow	00:56:44
16	Mark Andrews	Merthyr CC	MVB	Main	00:58:05
17	Eric Rees	Sarn Helen Club	MVB	Overflow	00:58:36
18	Digby Rusling	Royal Dean Forest Cycle Club	MVB	Overflow	00:58:41
19	Colin Barrett	Tenby Aces CC	MVB	Overflow	00:58:43
20	Simon Kinsey	Virtual Cycling Club	MVB	Overflow	00:59:32
21	Mick Braithwaite	Fylde coasters cycling club	MVB	Overflow	00:59:33
22	Nicholas Forbes	Bynea Cycling Club	MVB	Overflow	00:59:53

## Vet C Men

Place	Name	Club	Cat	Event	Time
1	Gavin Macdougall	Tavistock Whs CC	MVC	Main	00:48:38
2	Greg Parker	CC Weymouth	MVC	Main	00:50:21
3	Chris Martin	Yeovil Cycling Club	MVC	Main	00:51:16
4	Daren Austin	Twickenham CC	MVC	Main	00:51:23
5	Emyr Griffiths	Towy Racing Cycling Club (TRCC)	MVC	Main	00:51:35
6	Garry Ellis	Energy Cycling Club/Clwb Beicio Egni	MVC	Main	00:51:36
7	Jon Surtees	NOPINZ	MVC	Main	00:51:39
8	Mark Woolford	Team Swindon Cycles	MVC	Main	00:53:08
9	Rod Hicks	Port Talbot Whs CC	MVC	Main	00:53:27
10	Mark Bradley	Bristol South Cycling Club	MVC	Main	00:53:39
11	Robert Hughes	Rhondda Triathlon Club	MVC	Main	00:53:53
12	Ian Turner	North Road CC	MVC	Main	00:54:29
13	Jon Vickery	Cwmcarn Paragon Road Club	MVC	Main	00:54:51
14	Steve Curry	Ogmore Valley Wheelers CC	MVC	Main	00:54:52
15	Neil Gregory	Port Talbot Whs CC	MVC	Main	00:55:02
16	Andy Gibbs	Cwmcarn Paragon Road Club	MVC	Overflow	00:55:52
17	Jonathan Lloyd	Westmead Team 88	MVC	Overflow	00:56:04
18	David Singleton	Acme Whs (Rhondda) CC	MVC	Overflow	00:56:16

Place	Name	Club	Cat	Event	Time
19	Marco Marletta	Cardiff Jif	MVC	Main	00:57:11
20	David Lancaster	VC 10	MVC	Overflow	00:59:14
21	Nigel Williams	Ogmore Valley Wheelers CC	MVC	Overflow	00:59:27
22	Gethin Davies-Jones	Abercynon Road Club	MVC	Overflow	00:59:55
23	Paul Rees	Bynea Cycling Club	MVC	Overflow	01:00:03
24	Russell Boon	Avonlea/Treasure RT	MVC	Overflow	01:00:49
25	Brad Davies	Bynea Cycling Club	MVC	Overflow	01:02:28
26	Graham Smith	Severn Road Club	MVC	Overflow	01:06:30

### Vet D Men

Place	Name	Club	Cat	Event	Time
1	Steven Cottington	Bath Cycling Club	MVD	Main	00:50:39
2	Colin Wallace	Merthyr CC	MVD	Main	00:52:58
3	Steve Burrows	Vive Le Velo	MVD	Main	00:53:19
4	Tommy Barlow	Clevedon & District Road Club	MVD	Overflow	00:55:52
5	Adrian Gorham	Kettering CC	MVD	Main	00:55:53
6	Daryl Godden	Gloucester City Cycling Club	MVD	Overflow	00:56:45
7	Martin Mason	Performance Cycles CC	MVD	Overflow	00:58:09
8	Steven Madeley	Ogmore Valley Wheelers CC	MVD	Overflow	00:58:14

