

# Welsh 25 Mile Time Trial Championship 2017 for Men, Women & Juniors + Non Championship Overflow Event



Promoted for and on behalf of Cycling Time Trials Under their rules and regulations

Promoted for the  
**Welsh Cycling Association**  
by



**Sunday 30 April 2017**

**Timekeepers:**

Start:- Norman James Ogmores Valley Whs

Finish:- Robin Field – WCA

Pusher off: Paul Robinson, Marshalls: Haycox family and others.

Course **R25/3H (revised)** (Cefn Rhigos - Tonna – Glynneath) Starting at 09:15

H.Q. Hirwaun Village Hall (CF44 9SL)

**Signing on and Numbers will be at H.Q. (open from 8:00am)**

**Catering: Sharon Preddy Catering** - Return your number for a free tea

Event Secretary: Martyn Heritage-Owen. 28 Clos Tyla Bach, St Mellons, Cardiff. CF3 0EJ

Tel: 0778 606 7819 E-mail: [coaching@realteam.co.uk](mailto:coaching@realteam.co.uk) **To whom any complaints must be made in writing within 72 hours**

The full result of this event will be published on [www.southwalesdc.co.uk](http://www.southwalesdc.co.uk)  
[www.cyclingtimetrials.org.uk](http://www.cyclingtimetrials.org.uk) and [www.timetriallingforum.org.uk](http://www.timetriallingforum.org.uk)

Follow: @Realteamcycling for updates.

## Course R25/3H

Follow the **BLUE SIGNS** from the HQ to the Start - **YELLOW SIGNS** during the RACE.

Course Description	Inter Miles
<b>START</b> on access road to Hirwaun Industrial Estate (E 293120/ N206180 OS Sheets 170/160) 8 yards north of lamp column No.1 and 30 yards north of junction with unclassified road (old A465) Hirwaun to Cefn Rhigos.	0.000
Proceed south to junction with unclassified road (on to the old route) and bear left to roundabout with A4061 (Rhigos mountain road) where take second exit (straight on) to Hirwaun roundabout A465 to take first exit.	1.306
Continue along A465 to Blaengwrach roundabout (McDonalds) to take second exit (straight on).	7.169
Continue on A465 to Resolven roundabout to take third exit (straight on)	10.183
Continue on A465 to <b>exit at next junction</b> (signpost Seven Sisters), climbing to the Tonna roundabout, where take first exit to Aberdulais Interchange where circle roundabout and take fourth exit down slip road to rejoin the A465 eastward.	15.063
Continue along A465 to Resolven roundabout to take second exit (straight on)	19.719
Continue on A465 to Blaengwrach roundabout (McDonalds).	22.764
Take second exit continuing on A465, passing over river bridge and the Glynneath interchange to <b>REMAIN ON A465 to FINISH</b> in the SECOND layby on the left at a point 25 yards west of the 'Take Litter Home' sign and opposite the emergency telephone point.	25.014

**Riders please continue past the Finish on A465 up the hill for 4 miles to take 1st exit at roundabout and turn 1<sup>st</sup> right into Hirwaun to retrace to HQ.**

All riders are asked to comply with the following requests.

- ✓ Do **call your number** to the finishing timekeeper or your time will not be recorded.
- ✓ Do keep your head up, be aware of your surroundings and **HAVE A SAFE RIDE**.
- ✓ **IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted standard. In accordance with Regulation 15 ALL JUNIOR competitors must wear protective helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.**
- ✓ This event may be subject to doping control. It is YOUR responsibility to check.
- ✓ Sign in / Sign out failure to do so will result in a disqualification.
- ✓ No passing the start time keeper or warming up on the course.
- ✓ No turbo within 100m of residential areas or in Station Rd opposite the start timekeeper (Thirteenth Ave).
- ✓ No parking in Halt Rd near the start. South Wales DC have already received complaints about riders parking across drives.
- ✓ The R25/3L has already been withdrawn because of **nuisance complaints it seems riders still haven't got the message we are guests in the Rhigos Village area.**
- ✓ **No anti-social behaviour especially urinating in public.**
- ✓ **Failure to follow these basic rules will result in a DQ & referral to the South Wales DC for further disciplinary action. You have been fair warned that someone will be performing spot checks.**

### Reminder

- ✓ The onus is on the caught rider to ensure that there is no company riding.

