

Central England 20th Open Karate Championships



World Class Venue 1400 Seats - Cafe Open
University Of Worcester Arena- Hylton Road- Worcester- WR2 5JN
Sunday 3rd July 2016



FOR ENTRY FORM
 THE SECRETARY, CENTRAL ENGLAND KARATE,
 33 BURNHAM AVENUE, OXLEY, WOLVERHAMPTON.
 WV10 6DX.

TEL MOBILE 07958 494602 / 01902 425333
 EMAIL: -cewkakarate@gmail.com cewka@blueyonder.co.uk

www.ikon-martialarts.com



CENTRAL ENGLAND
 WADO RYU KARATE
 ACADEMY

(BEST QUALITY TROPHIES WILL BE AWARDED)
TROPHY AWARDED TO COACH OF MOST SUCCESSFUL CLUB
 ALL COMPETITORS WHICH HAVE PLACED SHOULD GIVE THE NAME OF THEIR CLUB SO THE POINTS CAN BE
 ADDED UP

3 POINTS = WIN 2 POINTS = 2ND 1 POINTS = 3RD

OVER 50 CATEGORIES WITH SECTIONS FOR ALL AGES
INCLUDING THE POPULAR MENS OVER 35YRS PLUS LADIES OVER 35YRS
MARTIAL ARTS EQUIPMENT ON SALE



British
 Karate
 Federation



NOTE: -

All competitors taking part in this tournament must have a valid up to date licence and insurance cover, and must be available for inspection on the day if required. It is the responsibility of the competitor and their coach to make sure the above are in order. The organisers and referees cannot be responsible for any injury however caused.

CENTRAL ENGLAND KARATE CHAMPIONSHIPS

PRESENTS

20 TH

OPEN KARATE CHAMPIONSHIPS

+

SENIOR CUP

WHERE: - UNIVERSITY OF WORCESTER

UNIVERSITY ARENA

HYLTON ROAD

WORCESTER

WR2 5JN

WHEN: - SUNDAY 3rd July 2016 REGISTRATION COMENCES 8.30.00AM

TOURNAMENT COMMENCES 9.30AM.

Competitor 16yrs and above do not need to register until 12.30 to commence at 13.00 this also includes Kata.

RULES: - *Please note that this competition is open to members of the English Karate Federation or members of other WKF affiliated national governing bodies and competitors not in contravention of WKF statute 21.9 only. Licence checks will be carried out on the day and competitors are reminded that a valid licence must be presented upon request of the organising body or its representative, failure to do so may result in entry being denied.*

By entering this tournament you confirm that you fulfil the above

- Yuko, Waza-Ari, Ipon scores will apply in the kumite Events
(mirror judges in some events, depending on amount of refs) wkf based rules
- Junior kumite events will be 1.5 mins seniors 2 mins, finals 2 and 3 mins.
- Kata section will be by way of knock out.
- Red and Blue Flags will be used.
- Beginners to 4th kyu may repeat katas in all rounds,
- 3rd kyu must do min 3 katas alternating in each round.
- Compulsory gum shield, must be worn in kumite events, and chest guard for females
- Approved red for Aka, blue for Ao mitts, red belt or blue belt will be worn, belt showing grades will not be allowed (please bring your own belts)
- **ALL KUMITE COMPETITOR WILL BE REQUIRED TO WEAR RED OR BLUE WKF STYLE SHIN/FOOT GUARD.**
- Only white karate gi will be allowed
- Competitors must have up to date licence / insurance

PLEASE ENSURE YOU ENTER THE CORRECT CATEGORY, PLEASE CHECK HEIGHTS OF YOUR COMPETITORS.

THERE WILL BE MANY JUNIOR AND NEW COMPETITORS TO TOURNAMENTS, TO ENCOURAGE THEM THE OFFICIALS WILL BE VERY STRICT WITH ANY EXCESSIVE CONTACT, NO CONTACT TO FACE IN CHILDRENS SECTIONS.