### Vet E Men

Place	Name	Club	Cat	Event	Time
1	Nick Brown	Team NBCC	MVE	Main	00:51:26
2	Richard Coleman	Stourbridge Velo	MVE	Main	00:56:05
3	Tom Cox	Northover VT / Rudy Project	MVE	Main	00:56:45
4	Paul Freegard	Chippenham & District Wheelers	MVE	Main	00:56:59
5	Roger Wood	Pontypool Road Cycling Club	MVE	Overflow	00:57:09
6	Barrie Whittaker	Lyme Racing Club	MVE	Main	00:57:38
7	Alan Cooper	Avonlea/Treasure RT	MVE	Overflow	00:58:14

### Vet F Men

Place	Name	Club	Cat	Event	Time
1	Chris Scawn	Plymouth Corinthian CC	MVF	Main	00:54:02
2	John Williams	Bynea Cycling Club	MVF	Overflow	00:57:05
3	Terry Anthony	Ogmore Valley Wheelers CC	MVF	Main	00:57:21
4	Phil Guy	North Shropshire Wheelers	MVF	Overflow	01:00:07
5	Robert Jolliffe	New Forest CC	MVF	Overflow	01:04:16

## Vet G Men

Place	Name	Club	Cat	Event	Time
1	Terry Icke	Poole Whs	MVG	Main	00:55:57
2	Hugh Davies	Port Talbot Whs CC	MVG	Overflow	00:59:09
3	Roger Taylor	Frome and District Wheelers	MVG	Overflow	01:01:00
4	John Shehan	Bynea Cycling Club	MVG	Overflow	01:01:23
5	Geoff Edgerton	North Shropshire Wheelers	MVG	Overflow	01:04:37
6	Harry Cowley	Chester RC	MVG	Overflow	01:08:37

## Vet H Men

Place	Name	Club	Cat	Event	Time
1	John Murphy	Gloucester City Cycling Club	MVH	Overflow	01:05:10

## Non-Championship – Tandem Event

Place	Name	Club	Time
1	Andrew Cooper	Bournemouth Jubilee Whs	0:48:13
1	Louisa Cooper	Bournemouth Jubilee Whs	
2	Tanis Hand	Leamington C & AC	1:04:11
2	Roger Gardner	Leamington C & AC	

## Non-Championship – Overflow

Place	Name	Club	Cat	LTS	Improve	Time
1	Lee Perrott	Cycle Specific	M		N/A	00:50:21
2	Will Munday	Tri Training Harder	M		N/A	00:50:54
3	Dave Williams	Energy Cycling Club/Clwb Beicio Egni	MVA	00:58:20	00:06:51	00:51:29
4	Andy Hoskins	Cardiff Jif	M		N/A	00:51:45
4	Rob Dyde	Pembrokeshire Velo	M	00:56:06	00:04:21	00:51:45
6	Guy Rees	Bynea Cycling Club	M	00:58:03	00:03:49	00:54:14
7	William Murtagh	Ashford Road CC	M	01:00:46	00:06:00	00:54:46
8	Mark Binding	Merthyr CC	M		N/A	00:55:25
9	Andy Gibbs	Cwmcarn Paragon Road Club	MVC	00:57:10	00:01:18	00:55:52
9	Tommy Barlow	Clevedon & District Road Club	MVD		N/A	00:55:52
11	Jonathan Lloyd	Westmead Team 88	MVC	00:57:31	00:01:27	00:56:04
12	Andrew Evans	Port Talbot Whs CC	MVB	00:57:20	00:01:08	00:56:12
13	David Singleton	Acme Whs (Rhondda) CC	MVC	00:57:10	00:00:54	00:56:16
14	Lawrence Cronk	Team CRANC	M	00:58:40	00:02:00	00:56:40
15	Dylan Morris	Cycle Specific	MVB	00:59:21	00:02:37	00:56:44
16	Daryl Godden	Gloucester City Cycling Club	MVD	00:55:55	00:00:50	00:56:45
17	John Williams	Bynea Cycling Club	MVF	01:00:17	00:03:12	00:57:05
18	Roger Wood	Pontypool Road Cycling Club	MVE	00:57:12	00:00:03	00:57:09