### Welsh Points Competition

Points are awarded in all the Welsh Championships (10, 25, 50, 100, 12 Hour and Hill Climb) to riders from clubs affiliated to the Welsh Cycling Association. Riders in all Welsh Championship events count to the final total and awards are made to the six riders with the highest score.

## Awards - This is NOT a One Rider One Award Event

The Welsh Time Trial Champions will be presented with their trophies at the Annual Welsh BAR Lunch. **Sunday 5 November 2017 at the TRW Club Resolven**

Champions Caps and presentation medals for podium rider will be presented at the conclusion of the events, 12:45 Women & Juniors. Men 14:30. The first 3 in each event to attend. We appreciate that you may want to leave quickly, but please stay to applaud the Champions.

Unclaimed WCA plaques from previous years will be available to collect at this event.

<b>Men's Championship</b>	<b>Presentation 14:30</b>
1 <sup>st</sup> .	Trophy (for one year WCA Plaque & invitation to BAR lunch)
2 <sup>nd</sup> & 3 <sup>rd</sup>	WCA Plaques
<b>Women's Championship</b>	<b>Presentation 12:45</b>
1 <sup>st</sup>	Trophy (for one year WCA Plaque & invitation to BAR lunch)
2 <sup>nd</sup> & 3 <sup>rd</sup>	WCA Plaques
<b>Juniors Championship</b>	<b>Presentation 12:45</b>
1 <sup>st</sup> MALE	Trophy (for one year WCA Plaque & invitation to BAR lunch)
1 <sup>st</sup> FEMALE	WCA Plaque & invitation to BAR lunch.
<b>Prizes Presented at the WCA Dinner below</b>	
<b>Champion Team</b> Fastest team of three riders from the Championship fields	Championship Team Shield (for 1 year) WCA Plaques & invitations to BAR lunch
Fastest Man from Overflow Event	WCA Plaque
Fastest Man Vet in Age Bands VA – VH <b>(Irrespective of event ridden)</b>	WCA Plaque
Fastest Woman Vet in Age Bands WVA – WVE	WCA Plaque
Greatest Improvement on last three seasons	WCA Plaque

### National and Welsh Championships 2017

Distance	Date	Course Code	Organised by
10 Miles	Sunday 13 August	R10/17	Pontypool RCC - (Dax Jenkins)
25 Miles	Sunday 30 April	R25/3H	WCA - <a href="http://www.realteam.co.uk">www.realteam.co.uk</a> - (Martyn Heritage-Owen)
50 Miles	Sunday 24 September	R50/1b	Welsh CA – <a href="http://www.realteam.co.uk">www.realteam.co.uk</a> - (Martyn Heritage-Owen)
100 Miles	Sunday 3 September	R100/8	Welsh CA - (Robin Field)
12 Hour	Sunday 9 July	R12/16	Welsh CA - (Robin Field)
Hill Climb	Sunday 17 September	D0/600	WCA – Energy Cycles - (John Keightley)