COST: - Individual events Kata / Kumite £15.00 per event

Team events £25.00 kata / kumite

PAIRS KATA £18.00

5 PERSON MIXED TEAM KUMITE £35

Entries to arrive by Friday 1st July 2016 late entries & entries on the day £18.00 for

Individual and £30.00 for teams. No concession

No cheques will be excepted on the day

No concessions

Cheques payable to:- CEWKA

BACS payment Sort Code 30-99-83 Account Number 35982860 please use you club as on entry as reference

Spectators adults £10.00 Children 15yrs and under £5.00, 5yrs and under free

SEND ENTRIES TO: -The secretary Central England karate, 33 Burnham Ave,

Oxley, Wolverhampton, WV10 6DX

Tel/fax 01902 425333 mobile 07958 494602

Email cewkakarate@gmail.com cewka@blueyonder.co.uk

CAT NUMBER	CATEGORY DISCREPTION	CAT NUMBER	CATEGORY DISCREPTION
	KATA		IND KUMITE
KA1	PEWEE KATA 7YRS & UNDER BEGINNERS 5 TH KYU BOYS & GIRLS	KU35	BOYS 10 TO 11YRS 3 RD KYU PLUS (OVER 4'8") 1.42MTR
KA2	PEEWEE KATA 9YRS & UNDER BEGINNERS TO 4 TH KYU BOYS & GIRLS (PINAN OR HEIAN KATA ONLY)	KU36	BOYS 10 TO 11 YRS BEGINNERS TO 4 TH KYU (4'8" & UNDER) 1.42MTR
KA3	PEEWEE KATA 9YRS & UNDER BOYS OPEN GRADE - ANY KATA MIN 2 KATA	KU37	BOYS 10 TO 11YRS BEGINNERS TO 4 TH KYU (OVER 4'8") 1.42MTR
KA4	PEEWEE KATA 9 YRS & UNDER GIRLS OPEN GRADE ANY KATA MIN 2 KATA	KU38	GIRLS 12 TO 13 YRS BEGINNERS TO 4 TH KYU
KA5	BOYS KATA 10 TO 12 YRS BEGINNERS TO 4 TH KYU – PINAN OR HEIAN KATA ONLY	KU39	GIRLS 12 TO 13YRS MINUS 50KILOS
KA6	GIRLS 10 TO 12 YRS BEGINNERS TO 4 TH KYU – PINAN OR HEIAN KATA ONLY	KU40	GIRLS 12 TO 13 YRS 50 KILOS PLUS
KA7	BOYS KATA 10 TO 12 YRS 3 RD KYU & ABOVE – ANY KATA	KU41	GIRLS 14 TO 15 YRS BEGINNERS TO 4 TH KYU (OPEN WEIGHT)
KA8	GIRLS KATA 10 TO 12 YRS 3 RD KYU & ABOVE – ANY KATA	KU42	GIRLS 14 TO 15YRS 3 RD KYU & ABOVE PLUS 54KILOS
KA9	BOYS KATA 13 TO 15 YRS BEGINNERS TO 4 TH KYU PINAN OR HEIAN KATA ONLY	KU43	GIRLS 14 TO 15YRS 3 RD KYU & ABOVE MINUS 54 KILOS
KA10	GIRLS KATA 13 TO 15 YRS BEGINNERS TO 4 TH KYU PINAN OR HEIAN KATA ONLY	KU44	BOYS 12 TO 13YRS BEGINNERS TO 4 TH KYU (OPEN WEIGHT)
KA11	BOYS KATA 13 TO 15 YRS 3 RD KYU & ABOVE ANY KATA	KU45	BOYS 12 TO 13YRS MINUS 57 KILOS
KA12	GIRLS KATA 13 TO 15 YRS 3 RD KYU & ABOVE ANY KATA	KU46	BOYS 12 TO 13 YRS 57 KILOS PLUS