Place	Name	Club	Cat	LTS	Improve	Time
18	Ricki Morgan	Cardiff Triathletes	M	00:59:30	00:02:01	00:57:29
20	Martin Mason	Performance Cycles CC	MVD	01:03:00	00:04:51	00:58:09
21	Steven Madeley	Ogmore Valley Wheelers CC	MVD	00:56:25	00:01:49	00:58:14
21	Alan Cooper	Avonlea/Treasure RT	MVE	00:58:05	00:00:09	00:58:14
23	Eric Rees	Sarn Helen Club	MVB	01:01:40	00:03:04	00:58:36
24	Digby Rusling	Royal Dean Forest Cycle Club	MVB	00:59:12	00:00:31	00:58:41
25	Colin Barrett	Tenby Aces CC	MVB	00:59:43	00:01:00	00:58:43
26	Neil Meredith	Abercynon Road Club	M	00:59:56	00:00:58	00:58:58
27	Hugh Davies	Port Talbot Whs CC	MVG	00:58:17	00:00:52	00:59:09
28	David Lancaster	VC 10	MVC	00:57:18	00:01:56	00:59:14
29	Nigel Williams	Ogmore Valley Wheelers CC	MVC		N/A	00:59:27
30	Simon Kinsey	Virtual Cycling Club	MVB	00:57:59	00:01:33	00:59:32
31	Mick Braithwaite	Fylde coasters cycling club	MVB		N/A	00:59:33
32	Nicholas Forbes	Bynea Cycling Club	MVB	00:58:54	00:00:59	00:59:53
33	Gethin Davies-Jones	Abercynon Road Club	MVC	00:59:26	00:00:29	00:59:55
34	Dorian Rees	Sarn Helen Club	MVA	01:01:51	00:01:52	00:59:59
35	Paul Rees	Bynea Cycling Club	MVC	01:03:32	00:03:29	01:00:03
36	Phil Guy	North Shropshire Wheelers	MVF	00:58:13	00:01:54	01:00:07
37	Ross Phillips	Cwmcarn Paragon Road Club	MVA	01:00:49	00:00:30	01:00:19
38	Russell Boon	Avonlea/Treasure RT	MVC	00:59:04	00:01:45	01:00:49
39	Roger Taylor	Frome and District Wheelers	MVG	00:57:12	00:03:48	01:01:00
40	John Shehan	Bynea Cycling Club	MVG	00:58:28	00:02:55	01:01:23
41	Brad Davies	Bynea Cycling Club	MVC	00:59:31	00:02:57	01:02:28
42	Robert Jolliffe	New Forest CC	MVF	01:04:26	00:00:10	01:04:16
43	Geoff Edgerton	North Shropshire Wheelers	MVG	01:01:21	00:03:16	01:04:37
44	John Murphy	Gloucester City Cycling Club	MVH	01:00:57	00:04:13	01:05:10
45	Brian Parker	Abercynon Road Club	MVA	01:04:04	00:01:49	01:05:53
46	Graham Smith	Severn Road Club	MVC	01:02:30	00:04:00	01:06:30
47	Harry Cowley	Chester RC	MVG	01:07:48	00:00:49	01:08:37
	Paul Lacey	Royal Navy & Royal Marines CA	M		N/A	DNS
	Ben Jones	Bynea Cycling Club	M		N/A	DNS
	Gareth Hodgson	Team CRANC	M		N/A	DNS
	Gareth Hill	Abercynon Road Club	MVB	01:00:10	N/A	DNS
	Jason Roberts	Bynea Cycling Club	MVB	00:58:14	N/A	DNS
	Phillip Turner	Bynea Cycling Club	MVC	01:00:03	N/A	DNS
	Mark Bryant	Ogmore Valley Wheelers CC	MVD	00:58:42	N/A	DNS
	Alistair Morgan	Pontypool Road Cycling Club	MVD	00:57:49	N/A	DNS
	David Preece	Cwmcarn Paragon Road Club	MVC	01:00:13	N/A	DQ