## **WOMANS & JUNIOR CHAMPIONSHIPS**

<b>No</b>	<b>Name</b>	<b>club</b>	<b>Cat</b>	<b>LTS</b>	<b>Time</b>
15	<b>Zak Coleman</b>	Team PedalRevolution.co.uk	JUN	00:00:00	09:15
16	<b>Geoff Darbyshire</b>	St Helens CRC	VB	00:59:09	09:16
17	<b>Intentionally blank</b>	Intentionally blank			09:17
18	<b>John Howells</b>	Corinium Cycle Club	VH	01:04:20	09:18
19	<b>Robert Jones</b>	Bynea Cycling Club	VB	00:00:00	09:19
20	<b>Terry Anthony</b>	Ogmore Valley Wheelers CC	VE	00:58:57	09:20
21	<b>James Grandfield</b>	Team CRANC	S	00:00:00	09:21
22	<b>Paul Griffiths</b>	VTTA South Wales	VE	01:05:00	09:22
23	<b>Vince Evans</b>	Wrekinsport CC	VD	01:05:50	09:23
24	<b>Tom Bowering</b>	PMR @ Toachim House	S	00:00:00	09:24
25	<b>Rory Gilling</b>	Velo Club Montpellier	S	00:59:50	09:25
26	<b>Stephen Ratcliffe</b>	Brecon Wheelers	VB	01:02:14	09:26
27	<b>Harry Cowley</b>	Chester RC	VF	01:07:48	09:27
28	<b>Dominic Norcross</b>	Team NBCC	VA	01:08:08	09:28
29	<b>James Fritchley</b>	Trowbridge Cycling Club	S	00:00:00	09:29
30	<b>James Manson</b>	Cardiff Triathletes	VA	00:58:20	09:30
31	<b>Robert Smith</b>	Warwickshire Road Club	VB	00:58:58	09:31
32	<b>Tudur Parry</b>	Energy Cycling Club/Clwb Beicio Egni	VA	00:59:09	09:32
33	<b>Nick Sexton</b>	Islington Cycling Club	S	01:00:51	09:33
34	<b>David Wilson</b>	North Shropshire Wheelers	VH	01:06:30	09:34
35	<b>Owain Roberts</b>	Port Talbot Whs CC	S	00:58:26	09:35
36	<b>Simon Witts</b>	Gloucester City Cycling Club	VB	01:02:18	09:36
37	<b>Brad Davies</b>	Bynea Cycling Club	VC	00:59:31	09:37
38	<b>Mike Hall</b>	Port Talbot Whs CC	VB	00:00:00	09:38
39	<b>Gregory Brett</b>	Ogmore Valley Wheelers CC	VB	01:01:04	09:39
40	<b>John Aspell</b>	Forza Cycles	VB	00:00:00	09:40
41	<b>Simon Davies</b>	Milford Tritons Cycling Club	VA	00:00:00	09:41
42	<b>Tristian Manning</b>	Bynea Cycling Club	S	00:59:00	09:42
43	<b>Paul Griffith</b>	Energy Cycling Club/Clwb Beicio Egni	VA	01:00:32	09:43
44	<b>Graham Smith</b>	Severn Road Club	VC	01:02:30	09:44
45	<b>Laurence Plant</b>	AS Test Team	S	00:00:00	09:45
46	<b>Michael Hill</b>	Chester RC	S	00:58:30	09:46
47	<b>Stephen Landeg</b>	Ogmore Valley Wheelers CC	VE	00:59:32	09:47
48	<b>Neil Downes</b>	Forza Cycles	VF	01:00:00	09:48
49	<b>Jason Roberts</b>	Bynea Cycling Club	VA	00:00:00	09:49
50	<b>John O'Dwyer</b>	Dursley Road Club	S	00:00:00	09:50
51	<b>Phil Guy</b>	North Shropshire Wheelers	VF	00:58:13	09:51
52	<b>Alistair Morgan</b>	Pontypool Road Cycling Club	VC	00:59:00	09:52
53	<b>Phillip Turner</b>	Bynea Cycling Club	VB	01:00:03	09:53
54	<b>Geoff Edgerton</b>	North Shropshire Wheelers	VF	01:01:21	09:54
55	<b>Colin Parry</b>	Severn Road Club	S	00:00:00	09:55
56	<b>Roger Wood</b>	Pontypool Road Cycling Club	VE	00:58:44	09:56
57	<b>Russell Boon</b>	Avonlea/Treasure RT	VC	00:59:36	09:57
58	<b>James Coxon</b>	Bike Doctor	VA	01:02:02	09:58
59	<b>Mark Hillier</b>	Port Talbot Whs CC	VB	00:00:00	09:59