KA13	MALE ADULT KATA 16YRS & ABOVE BEGINNERS TO 4 TH KYU- PINAN OR HEIAN KATA ONLY	KU47	BOYS 14 TO 14YRS BEGINNERS TO 4 TH KYU OPEN WEIGHT
KA14	FEMALE ADULT KATA 16YRS & ABOVE BEGINNERS TO 4 TH KYU- PINAN OR HEIAN KATA ONLY	KU48	BOYS 14 TO 15YRS MINUS 63KILOS
KA15	MALE KATA 16YRS & ABOVE 3 RD KYU & ABOVE - ANY KATA	KU49	BOYS 14 TO 15YRS PLUS 63KILOS
KA16	FEMALE KATA 16YRS & ABOVE 3 RD KYU & ABOVE- ANY KATA	KU50	FEMALE 16 TO 17YRS MINUS 59KILOS
KA17	MALE OVER 35YRS KATA- ANY KATA (MIN 3 KATA)	KU51	FEMALE 16 TO 17YRS PLUS 59KILOS
KA18	FEMALE OVER 30YRS KATA – ANY KATA (MIN 3 KATA)	KU52	MALE 16 TO 17YRS MINUS 68KILOS
PK19	PAIRS KATA 9YRS & UNDER- PINAN OR HEIAN ONLY KATA, MAY REPEAT	KU53	MALE 16 TO 17YRS 68KILOS & ABOVE
PK20	PAIRS KATA 10 TO 12YRS – ANY KATA, MAY REPEAT	KU54	FEMALE 16 TO 17YRS BEGINNERS TO 4 TH KYU
PK21	PAIRS KATA 13 TO 15 YRS ANY KATA, MAY REPEAT	KU55	FEMALE 18YRS & ABOVE MINUS 61KILOS
PK22	PAIRS KATA 16YRS & ABOVE – ANY KATA, MAY REPEAT	KU56	FEMALE 18YRS & ABOVE PLUS 61 KILOS
TK23	TEAM KATA 12YRS & UNDER ANY KATA, MAY REPEAT	KU57	MALE 16 TO 17YRS BEGINNERS TO 4 TH KYU
TK24	TEAM KATA 13 TO 15YRS - ANY KATA, MAY REPEAT	KU58	MALE 18YRS & ABOVE MINUS 67 KILOS
TK25	TEAM KATA 16YRS & ABOVE- ANY KATA, MAY REPEAT	KU59	MALE 18YRS & ABOVE MINUS 75 KILOS
	IF COMPETITORS IN LOWER GRADE SECTION WISHES TO PERFORM A HIGHER GRADE KATA, THEY MAY ALSO ENTER THE AVAILABLE GRADED SECTION ABOVE	KU60	MALE 18YRS & ABOVE PLUS 75KILO
	IND KUMITE	KU61	MALE OVER 35 YRS
KU26	PEEWEE GIRLS 7YRS & UNDER	KU62	FEMALE OVER 30 YRS
KU27	PEEWEE BOYS 7YRS & UNDER		TEAM KUMITE
KU28	GIRLS 9YRS & UNDER , 4'3" (1.295mtr) & UNDER	TKU63	BOYS TEAM 9YRS & UNDER
KU29	BOYS 9YRS & UNDER , 4'3" (1.295mtr) & UNDER	TKU64	GIRLS TEAM 9YRS & UNDER
KU30	GIRLS 9YRS & UNDER. OVER 4'3" (1.295mtr)	TKU65	BOYS TEAM 10 TO 12 YRS
KU31	BOYS 9YRS & UNDER, OVER 4'3" (1.295mtr)	TKU66	GIRLS TEAM 10 TO 12 YRS
KU32	GIRLS 10 TO 11 YRS BEGINNERS TO 4 TH KYU	TKU67	5 PERSON MIXED TEAM MUST INCLUDE. GIRL 13 TO 15YRS, BOY 13 TO 15 YRS , FEMALE 16 & ABOVE MALE 16 TO 17YRS, MALE OVER 18 YRS.
KU33	GIRLS 10 TO 11YRS 3 RD KYU PLUS		
KU34	BOYS 10 TO 11YRS 3 RD KYU PLUS (4'8" & UNDER) 1.42MTR		

