

# Different types of bedding

Bedding is put into a horse's stable to prevent the horse injuring itself when lying down. There are many different types of bedding so here are a few popular ones. Our stables have rubber mats down with shavings on top. Mucking out the stables is done every day to keep the stables clean and fresh.



**This is a bed made of straw.  
Wheat makes the best straw**



**Shavings can also be used as bedding.**



**Shredded paper and cardboard can be used as bedding.**



**Hemp and flax stalks are chopped into small pieces and used for bedding**