<b>No</b>	<b>Name</b>	<b>club</b>	<b>Cat</b>	<b>LTS</b>	<b>Time</b>
60	<b>Ian Lindsay</b>	Royal Navy & Royal Marines CA	VA	00:55:23	10:00
61	<b>Richard Hier</b>	Merthyr CC	S	00:59:04	10:01
62	<b>Gareth Hill</b>	Abercynon Road Club	VB	01:00:10	10:02
63	<b>Chris Matthews</b>	Forza Cycles	VC	00:59:57	10:03
64	<b>Thomas Dye</b>	Cardiff Ajax CC	S	00:00:00	10:04
65	<b>Alan Cooper</b>	Avonlea/Treasure RT	VD	00:58:45	10:05
66	<b>Les Thomas</b>	Port Talbot Whs CC	VD	00:59:37	10:06
67	<b>Jonathan Webb</b>	Gannet CC	VB	01:02:09	10:07
68	<b>Marinus Petersen</b>	Team NBCC	ESP	00:00:00	10:08
69	<b>Stephen Griffiths</b>	Merthyr CC	VA	00:00:00	10:09
70	<b>Gerry Bowditch</b>	VeloVitesse	VB	00:00:00	10:10
71	<b>Jon Williams</b>	Team NBCC	S	00:58:10	10:11
72	<b>Simon Adcook</b>	Worcester St. Johns CC	VA	00:59:15	10:12
73	<b>Robert Finch</b>	Arctic Tacx RT	VD	01:03:57	10:13
74	<b>Matthew Hanford</b>	Bynea Cycling Club	JUN	00:00:00	10:14
75	<b>Josh Griffiths</b>	Bristol South Cycling Club	JUN	00:51:06	10:15
76	<b>Morgan Ley</b>	Port Talbot Whs CC	JUN	00:58:57	10:16
77	<b>Joe Rees</b>	Cardiff Ajax CC	JUN	00:00:00	10:17
78	<b>Paul Freegard</b>	Chippenham & District Wheelers	VE	01:03:28	10:18
79	<b>Nathan Leaves</b>	NFTO Race Club	ESP	00:00:00	10:19
80	<b>Nadine Cannon</b>	VeloSistas TT Team	W	00:57:01	10:20
81	<b>Kirsty Murray</b>	Pembrokeshire Velo	WA	00:58:21	10:21
82	<b>Danielle Flawn</b>	Tredz Bikes	W	01:00:07	10:22
83	<b>Rebecca Richardson</b>	Hafren CC	W	01:05:00	10:23
84	<b>Karenmichelle Spiteri</b>	Salt and Sham Cycle Club	WC	01:09:51	10:24
85	<b>Andrea Parish</b>	VeloSistas TT Team	WB	00:55:51	10:25
86	<b>Jasmine Bowyer</b>	Cardiff Ajax CC	W	00:59:22	10:26
87	<b>Emma Angove</b>	Chippenham & District Wheelers	W	01:04:11	10:27
88	<b>Fenella Brown</b>	Warwickshire Road Club	WB	01:06:37	10:28
89	<b>Emily Tillet</b>	Liv CC - Epic Coaching	WJUN	00:00:00	10:29
90	<b>Eileen Burns</b>	Dig Deep Coaching	W	00:54:16	10:30
91	<b>Stephanie Post</b>	VeloSistas TT Team	W	00:57:46	10:31
92	<b>Deborah Sheridan</b>	Warwickshire Road Club	WE	01:02:27	10:32
93	<b>Diane Wynne</b>	VC Sevale (Malvern)	WC	01:05:00	10:33
94	<b>Claire Manson</b>	Cardiff Triathletes	W	01:09:30	10:34
95	<b>Claire Hann</b>	Bristol & District Triathletes (BAD TRI)	W	00:55:45	10:35
96	<b>Kari Jones</b>	VeloSistas TT Team	W	01:00:03	10:36
97	<b>Louise Georgi</b>	Giant CC - Halo Films	WC	01:04:32	10:37
98	<b>Alison Torode</b>	Born to Bike - Bridgtown Cycles	WA	01:05:03	10:38
99	<b>Bethany Taylor</b>	Salt and Sham Cycle Club	WESP	00:00	10:39
100	<b>Clarice Chung</b>	AS Test Team	W	00:54:13	10:40
101	<b>Pfeiffer Georgi</b>	Liv CC - Epic Coaching	WJUN	00:55:52	10:41
102	<b>Diane Wilson-Evans</b>	Bynea Cycling Club	WD	01:03:13	10:42
103	<b>Lucy Davies</b>	Arctic Tacx RT	W	01:04:59	10:43
104	<b>Diane Hynam</b>	Bynea Cycling Club	WF	01:08:33	10:44
105	<b>Crystal Spearman</b>	NOPINZ	W	00:55:04	10:45
106	<b>Joanna Knight</b>	Bristol South Cycling Club	WD	00:58:43	10:46