University Of Worcester Arena- Hylton Road- Worcester- WR2 5JN

Getting to the Arena and Car Parking

The Arena has a dedicated car park, accessed via the Arena entrance on Hylton Road. In the event this car park is full, visitors are advised to park in the nearby [University of Worcester car park](#) or [City Council car parks](#). Directions to car parks for Arena events are also signposted throughout the city. There is a drop-off zone located in Homebase (immediately next to the arena) and ample parking for disabled visitors on the Arena site.

HOTELS



Travelodge Worcester Hotel

Cathedral Plaza
3 High Street
Worcester
WR1 2QS

United Kingdom **Tel:** +44 (0) 871 984 6277 **Fax:** +44 1905 22584



Premier inn Worcester City Centre Hotel

County Ground, New Road,
Worcester WR2 4RL

T: +44 (0) 871 527 9456* [More info](#)

F: 0871 527 9457

*Calls cost 10p per minute + network extras

Ideally located in Worcester city centre, just half a mile from the main train station, our Worcester hotel features our new generation bedrooms, each with an impressive 40" flat screen TV, freshly-updated bathroom with large shower head, and brand new, slumber-inducing, king-size Hypnos bed.

Situated by Worcestershire County Cricket Club, the hotel is within walking distance of

Worcester Cathedral and Worcester Racecourse. Immerse yourself in the rich history of the city on one of the area's celebrated historical walking tours. And after a busy day out you're guaranteed a great night's sleep back at the hotel, where you can enjoy a relaxed evening meal at our Thyme restaurant, serving a mix of traditional and contemporary



Fownes Hotel

City Walls Rd, Worcester, WR1 2AP, United Kingdom

[Worcester](#) For more information please call us on

+44 (0)1905 613151 or make a room booking online. - See more at:

<http://www.fowneshotelworcester.co.uk>

Formerly a Victorian glove factory, the hotel is situated by Birmingham canal.

Offering comfortable en suite rooms, The Fownes Hotel is only a 2-minute walk from Worcester city centre. Formerly a Victorian glove factory, the hotel is situated by Birmingham canal.

Most of the spacious rooms have showers and baths and all come with a TV and DVD player.

The stylish rooms also feature tea and coffee-making facilities and a hairdryer.

King's Restaurant offers a wide selection of dishes prepared by a creative and skilled team of chefs. Using the finest fresh ingredients, there is a strong focus on seasonal local produce.

Worcester Cathedral is just a 5-minute walk away, while Worcester Race Course and cricket ground are also within easy reach.

Cheltenham Race Course is a 25-minute drive from the building.



The Worcester Whitehouse Hotel

Foregate Street, Worcester, WR1 1EA, United Kingdom – Worcester Whitehouse Hotel

+44 (0) 1905 24308

The Whitehouse Hotel has easy access to rail and road links, offering 4-star facilities offering comfortable surroundings, exceptional food, and attentive service.

The Worcester Whitehouse Hotel has 84 superbly furnished rooms, boasting power showers and cotton duvets. Full health club facilities include an indoor pool, spa bath, sauna and fully equipped gym.

Full conference and banqueting facilities are also available for up to 150 guests.

Travel to Worcester

Worcestershire's location in the heart of England makes it supremely accessible and closer than you think. If you are flying into the area, then Birmingham International Airport is approximately 40 minutes away, Manchester is 2h, Heathrow is 2h 10 and Gatwick is 2h 50 away.

From Birmingham International Airport:

Birmingham International airport is approximately 1.5 hours by train to Worcester. The easiest and cheapest route to take is a direct train from the airport to Birmingham New Street. From here there is a regular service to Hereford, which calls at Worcester stations. The train will usually depart from platform 12 at Birmingham New Street, and takes around 50 minutes to get to Worcester stations. The closest train station to the university is Worcester Foregate Street. From here a taxi can take you to the University of Worcester Arena. University of Worcester Arena, Hylton Road, Worcester WR2 5JN The taxi ride should take you approximately 10 minutes and it should cost around £7-£9 pounds. If arriving by train and you have the time, the walk from Worcester Foregate Street station to the arena takes approximately 25 to 30 minutes.

CENTRAL ENGLAND KARATE CHAMPIONSHIPS ENTRY FORM

CLUB DETAILS! CONTACT NAME.....

ADDRESS.....

POST CODE.....

TEL.....**email**.....

CLUB NAME.....**ASSOCIATION**.....

TOTAL ENTRY COST £.....

Entries and payment must arrive by Friday 1ST July 2016 or will be classed as late

(YOU MAY PHOTO COPY FOR ADDITIONAL SHEETS)

INDIVIDUAL KATA / KUMITE

NAME	IND CAT NUMBER	IND CAT NUMBER	IND CAT NUMBER	WEIGHT OR HEIGHT	AGE

TEAM ENTRY

CATEGORIES NUMBER	NAME OF TEAM

**IF YOUR CLUB HAS REFEREE AND JUDGES AND WISHES TO OFFICIATE PLEASE ENTER YOUR NAME BELOW
ALL QUALIFIED REFEREE'S AND JUDGES USED ARE PAID.**

JUDGE/ REFEREE/ TABLE OFFICIAL	NAME