

Welsh Hill Climb Championship

2015



For and on behalf of cycling time trials under their rules regulations

For Men, Women and Juniors.

Promoted by the

Welsh Cycling Association

Sunday 13th September 2015.

Timekeepers : Norman James, Ogmore Valley

Robin Field, Cardiff Byways .

Race head quarters ,

Gwynfe Community Hall,
Gwynfe , Carmarthenshire

SA19 9RD

Course description.

Start on the A4069 at minor road junction on left and 50 yards before red post box on right approx 5 miles south of LLangadog. Proceed south on A4069 towards Brynaman to finish at the small stone wall of car park on the left at top of mountain .(approx 3.82 miles). Start OS 160 SN 735220 Finish OS 160 SN 731193

**Awards will be presented at the
Welsh Champions dinner and prize presentation.**

All WCA trophies to be held for one year.

Men`s Champion

Hill Climb trophy and invitation to BAR dinner.

Ladies Champion

Plaque and invitation to BAR dinner.

Juniors Champion

Plaque and invitation to BAR dinner.

Juveniles Champion

Plaque and invitation to BAR dinner.

No	Title	Name	Club	Age	Start Tme	CAT
9	Mr	Matthew Higgins	Bynea Cycling Club	27	10:09	
10	Mr	Gerallt Roberts	Energy Cycles Club	24	10:10	
11	Mr	MIKE LINDSAY	Wills Wheels CC	49	10:11	V1
12	Mr	Trys Johns	Ystwyth CC	34	10:12	
13	Mr	Tim Strang	Clwb Sarn Helen Club	61	10:13	V2
14	Mr	Ceri Middleton	Climb on Bikes RT	18	10:14	
15	Mr	Ed Laverack	JLT Condor	21	10:15	
16	Mr	Jon Heath	Climb on Bikes RT	28	10:16	
17	Mr	Jack Williams	Energy Cycles Club	16	10:17	JUV
18	Mr	Peter Kibble	Velocity Globalbike RT	17	10:18	JUN
19	Mr	Oscar Mingay	Cardiff Jif	15	10:19	JUV
20	Mr	Huw Owen	Energy Cycles Club	15	10:20	JUV
21	Mr	Dylan Sharratt	Pembrokeshire Velo	15	10:21	JUV
22	Miss	Megan Jones	Gower Riders Cycling Club	12	10:22	L JUV
23	Miss	Gwenno Hughes	Energy Cycles Club	15	10:23	L JUV
24	Ms	Sally Harmer	Pembrokeshire Velo	54	10:24	L V2
25	Miss	Jessica Roberts	Team Elite/Paul Bethall Electrical	36	10:25	L
26	Mr	Paul Colman	pembrokeshire Velo	54	10:26	V2
27	Mr	Hefin Evans	NFTO Race club	18	10:27	
28	Mr	Dorian Rees	Clwb Sarn Helen Club	39	10:28	
29	Mr	Garry Ellis	Energy Cycles Club	48	10:29	V1
30	Mr	Daniel Colman	Pembrokeshire Velo	20	10:30	
31	Mr	Kieran Wynne-Cattanach	Team Elite/Paul Bethall Electrical	18	10:31	
32	Mr	Ioan Smallwood	Cardiff Ajax CC	32	10:32	
33	Mr	Wyn Evans	Merthyr CC	54	10:33	V2
34	Mr	Tim Spencer	Extreme Culture Cycles (EC Cycles)	24	10:34	
35	Mr	Gareth Bowyer	Team Elite/Paul Bethall Electrical	46	10:35	V1
36	Mr	Stephen Clarke	Bristol South CC	52	10:36	V2
37	Mr	Steffan Jones	Energy Cycles Club	48	10:37	V1
38	Mr	Rob Jones	Cardiff Ajax CC	39	10:38	
39	Mr	Christopher Gibbard	Bynea Cycling Club	33	10:39	
40	Mr	Dan Evans	Team Elite/Paul Bethall Electrical	34	10:40	

Please note

The HQ (Gwynfe community hall) is not the most obvious of places , I suggest you google the postcode prior to leaving home.

Object of the day.

Start at bottom of big hill, ride to top of big hill, collapse in a heap, roll back down hill, eat cake declare that training will start tomorrow, so more cake is allowed!



Have a good one.

Go home safely.

The boring stuff.

In the interest of your own safety ,Cycling time trials and the event promoters strongly advice you to wear a hard shell helmet that meets an internationally accepted safety standard. In accordance with regulation 15 , all junior competitors must wear protective hard shell helmets .

It is recommended that a working rear light, either flashing or constant , is fitted to the machine in a position visible to following road users and is active when the machine is in use.

Event sec,

Paul Robinson

44 Bro Henllys,Felinfach,

Lampeter, Ceredigion.SA48 8AD.

01570 470129, on the day 07812799661