No	Name	club	Cat	LTS	Time
107	Sarah Wise	CC Weymouth	W	01:04:00	10:47
108	Julie Stephens	Ross on Wye & Dist CC	WC	01:07:45	10:48
109	Jessica Roberts	Liv CC - Epic Coaching	WJUN	00:00:00	10:49
110	Kate Allan	DRAG2ZERO	W	00:51:51	10:50
111	Nick Livermore	Bristol South Cycling Club	S	01:00:49	10:51

## **MENS CHAMPIONSHIP**

No	Name	club	Age Band	LTS	Time
1	Earl Smith	Severn Valley Cycles	B	00:52:24	11:01
2	Sacha Ring	New Forest CC	B	00:55:12	11:02
3	Paul Stephens	Ross on Wye & Dist CC	C	00:55:59	11:03
4	Martin Lines	Worcester St. Johns CC	B	00:54:24	11:04
5	David Wilson-Evans	Bynea Cycling Club	E	00:54:23	11:05
6	Mark Bradley	Bristol South Cycling Club	C	00:53:04	11:06
7	Etienne Georgi	Team Wiggins	Esp	00:58:15	11:07
8	Steffan Jones	Energy Cycling Club/Clwb Beicio Egni	B	00:58:08	11:08
9	John Shehan	Bynea Cycling Club	G	00:58:08	11:09
10	Jeffrey Rees	Acme Whs (Rhondda) CC	C	00:58:03	11:10
11	Michael Wilkinson	North Notts Olympic CC	D	00:57:52	11:11
12	Simon Kinsey	Acme Whs (Rhondda) CC	B	00:57:59	11:12
13	Alun Williams	Energy Cycling Club/Clwb Beicio Egni	B	00:57:50	11:13
14	Edric Hobbs	Bike City T3	C	00:57:47	11:14
15	Guy Evans	Hereford & Dist Whs CC	D	00:57:44	11:15
16	Andrew Curley	Warwickshire Road Club	C	00:57:37	11:16
17	Grant Whiteside	Pontypool Road Cycling Club	A	00:57:32	11:17
18	Marco Marletta	Cardiff Jif	C	00:57:35	11:18
19	Gary Jones	Pontypool Road Cycling Club	C	00:57:28	11:19
20	Matthew Phillips	Towy Racing Cycling Club (TRCC)	S	00:57:19	11:20
21	Gareth Chislett	CC Blaenau Gwent	A	00:57:12	11:21
22	Joshua Lewis	Bike Doctor	S	00:57:03	11:22
23	Jonny Allen	Islington Cycling Club	S	00:56:25	11:23
24	Steven Madeley	Ogmore Valley Wheelers CC	D	00:56:25	11:24
25	Hugh Davies	Port Talbot Whs CC	G	00:56:21	11:25
26	Andrew Hayward	Cwmcarn Paragon Road Club	B	00:56:14	11:26
27	Jon Brumfield	Poundbury Cyclesport	A	00:56:13	11:27
28	Andrew Gibson	Gravesend CC	B	00:56:06	11:28
29	Daryl Godden	Gloucester City Cycling Club	D	00:55:55	11:29
30	Mitch Russell	Energy Cycling Club/Clwb Beicio Egni	S	00:55:50	11:30
31	Steve Evans	Bynea Cycling Club	B	00:55:49	11:31
32	Dyfan Evans	Wrexham RC	S	00:55:47	11:32
33	Mark Andrews	Merthyr CC	B	00:55:44	11:33
34	Anthony Redman	Acme Whs (Rhondda) CC	S	00:55:43	11:34
35	James Phillips	Dream Cycling	S	00:55:29	11:35
36	Rob Jones	Cardiff Ajax CC	A	00:55:25	11:36
37	Paul Winchcombe	Chippenham & District Wheelers	D	00:55:22	11:37
38	Anthony Hayward	Milford Tritons Cycling Club	S	00:55:19	11:38

<b>No</b>	<b>Name</b>	<b>club</b>	<b>Age Band</b>	<b>LTS</b>	<b>Time</b>
39	<b>Mike Broadbent</b>	Swansea Wheelers/CS Abertawe	D	00:55:19	11:39
40	<b>Norman Griffin</b>	Vive Le Velo	D	00:55:18	11:40
41	<b>Edward Nicholson</b>	Team Bottrill / HSS Hire	C	00:55:13	11:41
42	<b>Ross Simpson</b>	Port Talbot Whs CC	S	00:55:13	11:42
43	<b>Neil Poulton</b>	Abergavenny RC	S	00:55:10	11:43
44	<b>Tom Cox</b>	Northover VT / Rudy Project	E	00:55:08	11:44
45	<b>Stephen Evans</b>	Bynea Cycling Club	S	00:55:00	11:45
46	<b>Danny Roberts</b>	Anglesey Cycling Group	S	00:54:54	11:46
47	<b>Stephen Taylor</b>	Team NBCC	C	00:54:52	11:47
48	<b>Dean Ware</b>	Merthyr CC	S	00:54:46	11:48
49	<b>Jon Vickery</b>	Cwmcarn Paragon Road Club	C	00:54:43	11:49
50	<b>Gary Flower</b>	Acme Whs (Rhondda) CC	B	00:54:39	11:50
51	<b>Peter Lloyd</b>	Team NBCC	C	00:54:38	11:51
52	<b>Steve Curry</b>	Ogmore Valley Wheelers CC	C	00:54:38	11:52
53	<b>Alun Owen</b>	CC Abergavenny / JP Signs & Print	B	00:54:38	11:53
54	<b>Jason Williams</b>	Cwmcarn Paragon Road Club	B	00:54:35	11:54
55	<b>Stuart McCormick</b>	Chester RC	B	00:54:28	11:55
56	<b>Trevor Lloyd</b>	Swansea Wheelers/CS Abertawe	C	00:54:28	11:56
57	<b>Rod Hicks</b>	Port Talbot Whs CC	C	00:54:17	11:57
58	<b>Chris Scawn</b>	Plymouth Corinthian CC	F	00:54:15	11:58
59	<b>Daniel Kempe</b>	Bristol South Cycling Club	C	00:54:07	11:59
60	<b>Nigel Taylor</b>	Cardiff Triathletes	A	00:54:03	12:00
61	<b>Robert Hughes</b>	Ride Bike Wales	C	00:53:52	12:01
62	<b>Rob Hussey</b>	Severn Valley Cycles	S	00:53:49	12:02
63	<b>Gareth Jones</b>	Clevedon & District Road Club	B	00:53:47	12:03
64	<b>Andy Davies</b>	Cardiff Jif	S	00:53:47	12:04
65	<b>Michael Lewis</b>	Rhyl CC	S	00:53:40	12:05
66	<b>Wayne Thomas</b>	Pontypool Road Cycling Club	A	00:53:40	12:06
67	<b>Richard Long</b>	Merthyr CC	S	00:53:38	12:07
68	<b>Nick Young</b>	Yeovil Cycling Club	C	00:53:35	12:08
69	<b>Scott Mcardle</b>	Cheltenham & County Cycling Club	E	00:53:30	12:09
70	<b>Graham Kemp</b>	Team Bottrill / HSS Hire	S	00:53:29	12:10
71	<b>Mark Woolford</b>	Trainsharp	C	00:53:25	12:11
72	<b>Richard Coleman</b>	Stourbridge Velo	E	00:53:19	12:12
73	<b>David Brice</b>	Bynea Cycling Club	D	00:53:09	12:13
74	<b>Wayne Owen</b>	Energy Cycling Club/Clwb Beicio Egni	B	00:53:07	12:14
75	<b>Arwel Davies</b>	Towy Racing Cycling Club (TRCC)	A	00:53:00	12:15
76	<b>Daniel Watts</b>	Royal Air Force Cycling Association	S	00:52:59	12:16
77	<b>Nick Brown</b>	Team NBCC	D	00:52:51	12:17
78	<b>Ryan Davies</b>	AS Test Team	S	00:52:50	12:18
79	<b>David Evans</b>	Team Echelon	E	00:52:48	12:19
80	<b>Paul Coles</b>	73Degrees CC	A	00:52:39	12:20
81	<b>Neil Holden</b>	Lutterworth Cycle Centre Racing Team	B	00:52:39	12:21
82	<b>Terry Icke</b>	Velo Club St Raphael	G	00:52:38	12:22
83	<b>Michael Portlock</b>	Merthyr CC	B	00:52:30	12:23
84	<b>Carwyn Davies</b>	Cwmcarn Paragon Road Club	S	00:52:27	12:24

<b>No</b>	<b>Name</b>	<b>club</b>	<b>Age Band</b>	<b>LTS</b>	<b>Time</b>
85	<b>Adrian Lane</b>	1st Chard Wheelers	Esp	00:52:23	12:25
86	<b>Garry Ellis</b>	Energy Cycling Club/Clwb Beicio Egni	C	00:52:21	12:26
87	<b>Gavin Macdougall</b>	Tavistock Whs CC	C	00:52:19	12:27
88	<b>James Cook</b>	Cycology Bikes	Esp	00:52:18	12:28
89	<b>Philip Murrell</b>	Finsbury Park CC	B	00:52:18	12:29
90	<b>John Regan</b>	Pembrokeshire Velo	B	00:52:10	12:30
91	<b>Andrew Rowles</b>	Cardiff Ajax CC	S	00:52:10	12:31
92	<b>Andrew Tomkins</b>	Lutterworth Cycle Centre Racing Team	A	00:52:02	12:32
93	<b>Chris Holman</b>	Team Bottrill / HSS Hire	S	00:51:58	12:33
94	<b>Nic Cleave</b>	Swansea Wheelers/CS Abertawe	A	00:51:54	12:34
95	<b>Steven Cottington</b>	Bath Cycling Club	D	00:51:24	12:35
96	<b>Chris Massey</b>	Team Bottrill / HSS Hire	A	00:51:17	12:36
97	<b>David Francis</b>	Team NBCC	B	00:51:16	12:37
98	<b>Philip Tucker</b>	Bynea Cycling Club	S	00:51:14	12:38
99	<b>David Bucknall</b>	Royal Dean Forest Cycle Club	A	00:51:03	12:39
100	<b>Liam Bard</b>	Revo Racing	S	00:50:44	12:40
101	<b>Howard Lewis</b>	Mid Shropshire Wheelers	B	00:50:42	12:41
102	<b>Paul Jones</b>	Primera-Teamjobs	B	00:50:37	12:42
103	<b>Ben Phillips</b>	Towy Racing Cycling Club (TRCC)	S	00:50:23	12:43
104	<b>Richard Gambling</b>	Port Talbot Whs CC	A	00:50:20	12:44
105	<b>Christopher Jones</b>	Ride Bike Wales	B	00:50:16	12:45
106	<b>Luke Cornish</b>	Cwmcarn Paragon Road Club	S	00:49:54	12:46
107	<b>Chris Gibbard</b>	Bynea Cycling Club	S	00:49:40	12:47
108	<b>Robert West</b>	AeroCoach	A	00:49:35	12:48
110	<b>Jonathan Gates</b>	Royal Air Force Cycling Association	A	00:49:29	12:50
112	<b>Greg Parker</b>	Velo Club St Raphael	C	00:49:27	12:52
114	<b>Matt Slater</b>	Revo Racing	A	00:49:04	12:54
116	<b>Dan Evans</b>	Team Elite/Paul Bethell Electrical	S	00:48:56	12:56
118	<b>George Evans</b>	Team Bottrill / HSS Hire	Esp	00:48:41	12:58
120	<b>Ioan Smallwood</b>	Cardiff Ajax CC	S	00:48:14	13:00
122	<b>David Woodhouse</b>	AS Test Team	S	00:48:07	13:02
124	<b>Lewis Keightley</b>	Team Bottrill / HSS Hire	S	00:48:05	13:04
126	<b>Conrad Moss</b>	Mid Devon CC	A	00:47:50	13:06
128	<b>Andy Jackson</b>	SLL Racing Team	A	00:47:05	13:08
130	<b>Joshua Williams</b>	Team Bottrill / HSS Hire	S	00:46:41	13:10
132	<b>Kieron Davies</b>	DRAG2ZERO	S	00:45:34	13:12